

PASIG



Performing Arts Special Interest Group • Orthopaedic Section, APTA

MESSAGE FROM THE PRESIDENT

Hello everyone! Your PASIG Board has been extra hard at work over the last several months. We are deep into planning the general programming for CSM 2003, which is being held in Tampa, Florida. We are also working diligently on our preconference course that (while it still doesn't have a formal title) will focus on dance medicine. I believe this introductory to intermediate level course will be an excellent vehicle to assist those of you interested in getting on board in the world of dance medicine and will help pave the way for other PASIG coursework. The course is intentionally geared for the physical therapist who is considering becoming involved in dance medicine, as well as the therapist who has already begun and would like a basic overview course to help them solidify their familiarity with the world of dance. The wonderful thing about preconference courses is that they occur when you are already attending another conference (CSM) and provide needed CEUs at the same time. You would have to travel again to take another course. This way you don't need to expend more time and expense getting away to an off-site course. The fact that the subject matter happens to also be right in line with our group's interests is an added bonus. We'd like to see everyone at CSM this year getting involved at the ground level. Many of you have expressed interest in the arts and yet have also said you're not sure about how to get started. Well, this course is just for you and I would encourage you to take advantage of the opportunity. We have intentionally included material that is immediately applicable to dance populations and can be incorporated as actual usable tools when you return home. The dance-related general programming at CSM is being planned on an intermediate level so that those of you who attend the preconference course will also take away new information from our general programming. Those of you unable to attend preconference programming will be able to participate in this intermediate level general CSM programming.

I finally have news regarding our Practice Analysis! Our funding to complete what we have already begun has been approved and we are moving swiftly to make the analysis a reality! Our survey will most likely appear in your mail in September. Please respond quickly once you have received

your survey—we both want and need your response. I apologize for the long wait, but we are staying on top of this issue as it is important to all and I believe the wait will, ultimately, be worth it. Many thanks to all of you for your patience. Know that your feedback is critical now for the survey results to have any real meaning. If you know of another physical therapist treating performing artists, please encourage them to contact the Orthopaedic Section or me to obtain a survey for them. Again, the more surveys we complete, the more accurate our results will be.

As usual, my message again addresses our ongoing need for each of you to consider stepping forward to get involved. It is not so important that you have a huge practice brimming with either dancers or musicians. Each of us has something to offer and we can all learn something from each other's involvement. Networking with your fellow special interest group members places you on the front lines and can help grow this area of your practice. Freeing up a great deal of time is not required, but your ideas and enthusiasm are. Ultimately, we NEED your help. Keep a lookout for advertisements about our preconference course. We look forward to seeing you at CSM 2003, so begin planning your trip to Tampa, Florida! Tampa and the surrounding areas offer many activities for vacationing families. As always, I welcome your comments, positive or negative.

Yours in the arts,

Jeffrey T. Stenback, PT, OCS

President, Performing Arts Special Interest Group

GET INVOLVED IN THE PASIG AND THE FUTURE IS YOURS!

Join your fellow PASIG members in becoming an ambassador for the Performing Arts! The PASIG wants to encourage all our members to become actively involved by serving as committee members, regional directors, officers, and by offering your input at business meetings and through communication with other PASIG members. Remember, when you give of your time and energy to the PASIG, it's like giving a gift to yourself! The PASIG is only as strong as its members.

PASIG Resources
Let PASIG help you MARKET your services!

PASIG BROCHURES AND LOGO PINS are available to help you advertise and build your performing arts patient base. You can use the BROCHURES to market yourself to the performing arts community, the medical community, and to colleagues in the physical therapy community. You may proudly wear the PASIG Logo Pin to increase professional exposure.



The PASIG MEMBERSHIP DIRECTORY is an excellent resource for referrals, especially when your patients travel out of state. It includes state-by-state and alphabetical listing of PASIG members, as well as a Student Affiliation Site List. And don't forget, we still have DANCE / MUSIC GLOSSARIES available to assist you and your colleagues in communication with your performing artist patients. **ORDER NOW!**

PASIG PINS	\$5.00
PASIG DIRECTORIES	\$3.00
PASIG BROCHURES	\$15.00 (package of 25)
GLOSSARIES	\$2.00

TO ORDER: Call the Orthopaedic Section at 1-800-444-3982.
 All proceeds benefit the PASIG.

Performing Arts Special Interest Group
MEMBERSHIP FORM:



PERFORMING ARTS SPECIAL INTEREST GROUP • APTA

To be a PASIG member, you must also be a member of the Orthopaedic Section. You may use this form for new membership, change of address, or updating your information.

Name _____

Address _____

City _____ State _____ Zip _____ Phone _____ Email _____

APTA member number: _____

What percent of your patient population are performing arts patients?

____ Dancers ____ Gymnasts ____ Skaters
 ____ Musicians ____ Singers ____ Circus Performers

If you are affiliated with any performing arts schools, companies, or groups, please list them:

Do you accept Student Affiliations?
 ____ Yes ____ No

Are you interested in serving as a mentor to other physical therapists or physical therapy students interested in the treatment of performing artists?

Physical Therapists ____ Yes ____ No
 Students ____ Yes ____ No

Are you interested in serving on any of the PASIG Committees?

____ Practice
 ____ Public/Media Relations
 ____ Education
 ____ Regional Director
 ____ Research
 ____ Membership

PASIG EXECUTIVE COMMITTEE

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Regional Directors (Subcommittee of Membership Committee)

- **Northeast** (CT, MA, ME, NH, NY, RI, VT)
Marshall Hagins, Marijeanne Liderbach
- **Mid-Atlantic** (DE, DC, MD, NC, NJ, PA, VA, WV)
Tara Jo Manal, Laura Schmitt
- **South** (AL, FL, GA, KY, LA, MS, SC, TN)
Edie Shinde, Jeff Stenback
- **Central** (AR, IL, IN, IA, KS, MI, MN, MO, OH, OK, WI)
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- **Northwest** (ID, MT, NB, ND, OR, SD, WA, WY)
Cheryl Ambroza
- **West** (AK, AZ, CA, CO, HI, NV, NM, UT, TX)
Needs volunteers

Membership Committee Chair:
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Integrating Yoga Therapy Into Rehabilitation

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Matthew J. Taylor, MPT, RYT
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Integrated Pain Management is searching for a Physical Therapist to help develop a rehabilitation program with a multidisciplinary team including several physiatrists. The appropriate candidate should be able to rehabilitate injured workers with lumbar and cervical spine problems. An ability to help motivate patients and a grasp of techniques utilizing spinal stabilization and patient education is required. Ability to work collaboratively with physicians is necessary. Remuneration excellent for the right applicant.

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