# CSM Board of Directors Meeting January 2021 Committees Reports Table of Contents

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#### Membership Committee Report CSM Board of Directors Meeting January 2021

#### Submitted by: Megan Poll, Chair Academy of Orthopaedic Physical Therapy, APTA

#### **Committee Members and Terms:**

Chair:

Megan Poll 2018-2021

Vice Chair:

Christine Becks Mansfield 2018-2021

**Members:** 

Molly O'Rourke 2020-2023 Nate Mosher 2020-2023 Kelsey Smith (student member) 2019-2021

#### **Update on Committee Activities since July 2020:**

- AOPT Mentorship Program was postponed for the 2020-2021 calendar year due to the current challenges of the pandemic
- Christine Becks will serve as liaison for AOPT and the APTA Centennial Scholars Program
- Membership Committee reviewed and selected 3 members to participate as AOPT sponsored APTA Centennial Scholars
  - Yusra Iftikhar
  - o Mary Beth Geiser
  - Zachary Walston
- Applicants who were not selected were contacted and logged for future volunteer and leadership considerations
  - Matthew Huey and Katie Scaff will be recommended for new positions in the Membership Committee

#### **Discussion Items for the Board:**

- Continuing to work with AOPT Work Group and AOPT Strategic Planning
- Centennial Scholar applicant request for a formal AOPT Leadership Track/Program to develop and groom members for positions in the Academy

#### **Motions for the Board:**

Approve Katie Scaff and Matthew Huey as new members to the Membership Committee

#### <u>Membership Project – Strategic Plan:</u>

- Develop a systematic process for recruiting and utilizing members for Section initiatives
  - o Centennial Scholar applicant pool

- Enhance membership involvement in governance
- Developing strategies to enhance members' recruitment, retention, and engagement
  - Membership Marketing and Recruitment Work Group suggestions to the BOD for member discounts/access to educational materials during COVID-19 pandemic

#### Membership Counts (As of Nov 2020):

#### **Overall**

#### Total members: 18,487 (up from 17,516 reported at Jul 2020 Board Meeting)

- APTA total sections 72,458; Ortho Section comprises 26% total APTA membership
  - o Second largest section: Sports at 7,402
- PT comprises 92%; down 1% from previous report
- PTA comprises 3%; unchanged from previous report
- Students comprise 4%; unchanged from previous report

#### Component Counts by Member Type and Category: November 2020 (extended 90 day grace)

		РТ												РТА									STU		1	TOTAL
		CSD1	CSD2	CSD3	CSD4	DOC	FULL	LIFE	LIFE2	MSTR	RETIR	TRAN	TOTAL	CSD1	CSD2	CSD3	CSD4	FULL	LIFE2	RETIR	TRAN	TOTAL	PT1	PTA1	TOTAL	
Acute Care	1	209	173	128	109	15	2400	20	121	1	5	80	3261	17	16	8	10	130			11	192	316	23	339	3792
Aquatics	Q	17	17	9	6		420	37	153		1	8	668	9	8	3	6	93	2	1		122	52	11	63	853
Cardiovascular & Pulmonary	L	60	44	41	24	13	960	69	90		8	53	1362	7	4	10	9	51			3	84	163	14	177	1623
Clinical Electro & Wound Mgmt	K	23	12	11	7	5	497	12	125	1	6	48	747	2	4	1	2	13	1		1	24	143	9	152	923
Education	С	9	6	4	10	62	2745	28	313	1	4	4	3186	4	1	1	4	194	2		2	208	43	8	51	3445
Federal	R	50	32	22	26	19	498	15	98			27	787	2	2	1		18	1			24	121	1	122	933
Geriatrics	Р	125	129	107	93	32	3546	170	397	2	30	30	4661	23	18	27	15	254		1	6	344	132	20	152	5157
Hand & Upper Extremity	S	12	12	3	1	1	276	34	189		2	8	538	2	4		2	12	1			21	53	6	59	618
Health Policy & Administration	Υ	48	33	26	19	24	1794	28	111	2	5	26	2116	1		4		75			1	81	110	2	112	2309
Home Health	В	34	14	21	29	1	1596	54	129		10	17	1905	7	9	8	7	126	1		2	160	51	11	62	2127
Neurology	N	368	307	243	193	70	3911	72	108		5	134	5411	27	19	18	9	142			6	221	521	16	537	6169
Oncology	Т	47	33	30	32	11	938	33	60		10	21	1215	3	5	4	1	41			1	55	93	5	98	1368
Orthopaedics	J	898	849	678	510	182	12590	142	845	1	24	253	16972	60	45	31	25	427	4	1	19	612	862	41	903	18487
Pediatrics	Н	349	267	201	162	32	3701	33	258		11	96	5110	25	15	6	7	109			8	170	437	18	455	5735
Pelvic Health	М	149	143	120	95	15	2228	67	299		23	69	3208	13	6	4	3	44	1		1	72	218	6	224	3504
Private Practice	E	21	21	27	23	5	3551	44	154			7	3853	1	1	1		64			1	68	42	2	44	3965
Research	D	147	64	36	22	113	992	27	202		12	373	1988	22	5	10	1	26	1		77	142	1764	154	1918	4048
Sports	F	357	281	226	174	71	4464	92	382		25	155	6227	11	12	7	7	139	4	1	13	194	934	47	981	7402

#### **Transaction History (Nov 2020)**

- 170 new members to the Academy
- 919 dropped members with 289 members reinstated

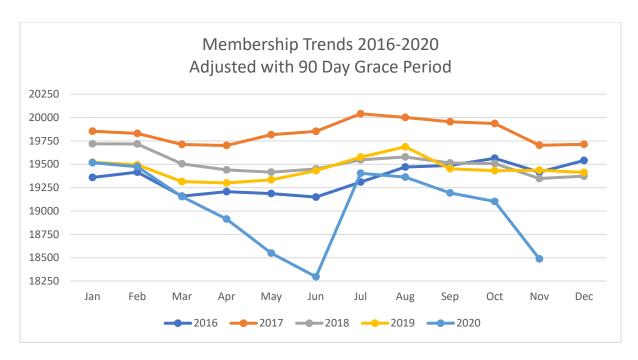
Name	Code	New APTA	New	Dropped	Transfer In	Transfer Out	Reinstated
		Comp	Component				
Acute Care	I	12	53	173	0	158	47
Aquatics	Q	1	11	30	0	45	10
Cardiovascular & Pulmonary	L	4	25	61	0	67	30
Clinical Electro & Wound Mgmt	K	6	5	30	0	52	20
Education	С	3	32	67	0	60	33
Federal	R	1	21	39	0	41	15
Geriatrics	P	15	43	215	0	122	58
Hand & Upper Extremity	S	3	9	13	0	49	8
Health Policy & Administration	Υ	9	17	78	0	87	36
Home Health	В	11	14	103	0	61	27
Neurology	N	21	82	304	0	211	77
Oncology	T	1	16	68	0	64	15
Orthopaedics	J	43	170	919	0	416	289
Pediatrics	Н	18	71	272	0	117	77
Pelvic Health	M	7	47	162	0	109	39
Private Practice	E	5	27	124	0	84	51
Research	D	26	69	223	0	254	47
Sports	F	21	120	350	0	222	131

#### Transaction History (Nov 2020 with 90-day grace period adjustments)

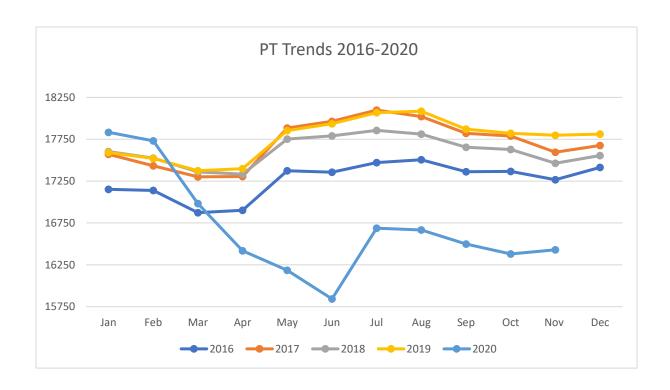
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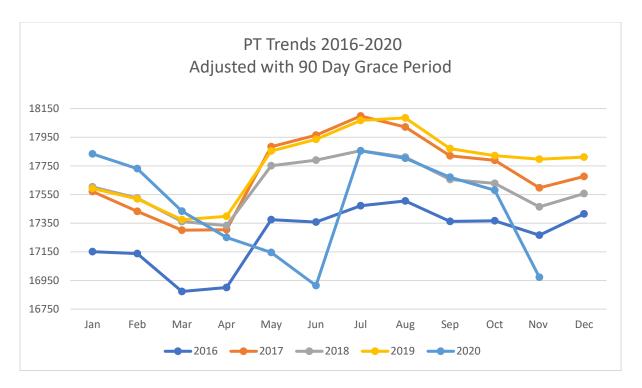
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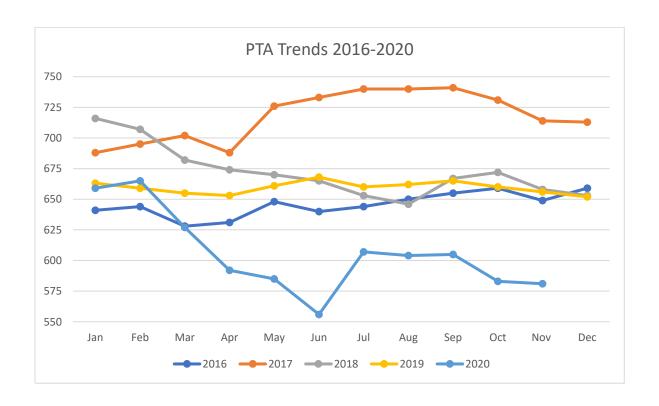


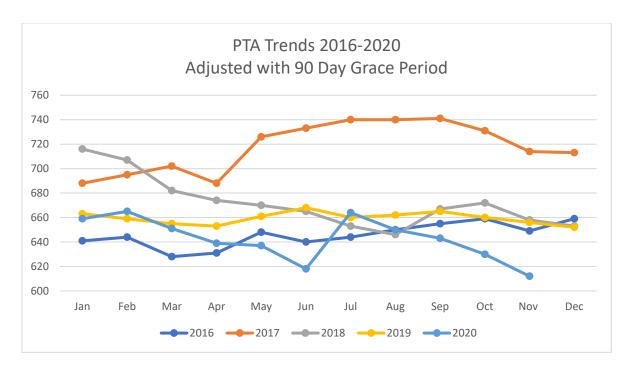
Note: Return to more normal curve from Jul-Oct, with notable drop in Nov based on 90 Day Grace Period data.



