Pain Management SIG Business Meeting
Thursday, February 22, 2018
CSM 2018
Riverside Hilton, New Orleans, LA

PMSIG Meeting Agenda
• Welcome and Board Member introductions
• Highlight year’s accomplishments
• The IASP World Pain Congress
• Strategic plan
• Clinical Practice Guidelines
• Open discussion

PMSIG Board Members
Nancy Durban, DPT, MS
Michelle Finnegan, DPT, OCS
Vice President/Education Chair
Nominating Committee

THANK YOU!

PMSIG Board Members
Continuing
Carolyn McManus, MSPT, MA
Dana Daily, PT, PhD
Craig Wassinger, PT, PhD
Tasha Parman, DPT, OCS
Jacob Thorp PT, DHS, OCS
President
Research Chair
Practice Chair
Social Media Chair
Nominating Committee Chair
PMSIG Board Members

New
Mark Shepherd, DPT, OCS
Derrick Sueki, DPT, PhD, OCS
Brett Neilson, DPT, OCS
Colleen Louw, MSPT, MEd

Vice President/Education Chair
Vice President/Education Chair, Nancy Durban, DPT, brought together 11 presenters and coordinated the CSM2018 Preconference course, Keep Calm and Treat Pain – From Research to Clinical Practice.

Public Relations Chair
Derrick Sueki, DPT, PhD, OCS

Nominating Committee
Brett Neilson, DPT, OCS

Nominating Committee
Colleen Louw, MSPT, MEd

Board Liaison
Scott Davis, PT, EdD, OCS

Executive Associate
Tara K. Fredrickson

Highlights for 2/2017 – 2/2018

• Our membership has increased from 483 to 605.
• Website update: New look, new photo, new links for Research, Clinical Pearls, DPT Curriculum and Archived OPTP Newsletters
• In May, monthly email blasts were initiated
  • Research abstracts coordinated by Dana Dailey, PT, PhD
  • Clinical Pearl coordinated by Carolyn McManus, MSPT, MA
• PMSIG members Katie McBee, DPT, OCS, Derrick Sueki, DPT, PhD, OCS and I contributed to editing Physical Therapist’s Guide to Chronic Pain Syndromes posted at APTA’s Move Forward website

Highlights for 2/2017 – 2/2018

• Vice President/Education Chair, Nancy Durban, DPT, brought together 11 presenters and coordinated the CSM2018 Preconference course, Keep Calm and Treat Pain – From Research to Clinical Practice.
• Pain Science
• Pharmacology
• Psychology of Pain
• Motivational Interviewing
• Pain Inventories and Measures
• Pain Evaluation
• Pain Education
• Mindfulness
• Mindful Movement
• Pain and Sleep
• Pain and Nutrition
• Clinical Decision Making
• The Future of Pain Treatment
• PMSIG members authored articles for OPTP
  • Katie McBee, DPT, OCS How Does Explain Pain Work?
  • Derrick Sueki, DPT, PhD, OCS and Amy Ngo, DPT Factoring Fear: Fear Conditioning and Extinction and Their Role in Chronic Pain
  • Brett Neilson, DPT, OCS Clinical Reasoning in Treating Chronic Pain: Pain Pies
• PR Chair Derrick Sueki, DPT, PhD, OCS will serve on a Joint Commission technical advisory panel that will develop standards related to pain management in non-hospital settings
Highlights for 2/2017 – 2/2018

- In January the PMSIG sent a survey to members requesting their vote on a name change of our SIG from Pain Management SIG to Pain SIG. The results:
  - 95.37% in favor
  - 3.70% opposed
  - 0.93% had no opinion
- The PMSIG Board has presented the motion to change our name from Pain Management SIG to Pain SIG to Scott Davis who will bring it to the Orthopaedic Section Board for their vote.

International Association for the Study of Pain: World Congress on Pain
Boston, Massachusetts, September 12 - 16, 2018
Preconference Satellite: Pain, Mind & Movement: Applying science to the clinic September 11, 2018

CONGRATULATIONS to PMISG members who will be presenting:
Kathleen Sluka, PT, PhD Plenary lecture at the World Congress
Adriaan Louw, PT, PhD Keynote lecture at the Satellite Symposium

Submission proposals for the main conference is closed, however the Pain, Mind & Movement SIG are accepting submissions for the Satellite: https://www.iaspworldcongressonpain.org

Strategic Plan

Mission
The Mission of the Pain Management Special Interest Group is to promote excellence in pain education, treatment and research by physical therapy professionals.

Vision
The Pain Management SIG will be a leading authority in the role of physical therapy in promoting healing, well-being and movement by people with pain conditions.

