


44. Neff KD & Germer C. Self compassion and psychological wellbeing. In Oxford Handbook of Compassion Science.J Doty (Ed) Chapter 27, Oxford University Press, 3-42. http://http://self-compassion.org/test-how-self-compassionate-you-are/ This is the website to take the self-compassion test

These articles were derived from the APTA Learning Course, Successful Mentorship for Residency and Fellowship Education. Revised June 2018. A more comprehensive list of article and book list are included in the course. The reference list was developed by Gail M. Jensen (Creighton University), Greg Hartley (University of Miami), Ivan Matsui (Kaiser Permanente OMPT Fellowship) and Carol Jo Tichenor (Creighton University).