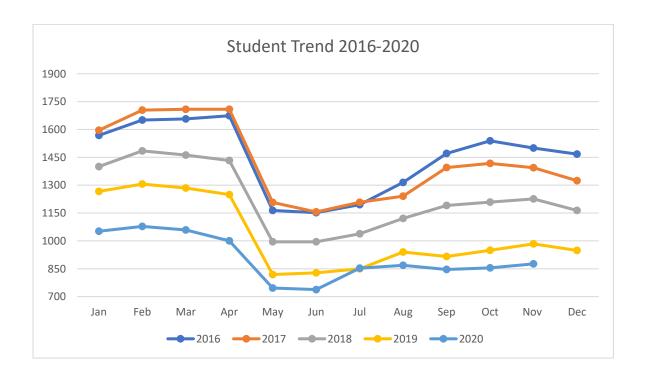


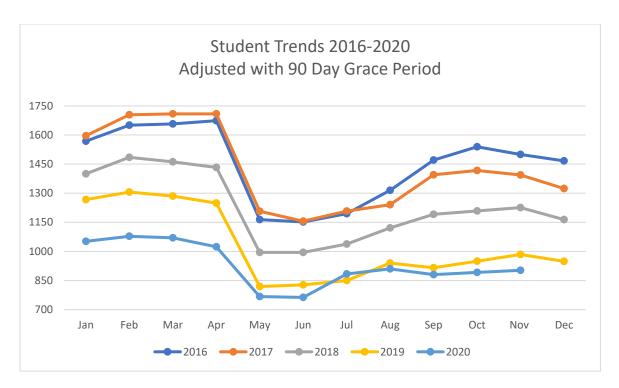
Note: Return to normal curve from Jul-Oct, with notable drop in Nov based on 90 Day Grace Period data.





Note: Return to normal curve from Jul-Sept, with notable drop in Oct-Nov regardless of 90 Day Grace Period data adjustment.





Note: Overall curve remains similar with or without adjusted numbers.

### **Education Committee Report January 2021 CSM Board Meeting**

#### Submitted by: Nancy Bloom, Chair Academy of Orthopaedic Physical Therapy, APTA

#### **Committee Members and Terms:**

Chair:

Nancy Bloom 2016-2022 (member since 2011)

Vice Chair:

Manny Yung 2016-2021 (member since 2013)

**Members:** 

Eric Folkins 2018-2024
Valerie Spees 2015-2021
Kate Spencer 2016-2022
Brian Eckenrode 2020-2023
Gretchen Seif 2020-2023

#### **Approved and Confirmed New Members:**

Lindsay Carroll
 Kathleen Geist
 Jason Grimes
 2021-2024
 2021-2024

### <u>Task Force: Educational Opportunities for AOPT previously known as AOM 2020 Planning Committee</u>

#### **Members:**

Director: Keelan Enseki (2019 – 2022);

Education Chair: Nancy Bloom

ISC Leader: Guy Simoneau

2 Educator/Research Members (3 year term)

Stefanie DiStasi (2019 – 2022) Joe Godges (2019 – 2022)

This group has met twice and several good ideas were generated. A summary of the groups' recommendations will be provided at the Board meeting in January 2021.

#### **Update on Committee Activities since July 2020**

#### **CSM 2021**

- **Education programs**: all scheduled and speaker contracts are complete for the first virtual CSM.
  - We lost 5 programs due to the change in format, so the total number of educational programs is 22.

- 5 programs will be 100% live
- 11 programs will be pre-recorded with 30 minute live question and answer sessions
- 6 programs will be 100% asynchronous pre-recorded and online chat for questions and answers.
- The topic for the "Spotlight on Research" is the hip (Hip Studies and Clinical Implications) and the session will be moderated by Cara Lewis PT, PhD; Marcie Harris Hayes PT, DPT, MSCI; and Stefani DiStasi PT, PhD.
- Sessions will be moderated by the following Education Committee members:
   Nancy Bloom, Manny Yung, Brian Eckenrode, Gretchen Seif
  - Registration for 3 committee members will be the only cost for the Academy
  - SIG Vice Presidents will moderate their programming with assistance from the Education Committee members

#### • Posters and Platforms:

- o 381 abstract submissions
- o 56 platforms
- o 278 posters
- o 87% acceptance rate/47 rejected based on quality cut score
- **Pre-cons**: We lost 1 pre-conference course so the total number is 2 and both will be held virtually after CSM (post-cons).
  - Musculoskeletal Ultrasonography of Upper Extremity w/Special Focus in Sport and Performing Arts. 2 day

Now the course will be 1-Day and only sponsored by Imaging SIG Next Level Clinical Reasoning: Integration of Diagnostic Ultrasound into PT Practice

- There may be an opportunity to house this course on AOPT's Learning Management System for future use.
- Essentials to Enhance Education and Outcomes in Residency/Fellowship Programs: Program Director and Faculty Track 1-Day SIG Sponsored: Orthopaedic Residency and Fellowship SIG
- → CANCELLED: Post Concussion Evaluation and Treatment: Implementing the Clinical Practice Guidelines 1-Day (speakers agreed to modify proposal from 2 day to 1 day course)

**Section Program Chair (SPC) Meeting:** These meetings have been virtual since CSM 2020. No announcements have been made for the spring planning for CSM 2022. The Research Committee Vice Chair and the Education Chair will attend this meeting. If it is in person, the Research Vice Chair will be funded by AOPT.

#### **Strategic Planning Updates: Changes since July 2020 Report**

#### **Evidence in Practice:**

Create innovative delivery methods for educational products to increase member use since the spring of 2020, efforts have been made to work with APTA, other program chairs and leadership

to plan a virtual CSM for 2021. Some aspects of this delivery method may persist beyond 2021 and have the potential to increase member use of AOPT educational materials.

Formation of a task force to explore micro-learning and new educational opportunities for AOPT is a first step in supporting our goal of creating innovative delivery methods for educational products.

#### **Diversity & Inclusion**:

Increase the diversity of members, leaders and AOPT

Adding a member to the Education Committee allows us to engage new members in AOPT and potentially develop leaders.

#### Research Committee Report CSM Board of Directors Meeting January 2021

## Submitted by: Daniel K. White PT, ScD, MSc Academy of Orthopaedic Physical Therapy, APTA

#### **Committee Members and Terms:**

Chair:

Dan White 2019-2022

Vice Chair:

Amee Seitz 2019- 2022

**Members**:

Edward Mulligan 2019- 2022 Louise Thoma 2018- 2022

Alison Chang 2018- 2021 (Outgoing) Arie van Duijin 2018- 2021 (Outgoing)

Philip Malloy 2020- 2023 Matthew Ithburn 2020- 2023

Gretchen Salsich 2021- 2024 (Incoming) Cristine Agresta 2021- 2024 (Incoming)

#### **Update on committee activities since Oct 2019 Board Meeting:**

#### 1. Rose Award Nominations

Gail Deyle PT, PhD was selected as the 2021 Rose Excellence in Research Award recipient for the article: "Physical Therapy versus Glucocorticoid Injection for Osteoarthritis of the Knee" published in NEJM. The Rose Research Platform is scheduled for Friday February 26, 2021 at 3:00pm EST

2. Sean Rundell has agreed to serve at Vice Chair of the Research Committee after CSM 2022. Sean previously served as a member of the Research Committee and will be mentored by Amee Seitz, current Vice Chair, over this near year.

#### 3. External Grant Review Committee

Joel Bialosky will oversee the grant reviews as vice chair of the External Grant Review Committee, which consists of 7 members including Joel. The members are Ruth Chimenti, Trevor Lentz, Joe Zeni, Roy Coronado, Sean Rundell, Samannaaz Khoja, and Joel Bialosky. There were nine (9) New Investigator grants, and two (2) unrestricted grants. The External Grant Review Committee will meet virtually on a date TBD.

#### 4. Research Poster Award

This award will not be given out this year with CSM being virtual.

#### 5. Research Spotlight Workgroup

Cara Lewis, Marcie Hayes, and Stephanie Di Stasi will be presenting the fourth Research Spotlight Education Session on pathology at the Hip at CSM.

#### Orthopaedic Specialty Council Report 2021 2021 CSM January Board Report

## Submitted by: Pam Kikillus, Chair Academy of Orthopaedic Physical Therapy, APTA

#### **Specialty Council Members and Term End Dates:**

Chair:

Pam Kikillus 12/2022

**Members:** 

Hillary Greenberger 12/2021 Peter Sprague 12/2021

Jimmy Kim 12/2023 Paul Neil Czujko 12/2024

#### **Update on Committee Activities since July 2020:**

In December 2020, the Orthopedic Council participated in a virtual item writing workshop to develop items for the MOSC examination. Experienced writers participated in the event led by ABPTS.

Council members are currently reviewing professional development portfolios for those therapists seeking re certification in the "old system". Council members are also reviewing MOSC submissions for the first 3 year portions of submissions for therapists in the new MOSC system. These are assigned to council members in batches throughout the year.

The Orthopedic Council is preparing for a virtual item writing workshop during CSM 2021.

I will include a brief re-report and update on the proposed changes to minimum eligibility to sit for the OCS exam. In August 2019, a survey was sent to individuals who passed and failed the 2018 and 2019 exam to determine the number of individuals who would not have qualified to take the exam given the newly recommended requirements. A full report of data analysis was expected to be released at CSM 2020, however that did not occur. However, after that time, a partial update was received.

The ABPTS provided preliminary results of the survey to pursue the recommended changes to the minimum eligibility requirements to sit for the initial orthopaedic specialty exam. The following information was reported:

The APTA Research department reported on "preliminary results" from the survey data analysis with promise to complete full analysis this Fall. They sent the survey to sample of 2985 (individuals who took the exam in 2018 and 2019). There was a 26% response rate (788 completed the survey). The preliminary analysis examined the Spine groupings. The results of this one region looked very positive.

82% stated they could meet these requirements, 10% could meet requirements if given few more years and 8% could never meet the requirement. For the overall body regions, I believe that about 75% stated they could meet the requirements and 12% could meet if given a few more years. (These numbers are not official at the time this report is being submitted).

The Council is hopeful that we can continue to move forward on making these proposed changes in the near future.

If AOPT Board has any questions, please feel free to contact me.

Pam Kikillus, PT pam leerar@hotmail.com

#### Practice Committee Report CSM Board of Directors Meeting January 2021

#### Submitted by: James Spencer, Chair Academy of Orthopaedic Physical Therapy, APTA

#### **Committee Members and Terms:**

Chair:

James Spencer 2020-2023

**Members:** 

Molly Malloy 2016-2022

Kathleen Geist 2018-2021 (will start second term pending Board approval)

Marcia Spoto 2015-2021 (has moved into role as Chair of Payment and Value Workgroup)

Emma Williams White 2019-2022 Jim Dauber 2016-2022 Gretchen Johnson 2019-2022 Stephanie Weyrauch 2020-2023

**Delegate:** 

Gretchen Seif 2020-2021

#### STATE GOVERNMENT AFFAIRS

There is limited information to report at this time on state issues due to the effects of the pandemic on state legislation.

#### Imaging

- The 2<sup>nd</sup> half of the state-by-state study from a firm hired by APTA on the authority of PTs to refer for imaging is currently on hold due to financial constraints at this time.
- Imaging engaged SIG members in collecting data regarding payment for PT performance of diagnostic ultrasound.

#### PT Compact

28 states are now in the compact, with a handful of others with pending legislation. The compact is largely on the back-burner at this time in states pursuing Compact privileges for PTs.

#### FEDERAL AFFAIRS UPDATE

#### **Medicare** (as of 12/20/2020)

The APTA has been engaged in intense advocacy efforts (#FightTheCut) to combat the fee cut to physical therapy services issued in the CMS final rule, issued on December 1, 2020. This rule is to take effect on January 1, 2021, and the new physician fee (PFS) schedule reflects a reduction in payment for PT services estimated to be approximately 9%. The fee cut comes about though a reduction in the conversion factor utilized in calculating fees, from the current \$36.09, to \$32.41.