1. Standards of Practice
Objective: Identify and disseminate information on evidence-based practice for pain diagnosis and treatment by physical therapy professionals

<table>
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<tr>
<th>Activity</th>
<th>Time Line</th>
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<tbody>
<tr>
<td>1. Provide monthly emails to members and website posts on pain-related research and clinical pearl topics</td>
<td>Ongoing</td>
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<tr>
<td>2. Solicit manuscripts on pain-related topics for OPTP</td>
<td>Ongoing</td>
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<tr>
<td>3. Involve members in the Orthopaedic Section ICF-based Clinical Practice Guidelines process for pain diagnosis and treatment</td>
<td>Ongoing</td>
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Strategic Plan

1. Standards of Practice
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<tr>
<td>4. Add an Education link on the PMSIG web home page linking to a web page that includes recommendations for pain curriculum for DPT programs</td>
<td>Complete by 2/2018</td>
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<tr>
<td>5. Evaluate need for more detailed description of pain curriculum for DPT programs</td>
<td>Complete by 2/2018</td>
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Strategic Plan

2. Educational/Professional Development
   Objective: Provide high quality educational content for continuing competence in pain diagnosis and treatment by physical therapy professionals

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<tr>
<td>1. Provide education sessions at CSM</td>
<td>Annual activity</td>
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<tr>
<td>2. Develop online pain education programming</td>
<td>Complete by 2/2020</td>
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<tr>
<td>3. Contribute speakers and topics to the Annual Orthopaedic Meeting programming</td>
<td>When requested</td>
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<tr>
<td>4. Develop online resource database of publically available tools, articles and book recommendations on pain diagnosis and treatment for physical therapists</td>
<td>Completed by 2/2019</td>
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Strategic Plan

3. Physician and Additional Healthcare Provider Awareness
   Objective: Increase awareness of physical therapists as experts in the care of people with pain conditions among physician and additional healthcare provider audiences

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<tr>
<td>1. Develop a powerpoint on the role of physical therapists in the care of patients with pain conditions for healthcare provider audiences</td>
<td>Complete by 2/2018</td>
</tr>
<tr>
<td>2. Have volunteer PMSIG members trained and available to present at physician, other provider and pain conferences on the role of physical therapy in the treatment of pain</td>
<td>Complete by 9/2018</td>
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## Strategic Plan

### 4. Public Awareness and Resources

**Objective:** Increase awareness of physical therapists as experts in the care of people with pain conditions

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<tr>
<td>1. Serve as a resource to the APTA and Orthopaedic Section on communicating the role of physical therapy in the treatment of pain to the general public</td>
<td>Ongoing</td>
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**Activity**

1. Create a video of a physical therapist explaining pain to be made available at the PMSIG website for viewing by patients and the public.
   - Complete by 2/2019

2. Add a For the Public link on the PMSIG web homepage linking to a webpage that will include online and print resources on pain-related topics such as pain science education and how PTs treat pain.
   - Complete by 2/2020

### 5. Member Engagement

**Objective:** Promote membership and active engagement by members in PMSIG projects and activities

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<tr>
<td>1. Include an announcement about the PMSIG in introductory remarks at all Orthopaedic Section CSM and AOM programming that involve the topic of pain</td>
<td>Annual activity</td>
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<tr>
<td>2. Invite members to participate in PMSIG ongoing activities and special projects</td>
<td>Ongoing</td>
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**Activity**

3. Establish Facebook and Twitter accounts
   - Complete by 10/2017

4. Promote PMSIG activities on social media
   - Ongoing
Strategic Plan

6. Expand Access to PMSIG

Objective: Broaden access to PMSIG to reach other SIG and Section members

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<td>1. Engage other SIGs and Sections in a discussion and development of a model to (1) access the expertise and interests of members of other SIGs and Sections who share a pain interest and (2) make available our expertise and resources to other SIGs and Sections with members who share a pain interest. This is to include exploring an organizational structure that would enable members of other Sections to be members of the PMSIG.</td>
<td>Complete by 2/2020</td>
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Clinical Practice Guidelines

- The Education and Orthopaedic Sections are collaborating in the development of clinical practice guidelines for the management and prevention of chronic musculoskeletal pain with education and counseling interventions.
- PMSIG Board members, Craig Wassinger and Derrick Sueki, along with Joel Bialosky, Scott Euype, and David Morrisette are coordinating and leading this effort
- The guidelines will answer four questions regarding the use of education and counseling in the management of chronic pain.

Clinical Practice Guidelines

1. For adults with acute musculoskeletal pain, does patient education and/or counseling reduce the future risk of chronic pain compared with no patient education?
2. In adults with acute musculoskeletal pain what is the effect of patient education and/or counseling on activities of daily living/quality of life compared with no patient education?
3. In adults with chronic musculoskeletal pain, what is the effect of patient education and/or counseling on levels of pain compared with no patient education?
4. In adults with chronic musculoskeletal pain, what is the effect of patient education and/or counseling on levels of function compared with no patient education?

Clinical Practice Guidelines

- **Timeline**
  - Currently completing title and abstract screening of over 10,000 articles
  - Full text reviews in spring
  - Manuscript data extraction summer
  - Writing late 2018
- **Presentation at**
  - CSM 2019?
  - Orthopaedic Section Annual Meeting 2019?
  - Educational Leadership Conference 2019?
Open Discussion

THANK YOU!
ENJOY CSM 2018 and New Orleans!