

PAIN MANAGEMENT

SPECIAL INTEREST GROUP

President's Message

President: John E. Garzione, PT, DPT, DAAPM (2011-2014)

President Elect: Dana Dailey, PT, PhD (2014-2017)

Vice President: Marie Hoeger Bement, PT, PhD (2011-2015)

Nominating Committee: Laura Fry-Law, PT, PhD (2013-2016),

Neena Sharma, PT, PhD (2013-2015)

Nominating Committee Elect: Anita Davis, PT, DPT,

DAAPM (2014-2017)

Research Chair: Joel Bialosky, PT, PhD (2011-2014)

This year's CSM programming, as always, was excellent. There was less hurry to get from one session to another. Thanks go Education Chair, Tess Vaughn, and her committee for working with us to get our requested program presented. I am always amazed at how Terri DeFlorian and Tara Fredrickson go above and beyond to make this meeting a huge success. Thank you to both of you and I will miss working with you.

The first PMSIG program was entitled, *Interdisciplinary Method for the Assessment and Treatment of Chronic Headaches*. This session allowed the participant to differentiate headache diagnosis: tension, migraine, and cervicogenic, as well as identify cervical spine and temporomandibular influences on headaches. Discussion included psychological factors that may limit improvement in single service PT headache patients, current outcome measures that could be implemented, and descriptions of a variety of self-management interventions. The presenters were Steve Krause, PhD; Mark Stillman, MD; Debbie Zajac, RN; Ian Stephens, PT, DPT, OCS; and Sunni Klein, PT, MSPT, from the Cleveland Clinic Departments of Pain Management and Sports Therapy, Cleveland, OH.

The second presentation was entitled *Integrating Behavioral Management into PT for Patients with Chronic Pain*. This session discussed how the physiology of chronic pain affects its presentation in our patients, taught the audience to appreciate the importance of a biopsychosocial approach in chronic pain management, and recognize and apply a variety of behavioral approaches that can be integrated into physical interventions with people who experience chronic pain. The presenters were Leslie Russek, PT, DPT, PhD, OCS, from Clarkson University in Postdam, NY, and Carolyn McManus, PT, MS, MA, from the Swedish Medical Center in Seattle, WA.

Both programs were informative and well-presented. Congratulations to all presenters for their good work.

2014 PMSIG MEETING MINUTES

CSM LAS VEGAS

Thursday, February 6, 2014

The meeting was called to order at 12:30 p.m. by John Garzione, President.

Tom McPoil, Orthopaedic Section Board Liaison, was present.

Last year's minutes were published in *Orthopaedic Physical Therapy Practice (OP)* and approved.

All attendees were again thanked for their involvement with SIG activities over the past year. Continued thanks went to Joel Bialosky, our Research Chair, for his contributions to the quarterly e-mail blasts, and Marie Hoeger Bement, our Vice President.

We can always use more articles for the *OP* newsletter. Fortunately, we have had members who were willing to share their experiences in the past. This is also a good venue to get our students involved with writing clinical articles.

The idea of an Orthopaedic Section sponsored Independent Study Course (ISC) based on Kathleen Sluka's book was rejected by the International Association for the Study of Pain as they want to do their own program based on the book. I would suggest still doing an ISC with reference to Kathleen's book among the recommended readings.

NEW BUSINESS

1.) A suggestion was made, in the SIG President/Vice President's meeting that each SIG contribute to a SIG brochure that would be placed with the Orthopaedic Section's information. This could be a short paragraph describing the SIG's objectives and mission. A suggestion was made for the PMSIG to put an ad in *PT Today* as well to reach APTA members who were not aware of the SIG.

2.) Other SIGs have expressed an interest in having their own logo associated with their SIG activities. Members were asked to consider this for the PMSIG.

3.) Congratulations went to Dana Dailey, our newly elected President, and Anita Davis, our newly elected member of the Nominating Committee.

It has been my extreme pleasure to serve this fine group of dedicated professionals throughout the years from the beginning of the SIG until now. Thank you all for your support.

The meeting was adjourned at 12:40 PM.

*Respectfully submitted,
John E. Garzione, President*