Bipartisan bills have been introduced in both the House and Senate that would serve to ward off the looming fee cuts. Senate bill S. 5007 (with companion bill H.R. 8702) would amend title XVII of the SSA to provide increased payment under Medicare Part B in response to COVID-19.

#### **Telehealth**

Regulatory changes have allowed PTs to bill and receive payment for telehealth services during the public health emergency (PHE). APTA is advocating for a continuation of telehealth privileges after the PHE period.

With regard to Medicare, after the PHE ends there will be a subset of codes, added on a temporary basis under category 3, that can be billed under telehealth. Importantly, these codes will be allowed only for those PTs who work incident to a physician. Ultimately, congress will have to act in order to change the underlying dynamic that prohibits PTs from being reimbursed for telehealth services after the PHE. As of this writing, it does not look favorable for congress passing the CONNECT for Health Act, which would have provided CMS with the authority to add PTs as eligible providers of telehealth.

With limited exception, commercial payors have not indicated whether or not they will continue to pay for telehealth services furnished by PTs beyond the PHE. APTA continues to reach out to the large national payors and will advocate for permanent adoption of payment policies surrounding telehealth.

*Note:* APTA Resources tracking Emergency declarations related to telehealth can be found here: <a href="https://www.apta.org/news/2020/03/27/charts-from-apta-track-payer-government-pt-telehealth-policies">https://www.apta.org/news/2020/03/27/charts-from-apta-track-payer-government-pt-telehealth-policies</a>

#### ADDENDUM, Report of Imaging SIG meeting with APTA Payment staff

From: Marcia Spoto, PT, DC (AOPT Payment & Value Workgroup)

Re: Imaging SIG Diagnostic US Survey Results/Meeting with APTA Payment Staff

Date: 12-14-20

#### Present:

Chuck Hazle (President of the Imaging SIG)
Bill Boissonnault (Executive Vice-President for Professional Affairs)
Carmen Elliot (Vice-President for Payment)
Alice Bell (Senior Payment Specialist)
Marcia Spoto (Practice Committee/Chair Payment & Value Workgroup)

The Imaging SIG of the AOPT conducted a survey of members on reimbursement for diagnostic ultrasound from September 29 through October 9, 2020. The APTA, AOPT Imaging SIG, American Institute of Ultrasound in Medicine (https://www.aium.org), and Inteleos (https://inteleos.org) requested the survey to better understand the payment landscape for diagnostic US services provided by physical therapists.

#### Chuck reported on the survey results:

- · There were 34 responses to the survey
- · Data was collected on payors that will, and will not, reimburse for diagnostic US provided by a PT
- · Billing codes reimbursed identified as: 76881 (US single joint), 76882 (US limited joint or other nonvascular structure), and 97750 (physical performance test or measure)
- $\cdot$  There was considerable variation in payment for service and this was payor dependent and ranged from 10% of billable amount to 100% billable amount
- · Reasons provided for denial of payment for service included perceptions among payors that the service is outside the SOP of PT's, codes are not recognized as billable by PT's, or that the PT was not certified to provide service (Note: payors cited rationale for denial of payment is not valid in many cases)
- · When asked if they have the Registered in Musculoskeletal Sonography (RMSK) credential, 6 reported yes, 12 no, and 16 in process

#### General Discussion:

- · APTA, AIUM, and Inteleos have formed a cooperative agreement for physical therapists to be educated using AIUM resources toward meeting the prerequisites to qualify for the RMSK as determined by Inteleos
- · Many PTs' choose not to pursue credentialling due to concerns about payment
- · Some practitioners have successfully appealed denied payments
- · APTA is willing to facilitate communications with payors, and educate payors on the qualifications of PT's to perform diagnostic US as a first step

- · APTA has also agreed to help create resources that practitioners can use to educate payors, and to appeal negative payment decisions
- · ACA non-discrimination policy may provide an avenue to address payment issues
- · Diagnostic US can be performed in lieu of MRI for select soft tissue conditions at a considerably less cost
- · Scope of practice issues are more complex due to high variation across states
- · Most state practice acts are silent on the use of US by PTs for diagnostic purposes
- · State practice acts that include language prohibiting PTs from rendering a "medical diagnosis" can create misperceptions among payors that diagnostic US is outside the PT SOP

#### **Residency and Fellowship Grant**

Following the deadline to submit Committee Reports, the Practice Committee approved a Residency and Fellowship Grant to *Augusta University Orthopaedic Physical Therapy Residency Program*.

## **Independent Study Course Report**

# CSM Board of Directors Meeting January 2021

Submitted by:
Guy Simoneau, Editor & Sharon Klinski, Managing Editor

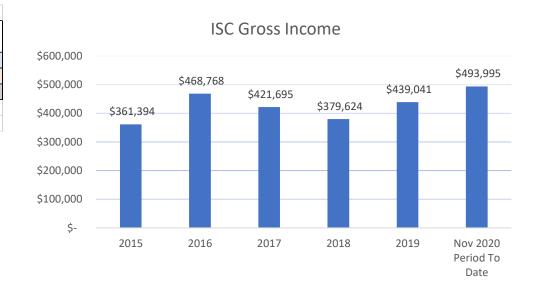
#### **Editorial Team**

Guy Simoneau, Editor Gordon Riddle, Associate Editor Sharon Klinski, Managing Editor Tara Jo Manal, Board Liaison

## 2015-2020 ISC Comparison

				Indepe	ende	ent Study Co	ours	ses			
										N	lov 2020
		2015		2016		2017		2018	2019	Peri	od To Date
Income	\$	361,394	\$	468,768	\$	421,695	\$	379,624	\$ 439,041	\$	493,995
Expenses	\$	127,767	\$	159,437	\$	94,494	\$	128,872	\$ 119,889	\$	155,228
Profit	\$	233,627	\$	309,331	\$	327,201	\$	250,752	\$ 319,152	\$	338,767
*Current Concepts 4t	h E	dition was	relea	ased July 20	16						

- November 2020 net income is 54% over budgeted projections. Initiatives
  offered during the COVID crisis continue to be very well received. Courses
  sold during this time have exceeded expectations. "Slashing" the prices of
  archived courses resulted in 440 sold and when ordering the online
  content, + print was free and resulted in 317 sold
- Inflated income in 2016 and 2017 was due to the release of Current Concepts, 4th ed
- 2015 and 2018 stable income with 2018 outperforming slightly
- 2019 began concentrated marketing with weekly e-blasts and social media posts (Facebook, Twitter, & Instagram), also began to offer "initiatives or specials" that have been very well received (see slide 5 for additional detail), this has been continued into 2020 with amazing results



	Income	Expense	Profit	F	Platform Fee	N	et Profit
2015	\$ 361,393	\$ 127,766	\$ 233,627		No Fee	\$	233,627
2016	\$ 468,767	\$ 159,437	\$ 309,330	\$	18,500	\$	290,830
2017	\$ 421,695	\$ 94,493	\$ 327,202	\$	23,200	\$	304,002
2018	\$ 379,624	\$ 128,872	\$ 250,752	\$	37,300	\$	213,452
2019	\$ 439,041	\$ 119,889	\$ 319,152	\$	27,700	\$	291,452
November 2020							
Period to Date	\$ 493,995	\$ 155,228	\$ 338,767		Included	\$	338,767

### **2020 Projected Net Profit**

						-	Actual			_			В	Budget	Pr	ojected
Budget based on %															2020	Annual
of Average	Jan	Feb	March	Apr	May		Jun	Jul	Aug	Sep	Oct	Nov		Dec		7
Income	\$ 43,870	\$ 36,275	\$ 40,603	\$ 42,390	\$ 34,855	\$	32,719	\$ 60,087	\$ 56,945	\$ 41,706	\$ 51,927	\$ 52,619	\$	34,535	\$	528,530
Expense	\$ 25,996	\$ 8,691	\$ 13,418	\$ 17,735	\$ 12,981	\$	13,409	\$ 31,081	\$ 9,374	\$ 9,067	\$ 9,265	\$ 4,212	\$	8,118	\$	163,346
Net Profit/(Loss)	\$ 17,874	\$ 27,584	\$ 27,185	\$ 24,655	\$ 21,874	\$	19,310	\$ 29,006	\$ 47,570	\$ 32,639	\$ 42,662	\$ 48,407	\$	26,418	\$	365,185

## ISC Annual Sales: January - November 2020

**Active Courses** 

	Member	Member	Non-Member	Non-Member	Total	Total
Course	Online	Print	Online	Print	Sales	Sales \$
26.1 Outcomes in Orthopaedic PT Practice	7	17	0	3	27	\$ 4,865.00
26.2 Current Concepts of Orthopaedic Physical Therapy	164	284	59	129	636	\$229,502.50
27.1 Postoperative Management of Orthopaedic Surgeries	42	34	9	7	92	\$ 21,352.50
27.3 Clinical Imaging	13	12	1	2	28	\$ 3,450.00
27.4 Frontiers in Orthopaedic Science	5	9	2	0	16	. ,
28.1 PT Management of Concussion	39	29	15	22	105	\$ 15,229.50
28.2 The Shoulder	17	17	9	6	49	\$ 11,875.00
28.3 The Lumbopelvic Complex	30	28	13	7	78	\$ 17,601.00
28.10 Reg Sp Adolescent Spine	15	0	1	0	16	\$ 825.00
28.4 Pharmacology	11	11	4	1	27	1 - ,
28.5 Basic Research Methods for the PT Literature	9	0	2	0	11	\$ 940.00
28.6 Special Collection Series: Hip	3	3	0	0	6	, , ,
28.7 Special Collection Series: Knee	2	1	0	0		\$ 515.00
28.8 Special Collection Series: Shoulder	5	3	0	0	8	•
29.1 Physical Therapy Approaches to the Lower Quarter	33	23	1	7		\$ 13,802.00
29.2 Neurology in Orthapaedics	31	26	9	6		\$ 16,570.00
29.3 Screening for Orthopaedics	44	42	6	6		\$ 11,909.50
30.1 The Running Athlete	64	145	6	10		\$ 41,960.00
30.2 Tissue Tolerances	81	164	4	4	253	\$ 24,585.00
30.3 Special Topics: Enhancing Performance Using a Mind, Body, Metric Approach	18	25	3	2	48	\$ 8,795.00
30.3.1 Special Topics: Optimizing Recovery	4	7	1	0	12	\$ 1,315.00
30.3.2 Special Topics: Optimizing Performance	1	2	0	0	3	\$ 350.00
Archived	647	0	0	0	647	\$ 13,825.00
Single Monograph Archived Print Only	6	0	0	0	6	\$ 265.00
Single Monograph Online Only	6				-	\$ 210.00
Totals	1297	882	145	212	2536	\$447,010.00
Total Percent of Sales	51%	35%	6%	8%		

#### Other Courses

	Courses					
	Member	Member	Non-Member	Non-Member	Total	Total
Course	Online	Print	Online	Print	Sales	Sales \$
Residency Curriculum	84				84	\$ 37,735.00
Residency A la Carte	52				52	\$ 9,135.00
Copyright	1				1	\$ 115.00
					Total Other	\$ 46,985.00
					Total Active	\$447,010.00
					Grand Total	\$493,995.00

