

Model Used Domestically in Limited Jurisdictions

Over 4 decades in US military

Other institutions: Public Health Service

Indian Health Service Other civil service sectors

Civilian Settings: Georgetown University Hospital Kaiser-Permanente

University of Wisconsin Hospital & Clinics Selectively used by practitioners in Colorado

In PT Practice for the Future	
in ri riactice for the ruture	
Logical extension of 1 st contact clinician	
Consistent with clinical doctorate status	
Management decisions / referral	
]
What is being taught in the US?	
Survey of accredited programs:	
75% of curricula (155) responded 98% included imaging	
Remarkable inconsistency in instructional content Range: 2 - 75 hours	
Mean: 24.4 hours	
MSK emphasis at 76% of total Boissonnault et al, 2014	
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"Imaging Education Manual for Doctor of Physical Therapy Professional Degree Programs"	
Written by Imaging SIG	
Published by Orthopaedic Section, April 2015	
Contributions from educators, clinicians, researchers across US	
"How to" guide for DPT curricula	
Includes suggested methods & exam questions	
available at <u>www.orthopt.org</u>	

Conceptual Framework of Imaging Instruction	
Not teaching "imaging" Teaching clinical reasoning, inclusive of imaging content Integration into our typical clinical reasoning as with all other patient data & management decisions perspectivenot a separate entity	
Bases for Imaging Decision Making	
in ACR Appropriateness Criteria Age Trauma presence/absence Mechanism of injury Prior surgery Risk factors Appearance Pain provocation / physical function tests Other imaging results Weight-bearing ability Tenderness to palpation Well established in PT educational curricula & clinical practice	

CSM-2018 - Imaging SIG

Other Existing Standards & Practices

Numerous statements mentioning imaging specifically & other diagnostics

Normative Model of Physical Therapist Professional Education No specific content on depth or breadth

At least 9 performance criteria allude to imaging

Clinical Performance Instrument



Evaluative Criteria PT Programs

August 2014

"Two separate studies of DPT programs, as well as data collected in the Biennial Accreditation Report, indicate that, in the main, programs converting to offering the DPT are making important, substantial changes. Among them are:

Increased content in areas such as diagnostics, imaging"

CAPTE: PT Standards & Required Elements

Effective January 1, 2016

Standard 7
The curriculum includes content, learning experiences, and student testing and evaluation processes designed to prepare students to achieve educational outcomes required for initial practice in physical therapy and for lifelong learning necessary for functioning within an everchanging health care environment.

7A The physical therapist professional curriculum includes content and learning experiences in the biological, physical, behavioral and molvement sciences necessary for entry level practice. Topics covered include anatomy, physiology, genetics, exercise science, biomechanics, kinesiology, neuroscience, pathology, pharmacology, diagnostic imaging, histology, nutrition, and psychosocial aspects of health and disability.

Evolving Legislative Authority

Wisconsin Act 375:

Physical therapists granted privileges for ordering radiography

Signed into law April 2016

Other States: Colorado Maryland



Legislation considered in other states

"Diagnostic & Procedural Imaging in Physical Therapist Practice"

"White Paper"

Published May 2016 by the Orthopaedic Section, APTA

Comprehensive perspective
History, present & future
Evidence in support of expanded privileges
Addresses required legal, institutional & payer changes

available at www.orthopt.org

House of Delegates RC 12-16

Prior to NEXT, June 2016

Charged APTA to pursue **practice authority** for imaging in PT practice

Passed with 93% favorable vote

To address processes & barriers

 $\label{eq:APTA} \textit{APTA soon to analyze all state practice acts \& monitoring in State Affairs}$

Parallels to Thrust Manipulation Education

• 44% of curricula included Boissonnault et al. 2004

• Manipulation Education Manual APTA, 2004

• CAPTE Std 7D27 "...thrust & non-thrust..." CAPTE, 2006

• 99% of curricula included thrust Noteboom et al. 2015



Imaging Resources

Becky Rodda, PT, DPT, OCS Clinical Professor Physical Therapy Department School of Health Professions and Studies University of Michigan - Flint

What content do I need to teach? FLINT



Imaging Education manual for Doctor of Physical Therapy Professional Degree Programs by APTA Orthopedic Section, Imaging SIG

https://www.orthopt.org/uploads/content_files/ISIG/IMAGING_EDUCATION_MANUAL_FINAL_4.15.15..pd

- Guide to Physical Therapist Practice (Guide 3.0)
 A Normative Model of Physical Therapist Professional Education: Version 2004
 Minimum Required Skills of Physical Therapist graduates at Entry-level

What Textbook would you use for students?



