

Pain Management Special Interest Group Strategic Plan

Mission

The Mission of the Pain Management Special Interest Group is to promote excellence in pain education, treatment and research by physical therapy professionals.

Vision

The Pain Management SIG will be a leading authority in the role of physical therapy in promoting healing, well-being and movement by people with pain conditions.

1. Standards of Practice

Objective: *Identify and disseminate information on evidence-based practice for pain diagnosis and treatment by physical therapy professionals*

Activity	Time Line
1. Provide monthly emails to members and website posts on pain-related research and clinical pearl topics	Ongoing
2. Solicit manuscripts on pain-related topics for OPTP	Ongoing
3. Involve members in the Orthopaedic Section ICF-based Clinical Practice Guidelines process for pain diagnosis and treatment	Ongoing
4. Add an Education link on the PMSIG web home page linking to a web page that includes recommendations for pain curriculum for DPT programs	Complete by 2/2018
5. Evaluate need for more detailed description of pain curriculum for DPT programs	Complete by 2/2018

2. Educational/Professional Development

Objective: *Provide high quality educational content for continuing competence in pain diagnosis and treatment by physical therapy professionals*

Activity	Time Line
1. Provide education sessions at CSM	Annual activity
2. Develop online pain education programming	Complete by 2/2020
3. Contribute speakers and topics to the AOM programming	When requested
4. Develop online resource database of publically available tools, articles and book recommendations on pain diagnosis and treatment for physical therapists	Completed by 2/2019

3. Physician and Additional Healthcare Provider Awareness

Objective: *Increase awareness of physical therapists as experts in the care of people with pain conditions among physician and additional healthcare provider audiences*

Activity	Time Line
1. Develop a powerpoint on the role of physical therapists in the care of patients with pain conditions for healthcare provider audiences	Complete by 2/2018
2. Have volunteer PMSIG members trained and available to present at physician, other provider and pain conferences on the role of physical therapy in the treatment of pain	Complete by 9/2018

4. Public Awareness and Resources

Objective: *Increase awareness of physical therapists as experts in the care of people with pain conditions*

Activity	Time Line
1. Serve as a resource to the APTA and Orthopaedic Section on communicating the role of physical therapy in the treatment of pain to the general public	Ongoing

Objective: *Provide pain care resources for the public*

Activity	Time Line
1. Create a video of a physical therapist explaining pain to be made available at the PMSIG website for viewing by patients and the public.	Complete by 2/2019
2 Add a For the Public link on the PMSIG web homepage linking to a web page that will include online and print resources on pain-related topics such as pain science education and how PTs treat pain.	Complete by 2/2020

5. Member Engagement

Objective: *Promote membership and active engagement by members in PMSIG projects and activities*

Activity	Time Line
1. Include an announcement about the PMSIG in introductory remarks at all Orthopaedic Section CSM and AOM programming that involve the topic of pain	Annual activity
2. Invite members to participate in PMSIG ongoing activities and special projects	Ongoing
3. Establish Facebook and Twitter accounts	Complete by 10/2017
4. Promote PMSIG activities on social media	Ongoing

6. Expand Access to PMSIG

Objective: *Broaden access to PMSIG to reach other SIG and Section members*

Activity	Time Line
1. Engage other SIGs and Sections in a discussion and development of a model to (1) access the expertise and interests of members of other SIGs and Sections who share a pain interest and (2) make available our expertise and resources to other SIGs and Sections with members who share a pain interest. This is to include exploring an organizational structure that would enable members of other Sections to be members of the PMSIG.	Complete by 2/2020