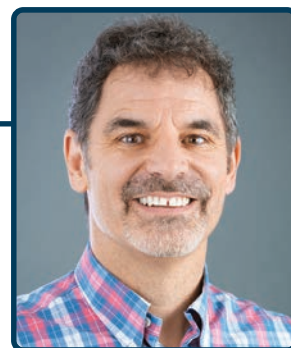


Editor's Note



Even though I am writing this in 2019, the reader will not read this message until 2020. At the end of each year, I think it is both customary and essential to reflect on the year. What follows is my reflection and questions for the reader to answer.

As Editor, I was introduced just one year ago and even though I did not officially start until March, I had been doing reviews of articles and Special Interest Group (SIG) newsletters, and asking questions and interacting with Chris Hughes, *OP* Editor and Sharon Klinski, Managing Editor since early fall of 2018. This past year has been an incredible learning experience for me in this position to see the very talented Academy staff and to get to know and appreciate the leadership. I was invited by the Academy to attend the CSM Board and Committee Chairs meeting, and attended the AOPT's 45th anniversary celebration. CSM 2019 was a time of transition from Outgoing President, Stephen McDavitt to Incoming President, Joseph Donnelly and from *OP* Editor, Chris Hughes to me. As an outsider looking into a new role, I was in awe of Steve's ability to lead and effectively communicate, and I was excited to get to know and learn from Joe Donnelly. The role of leading the largest Academy in our profession and considering all the viewpoints of the Board of Directors, SIGs, Committee chairs, staff, and members is not a part-time job! Our Academy President and Board of Directors are exceptional, dedicated, and definitely hard working. They set the flight plan and our talented staff make sure we all arrive on time. At CSM, I was able to meet and interact with the SIG Presidents and Committee Chairs. Our SIG Presidents represent their area of practice with such enthusiasm and without waver. Their work is showcased at CSM and within this publication in their newsletters and fascinating articles. Our Committee Chairs are integral to our success and represent practice, membership, education, public relations, finance, awards, research, nominations, independent study courses, and the *Journal of Orthopaedic and Sports Physical Therapy*.

In October, I was invited to attend the strategic planning meeting in La Crosse, Wisconsin. All the Board of Directors, Committee Chairs, SIG Presidents, and staff were invited to be part of this process. Our facilitator, Janet Bezner, did an amazing job of

engaging all of us and keeping us on track for both days. The dedication to our Academy at this event was fantastic and we now have our vision and mission set to guide us for the future. The reader can learn more about this event from the President's Corner on the previous page. I do not want to steal his thunder.

So, after my first year as Editor, I have questions for you, the reader.

- What can we do to make this publication better?
- What should we emphasize more or perhaps less?
- Should we invite authors, Committee Chairs, and SIG Presidents to do short social media videos to emphasize engagement?

Feel free to contact me directly to provide feedback as I am truly interested in your feedback. I can be reached at john.heick@nau.edu.

A call for participation went out this fall to invite engaged members to join committees and participate in this fantastic Academy.

- Did you receive the call?
- Did you submit your name?
- What can we do to engage you better?
- How can we facilitate your professional success?

Let us know how we can help you as our mission and vision is all about you!

*Professionally,
John Heick, PT, PhD, DPT
Board Certified in Orthopaedics, Sports,
and Neurology*

MEDICORDZ
Gear to reduce pain, rehab injuries.

Bungie Rehab Kit - M394 & M397

- Used for upper and lower body rehabilitation
- Strengthen muscles to help prevent future injuries
- Patented braided nylon over rubber for lasting durability
- Choose from a variety of sizes to meet your patient population

20% off your next order

USE PROMO CODE: 20PT19

Engineered resistance tools requested by physical therapists and their patients.

800.886.6621 | medicordz.com **MADE IN THE USA**