McKinnis, L Fundamentals of Musculoskeletal Imaging, 4th ed. FA Davis, ISBN: 978-0-8036-3821-1 2014

 Basic introductory book. Has chapters on the different patterns such as neuro, cardiopulmonary as well as musculoskeletal etc. This is used in several courses as a reference for medical imaging.

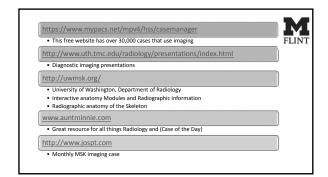
Malone T, Hazle C, Grey M. Imaging in Rehabilitation. McGraw Hill, ISBN: 978-0-07-144778-2 2008

• Introductory book on all imaging modalities including ultrasound, MRI etc.

Reference Textbooks McKinnis, L Musculoskeletal Imaging Handbook: A Guide for Primary practitioners. FA Davis ISBN 978-0-8036-3917-1 Greenspan A. Orthopedic Imaging, A Practical Approach, 6" ed. Lippincot Williams and Wilkins. ISBN: 13: 978-1451191301 2014 Approach, 6" ed. Lippincot Williams and Wilkins. ISBN: 13: 978-1451191301 2014

Where (Can I Get Imaging Studies to use in lectures?
http://radio	logyreviewarticles.com/msk/musculoskeletal-imaging-websites/
has a list of cases	f different web sites you can review, some have pathology, some have actual
http://www	.acr.org/
Main web :	site
http://www	.acr.org/Quality-Safety/Appropriateness-Criteria
go to basic	access or advanced search
http://xrayh	ead.com/

https://medpix.nlm.nih.gov/ • Over 53,000 cases, medical imaging data base, has a case of the week http://learningradiology.com • Online teaching, lectures http://www.imagingpathways.health.wa.gov.au • Imaging pathways or flow sheets for decision making on which type of study to order



Other Sources for Imaging?

FLIN

Ask family, friends or whom ever may be able to lend you images

• Get a signed release so no HIPAA violations occur

I don't know enough to teach this information. Where do I go to get more education?

Evidence in Motion course: Radiology/Essentials of Musculoskeletal Imaging cost 5650

• http://www.evidenceinmotion.com/educational-offerings/course/radiologyessentials-of-musculoskeletal-imaging/

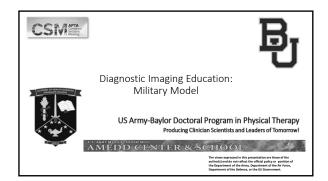
Rehab Education cost \$250

• http://www.rehabed.com/musculoskeletal-imaging-for-the-physical-and-occupational-therapist/

Med Bridge \$100

• Basic Musculoskeletal Radiology and Imaging

• https://www.medbridgeeducation.com/courses/details/basic-musculoskeletal-radiology-and-imaging



Army-Baylor DPT Mission Statement



To produce active duty, commissioned physical therapists who are clinician scientists and leaders prepared for worldwide military health system practice

History



- > 4 decades of successful, safe and accurate integration of diagnostic imaging in the US Military (Greathouse, 1994)
- 90.9% agreement between clinic exam and MRI Dx for direct access PT (Moore 2005a)

TABLE 2. Percent agreement between clinical diagnosis (CD) and magnetic resonance imaging (MRI) by specialty.						
Providers	CD/MRI Agree- ment	Total MRI	Agree- ment			
Physical therapists	108	145	74.5%			
Orthopaedic surgeons	139	172	80.8%			
Nonorthopaedic providers (all)	86	243	35.4%			

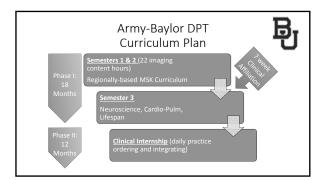
 No adverse effects in 472K direct access PT visits, includes diagnostic imaging ordering and prescribing medications (Moore 2005b)