### 2020 Initiatives to Test Value...Will Report on Response

#### GOING, GOING, GONE....SALE ON THOSE COURSES TO BE ARCHIVED AS OF YEAR END

Eblast announce for PT Outcomes in Orthopaedic Physical Therapy was sent 6.18.2020; 27 courses sold

#### INTRODUCTORY SALE (\$25 or \$50 OFF FIRST 60 DAYS OF NEW RELEASE)

- Tissue Tolerances, a 3-monograph series, was released June 1 at \$25 off; we had 228 sales (breakeven achieved)
- o The Running Athlete, a 6-monograph series, will be released late June/early July at \$50 off; we had 169 sales (breakeven achieved)
- Special Topics: Enhancing Performance Using a Mind, Body, Metric Approach (3 options); we had 63 sales

#### SINGLE MONOGRAPH SALES

- PT Educational Resources for the Spine Patient: 25 total sales
- Special Alternative Topics (print copy only): 6 total sales
- o Postoperative Management of Orthopaedic Surgeries (online only): 6 total sales

#### **LOWERED ARCHIVED PRICING MARCH 2020**

o E-blast announcing Great Deal on Archived Courses resulted in the sale of 647 archived courses year to date; we sold a total of 46 in this category all of 2019

#### OFFERED PLUS PRINT FOR FREE March 31 - May 31

This resulted in great sales at 317 courses sold

#### **Marketing Initiative with PT Pintcast**

• We have concentrated on advertising Current Concepts throughout the year at a cost of \$5,850. We have seen a 23% increase in Current Concepts nonmember sales. In addition, we have seen an increase in Current Concepts sales in years 4 and 5 of the 4th edition release instead of a yearly downward trend. To put this in perspective dollars wise, it has increased sales in the nonmember category only by \$34,950 compared to 2019.

#### Thanksgiving Offer: 7 day, 7 course feast!

Resulted in 65 sales and almost matched our 2019 Black Friday to Cyber Monday offer (a total of 66 sales)

#### 12 Days of Specials: 12 offers from December 7 – December 18

Resulted in 144 sales including a record high single day sales of \$6,375!

#### Year End Sales Comparison – Note that as of 12.21.2020, we have sold a total of 2,727 courses so we are only 82 courses away from our combined 2018 and 2019 total!

I	YTD:	YTD:	YTD:	YTD:	YTD:
	<b>Jan – Dec 2016</b>	Jan – Dec 2017	Jan –Dec 2018	<b>Jan – Dec 2019</b>	Jan - Nov 2020
	1427	1222	1187	1622	2536

We will continue to try new initiatives, test response, and refine our messaging to continue to serve our memberships needs.

