



Pain MANAGEMENT

SPECIAL INTEREST GROUP • ORTHOPAEDIC SECTION, APTA, INC.

**Pain Management SIG, Orthopaedic Section, APTA Meeting
Boston, MA
February 14, 1998**

Tom Watson, President, called the meeting to order at 12:33 p.m.

Present: 11 members.

Observing: Bill Boissonnault, President of the Orthopaedic Section of the APTA

Old Business:

A. Board certification versus specialization recognition was again discussed. Harriett Wittink felt that a physical therapist specialization should be pursued. The Orthopaedic Section would be supportive for resources if a proposal was submitted.

B. The SIG objectives were discussed and the methods for reaching these objectives. Maureen Simmonds suggested a core group of members of the SIG to meet informally to discuss strategies to meet the objectives. Maureen volunteered to be chairperson of the core group. Joe Kleinkort suggested a precursory informal meeting of the core group prior to the business meeting next year.

Our objective is to bring pain treatment strategies to the physical therapy community as well as the Orthopaedic Section. John Garzione will contact the other sections to see if they would be interested in sending a liaison to the pain SIG and if they would be interested in a multi-section program in pain treatment.

C. Lisa Cohen, 138 Albemarle Rd., Newton, MA 02173, e-mail: cohen.lisa@mgk.harvard.edu, will serve as editor of the newsletter. The newsletter will contain information on upcoming pain meetings, etc.

New Business:

A. Recruitment of new pain SIG members. Bill Boissonnault suggested advertising for pain SIG members in other section newsletters. A discussion was held regarding changing the bylaws to allow any section member to hold office not just members of the Orthopaedic Section. Bill Boissonnault will inquire as to if this is an Orthopaedic Section or APTA bylaw.

B. The Vice President is to be elected this year (even

years). Joe Kleinkort was nominated by John Garzione and seconded by Harriett Wittink. There were no other nominations and Joe was elected unanimously.

C. A nominating committee will be developed as next year the positions of president and secretary will be up for election.

D. Next Year's Program Topic Ideas are:

1. The New Paradigm of Pain with Patrick Wall
2. Mitochondrial Pain
3. Reflex Sympathetic Dystrophy
4. Chronic Fatigue Syndrome
5. Myofascial Pain/Fibromyalgia
6. Treatment Strategies for Neuropathic Pain.
7. Exercises for Chronic Endurance Deficits
8. Difficult Behavior of Patients with Pain

E. Tom encouraged members to write articles for the newsletter, *OPTP*, and *JOSPT*, including literature reviews, case studies, research studies, diagnosis, and assessment techniques.

F. Maureen Simmonds summarized her research on pain in the academic arena. 68% response with approximately 4 hours of pain management taught mostly in modalities courses.

The meeting was adjourned at 1:30 p.m.

John E. Garzione
Secretary