Military Scope of Practice



- Musculoskeletal Injuries are Common!
 18.6M active duty healthcare visits in 2015 (MSMR, 2016)
 - Average 14 visits per member

 - 45% increase since 2006
 30% of all visits MSK-related, and on the rise!
- Direct access / first contact
- Home station and deployed environments
- Diagnostic Imaging is a core standard clinical privilege across Army, Navy, Air Force and Coast Guard



Imaging Content: Semesters 1 & 2



- 2-hour lecture: Introduction to Radiology
 - Principles of Imaging
 - Modality indications & contraindications
 - Safety
 - Introduces:
 - Clinical guidelines Canadian C-spine, Ottawa Knee/Ankle; Low Back Pain
 - ACR Appropriateness Criteria
 - Principles of ordering diagnostic imaging
- 7 regional blocks
 - 2 hour plain films lecture:
 Anatomy, pathology

 - Guidelines, ACR Appropriateness, clinical indicators

Imaging	Con	iter	nt:
Semeste	ors 1	8	2



- Advanced Imaging
 - Three 2-hour blocks covering:
 - Anatomy and pathology
 - Guidelines, ACR Appropriateness, clinical indicators
 Procedures for ordering MRI, CT, Bone Scan, Dx US

 - Integrating imaging results into exam/management
 - Coincides with regional MSK instruction
 - Lower extremity
 Upper Extremity
 - Spine includes exposure to US use for clinical biofeedback

Parallel Content: Semesters 1 & 2



- MSK Region: Examination & Management
- Primary Care
- 1 hour medical screening per region
 Signs/symptoms, systems review and medical comorbidities
- Clinical Affiliation: initial exposure to integrating imaging into
- Competence Assessment
 - Written Exams: identify anatomy, pathology and principles of management/integration

 - Imaging decision-making integrated into MSK region practical and written exams, and primary care exams
 - Oral comprehensives prior to beginning Clinical Internship

Imaging Content: Clinical Internship



- 1-year experience in military clinics/hospitals
- CIs are Fellowship Trained clinicians with full scope of clinical privileges to order diagnostic imaging
- Interns generally allowed to order imaging with-in 2 weeks of start date
 - Clinical discussion with faculty
 - Faculty approve all electronic orders/documentation
- Receive 16-30 hrs with MSK Radiologist



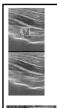
Capstone Project



- Case presentation demonstrating medical screening
- and diagnostic work-up
- 3 imaging cases published since 2014
 - Sperier et al, JOSPT, 2015 Dummar, et al, OPTP, 2015
 - Butler, et al, OPTP, 2015





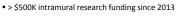


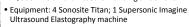
Army-Baylor DPT Dx Imaging Research



- Faculty-led, student driven research program
- > 25% of DPT students involved in imaging research
 DN in patients with LBP, neck pain

 - Shear Wave Elastography
 - Foot/ankle instability









Diagnostic Imaging Education: Small Private University

- Liberal Arts Education
 2,600 Undergraduates
 270 Graduate (DPT, OT, Med)
 No Medical School/ Medical Center Affiliation
 Located in Tacoma, WA





PUGET SOUND

University of Puget Sound DPT Mission Statement

To prepare students at the clinical doctoral level for entry into the physical therapy profession. Our presence on a liberal arts campus underscores our belief that the development of clinician scholars is a natural extension of the values of critical analysis, sound judgment, active inquiry, community participation and apt expression. Through a careful blending of rigorous academic work and mentored clinical practice, our program seeks to prepare clinician scholars for informed, ethical, and efficacious professional practice.

UPS DPT Curriculum Plan

Year One (foundational year)

Students concentrate on foundational courses, begin to plan research projects, and begin to study elements of clinical management. Anatomy, Neuroanatomy.

Year Two (clinical education year)

- Students' main focus is to learn all aspects of patient examination, assessment, and treatment design, progressively dealing with more complex situations through integrated experiences under close supervision in the on-site clinic.
- Summer: 1st full time 12 weeks internship

Year Three

- Fall semester: Capstone projects, take on greater responsibility in the on-site clinic, and study areas of special interest in advanced elective courses.
- Spring semester: two, 12 weeks off-campus internships.