### Timelines for Release of New Courses

#### 2021

```
ISC 31.1, Management of Headaches (3-monograph series) - TBD
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ISC 31.2, Current Concepts of Orthopaedic Physical Therapy, 5th ed – TBD (typically Aug)

ISC 31.3, Manual Therapy (3-monograph series) – release TBD

#### 2022

ISC 32.1, Applied Tendinopathy - TBD

ISC 32.2, The Female Athlete Throughout the Lifespan - TBD

ISC 32.3, Psychologically Informed Physical Therapy – TBD

ISC 32.4, Physical Therapy for the Circus Artists (PASIG) - TBD

ISC 32.5, Occupational Health (OHSIG) - TBD

#### 2023

**TBD** 

## **Initiatives**

- ✓ Reviewing a proposal to purchase the translation and distribution rights for Tissue Tolerances by a Japanese company, Impact Eibun.
- ✓ Exploring the idea of offering ISCs to other English speaking markets beyond the United States.
- ✓ Exploring the business model of bundled ISCs vs single monograph sales or a hybrid model, eg, offering bundled ISCs for the first 2 years and then moving to single monograph sales.
- ✓ Discussing with several groups (Performing Arts, Imaging, and CSM Preconference) developing content to be used on the Learning Management System.

### Clinical Practice Guidelines for Common Musculoskeletal Conditions December 22, 2020

#### **Submitted by:**

Co-Editors: Christine McDonough PT, PhD, Guy Simoneau, PT, PhD, FAPTA, RobRoy Martin, PT, PhD, CSCS

#### Academy of Orthopaedic Physical Therapy, APTA

1 2		Strategic Framework Directive:
3	AC	ADEMY OF ORTHOPAEDIC PHYSICAL THERAPY, APTA STRATEGIC
4	FR	AMEWORK: 2020-2023.
5	•	Position members as experts in managing movement and functional performance
6		Initiative 1: Develop and disseminate resources to educate the public about orthopaedic
7		physical therapy.
8		Advisory Panel:
9		Jim Elliot, PT, PhD (implementation methods overview)
10		Sandra Kaplan, PT, DPT, PhD (methods)
11		Tom McPoil, PT, PhD, FAPTA (foot/ankle & production strategies)
12		Paul Beattie, PT, PhD, OCS, FAPTA (low back and neck)
13		Kevin Wilk, PT, DPT (shoulder, knee, and sports)
14		
15		Stong of Clinical Duration Caridalina Davelanment
16 17		Steps of Clinical Practice Guideline Development
18	1.	Topic Selected
19	2.	Selection of authors
20	3.	PICO Development
21	4.	Discussion with CPG editorial team
22	5.	Identify librarian to do searches
23	6.	Literature Search
24	7.	Identify team to review literature
25	8.	Systematic Review & Critical Appraisal
26	9.	Initial Draft in Development
27	10.	Discussion with CPG editorial
28	11.	Initial Draft Reviewed by Managing Editor
29	12.	Author Review and Approval of Managing Editor
30	13.	Place Draft on orthopt.org to Disseminate and Solicit Feedback
31	14.	Draft in Review by Content Experts
32	15.	Authors Incorporating Content Expert Comments
33	16.	Conduct Expert Draft Review by Managing Editor
34	17.	Place Updated Draft on orthopt.org to Disseminate and Solicit Feedback
35	18.	Draft in Review by Stakeholder Reviewers
36	19.	Authors Incorporating Stakeholder Reviewer Comments

	0. Stakeholder Reviewer Comments Review by Managing Editor
	1. Draft in Review by <i>JOSPT</i> Editors
	2. JOSPT Editor Draft to Authors for Change Requests or Approval
	3. Final Draft to <i>JOSPT</i>
	4. Author Review of Proofs
	5. Publication in <i>JOSPT</i>
	6. Submission for National Guidelines Clearinghouse Acceptance
44 2	7. Post Publication Dissemination & Implementation Initiatives
45	Topics and Status of CPGs at a Glance (Current updates in vellow highlight)
46 <b>A</b>	nkle/Foot
47	<ul> <li>Achilles Pain/Tendinopathy (working on second revision)</li> </ul>
48	<ul> <li>Heel Pain/Plantar Fasciitis (working on second revision)</li> </ul>
49	<ul> <li>Ankle Stability/Sprain (first revision in editorial review)</li> </ul>
50	
	rm/Elbow/Wrist/Hand
	Hand Pain: Carpal Tunnel Syndrome (working on first revision)
	Distal Radius Fractures (working on original CPG)
	• Elbow Epicondylitis (working on original CPG)
55 <b>T</b> ,	umbar Spine/ Low Back Pain
58	Low Back Pain (working on first revision)
	oncussion
60	<ul> <li>Post-Concussion Syndrome (working on first revision)</li> </ul>
61	
62 <b>H</b>	ip
63	<ul> <li>Hip Pain Mobility Deficits (working on second revision)</li> </ul>
64	Hip Pain Non-Arthritic (working on first revision)
65	<ul> <li>Physical Therapy Management of Older Adults with Hip Fracture (submitted to JOSPT)</li> </ul>
66	
	nee
	<ul> <li>Knee Pain/Meniscal &amp; Articular Lesions (working on second revision)</li> </ul>
	<ul> <li>Knee Stability &amp; Movement Coordination (working on second revision)</li> </ul>
-	• Knee & Anterior Cruciate Ligament Injury Prevention (working on first revision)
	Patellofemoral Pain (working on first revision)
72 <b>T</b> .	
73 <b>L</b> o	
74 75	Hamstring Muscle Injury (working on original CPG)
	ledical Screening
, 0 1	

2

78

79

Neck

80	Neck Pain (working on second revision)
81	Pain Color Divide
82 83	<ul> <li>Prevention of Chronic Pain (working on original CPG)</li> </ul>
84	Pelvic
85	Pelvic Pain (working on original CPG)
86	Torvie Lain (Working on original CLO)
87	Shoulder
88	• Shoulder Pain & Mobility Deficits/Adhesive Capsulitis (working on first revision)
89	<ul> <li>Shoulder Instability (working on original CPG)</li> </ul>
90	<ul> <li>Shoulder Rotator Cuff (working on original CPG)</li> </ul>
91	
92	Work Rehabilitation
93	<ul> <li>Work Rehab (original CPG in editorial review)</li> </ul>
94	
95	<b>Guidelines Completed and Published in JOSPT and Revision Status</b>
96	(Current updates in vellow highlight)
97	
98	Ankle/Foot
99	1. Heel Pain - Plantar Fasciitis (2008)
100 101	McPoil TG, Martin RL, Cornwall, MW, Wukich DK, Irrgang J, Godges JG. Heel Pain — Plantar Fasciitis 2008; J Orthop Sports Phys Ther. 2018; 38:4, A1-A18
101	https://www.jospt.org/doi/full/10.2519/jospt.2008.0302
103	(Work Group Lead: RobRoy Martin, PT, PhD, CSCS)
104	
105	<b>↓</b> Heel Pain - Plantar Fasciitis - first Revision (2014)
106 107	Martin RL, Davenport TE, Reischl SF, McPoil TG, Matheson JW, Wukich DK, McDonough CM. Heel Pain—Plantar Fasciitis: Revision 2014; J Orthop
107	Sports Phys Ther. 2014; 44:11, A1-A33
109	https://www.jospt.org/doi/full/10.2519/jospt.2014.0303?code=jospt-site
110 111	(Work Group Lead RobRoy Martin, PT, PhD, CSCS)
111 112	♣ Heel Pain - Plantar Fasciitis - second Revision (2020)
113	Work Group Lead: RobRoy Martin, PT, PhD, CSCS
114	Status: Currently reviewing updated literature search.
115	
116	2. Achilles Pain, Stiffness, and Muscle Power Deficits / Achilles Tendinitis (2010)
117	Carcia C, Martin RL, Houck, J, Wukich DK. Achilles Pain, Stiffness, and Muscle Power
118	Deficits: Achilles Tendinitis; J Orthop Sports Phys Ther. 2010;40(9):A1-26
119	(Work Group Lead: RobRoy Martin, PT, PhD, CSCS)
120 121	<b>♣</b> Achilles Pain, Stiffness, and Muscle Power Deficits / Midportion Achilles
121	Tendinopathy - first Revision (2018)
123	Martin RL, Chimenti R, Cuddeford, T, Houck, J, Matheson JW, McDonough CM,
124	Paulseth S, Wukich DK, Carcia C. Achilles Pain, Stiffness, and Muscle Power
125	Deficits: Midportion Achilles Tendinopathy Revision 2018; J Orthop Sports Phys
126	Ther. 2018 Sep;48(5):A1-38
127	https://www.jospt.org/doi/10.2519/jospt.2018.0302?code=jospt-site
	3

128		(Work Group Lead: RobRoy Martin, PT, PhD, CSCS)
129		
130	3.	Ankle Stability and Movement Coordination Impairments (2013)
131		Martin, R. L., Davenport, T. E., Paulseth, S., Wukich, D. K., Godges, J. J. Ankle Stability
132		and Movement Coordination Impairments: Ankle Ligament Sprains; J Orthop Sports Phys
133		Ther 2013;43(9):A1–A40_
134		https://www.jospt.org/doi/full/10.2519/jospt.2013.0305?code=jospt-site
135		(Work Group Lead: RobRoy Martin, PT, PhD, CSCS)
136		
137		<b>↓</b> Ankle Stability and Movement Coordination Impairment - first Revision (2021)
138		Work Group Lead: RobRoy Martin, PT, PhD, CSCS
139		Status: Revision in editorial review, anticipating JOSPT publication in April 2021.
140 141	Arm	/Elbow/Wrist/Hand
142		Hand Pain and Sensory Deficits: Carpal Tunnel Syndrome (2019)
143	1.	Erickson, M, Lawrence, M, Stegink Jansen, CW, Coker D, Amadio, P, Cleary, C., Hand
144		Pain and Sensory Deficits: Carpal Tunnel Syndrome; J Orthop Sports Phys Ther. 2019;
145		49(5), CPG1-CPG85 https://www.jospt.org/doi/full/10.2519/jospt.2019.0301
145		(Work Group Lead: Mia Erickson, PT, EdD)
140		(Work Group Lead. Wha Erickson, FT, EdD)
	T	hon Spine / Low Pook
148 149		<u>lbar Spine / Low Back</u> Low Back Pain (2012)
	1.	
150		Delitto A, George SZ, Van Dillen LR, Whitman JM, Sowa G, Shekelle P, Denninger TR,
151		Godges JJ. Low Back Pain; J Orthop Sports Phys Ther. 2012 Apr;42(4):A1-57
152		https://www.jospt.org/doi/full/10.2519/jospt.2012.42.4.A1?code=jospt-site
153		I am Dook Dain Gust variaion (2022)
154		Low Back Pain – first revision (20??)
155		Work Group Leads: Steven George, PT, PhD and Julie Fritz, PT, PhD, FAPTA
156		Status: APTA grant of \$3000 awarded in December 2020. Currently working on final
157		writing stages and evidence summaries as of December 2020.
158 159	Con	cussion
160	1.	Physical Therapy Evaluation and Treatment After Concussion/Mild Traumatic
161	1.	Brain Injury (2020)
162		(in collaboration with the Neurology Section and Sports Section)
163		Authors: Catherine C. Quatman-Yates, Airelle Hunter-Giordano, Kathy K. Shimamura,
		Rob Landel, Bara A. Alsalaheen, Timothy A. Hanke, Karen L. McCulloch. <i>J Orthop</i>
164		
165		Sports Phys Ther. 2020;50(4): CPG1-CPG73. doi:10.2519/jospt.2020.0301
166		https://www.jospt.org/doi/10.2519/jospt.2020.0301
167		(Work Group Lead: Karen McCulloch, PT, PhD, FAPTA)
168	IIin	
169	<u>Hip</u> 1.	Hip Pain and Mobility Deficits / Hip Osteoarthritis (2009)
170	1.	
171		Cibulka MT, White DM, Woehrle J Harris-Hayes M, Enseki KR, Fagerson TL, Slover J,
172		Godges JG. Hip Pain and Mobility Deficits—Hip Osteoarthritis; J Orthop Sports Phys
173		Ther. 2009;39(4):A1-A25 <a href="https://www.jospt.org/doi/abs/10.2519/jospt.2009.0301">https://www.jospt.org/doi/abs/10.2519/jospt.2009.0301</a>
174		# TT D 1 13/100/ D 0 1/TT O / 13 1/1 0 / D 1 / (2047)
175		♣ Hip Pain and Mobility Deficits / Hip Osteoarthritis - first Revision (2017)

176	Cibulka MT, Bloom NJ, Enseki KR, Macdonald CW, Woehrle J, McDonough
177	CM. Hip Pain and Mobility Deficits—Hip Osteoarthritis: Revision 2017; J
178	Orthop Sports Phys Ther. 2017 Jun;47(6):A1-A37
179	https://www.jospt.org/doi/full/10.2519/jospt.2017.0301?code=jospt-site
180	
181	Hip Pain Mobility Deficits / Hip Osteoarthritis – second revision (2021)
