

Pain Management Special Interest Group Strategic Plan
2017 – 2020

Mission

The Mission of the Pain Management Special Interest Group is to promote excellence in pain education, practice, research, engagement and advocacy by physical therapy professionals.

Vision

The Pain Management SIG will be a leading international authority, both within and outside the physical therapy profession, for promoting pain relief, improved function and quality of life by people with pain.

Key: V denotes volunteer member

Goals:

1. Practice: Identify and promote best practice standards for pain management by physical therapy professionals

Objective 1: Identify and disseminate information on evidence-based practice for pain diagnosis and treatment by physical therapy professionals

Action Items	Time Line	Key Leaders
1. Provide monthly emails to members and website posts on pain-related research and clinical pearl topics	Ongoing	Carolyn V B.Rubine
2. Solicit manuscripts on pain-related topics for OPTP	Ongoing	Carolyn
3. Involve members in the Academy of Orthopaedic PT ICF-based Clinical Practice Guidelines process for pain diagnosis and treatment	Ongoing	Craig and Derrick
4. Develop a pathway for clinical specialization in the diagnosis and management of pain	Ongoing	Derrick V C.Courtney

Objective 2: Provide high quality educational content in pain management for physical therapy professionals

Action Items	Time Line	Key Leaders
1. Provide education sessions at CSM	Annual activity	Mark and Carolyn
2. Develop an online pain education webinar series	Ongoing, initial programming completed by 1/2019	Mark and Carolyn
3. Contribute speakers and topics to the Annual Orthopaedic Meeting or other programming	Ongoing	Mark and Carolyn
4. Develop online resource database of available tools, articles and book recommendations on pain science diagnosis and management for physical therapists	Completed by 2/2020	Mark

2. Pain Education: Transform society's understanding of pain and the role of physical therapy professionals in the management of pain

Objective 1: Promote inclusion of pain science education in entry level PT education

Action Items	Time Line	Key Leaders
1. Add an Education link on the PMSIG web home page linking to a page that includes pertinent articles and recommendations for pain curriculum for DPT programs	Complete by 2/2018 COMPLETED	Craig
2. Endorse the motion to adopt the IASP Curriculum Guidelines on entry-level DPT pain education by APTA House of Delegates	Complete by 5/2018 COMPLETED	PMSIG Board
3. Make recommendation to the Board the Academy of Orthopaedic PT to endorse the motion to adopt the IASP Curriculum Guidelines on entry-level DPT pain education by APTA House of Delegates	Complete by 5/2018 COMPLETED	Carolyn and the PMSIG Board
4. Develop a continuing education course that 'educates the educator' on inclusion of IASP guidelines into every DPT program in the US	Completed by 2/2020	Mark and Dana V C.Courtney

Objective 2: Increase awareness of physical therapists as experts in the care of people with pain conditions among physician and additional healthcare provider audiences

Action Items	Time Line	Key Leaders
1. Develop a powerpoint on the role of physical therapists in the care of patients with pain conditions for healthcare provider audiences	Complete by 1/2019	Carolyn and Derrick, V K.McBee
2. Have volunteer PMSIG members trained and available to present at physician, other provider and pain conferences on the role of physical therapy in the treatment of pain	Complete by 10/2019	Derrick and Carolyn V K.McBee

Objective 3: Increase awareness of physical therapists as experts in the care of people with pain for the public

Action Items	Time Line	Key Leaders
1. Serve as a resource to the APTA and Academy of Orthopaedic PT on communicating the role of physical therapy in the management of pain to the general public	Ongoing	Carolyn, Mark, Craig, Dana, Derrick

Objective 4: Provide pain education resources for the public

Action Items	Time Line	Key Leaders
1. Create a video of a physical therapist explaining pain to be made available at the PMSIG website and/or APTA Move Forward/ Choose PT website for viewing by patients and the public.	Complete by 1/2020	Carolyn and Mark

2. Review presently available and make additional recommendations for online and print resources on pain-related topics at the APTA Move Forward/ Choose PT website and make recommendations for additional resources	Complete by 1/2019	Mark
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3. Research: Promote specific physical therapy research funding initiatives that align with the Federal Pain Research Strategy and reflect the national urgency to effectively address the burden of pain.

Objective 1: Facilitate Academy of Orthopaedic PT support of recurrent pain specific funding mechanism

Action Items	Time Line	Key Leaders
1. Review prior funding record for Academy of Orthopaedic PT to establish baseline support of pain research	Complete by 1/2019	Dana
2. Educate Section Board on Federal Pain Research Strategy goals and areas in which physical therapy research aligns	Ongoing; Initial education complete by 1/2019	Dana V K.Sluka V S.George
3. Establish opportunities to encourage physical therapists to be active in research aligned with the Federal Pain Research Strategy <ul style="list-style-type: none"> a. Clinical and implementation studies (established investigators) b. Translational and basic science studies (established investigators) c. Training mechanisms (new investigators) 	Complete by 1/2019	Dana V K.Sluka V S.George
4. Issue new RFP for specific funding mechanisms (or incorporate into ongoing Section grant program) aligned with the Federal Pain Research Strategy	Complete by 1/2019	Dana V K.Sluka V S.George