MSK Imaging Within the Orthopaedic Content



- Fall semester, 2nd year:
 - Lumbopelvic spine, hip, knee, foot & ankle
 2-hour lecture: Introduction to Radiology

 - Principles of Imaging
 Modality indications & contraindications
- Spring semester, 2nd year.
- Cervicothoracic spine, shoulder, elbow, wrist & hand.
 1 hour region specific blocks.
- Integrate into lab/clinical scenario discussions.





Key Instructional Resources



- McKinnis textbook
- American College of Radiology Appropriateness Criteria
- Clinical Decision Rules / Guidelines
- J Orthop Sports Physical Therapy MSK Imaging feature articles
- https://medpix.nlm.nih.gov/
- http://learningradiology.com/
- http://www.imagingpathways.health.wa.gov.au/



Imaging Content: Clinical Internship



- Three 12 week full time internships in settings throughout the U.S.
 - Imaging experiences are varied.
- Two 8 week on-site clinical experiences.
 - No imaging privileges, have ability to review images and/or reports.





Published Cases [WOCK-DESELITAL MAGNOS] [WOC

Other Options?

- What happens when,
 - Programs are too small to provide adequate imaging in the curriculum.
 - Not enough faculty to teach extra courses.
 - Faculty doesn't feel they have the expertise to teach the subject matter.
 - Curriculum already too full.
 - Not enough money/space to hire another faculty for imaging content.
 - Or.....

On-line, distance learning options

- Programs have been created to cover MSK imaging content.
- - Medbridge, Seattle, WA, an online medical education program which already has basic imaging content, as well as imaging specific for those interested in OCS and SCS certifications. https://www.medbridgeeducation.com/
 - The University of the Incarnate Word, San Antonio, TX, has created and on-line distance education program in MSK imaging for their tDPT program.
- Both programs provide testing after modules to evaluate learning.
 Can these, or systems like these, be integrated into your DPT programs?





The Legislative Connection



- Experience from Washington State Physical Therapy Association (PTWA).
- 7 year legislative battle to remove the prohibition on spinal manipulation by Physical Therapists.
- Eventually successful in removing prohibition. However to gain state endorsement, PTs must demonstrate:
 - 100 hours of training in differential diagnosis.
 - 250 hours of didactic and practical training related to the delivery of spinal manipulative procedures.
 - 300 hours of supervised clinical experience in spinal manipulative procedures.
 - 150 hours of specific training in spinal diagnostic imaging.

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Musculoskeletal Imaging Education in a Doctor of Physical Therapy Program Boyles RE, Lancaster RL, Muraoka T, Sak-Ocbina WC

As direct access musculoskeletal experts, Physical Therapists (PTs) must have clinical decision making skills to direct care and decide appropriateness for imaging. Evidence shows that, with adequate imaging education, PTs decrease imaging and associated health care costs compared to other primary care providers. Additionally, PTs have been found to be comparable to orthopedic surgeons in their ability to decide appropriateness of imaging. The APTA's goal is to have enough imaging education in entry level programs so that PTs will have imaging privileges. Currently, there are no published studies reporting time spent with musculoskeletal imaging in entry level DPT education. The purpose of this study is to survey the type and amount of imaging education provided in one entry-level DPT program.

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5	Cervical Spine																		
6	Thoracic Spine																		
7	Lumbar Spine/ Pelvis																		
8	Hip																		
9	Knee																		
10	Foot/ Ankle																		
11	Shoulder																		
12	Elbow																		
13	Wrist/ Hand																		
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 patients with neuromusculoskeletal disorders. J Orthop Sports Phys Ther. 1994 May;19(5):261-6.
- Moore JH et al. Clinical diagnostic accuracy and magnetic resonance imaging of patients referred by physical therapists, orthopedic surgeons, and nonorthopedic providers. J Orthop Sports Phys Ther. 2005a Feb;35(2):67-71
- Feb.35(2)67-71

 Moore IH et al. Risk determination for patients with direct access to physical therapy in military health care facilities. J Orthop Sports Phys Ther. 2005b Oct;35(10)674-8.

