

## President's Message

*Matt Haberl, PT, DPT, OCS, ATC, FAAOMPT*

Spring and summer are now upon us. Just like the flowers and plants around us with just the right amount of water and sunshine, our world is filled with beautiful color. As many of you know at our past Combined Section's Meeting in Washington, DC, several new seeds were planted with our strategic plan as we continue to grow a Community of Excellence in Residency and Fellowship Education. To help our community grow, we are turning to the support of our members to assist in several of our different work groups and task forces. If you have not done so already, please make sure to reach out to our task force leaders in how you can help:

- Residency/Fellow Applicant Sharing Work Group: Steve Kareha (Stephen.Kareha@sluhn.org)
- Mentorship Task Force: Darren Calley (dcalley@mayo.edu)
- Curriculum Task Force: Molly Malloy (mollyscanlanmalloy@gmail.com)
- ABPTRFE Task Force: Kirk Bentzen (kirk.bentzen@ah.org)
- Research Task Force: Mary Kate McDonnell (mcdonnellm@wustl.edu)

**Here is the latest update on the growths since CSM:**

### A New Face Lift! ORFSIG Website

Thank you to Matt Stark and Bob Schroedter for giving our website a new face lift. Surfers of the web will now be able to better choose which wave best fits them with a more condensed experience. Upon arrival, individuals will choose what path best fits them either a **Program Participant** or **Resident/Fellow**. All individuals will first find our meeting information, webinars, and workgroups. **Program Participants** will then be provided with information directed to either Developing/Accredited Programs, Additional residency/fellowship (R/F) Resources, and information regarding the AOPT Curriculum and Grant. **Resident/Fellows** will be provided with information in how to choose a program, the process for applying, and available programs.

### NOW OPEN! Facebook No Longer a Closed Group

To better generate communication and information sharing, we have lifted the closed group status of our Facebook Page. The Facebook page will still serve as a point of communication for ongoing updates within R/F education. All formal communication will still come from our Osteoblasts and *OP* messages. Please feel free to share ongoing research and other R/F information here (<https://www.facebook.com/groups/741598362644243/>)

### Residency & Fellowship Education SIG (RFESIG) of the Academy of Physical Therapy Education (APTE) Update RFESIG Think Tank

- The RFESIG Think Tank work group continues to collect, review, and organize resources from established R/F programs. These resources are available to all APTA members and housed in the "RFESIG's Think Tank Compendium" on the APTE's website at the following link: <https://aptaeducation.org/special-interest-group/RFESIG/think-tank-compendium.cfm>.

tion.org/special-interest-group/RFESIG/think-tank-compendium.cfm.

- Two new resources will be added to the Think Tank Compendium soon. The RFESIG will announce the new additions through an e-blast and their quarterly newsletter.
- If you would like to share unique or creative resources with other programs, please submit to the Think Tank at the above link.

### Upcoming Learning Opportunities

- The RFESIG, in collaboration with the ORFSIG, plans on conducting a second webinar. The first webinar "Mentoring the Mentor: Maximizing the Annual Observation and Beyond" was incredibly successful. If you would like to present a topic or have ideas on future topics, please contact Christina Gomez at [cgomezpt@gmail.com](mailto:cgomezpt@gmail.com).
- The RFESIG has submitted two proposals focusing on the value of R/F education to the upcoming Education Leadership Conference. With increased awareness of the benefits of R/F education, we hope to foster more research studies on our shared interest of post-professional education. Cross your fingers they get accepted!

### ABPTRFE New Substantive Changes Policies and Procedures

In June 2018, the ABPTRFE released their new Policies and Procedures (P&P) connected to the Quality Standards. In November, complimentary documents to the P&P were released including Substantive Changes documents. To fully understand the impact the new policy 13.4 - Substantive changes would have on programs, the ORFSIG in collaboration with the AAOMPT PD-SIG released a survey to its members. The survey results identified there being a significant impact on Residency and Fellowship Programs noting 63% of Residency programs and 77% of Fellowship Programs were not in favor of the new policy changes. In response, the APTA set up a Key Stakeholders meeting in April and the ABPTRFE put a hold on the implementation of Substantive Change Policy 13.4. More information is expected following the May ABPTRFE board meeting. We will continue to keep you updated as processes change.

