Exercise-Based Knee Injury Prevention Clinical Practice Guidelines

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Speakers: Amelia (Amy) Arundale, Mario Bizzini, Arielle Giordano, Timothy Hewett, David Logerstedt, David Scalzitti, Holly Silvers-Granelli, Lynn Snyder-Mackler,

The speakers have no disclosures
The following is the reference list of all included articles in the forthcoming Exercise-Based Knee Injury Prevention Clinical Practice Guidelines. The guideline is organized into four sections to fulfill the following objectives:

- Review the evidence in the scientific literature for exercise-based knee injury prevention programs.
- Identify exercise-based knee injury prevention programs that are effective for specific sub-groups of athletes.
- Describe the evidence for the components, dosage and delivery of exercise-based knee injury prevention programs.
- Provide suggestions for implementing exercise-based knee injury prevention programs.

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