 Medical Monthly Survelliance Report, Apr 2016. www.affstc.mil

 Sperier AD et al. Chondrosarcoma of the hip. J Orthop Sports Phys Ther. 2015 Oct;45(10)814.

 Butler AM et al. Diagnosis of a Posterior Cruciate Ligament Disruption after a Motorcycle Accident. Orthopedic Protectice. 2015;27(2):130-131.

- Dummar M et al. Blue Cell Synoids Sarcoma in a Patient Presenting with Posterior Thigh Pain and Swelling. Orthopedic Practice. 2015;27(3):191-192.
 American College of Radiology Appropriateness Criteria http://www.acr.org/Quality-Safety/Appropriateness-Criteria
 American College of Radiology Appropriateness Criteria

Diagnostic Imaging Education: Large Private University

X,XXX Graduate/PostGrad (MD, DPT, PA, MPO) Morthwe Medicine

- Medical School/ Medical Center Affiliation

Feinberg School of Medicine Mission Statement

Our mission is to impact the practice of medicine through discovery and education



Morthwestern Medicine

NUPTHMS Mission Statement

- To educate doctors of physical therapy and movement scientists in an academic medical environment that integrates research, education, and clinical care.
- To promote optimal health outcomes for our patients and society through the advancement of rehabilitation science and practice.
- To be a diverse faculty and student body producing global leaders in the profession of physical therapy and the science of human movement.

NUPTHMS	DPT
Curriculum	Plan

- Students concentrate on foundational courses Anatomy, Kinesiology, Physiology, Psychosocial, Intro to Clinical Decision Making, Neuroscience, Exam and Evaluation, Synthesis
- Spring Trimester: $\mathbf{1}^{st}$ full time clinical experience 6 weeks

- Students' main focus is to learn all aspects of patient examination, assessment, and treatment design across the lifespan, progressively dealing with more complex multi-systems involvement. Synthesis
 Imaging content throughout the entire thread
- Spring Trimester: 2nd full time clinical experience 6 weeks

- Fall & Winter Trimesters: 3rd and 4th clinical experiences 13 weeks x 2

 Tkeeping an eye out on interesting patient cases where imaging featured and results influenced POC

Imaging Throughout the Curriculum

- Year One (foundational year)
 - Anatomy, Kinesiology, Neuroscience, Exam and Evaluation, Synthesis
- Year Two (clinical management year)

 Imaging throughout with support of faculty expertise, research methods, interdisciplinary support, ACR guidelines centered around case examples, complex cases, and synthesis projects
- Year Three
 Clinical experiences





Morthwestern Medicine

Key Instructional Resources

- McKinnis textbook
- American College of Radiology Appropriateness Criteria
- Clinical Decision Rules / Guidelines
- J Orthop Sports Physical Therapy MSK Imaging feature articles
- https://medpix.nlm.nih.gov/
- http://learningradiology.com/
- $\bullet \ \underline{\text{http://www.imagingpathways.health.wa.gov.au/}}\\$
- www.auntminnie.com



Northwestern Medicine **Published Cases**

Dr. Boyles -Other Options?

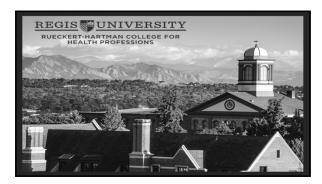
Northwestern Medicine

- What happens when,
 - Programs are too small to provide adequate imaging in the
 - Not enough faculty to teach extra courses.
 - Faculty doesn't feel they have the expertise to teach the subject
 - Curriculum already too full.
 - Not enough money/space to hire another faculty for imaging content.

Question – Does this provide foundation for 'post-doc', residency, fellowship, internship opportunities with key locations/people on a national and international scale? Question – Offine learning opportunities? what to do with a Radiology report? How do you explain the findings with a patient and how do you use it in clinical decision making?

Imaging Education at a Small Private University

- Ira Gorman, PT, PhD, MSPH
- President, HPA The Catalyst, APTA
- Assistant Dean, Associate Professor
- School of Physical Therapy, Regis University





Regis University is one of 28 Jesuit colleges and universities (eight have DPT education programs) nationwide.