Objective 2: Facilitate Foundation for Physical Therapy support of recurrent pain specific funding mechanism

Action Items	Time Line	Key Leaders
1. Review prior funding record for Foundation to establish baseline support of pain research	Complete by 1/2019	Dana
2. Educate Scientific Advisory Committee on Federal Pain Research Strategy goals and areas in which physical therapy research aligns	Complete by 6/2019	Dana V K.Sluka V S.George

<p>3. Identify opportunities to encourage physical therapists to be active in research aligned with the Federal Pain Research Strategy</p> <ul style="list-style-type: none"> a. Clinical and implementation studies (established investigators) b. Translational and basic science studies (established investigators) c. Training mechanisms (new investigators) 	<p>Complete by 6/2019</p>	<p>Dana V K.Sluka V S.George</p>
<p>4. Issue new RFP for specific funding mechanisms (or incorporate into ongoing Foundation grant program) aligned with the Federal Pain Research Strategy</p>	<p>Complete by 6/2019</p>	<p>Dana V K.Sluka V S.George</p>

Objective 3: Explore new funding streams or innovative opportunities to support research into the mechanisms, effectiveness and implementation of physical therapist delivery of non-pharmacological treatments

Action Items	Time Line	Key Leaders
<p>1. Meet with APTA Outcomes Registry Scientific Leadership to discuss large scale project</p>	<p>Complete by 2/2020</p>	<p>Dana V K.Sluka V S.George</p>
<p>2. Educate APTA Research Leadership on opportunities to enhance physical therapists to be active in research aligned with the Federal Pain Research Strategy</p> <ul style="list-style-type: none"> a. Draft RFP's for specific projects that could be completed b. Identify industry or health system partners that may be interested in funding this work c. Identify foundations and private organizations with an interest in non-pharmacological treatment of pain and its research 	<p>Complete by 2/2020</p>	<p>Dana V K.Sluka V S.George</p>
<p>3. Establish partnership with APS and IASP to discuss jointly funded programs to investigate mechanisms, effectiveness and implementation of non-pharmacological treatments</p>	<p>Ongoing</p>	<p>Dana V K.Sluka V S.George</p>

4. Advocacy: Educate funding agencies, government officials and payors about the role and expertise of physical therapists in the non-pharmacological approach to pain management, prevention of opioid use, and treatment of opioid use disorder.

Objective 1: Be a resource for the APTA or other agencies for pain outreach.

Action Items	Time Line	Key Leaders
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1. Identify and develop a list of experts on a variety of subjects that can serve as content experts to funding agencies, government officials, and payors	Ongoing	Carolyn V K.Sluka V M.Alappattu V M.Hoeger Bement
2. Appoint liaison(s)/content expert(s) to APTA to help develop initiatives focused on the National Pain Strategy, Opioid Epidemic, and Federal Pain Research Strategy, e.g. #Choose PT	Ongoing	Mark
3. Contribute to an APTA white paper on the role of physical therapy in the non-pharmacological approach to pain management, prevention of opioid use, and treatment of opioid use disorder	Spring 2018 COMPLETED	Carolyn, Mark, Dana, Derrick and Craig

5. Engagement: Increase APTA member engagement with PMSIG and partner with other professional associations that have a goal of advancing pain education, research, practice and advocacy.

Objective 1: Promote membership and active engagement by members in PMSIG projects and activities

Action Items	Time Line	Key Leaders
1. Include an announcement about the PMSIG in introductory remarks at all Academy of Orthopaedic PT CSM and Annual Orthopaedic Meeting programming that involve the topic of pain	Annual activity	Michelle
2. Invite members to participate in PMSIG ongoing activities and special projects	Ongoing	Michelle PMSIG Board
3. Establish Facebook account	Complete by 10/2017 COMPLETED	Tahsa, Mark
4. Promote PMSIG activities on social media	Ongoing	Tasha Kelsea Weber Ortho Section PR Committee Liaison
5. In coordination with the other SIGS, create an email inviting Academy of Orthopaedic PT members to become members of the PMSIG	5/2018 COMPLETED	Carolyn; Going forward, Tara

Objective 2: Broaden access to PMSIG to reach other SIG and Section members

Action Items	Time Line	Key Leaders
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1. Collaborate with the Academy of Orthopaedic PT Leadership to expand access to the PMSIG by other Academy/Section members	Complete by 2/2020	Steve & Scott; Carolyn, Mark, Michelle, Brett
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Objective 3: Partner with other professional associations that have a goal of advancing pain education, research, practice and advocacy.

Action Items	Time Line	Key Leaders
1. Appoint and have available liaisons for key professional organizations involved in pain (nationally, internationally) that will represent the role of physical therapy in pain management (IASP, APS, AIPM)	Ongoing	Carolyn V.S.George APS V.K.Sluka IASP V.M. Hoeger Bement Pain Wk V.J.Garzione AIPM
2. Develop shared initiatives between key pain organizations (i.e. shared programming, coordinated messaging)	Ongoing	Carolyn and Michelle V.S.George APS V.K.Sluka IASP V.M.Hoeger Bement Pain Wk V.J.Garzione AIPM