

President's Message

Carolyn McManus, MSPT, MA

Dear Members,

I am happy to report a proposal for a preconference course on pain science and treatment coordinated and submitted by PMSIG Vice President and Education Chair, Nancy Durban, PT, DPT, was accepted for CSM 2018. Nancy and the PMSIG Board are bringing together leaders in the field of pain for this 2-day event, Keep Calm and Treat Pain. In addition to the PMSIG, this course is sponsored by the APTA and Orthopaedic Section. Presenters and topics are: Kathleen Sluka, PT, PhD, on The Science of Pain (Day 1) and Pain Education (Day 2), Alexandra Szabova, MD, on Pain Pharmacology, Kristin Archer, PT, DPT, PhD, on Pain Psychology, Janet Bezner, PT, DPT, PhD, on Motivational Interviewing, Michelle Finnegan, PT, DPT, on Pain Inventories and Objective Measurement, Carolyn McManus, PT, MSPT, MA, on Mindfulness and Pain Treatment, Stephanie Carter Kelly, PT, PhD, on Mindful Movement, Activity and Exercise, Catherine Siengsukon, PT, PhD, on Sleep and Pain, Megan Pribyl, PT, MSPT, on Nutrition and Pain, Nancy Robnett Durban, PT, DPT, on Clinical Decision Making and Dana Daily, PT, PhD, on Telerehabilitation. In addition, there will be case presentations and opportunities to discuss the challenges and controversies in our field. The course will combine didactic presentations with experiential exercises and lab practice. We hope to see you at this engaging and dynamic 2 days of learning. Please let your colleagues know about this exciting educational event! See page 228 for further information. If your organization will be a vendor at CSM 2018 and would like to be a sponsor for this preconference course, please contact Nancy Durban at nancy.durban@cchmc.org.

More CSM 2018 news! The PMSIG is co-sponsoring a special symposium entitled, The Chronic Pain Epidemic: National Initiatives for Researchers, Educators, and Clinicians. This symposium will highlight recent initiatives by federal agencies and the APTA focusing on pain and feature Linda Porter, PhD, Director of Pain Policy at NIH and Co-chair of the National Pain Strategy, David Thomas, PhD, Director of the NIH Centers of Excellence in Pain Education and Program Director at the National Institutes of Health, and Justin Moore, PT, DPT, CEO, of the APTA. Kathleen Sluka, PT, PhD, will introduce the challenges of pain and program speakers that will be followed by an open panel discussion. Hope to see you at CSM 2018 for this unique, informative, and inspiring educational opportunity!

In addition to CSM 2018 planning, the PMSIG Board and volunteer members have continued to identify and get to work on new initiatives. We are excited to bring the PMSIG to the world of social media! I want to thank PMSIG members Tasha Parman, PT, DPT, OCS, and Megan Mitchell, SPT, from the University of Maryland, and Orthopaedic Section Public Relations Committee Chair, Mark Shepherd PT, DPT, OCS, for their time and effort in this task. Pain SIG members can find us on Facebook and Twitter; we look forward to connecting with all of you in the future! If you are not currently a Pain SIG member, Orthopaedic Section members can join for free.

Those of us practicing in this field appreciate that physicians and other health care providers often do not know, understand, and/or appreciate what PT can do to help patients with pain conditions. To address this concern, PMSIG members Katherine Beissner, PT, PhD, and Chad Garvey, PT, DPT, OCS, have volunteered to develop a PowerPoint presentation on the topic of pain and its treatment by physical therapists suitable for presenting by PMSIG members at physician and other health care provider professional conferences. We are grateful to Jason Beneciuk, PT, DPT, PhD, MPH, for taking time to share his ideas and experience with us. Jason participated in a NEXT 2017 panel discussion on bridging the gap between PT and primary care physicians and presented a physical therapy perspective on low back pain treatment at the Pain Care for Primary Care conference in Orlando, Florida sponsored by the American Pain Society and Global Academy for Medical Education. We will keep you informed as we move forward with this initiative.

The Clinical Practice Guideline (CPG) Development Group, under the leadership of Dave Morrissette, PT, PhD, OCS, continues their work to develop CPGs for musculoskeletal pain conditions. The CPG Development Group will reach out to those who have volunteered for the literature review when your expertise is needed.

The PMSIG Board highly values the research interests and clinical expertise of our members. If you would like to contribute to our monthly emails, please submit a research topic to Dana Dailey PT, PhD, at dana.dailey@uiowa.edu or a clinical pearl to me at carolynmcmamus.com.

Thank you to all who have offered ideas for the PMSIG Strategic Plan. I have identified initiatives associated with Member Engagement, Physician Awareness, Standards of Practice, Educational/Professional Development, Public Awareness and Resources, and Expanding Access to PMSIG Membership. The proposed Mission Statement is, The Mission of the Pain Management Special Interest Group is to promote excellence in pain education, treatment, and research by physical therapy professionals. The proposed Vision Statement is, The Pain Management SIG will be a leading authority in role of physical therapy in promoting healing, well-being and movement by people with pain conditions.

I would now like to introduce you to Derrick Sueki, PT, DPT, PhD, OCS, FAAOMPT, and Amy Ngo PT, DPT. Derrick is co-owner of Knight Physical Therapy in Garden Grove, CA and on faculty in the Department of Physical Therapy at Azusa Pacific University. He is Chair of the Orthopaedic Special Council, on the Pain Education Clinical Practice Guideline Workgroup, a Chief Editor of two orthopedic textbooks, and has authored numerous works in textbooks and peer-reviewed journals. Derrick specializes in the science and management of chronic pain. Amy Ngo, PT, DPT, is a practicing clinician at Knight Physical Therapy and adjunct faculty member at Mount Saint Mary's University where she teaches pain science coursework. Amy's clinical responsibilities include orthopaedic physical therapy and the management of patients with persistent pain. I want to thank them for contributing the following article on the role of fear in the development and treatment of chronic pain.