

**ICF Practice Guidelines  
CSM Board Meeting – February, 2010  
San Diego, CA**

**Submitted by:  
Joe Godges, ICF Practice Guidelines Coordinator**

**Section BoD Liaison:** Tom McPoil

**ICF Practice Guidelines Advisory Panel:** Anthony Delitto      Jay Irrgang  
Joy MacDermid      JW Matheson  
Phil McClure      Rusty Smith

**Practice Guideline Reviewers:** Roy Altman      Anthony Delitto  
John Dewitt      Helene Fearon  
Amanda Ferland      Joy MacDermid  
JW Matheson      Phil McClure  
Paul Shekelle      Rusty Smith  
Leslie Torburn

**JOSPT Editors:** Steve Allison      Guy Simoneau

**List of published clinical guidelines**

April 2008	<b>Heel Pain / Plantar Fasciitis</b> Authors: Tom McPoil, RobRoy Martin, Mark Cornwall, Dane Wukich, Jay Irrgang, Joe Godges
September 2008	<b>Neck Pain</b> Authors: John Childs, Joshua Cleland, James Elliott, Deydre Teyhen, Robert Wainner, Julie Whitman, Bernard Sopky, Joe Godges, Timothy Flynn
March 2009	<b>Hip Pain and Mobility Deficits – Hip Osteoarthritis</b> Authors: Michael Cibulka, Douglas White, Judith Woehrle, Marcie Harris-Hayes, Keelan Enseki, Timothy Fagerson, James Slover, Joe Godges Content Expert Reviewers: Roy Altman, Kathleen Mangione, Marian Minor
In final review, scheduled for publication in April or May 2010	<b>Knee Stability and Movement Coordination Impairments / Knee Ligament Sprain</b> Authors: David Logerstedt, Lynn Snyder-Mackler, Rick Ritter, Michael Axe, Joe Godges Content Expert Reviewers: Kelley Fitzgerald, Freddie Fu
In Review (draft to JOSPT editors)	<b>Knee Pain and Mobility Disorders / Mensical and Articular Cartilage Lesions</b> Authors: David Logerstedt, Lynn Snyder-Mackler, Michael Axe Content Expert Reviewers: TBD

In Review (feedback received from expert reviewers - now with authors)	<p><b>Achilles Pain, Stiffness, and Muscle Power Deficits / Achilles Tendinitis</b>          Authors: Christopher Carcia, Robroy Martin, Jeff Houck, Dane Wukich          Content Expert Reviewers: Sandra Curwin, Tom McPoil, Steve Reischl, James Zachezewski</p>
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**Updates**

1. Heel Pain Neck Pain and Hip OA guidelines have been accepted to be placed on the National Guidelines Clearinghouse website ([www.guidelines.gov](http://www.guidelines.gov)).
2. The Ortho Section's practice guidelines received many complements at the APTA's Research Conference in Philadelphia in December 2009 as a model to facilitate linking research to clinical practice. The summary point with regard to association driven practice guidelines is that they provide standardization for the data elements of measures and interventions that provide structure to the data contributed to, and thus mined from, a national outcomes database.
3. The ICF Practice Guidelines Advisory Panel was consulted in December 2009 with a question regarding the incorporating the Center for Evidence-based Medicine's grading of recommendations for Diagnostic Studies in addition to the current use of the CEBM's grading for Therapeutic Studies. This approach was affirmed and is now part of the Methods of our clinical guidelines.
4. Low Back Pain clinical guidelines: An initial incomplete draft was reviewed, edited, and is now with the authors to complete. The authors of the Low Back Pain Guideline are Anthony Delitto PT, PhD, Steven Z. George PT, PhD, Linda Van Dillen PT, PhD, and Gwendolyn Sowa, MD, PhD.
5. Hip Labral Disorders clinical guidelines: The draft of this guideline is written and will be submitted to the ICF practice guidelines coordinator soon.
6. Planning for positions to 1) coordinate and complete the NGC submissions - currently performed by JW Matheson - and 2) coordinate the guideline revision process, should take place in 2010.