182	Work Group Lead: Mike Cibulka, PT, MHS, DPT
183	Status: Currently reviewing literature from updated search as of December 2020.
184	
185	2. Nonarthritic Hip Joint Pain (2014)
186	Enseki K, Harris-Hayes M, White DM, Cibulka MT, Woehrle J, Fagerson TL, Clohisy JC.
187	Nonarthritic Hip Joint Pain; J Orthop Sports Phys Ther. 2014 Jun;44(6):A1-32
188	https://www.jospt.org/doi/full/10.2519/jospt.2014.0302?code=jospt-site
189	
190	Nonarthritic Hip Joint Pain – first revision (20??)
191	Work Group Lead: Keelan Enseki, PT, MS, OCS, SCS, ATC, CSCS
192	Status: Currently running updated literature search as of December 2020.
193	
194	3. Physical Therapy Management of Older Adults with Hip Fracture
195	McDonough CM, Harris-Hayes M, Tange Kristensen M, Arnholtz J, Herring TB, Kenny AM,
196	Mangione KK. Physical Therapy Management of Older Adults with Hip Fracture; J Orthop Sport
197	Phys Ther.
198	Work Group Lead: Christine M. McDonough, PT, PhD
199	Status: Submitted to JOSPT in November 2020 with anticipated publication in February or March
200	<mark>2021.</mark>
201	
202	T7
203	Knee
204	1. Knee Pain and Mobility Impairments / Meniscal and Articular Cartilage Lesions (2010)
205	
<ul><li>206</li><li>207</li></ul>	Logerstedt DS, Snyder-Mackler L, Ritter, RC, Axe MJ, Godges JG. Knee Pain and Mobility Impairments: Meniscal and Articular Cartilage Lesions. J Orthop Sports Phys
207	Ther. 2010;40(6):A1-A35 https://www.jospt.org/doi/full/10.2519/jospt.2010.0304
208	(Work Group Lead: David Logerstedt, PT, MPT, MA, PhD)
210	(Work Group Lead. David Logerstedt, 11, Wi 1, WA, 111D)
211	Knee Pain and Mobility Impairments / Meniscal and Articular Cartilage
212	Lesions – first Revision (2018)
213	Logerstedt DS, Scalzitti DA, Bennell KL, Hinman RS, Silvers-Granelli H, Ebert
214	J, Hambly K, Carey JL, Snyder-Mackler L, Axe MJ, McDonough CM. Knee
215	Pain and Mobility Impairments: Meniscal and Articular Cartilage Lesions
216	Revision 2018. J Orthop Sports Phys Ther. 2018 Feb;48(2):A1-A50
217	https://www.jospt.org/doi/ref/10.2519/jospt.2018.0301
218	(Work Group Lead: David Logerstedt, PT, MPT, MA, PhD)
219	(11 olk Gloup Lead. David Logolstedt, 1 1, 1911 1, 191A, 1 11D)
220	Knee Pain and Mobility Impairments / Meniscal and Articular Cartilage
221	Lesions – second Revision (20??)
222	Work Group Lead: David Logerstedt
223	Status: Will start the revision process in 2021
	Dunion, 11 III nume into 10 (1010) provend in 2021

22.4		
224	2	Vncc Stability and Mayament Coordination Impairments / Vncc Ligament Sprain
225 226	2.	Knee Stability and Movement Coordination Impairments / Knee Ligament Sprain (2010)
227		Logerstedt DS, Snyder-Mackler L, Ritter RC, Axe MJ, Godges JG. Knee Stability and
228		Movement Coordination Impairments: Knee Ligament Sprain; J Orthop Sports Phys
229		Ther. 2010;40(4): A1-A37
230		(Work Group Lead: David Logerstedt, PT, MPT, MA, PhD)
231		(Work Group Lead. David Logerstedt, 1.1, Wit. 1, WIA, 1 IID)
232		<b>♣</b> Knee Stability and Movement Coordination Impairments / Knee Ligament
233		Sprain – first Revision (2017)
234		Logerstedt DS, Scalzitti D, Risberg MA, Engebretsen L, Webster KE, Feller J,
235		Snyder-Mackler L, Axe MJ, McDonough CM. Knee Stability and Movement
236		Coordination Impairments: Knee Ligament Sprain Revision 2017; J Orthop
237		Sports Phys Ther. 2017 Nov;47(11):A1-A47
238		https://www.jospt.org/doi/full/10.2519/jospt.2017.0303?code=jospt-site
239		(Work Group Lead: David Logerstedt, PT, MPT, MA, PhD)
240		(Work Group Lead. David Logersteat, 11, Wil 1, Wil 1, IIID)
241		<b>♣</b> Knee Stability and Movement Coordination Impairments / Knee Ligament
242		Sprain – second Revision
243		Work Group Lead: David Logerstedt
244		Status: Will start the revision process in 2021
245		States will state the revision process in 2021
246	3.	Exercise-Based Knee and Anterior Cruciate Ligament Injury Prevention (2018)
247		Arundale, A, Bizzini, M,, Giordano, A, Hewett, T., Logerstedt, D., Mandelbaum, B.,
248		Scalzitti, D., Silvers- Granelli, H., Snyder-Mackler, L., Exercise based Knee and Anterior
249		Cruciate Ligament Injury Prevention;
250		J Orthop Sports Phys Ther. 2018 48:9, A1-A42
251		https://www.jospt.org/doi/abs/10.2519/jospt.2018.0303
252		(Work Group Lead: Amelia Arundale, PT, PhD, DPT, SCS, and Celeste Dix, PT, DPT)
253		
254		Exercise-Based Knee and Anterior Cruciate Ligament Injury Prevention –
255		first Revision
256		Work Group Lead: David Logerstedt
257		Status: Will start the revision process 2021
258 259		
260		4. Patellofemoral Pain (2019)
261	_	Willy, R, Hoglund, L, Barton, Bolgla, L, Scalzitti, D, Logerstedt, D, Lynch, A, Snyder-
262		Mackler, L, McDonough, C. Patellofemoral Pain; J Orthop Sports Phys Ther. 2019;49(9):
263		CPG1–CPG95.
264		https://www.jospt.org/doi/fpi/10.2519/jospt.2019.0302
265		(Work Group Lead: David Logerstedt, PT, MPT, MA, PhD)
266		(Work Group Lead. David Logerstedt, 1-1, Wit 1, Witt, 1 IID)
267	Necl	k
268		<u></u> I. Neck Pain (2008)
269	,	Childs JD, Cleland JA, Elliott JM, Teyhen, DS, Wainner, RS, Whitman, JM, Sopky BJ,
270		Godges JG, Flynn, TW. Neck Pain; J Orthop Sports Phys Ther. 2008;38(9):A1-A34
271		https://www.jospt.org/doi/abs/10.2519/jospt.2008.0303
272		
-·-		

273 274 275 276 277 278 279 280 281		<ul> <li>Neck Pain – first Revision (2017)         Blanpied PR, Gross AR, Elliott JM, Devaney LL, Clewley D, Walton DM, Sparks C,         Robertson EK. Neck Pain: Revision 2017; J Orthop Sports Phys Ther. 2017 Jul;47(7):A1-         A83 <a href="https://www.jospt.org/doi/full/10.2519/jospt.2017.0302?code=jospt-site">https://www.jospt.org/doi/full/10.2519/jospt.2017.0302?code=jospt-site</a>         (Work Group Lead: Pete Blanpied, PT, PhD)</li> <li>Neck Pain – second revision         Work group leaders: Derek Clewley, DPT, PhD, FAAOMPT and Cheryl Sparks, PhD, DPT         Status: Team formed and started the 2<sup>nd</sup> revision process as of May 2020.</li> </ul>
282	Char	aldon
283		<u>alder</u> 1. Shoulder Pain and Mobility Deficits/Adhesive Capsulitis (2013)
284	J	
285		Kelley MJ, Shaffer MA, Kuhn JE, Michener LA, Seitz AL, Uhl TL, Godges JJ, McClure PW.
286		Shoulder Pain and Mobility Deficits: Adhesive Capsulitis; J Orthop Sports Phys Ther. 2013
287		May;43(5):A1-31 https://www.jospt.org/doi/full/10.2519/jospt.2013.0302?code=jospt-site
288		(Work Group Lead: Phil McClure, PT, PhD, FAPTA)
289		Classic Delication of the Control of
290		<b>♣</b> Shoulder Pain and Mobility Deficits/Adhesive Capsulitis – first Revision
291		Work group leader: Ellen Shanley PhD, PT, OCS, CSCS
292		Status: Currently working on writing as of November 2020.
293		
294		A LIVE LODG A LIVE LOOPE
295		<u>Additional CPG – not published in JOSPT</u>
296		
297		Pelvic Girdle Pain in the Antepartum Population: Physical Therapy Clinical Practice
298		Guidelines Linked to the International Classification of Functioning. Disability, and
299		Health From the Section on Women's Health and the Orthopaedic Section of the
300	F	American Physical Therapy Association 1st Published Date (May 2017)
301		Clinton, SC, Newell, A, Downey, PA, Ferreira, K. Pelvic Girdle Pain in the
302		Antepartum Population J Women's Health Phys Ther: 2017 May;41(2): p 102-
303		125
304 305		https://journals.lww.com/jwhpt/Fulltext/2017/05000/Pelvic_Girdle_Pain_in_the_Antepartum_Popula
306		<u>tion_</u> 7.aspx?WT.mc_id=HPxADx20100319xMP
307		$\underline{\hspace{0.5cm}}$
308		
300		New Original Guidelines - Under Development
309	1	Hamstring Muscle Injury
310	1.	(collaborating with Sports Section) (Workgroup Lead: Mike Cibulka, DPT, MHS, FAPT,
311		OCS and Lori Bolgla, PT, PhD, MACC, ATC) – Currently in the title and abstract process
312		as of May 2020.
	_	•
313	2.	Work Rehabilitation
314		(Workgroup Lead: Deirdre Daley, DPT)— Currently in editorial review with plans to
315		submit to JOSPT in spring 2021.
316	3.	Elbow Epicondylitis
317		(collaborating with the Hand Rehabilitation Section) (Workgroup Lead: Ann Lucado, PT,
318		PhD, CHT) – Completing review changes and checking references as of May 2020.

319	4.	<b>Distal</b>	<b>Radius</b>	Fractures

- (collaborating with the Hand Rehabilitation Section) (Workgroup Lead: Saurabh Mehta, PT, MS,
   PhD) Currently working on writing phase. Received APTA grant for \$9000 in December 2020.
- 322 **5. Shoulder Instability**
- 323 (collaborating with the Sports Section) (Co-Workgroup Leads: Amee Seitz, PT, PhD,
- 324 DPT, OCS and Tim Uhl, PT, ATC, PhD, FNATA) Currently in final writing/compilation stage as of May 2020.
- Medical Screening in Management of Common Musculoskeletal Conditions
   (collaborating with the Federal PT Section) (Workgroup Lead: Todd Davenport, PT,
- 328 DPT, MPH, OCS) Currently working on writing as of November 2020.
  - 7. Prevention of Chronic Pain Associated with Common Musculoskeletal Conditions
- (collaboration with Education Sections) (Workgroup Lead: David Morrisette, PT,
- 332 PhD) Currently drafting their manuscript.
- 333 **8. Pelvic Pain**

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- (collaboration with Section on Women's Health) (Workgroup Lead: Meryl
- Alappattu, DPT, PhD) Currently in data extraction and critical appraisals stage.
- **9. Shoulder Rotator Cuff Syndrome**
- Workgroup Leads: Amee Seitz, PT, DPT, PhD and Lori Michener, PT, PhD, SCS,
- FAPTA) Currently forming a team.

#### **Korean Translated CPGs**

Please note that links may change as the new website comes online.

- 1. Neck Pain Revision 2017
  - https://www.orthopt.org/uploads/content\_files/files/1.%20Neck%20Pain%20\_%20Revision%202017.pdf
- 2. Shoulder Pain and Mobility Deficits
  - https://www.orthopt.org/uploads/content\_files/files/2.%20Shoulder%20Pain%20And%20Mobility%20Deficits%20\_%20Adhesive%20Capsulitis.pdf
- 3. Low Back Pain: https://www.orthopt.org/uploads/content\_files/files/3.%20Low%20Back%20Pain.pdf
- 4. Nonarthritic Hip Joint Pain
  - https://www.orthopt.org/uploads/content\_files/files/4.%20Nonarthritic%20Hip%20Joint%20Pain.pdf
- 5. Hip Pain and Mobility Deficits Hip Osteoarthritis
  - https://www.orthopt.org/uploads/content\_files/files/5.%20Hip%20Pain%20and%20Mobility%20Deficits%20-%20Hip%20Osteoarthritis%20\_%20Revision%202017.pdf
- 6. Knee Pain and Mobility Impairments: Meniscal and Articular Cartilage Lesionshttps://www.orthopt.org/uploads/content\_files/files/6.%20Knee%20Pain%20and%20Mobility%20Impairments%20\_%20Meniscal%20and%20Articular%20Cartilage%20Lesions.pdf