Nave Dr Feucucation (pigens) in Judgmain Judgmain Ruckert-Hartman College for Health Professions Loretto Heights School of Nursing School of Physical Therapy-MS-1996, DPT 2004 School of Pharmacy Division of Health Services Education Division of Counseling and Family Therapy

Doctor of Physical Therapy Program Mission Statement
The DPT Program is dedicated to providing value-centered education within the least Catholic tradition. The professional education is extensive in depth and breath and promotes current best practice across settings. The program is designed to prepare graduates as leaders in the profession who bridge theory and practice in a dynamic health care environment. Special attention is placed on developing an appreciation of the uniqueness of the individual and recognition of how this uniqueness influences health and welness of diverse populations. Emphasis is placed on developing advocates for the public welfare and common good by changing self-centeredness and other values that compromise a sense of community, Graduates are challenged to integrate leastur values with future personal and professional pursuits. Graduates practice autonomously, ethically, and legally as primary care providers. As professionals, graduates are decision-makers and critical thinkiers who have a clear understanding of the value of lifetong learning and contributing to the body of knowledge of physical therapy.

EGOIST [UNIVERSITY***]

DPT Curriculum

- 1 credit Radiology Course added to DPT curriculum in 2002, Sem IV (Fall of year 2)
- 2 credit Diagnostic Imaging and Procedures- 2005
 - Added NCV/EMG content and lab
 - Added RUSI lab
 - Added Decision making lab
- Transition DPT- 2002-2014
- Fellowship in Manual Therapy- 2003
- RegisCares- onsite faculty practice- 2010

DPT 712 Diagnostic Imaging and **Procedures**

- 2 Semester credits- Semester IV
- CREDITED CONTACT HOURS: Lecture:16 Lab: 6 Final Exam:2
 APPLIED SCIENCE SET OBJECTIVES:
- · COURSE DESCRIPTION:
- Introduces the foundations and principles of diagnostic imaging and procedures used in clinical management to include radiograph imaging, CT, RUSI, MRI and electrophysiologic studies. Rationales and guidelines for examination selection are discussed. Performs nerve conduction and needle EMG studies. Examines basic interpretation of diagnostic imaging as well as interpretation of EMG and nerve conduction studies. Laboratory included. included.

Course Content

- 8 lectures, 6 labs
- 8 lectures, 6 labs
 Intro to diagnostic imaging with focus on history, terminology, technology
 Plain Film radiographs- Fracture evaluation
 Plain Film radiographs- spine evaluation
 CT, arthrography, Bone scans, Pet Scans
 MRI
 RISI
 RISI
 EMG/NCV
 Clinical decision making, legal implications

- Set foundation for more detailed clinical application in future musculoskeletal and neurological management courses, as well as differential diagnosis course. Students will know about the technology, how to communicate and understand reports, how to use ACR and other clinical decision making rules.

Course Resources

- Textbooks
 McKinnis LN. (2014). Fundamentals of Musculoskeletal Imaging. (4th edition) Philadelphia, F.A. Davis.
 - Malone T, Hazle C, Grey M.(2008) Imaging in Rehabilitation. New York City, McGraw Hill.
 - Swain J, Bush K. (2009). Diagnostic Imaging for Physical Therapists. St. Louis, Saunders, Elsevier
 Cornwall M, Nyre E, Harris, J. (2015). Imaging Handbook for Physical Therapists. Philadelphia, Wolters Kluwer.
- Articles
- Articles
 Electronic Resources

Course Evaluative Activities

- Quizzes
- Finals Exam electronic with images

- Article review

 JOSPT assignment-3 image corner reviews

 Small groups with radiologic professional-MD, PA, NP, RT

Colorado Physical Therapy Practice Act

- 12-41-105. Limitations on authority.
- (1) Nothing in this article authorizes a physical therapist to perform any of the following acts: (a) Practice of medicine, surgery, or any other form of healing except as authorized by the provisions of this article; or
- (b) Use of roentgen rays and radioactive materials for therapeutic purposes; the use of electricity for surgical purposes; or the diagnosis of disease.
- Precedent of rule by omission vs. commission
 - Direct access
 - Ordering or requesting imaging