



Pain MANAGEMENT

SPECIAL INTEREST GROUP • ORTHOPAEDIC SECTION, APTA, INC.

PRESIDENT'S MESSAGE

Joseph A. Kleinkort, PT, MA, PhD, CIE, DAAPM

I would hope that this message finds all of you healthy and blessed during the summer. There is an important act which is imperative for better management of pain in this country. The National Pain Care Policy Act would establish a National Center of Pain and Palliative Care, a White House Conference on Pain, and initiatives to promote awareness of pain management in federal programs. This act is truly important for the chronic pain advocate and patient alike. I would highly encourage you to address your representatives in both the senate and house to strongly support this most needed awareness in the federal government. Further information on this and other pending bills can be obtained from the APTA's Government Affairs Department at 800-999-2782, ext. 8533.

I would highly encourage each of you to use this venue as a basic way to write clinical articles that others can both enjoy and learn. There is such a wealth of information that therapists who treat chronic pain have and it should be shared so that everyone can enjoy greater comfort and ease in their quest to overcome pain. If anyone is interested, please send your thoughts and ideas on to me and I will see that they are published for all to enjoy. Remember this is as good as we all constructively make it.

I hope you all have a wonderful summer and fall and before we know it we will be at CSM again. This year we plan to have a party for those who are in the Pain SIG to network and get to know each other better. Please plan to attend CSM and this function either before or after our Business Meeting. I hope to see you all there.

YOU DON'T HAVE TO HURT TO SAY NO!

A Short Bit of Insight on Some Patients who Sabotage their Recovery

We have all had those patients. The ones who are making good progress and then exacerbate when they do something completely against all the pacing, body mechanics, and joint protection that they have learned and practiced. They were so compliant with all of our instructions and then wham! We then just look at them and incredulously ask "why?" What

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