### Applicant Sharing

To identify developmental changes in residency and fellowship education that are impacting programs and their participants, it was brought to our attention that some programs were turning away applicants due to lack of space in their programs while other programs were unable to fill their spots. This information as well as the release of the ABPTRFE Aggregate data led the ORFSIG to survey orthopaedic residency and fellowship programs to query the interest in participating in a standardized offer date for orthopaedic residency programs in the Fall 2018. Of all respondents, **only 46% were interested** in exploring a common application date for orthopaedic residency programs. Due to a limited interest in a common offer date program, there is still interest in possibly sharing applicants who have been turned away from programs who were full. Given the range of possibilities either through RF-PTCAS or other

sharing platforms, a work group has been devised. To assist with this work group please contact Steve Kareha (Stephen.Kareha@sluhn.org)

**ACAPT White Paper on Terminal Internship Interviews**

In 2018, the Clinical Education Special Interest Group released a white paper presented by a partnership of several DPT programs about DPT students in their terminal affiliation requesting time off for residency interviews. The controversial paper outlined challenges and barriers DPT programs encountered with clinical sites and advocated for students to focus on their terminal experiences. Given these new perspectives, the ORFSIG is working with ACAPT to publish recommendations for both residency directors as well as education of prospective residents by setting expectations of DPT students while in the professional program, helping DPT students/potential residents identify a single area of residency practice to pursue, and educating Directors of Clinical Education (DCEs) and clinical instructors (CIs) regarding the perspectives of residency programs. We look forward to completing this work.

**ABPTRFE Communication and Quality Standards**

Please make sure to sign up on the APTA HUB to receive ongoing communication from the ABPTRFE. We encourage all programs to contact ABPTRFE in addition to the ORFSIG with any specific questions or concerns. Directions on how to sign in and receive weekly emails regarding posts to the APTA HUB visit our website at <https://www.orthopt.org/content/special-interest-groups/residency-fellowship>

**OPTP Quarterly Submissions**

The ORFSIG will continue to accept case reports, resident/fellowship research, etc to be highlighted in future issues of *Orthopaedic Physical Therapy Practice*. Take this opportunity to highlight your program's participants' work!

Thank you to all our members for your hard work. We look forward to great things in 2019!

**JUST PUBLISHED:  
Hand Pain and Sensory Deficits:  
Carpal Tunnel Clinical Practice Guideline**

Additional Resources Include:  
Decision Tree, Perspective for Patient, and  
Perspective for Clinicians

CLINICAL PRACTICE GUIDELINES

MIA ERICKSON, PT, EdD • MARSHA LAWRENCE, PT, DPT • CAROLINE W. STEGINK JANSSEN, PT, PhD  
DIANE COKER, PT, DPT • PETER AMADIO, MD • CARLA CLEARLY, PT, DPT

## Hand Pain and Sensory Deficits: Carpal Tunnel Syndrome

Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability and Health From the Academy of Hand and Upper Extremity Physical Therapy and the Academy of Orthopaedic Physical Therapy of the American Physical Therapy Association

J Orthop Sports Phys Ther. 2019;49(5):CPG1-CPG85. doi:10.2519/jospt.2019.0301

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Link to Full CPG:  
<https://www.jospt.org/doi/pdf/10.2519/jospt.2019.0301>

Perspectives for Practice:  
<https://www.jospt.org/doi/full/10.2519/jospt.2019.0501>

Decision Tree and Perspectives for Patients:  
<https://www.orthopt.org/content/practice/clinical-practice-guidelines>

Link to all AOPT Sponsored CPGs and CPG resources:  
<https://www.orthopt.org/content/practice/clinical-practice-guidelines>

**\*\*PUBLISHING SOON in JOSPT\*\*:  
Patellofemoral Pain CPG**