- 7. Knee Stability and Movement Coordination Impairments: Knee Ligament Sprain Revision 2017https://www.orthopt.org/uploads/content\_files/files/7.%20Knee%20Stability%20and%20Movement%20Coordination%20Impairments%20\_%20Knee%20Ligament%20Sprain%20Revision%202017.pdf
- 8. Achilles Pain, Stiffness, and Muscle Power Deficits: Achilles Tendinitishttps://www.orthopt.org/uploads/content\_files/files/8.%20Achilles%20Pain%2C%20Stiffness%2C%20and%20Muscle%20Power%20Deficits%20\_%20Achilles%20Tendinitis.pdf.
- 9. Ankle Stability and Movement Coordination Impairments: Ankle Ligament Sprainshttps://www.orthopt.org/uploads/content\_files/files/9.%20Ankle%20Stability%20and%20Movement

%20Coordination%20Impairments%20\_%20Ankle%20Ligament%20Sprains.pdf

10. Heel Pain, Plantar Fasciitis: Clinical Practice Guidelines Revision 2014https://www.orthopt.org/uploads/content\_files/files/10.%20Heel%20Pain%20-%20Plantar%20Fasciitis%20\_%20Clinical%20Practice%20Guidelines%20Revision%202014.pdf

#### **Chinese Translated CPGs**

Please note that links may change as the new website comes online.

1. Neck Pain-

https://www.orthopt.org/uploads/content\_files/files/1%20%20Chinese\_Neck%20Pain%20-%202014%2007%2027%20%20%282%29.pdf

- 2. Shoulder Pain and Mobility Deficits: Adhesive Capsulitis
  - https://www.orthopt.org/uploads/content\_files/files/2.%20Chinese\_Shdr%20Adhesive%20Capsulitis%20-%202014.08.14.pdf
- 3. Hip Pain and Mobility Deficits: Hip Osteoarthritishttps://www.orthopt.org/uploads/content\_files/files/4.%20Chinese\_Hip%20OA%20-%202014.08.14.pdf
- 4. Nonarthritic Hip Joint Pain
  - https://www.orthopt.org/uploads/content\_files/files/Nonarthritic%20hip%20joint%20pain%20-%20translated.pdf
- 5. Knee Movement Coordination Impairments: Knee Ligament Sprainhttps://www.orthopt.org/uploads/content\_files/files/5%20%20Chinese\_Knee%20Lig%20Sprain%20-%202014%2007%2027%20.pdf
- 6. Knee Pain and Mobility Impairments: Meniscal and Articular Cartilage Lesionshttps://www.orthopt.org/uploads/content\_files/files/7%20%20Chinese\_AchillesTendonitis%20pain\_final\_20140727.pdf
- 7. Achilles Pain, Stiffness, and Muscle Power Deficits: Achilles Tendinitishttps://www.orthopt.org/uploads/content\_files/files/7%20%20Chinese\_AchillesTendonitis%20pain\_final\_20140727.pdf
- 8. Ankle Stability and Movement Coordination Impairments: Ankle Sprainhttps://www.orthopt.org/uploads/content\_files/files/8%20%20Chinese\_Ankle%20Sprain%20-%202014%2007%2027%20.pdf
- 9. Plantar Fasciitis Updated Guidelinehttps://www.orthopt.org/uploads/content\_files/files/Heel%20Pain%20Revision%202014-1.pdf
- 10. Heel Pain (Initial Guideline)-

https://www.orthopt.org/uploads/content\_files/files/9%20%20Chinese\_Heel%20Pain%20-%202014%2007%2027%20.pdf

#### 339 Recent Activities and Action Items – June 2020

- 340 **Activity #1 CPG Policies**
- CPG Managing Editor updated the Policies for the October 2020 Board Report.
- 342 Activity #2 APTA Clinical Practice Guidelines Development Workshop
- Christine McDonough and Sandra Kaplan facilitated this workshop virtually on August 13 and 14<sup>th</sup>, 2020.
- There were 21 AOPT members in attendance.

#### Δ

#### Activity #3 – CPG Manual

 CPG Managing Editor will be updating the Manual by March 31, 2021.

#### Activity #4- Memorandums of Understanding

• A Memorandum of Understanding was developed and sent to the APTA Hand and Upper Extremity Section to review for our shared distal radius fracture CPG.

#### **Activity #5- Vendor Agreements**

 • The vendor agreement with Movement for Life (formerly TeleMovement) has been renewed.

 • A vendor agreement has been drafted and sent to PhysioU for review and consideration of partnership.

#### **Activity #6- Presentations**

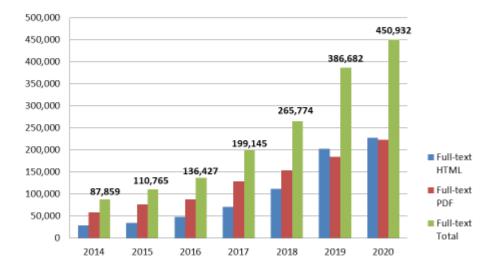
 •Frank Hoeffner, PT, DPT, OCS, CSCS presented on the low back pain CPG at the virtual CoHSTAR conference.

 • Amee Seitz, PT, PhD, and Pam Balla Dibblee, PT, DPT, OCS presented on the adhesive capsulitis CPG at the virtual CoHSTAR conference.

#### **High Level Web Traffic from JOSPT**

#### Clinical Practice Guideline Access Through JOSPT

For Full-text HTML and Full-text PDF Formats



#### **High Level Web Traffic from ECRI**

#### Academy of Orthopaedic Physical Therapy, APTA Guideline Usage July - September 2020

Guideline ID	Guideline Title	Guideline Brief Hits	Trust Scorecard Hits	Link Out Hits	Final Publish Date
342	Knee pain and mobility impairments: meniscal and articular cartilage lesions revision 2018.	16	2	4	12/19/2018
343	Achilles pain, stiffness, and muscle power deficits: midportion Achilles tendinopathy revision 2018.	24	2	1	12/19/2018
360	Neck pain: revision 2017.	1	1	1	11/30/2018
361	Hip pain and mobility deficits—hip osteoarthritis: revision 2017.	15	2	1	11/30/2018
362	Knee stability and movement coordination impairments: knee ligament sprain revision 2017.	24	1	0	11/30/2018
402	Exercise-based knee and anterior cruciate ligament injury prevention.	11	1	0	12/19/2018
1256	Hand pain and sensory deficits: carpal tunnel syndrome.	22	1	1	08/07/2019
1657	Patellofemoral pain.	18	2	2	05/12/2020
1824	Physical therapy evaluation and treatment after concussion/mild traumatic brain injury.	<b>4</b> 5	17	14	08/18/2020

#### 374 375

#### **Post Publication Implementation**

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Social media quizzes were developed to promote engagement with members and awareness of certain aspects or recommendations in CPGs.

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Quizzes complete:

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https://www.surveymonkey.com/r/HeelPainQuiz (Heel Pain Revision: 1st quiz to launched on both social media and emailed out to membership – n=761 (Jan 2019) (March 2019 n=933) (May 2019 n=1,135) (July 2,2019 =

- n=1237) (September 2019 n=1302) (December 2020 n= 1407) https://www.surveymonkey.com/r/KneeLigFunQuiz (Knee Ligament Revision: emailed out to members n=200 (Jan 2019) (March n=356) (May 2019 n=881) (July 2, 2019 n=1,167) (September 209 n=1230) (December 2020 n=1568)
- https://www.surveymonkey.com/r/KneeMeniscCartFunQuiz (Knee Meniscal & Cartilage Revision: emailed out to members n=192 (Jan 2019) March n=417) (May n=599) (July 2, 2019 n= 834) (Sept 2019 n=895) (December 2020 n=1540)
- https://www.surveymonkey.com/r/AchillesCPG (Achilles Tendinopathy Revision: launched March 2019) (May 2019 n= 420) (July 2, 2019 n= 501) (September 2019 n = 539) (December 2020 n= 940)
- https://www.surveymonkey.com/r/HipOAquiz Hip OA Revision Quiz (launched June 10th n=313)(September 2019 n=383) (December 2020 n= 1568)
- http://ow.ly/rYtj50APfuh (Post-Concussion: 1st quiz launched on social media July 2020- (December 2020 n= 178)
- http://ow.ly/wEwH50Ayi0g (Patellofemoral Pain: 1st quiz launched on social media July 2020)- (December 2020 n= 191)
- http://ow.ly/3xRi50xH0J0 (Neck Pain: 1st quiz launched on social media November 2020) (December 2020 n= 1160)
- https://www.surveymonkey.com/r/9G2JCLN (Hand Pain: 1st quiz launched on social media July 2020) December 2020 n= 135)

#### **Multi-Academy Implementation and Dissemination Effort:**

•	Post-concussion CPG: Sports, Neuro, Pediatric, Ortho – Three knowledge
	translation meetings have been completed with new volunteers recruited and
	materials for implementation and dissemination are being developed.

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	Time	s Accessed/	Altmetric Score*			
Clinical Practice Guidelines	2020	2019	2018	2017	2016	
Concussion (2020)	44,354	n/a	n/a	n/a	n/a	141
Patellofemoral Pain (2019)	63,575	64,175	n/a	n/a	n/a	784
Hand Pain and Sensory Deficits: Carpal Tunnel Syndrome (2019)	22,755	25,646	n/a	n/a	n/a	61
Exercise-Based Knee and Anterior Cruciate Ligament Injury Prevention (2018)	27,216	30,390	31,888	n/a	n/a	330
Achilles Pain, Stiffness, and Muscle Power Deficits: Achilles Tendinitis Revision 2018	24,752	27,300	19,132	n/a	n/a	298
Knee Pain and Mobility Impairments: Meniscal and Articular Cartilage Lesions Revision 2018	18,273	21,416	21,085	n/a	n/a	116
Knee Stability and Movement Coordination Impairments: Knee Ligament Sprain Revision 2017	9,733	9,484	8,022	6,156	n/a	79
Neck Pain: Revision 2017	53,976	46,742	32,910	26,604	n/a	216
Hip Pain and Mobility Deficits—Hip Osteoarthritis: Revision 2017	15,226	12,551	11,418	12,797	n/a	75
Heel Pain—Plantar Fasciitis: Revision 2014	27,420	28,198	22,727	26,104	21,106	159
Nonarthritic Hip Joint Pain (2014)	9,063	8,682	7,733	8,019	5,297	27
Ankle Stability and Movement Coordination Impairments: Ankle Ligament Sprains (2013)	17,070	16,401	13,857	13,519	11,094	32
Shoulder Pain and Mobility Deficits: Adhesive Capsulitis (2013)	29,451	27,794	22,535	23,819	15,794	52
Low Back Pain (2012)	47,820	37,285	31,219	38,475	36,915	74
Achilles Pain, Stiffness, and Muscle Power Deficits: Achilles Tendinitis (2010)	5,460	5,970	7,517	10,724	8,823	15
Knee Pain and Mobility Impairments: Meniscal and Articular Cartilage Lesions (2010)	2,959	3,223	3,522	7,223	5,769	2
Knee Stability and Movement Coordination Impairments: Knee Ligament Sprain (2010)	3,147	2,950	2,287	3,479	2,975	1
Hip Pain and Mobility Deficits—Hip Osteoarthritis (2009)	2,187	1,564	1,971	5,404	4,494	63
Neck Pain (2009)	7,251	6,939	7,556	14,479	10,897	7
Heel Pain—Plantar Fasciitis (2008)	5,366	4,732	3,507	4,159	4,111	1

<sup>\*</sup>Note: Due to the ephemeral nature of some services that Altmetric tracks, such as Facebook and Twitter, older guidelines will have significantly lower scores compared to more recent guidelines.

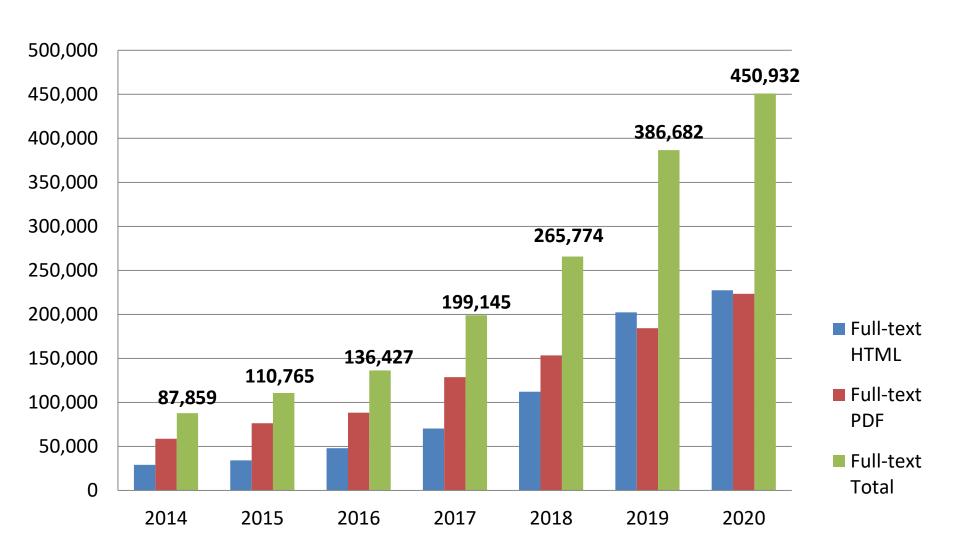
CPG Collection Usage: 2020	Jan-20	Feb-20	Mar-20	Apr-20	<b>May-20</b>	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20 Rep	porting riod Total
Abstracts	1,718	1,898	1,456	1,702	1,461	826	705	640	784	919	923	639	13,671
References	70	119	687	980	832	594	495	591	675	1,156	878	553	7,630
Full-text HTML	17,131	19,474	19,016	31,076	23,214	17,366	14,269	15,920	16,988	19,754	19,160	14,080	227,448
Full-text PDF	17,822	20,527	19,548	27,568	20,705	17,286	14,314	15,952	17,277	19,215	18,713	14,557	223,484
Full-text Total	34,953	40,001	38,564	58,644	43,919	34,652	28,583	31,872	34,265	38,969	37,873	28,637	450,932
Supplementary Material	551	312	437	1,799	503	500	793	464	448	1,563	540	494	8,404

CPG Collection Usage: 2019	Jan-19	Feb-19	Mar-19	Apr-19	<b>May-19</b>	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	Nov-19	Dec-19	Reporting Period Total
Abstracts	3,681	1,766	1,475	1,311	1,565	1,269	1,359	1,197	3,132	2,043	1,772	1,293	21,863
References	51	60	72	58	78	62	67	74	118	128	92	49	909
Full-text HTML	10,611	12,374	13,338	12,099	15,469	11,754	13,410	12,020	33,486	24,880	26,981	15,843	202,265
Full-text PDF	14,383	12,910	12,651	10,802	13,929	11,922	10,407	11,260	29,388	24,382	18,922	13,461	184,417
Full-text Total	24,994	25,284	25,989	22,901	29,398	23,676	23,817	23,280	62,874	49,262	45,903	29,304	386,682

Supplementary Material	2,423	1,428	972	1,431	1,115	526	2,725	931	554	751	430	327	13,613
	,												
CPG Collection Usage: 2018	Jan-18	Feb-18	Mar-18	Apr-18	<b>May-18</b>	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Reporting Period Total
Abstracts	6,433	11,019	7,228	6,190	8,683	5,463	4,059	3,084	7,596	4,821	3,669	2,459	70,704
References	89	129	107	81	82	45	53	43	87	75	62	41	894
Full-text HTML	8,181	10,237	8,413	7,511	8,443	5,786	6,676	7,004	20,028	11,233	10,807	7,942	112,261
Full-text PDF	12,468	17,391	14,409	11,315	14,475	9,953	8,753	8,532	21,981	13,449	12,416	8,371	153,513
Full-text Total	20,649	27,628	22,822	18,826	22,918	15,739	15,429	15,536	42,009	24,682	23,223	16,313	265,774
Supplementary Material	58	73	64	64	44	20	53	40	65,896	12,405	4,607	2,442	85,766
CDC Collection Usages 2017	Ion 17	Feb-17	May 17	Ann 17	Mov. 17	I 17	Jul-17	Ana 17	Con 17	Oat 17	Nov. 17	Dec-17	Reporting
CPG Collection Usage: 2017	Jan-17		Mar-17	Apr-17	May-17	Jun-17		Aug-17	Sep-17	Oct-17	Nov-17		Period Total
Abstracts	3,437	3,530	4,081	3,095	2,988	6,061	9,285	5,284	4,875	6,204	9,889	4,890	63,619
References	29	37	52	30	41	51	130	196	73	64	75	54	832
Full-text HTML	4,800	4,650	5,616	4,246	4,029	5,932	7,461	6,618	6,350	6,449	8,954	5,324	70,429
Full-text PDF	9,952	10,260	10,928	8,534	7,617	11,130	18,031	10,148	10,200	10,494	12,689	8,733	128,716
Full-text Total	14,752	14,910	16,544	12,780	11,646	17,062	25,492	16,766	16,550	16,943	21,643	14,057	199,145
Supplementary Material	0	0	0	0	0	0	0	0	0	0	0	25	25
CDC C N A V ANA	T 16	D 1 16	34 46	. 16	35 16	T 16	T 1 1 6	. 10	0 16	0.116	N 16	D 46	Reporting
CPG Collection Usage: 2016	Jan-16	Feb-16	Mar-16	Apr-16	<b>May-16</b>	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Period Total
Abstracts	4,200	3,518	4,423	3,975	3,468	2,980	2,706	2,968	3,057	3,650	3,549	2,540	41,034
References	36	45	53	66	51	34	29	40	51	48	52	25	530
Full-text HTML	3,578	3,353	4,274	4,288	3,511	3,431	3,448	4,502	4,306	4,963	4,888	3,521	48,063
Full-text PDF	7,226	6,888	8,311	8,228	6,261	6,418	6,162	6,601	7,368	8,844	9,208	6,849	88,364
Full-text Total	10,804	10,241	12,585	12,516	9,772	9,849	9,610	11,103	11,674	13,807	14,096	10,370	136,427
Supplementary Material	0	0	0	0	0	0	0	0	0	0	0	0	0
CPG Collection Usage: 2015	Jan-15	Feb-15	Mar-15	Apr-15	May-15	Jun-15	Jul-15	Aug-15	Sep-15	Oct-15	Nov-15	Dec-15	Reporting
								_					Period Total
Abstracts	6,582	6,916	7,736	8,054	5,531	4,933	4,789	4,494	5,378	5,688	5,258	3,275	68,634
References	26	31	24	22	21	29	31	27	31	40	44 2.252	34	360
Full-text HTML	3,071	2,910	3,198	3,834	2,663	2,241	2,218	2,197	2,815	3,129	3,253	2,789	34,318
Full-text PDF	10,885	6,390	7,030	6,932	5,181	4,775	4,936	5,099	6,035	6,801	6,895	5,488	76,447
Full-text Total	13,956	9,300	10,228	10,766	7,844	7,016	7,154	7,296	8,850	9,930	10,148	8,277	110,765
Supplementary Material	0	0	0	0	0	0	0	0	0	0	0	0	0
CPG Collection Usage: 2014	Jan-14	Feb-14	Mar-14	Apr-14	May-14	Jun-14	Jul-14	Aug-14	Sep-14	Oct-14	Nov-14	Dec-14	Reporting
Abstracts	4,323	4,380	4,579	4,187	3,518	4,624	3,443	3,925	5,027	5,787	11,984	4,972	Period Total 60,749
References	11	8	15	17	21	18	16	21	25	30	37	30	249
Full-text HTML	1,547	1,545	1,706	1,834	1,495	3,319	2,604	2,321	2,386	2,463	5,711	2,241	29,172
Full-text PDF	4,157	4,106	4,592	4,006	3,424	5,194	4,097	4,026	4,917	5,897	9,349	4,922	58,687
Full-text Total	5,704	5,651	6,298	5,840	4,919	8,513	6,701	6,347	7,303	8,360	15,060	7,163	87,859
Supplementary Material	0	0	0,270	0	0	0,515	0,701	0,547	0	0,500	0	0	0
Supplementary material	<u> </u>	U	U	U	U	U	U	U	U	U	U	U	U

### Clinical Practice Guideline Access Through JOSPT

For Full-text HTML and Full-text PDF Formats



#### Orthopaedic Physical Therapy Practice Report CSM Board of Directors Meeting January 2021

Submitted by:

John Heick, Editor & Sharon Klinski, Managing Editor Academy of Orthopaedic Physical Therapy, APTA

#### **Advisory Council & Term Limits:**

**Editor:** 

John Heick 2020-2023

**Associate Editor:** 

Rita Shapiro 2017-2023

**Board Liaison:** 

Aimee Klein 2017-

#### **Update on Activities since February:**

#### 1. Regularly published issues

The October issue of OP was mailed mid-October.

#### 2. Pending articles

At this time, we have 10 accepted articles and 10 additional articles in various stages of review. The University of Central Florida has confirmed their special university issue for 2021; incoming articles will be received by mid-February. In addition, we have been in communication with Stephanie Greenspan who is proposing a circus-specific performing artist focused issue.

#### 3. OP Associate Editor

Rita Shapiro continues reviewing incoming articles. Her dedication to the review process as well as her insight and timeliness are valued.

#### 4. Advertising

The total 2020 advertising sales to date equals \$10,765. We will implement the combo online/print advertising once the newly designed website is complete.

#### Public Relations Committee Report CSM Board of Directors Meeting January 2021

#### Submitted by: Avery Gerstenberger, Marketing Intern Academy of Orthopaedic Physical Therapy, APTA

#### **Committee Members and Terms:**

Chair:

Vacant

Liaison:

Terri DeFlorian, Executive Director

Historian:

Tyler Schultz 2018-2020

**Members:** 

 William Stokes
 2018-2020

 Ryan Maddrey
 2018-2020

 Derek Charles
 2018-2021

 Salvador Abiera
 2019-2022

 Kyle Stapleton
 2020-2021

**Special Interest Groups:** 

Pain: Derrick Sueki Foot and Ankle: Ed Jones

Animal Physical Therapy: Francisco Maia
Occupational Health: Cory Blickenstaff
Performing Arts: Dawn Muci

Imaging: Eryn Milian Residency/Fellowship: Bob Shroedter

#### 1) Social Media numbers

August 2020 to December 2020 (in comparison to May 2020 to July 2020)

Twitter:	Facebook:	Instagram:
Up 655 Followers Up 19 Tweets Up 32 Engagements Up 58 Likes Down 24 Retweets Down 2 Replies Up 606 Link Clicks	Up 240 Likes To Page Up 23 Posts Up 207 Engagements Up 225 Reactions Down 27 Shares Up 9 Comments Down 290 Link Clicks	Up 803 Followers Up 23 Posts Up 1 k Engagements

#### 2) Additional Items:

a) SIG Presidents have appointed members from their SIG to be on the PR Committee and assist us as needed moving forward

#### **3)** GOALS end of 2020:

- a) Facebook to 10,000 Likes (other Social Media likes to increase by 100-300) Currently 9,715
- b) Clinical Practice Guidelines (CPG) content (this is what our members engage with the most on Social Media)-Gaining
- c) Go into Combined Sections Meeting (CSM) with a plan of action
  - *i*) Prepared for virtual
  - ii) Lots of advertisements and communication to our members
  - iii) Delegate tasks to PR Committee Members

#### Awards Committee Report CSM Board of Directors Meeting January 2021

## Submitted by: Marie Corkery, Chair Academy of Orthopaedic Physical Therapy, APTA

#### **Committee Members and Terms:**

#### Chair:

Marie Corkery 2019-2022

Members:

Lisa Hoglund 2019-2022

Michael Ross 2019-2022

Amy McDevitt 2019-2022

Murray Maitland 2016-2022

#### **Update on Committee Activities since July 2020:**

- 1. The committee reviewed award applications and met virtually in November 2020 to discuss final nominees. Final recommendations were submitted to the AOPT BOD via the Board Liaison. The following 5 nominees were recommended for awards, from a total of 12 nominations:
  - a. James A Gould Excellence in Teaching Orthopaedic PT Award, John Heick, PT, PhD, DPT
  - b. Richard W Bowling Richard E Erhard Orthopaedic Clinical Practice Award, Michael F. Tollan, PT, DPT, OCS, COMT, FAAOMPT
  - c. Emerging Leader Award, Janice Ying, PT, DPT, OCS
  - d. *Outstanding Physical Therapy Student Award*, <u>Ashley Lea, SPT, MS, LAT, ATC,</u> Duke University
  - e. *Outstanding Physical Therapy Assistant Student Award*, <u>Mason Delili, SPTA</u>, Somerset Community College, Somerset, KY
- 2. There was no nomination for the Paris Distinguished Service Award.
- 3. The Awards Committee Chair was invited to and attended part of the AOPT Board of Directors meeting on 10/16/20 and 10/17/20.
- 4. The Awards Committee Chair met with Tara Fredrickson and Jimmy McKay on 11/3/20 to discuss the CSM AOPT Awards Ceremony for 2021.
- 5. The AOPT will be holding a virtual Awards Ceremony on Friday, February 26<sup>th</sup> at 7:30 PM EST. This event will be hosted live by Jimmy McKay with some portions prerecorded prior to the event.

#### **Discussion Items for the Board:**

1. Continue to identify how the Awards Committee can support the AOPT Strategic Plan

#### **Motions for the Board:**

1. None

#### Nominating Committee Report CSM Board of Directors Meeting January 2021

## Submitted by: Michael Bade, Chair Academy of Orthopaedic Physical Therapy, APTA

#### Committee Members and Terms:

#### Chair:

Michael Bade 2018-2021 (outgoing)

#### **Members:**

Stephanie Di Stasi 2019 - 2022Annette Karim 2020 - 2023Jason Tonley 2021 - 2024

#### **Update on Committee Activities since July 2020:**

1. The following individuals were elected during the 2020 election:

#### Treasurer

• Judith Hess

#### Director, 2 Positions

- Derrick Sueki
- Beth Collier

#### Nominating Committee Member

- Jason Tonley
- a. Election Information
- b. Total number of ballots mailed (electronic): 18,655
- c. Total number of votes cast: 953
- d. Number of votes required for valid election: 932
- e. Total number of illegal votes: 0
- 2. Offices Open for Election in 2021 2022
  - a. President
  - b. Non-officer Director
  - c. Nominating Committee Member
- **3.** Recruitment Efforts
  - a. The committee will continue to engage our SIG leadership and identify potential candidates
  - b. The committee has contacted outgoing officers for interest in running for reelection

- c. The committee will work together with the AOPT to see what alignment we can have with APTA's Diversity Council to identify an increasingly diverse set of leader candidates for AOPT.
- d. The committee plans to contact Residency/Fellowship leaders to increase engagement with the AOPT and identify potential candidates
- e. The committee will continue to collaborate with the APTA Nominating Committee on issues pertinent to recruitment of potential candidates and election processes