

Congratulations to our CSM Award Winners

The Awards Ceremony was held on February 14, 2020, in Denver, CO.

PARIS DISTINGUISHED SERVICE AWARD

The Paris Distinguished Service Award is the highest honor awarded by the Academy of Orthopaedic Physical Therapy and is given to acknowledge and honor an Academy member whose contributions to the Academy are of exceptional and enduring value. This year Dr. Joe Godges received the Paris Distinguished Service Award. Dr. Godges accepted the award and provided his lecture, Transform Society Through Service, at CSM. His lecture is printed on pages 64-68.



Joe Godges, DPT, is an Adjunct Associate Professor of Clinical Physical Therapy, University of Southern California

- 1980-2020: Member, Academy of Orthopedic Physical Therapy, APTA
- 1981: Graduated from the US Army-Baylor University Program in PT
- 1989: Initial Recognition as Board Certified Clinical Specialist in Orthopaedic PT (recertified in 1999, 2009, and 2019)
- 1993-1994: Developer Ortho PT Practice Analysis & Description of Advanced Clinical Practice
- 1994-1998: Member, Orthopaedic Specialty Council, ABPTS
- 1996-1999: Examination Committee, American Academy of Orthopaedic Manual PTs
- 1998-2001: Committee on Clinical Residency & Fellowship Program Credentialing, APTA
- 2005-2007: Task Force on Practice Guidelines for Workers' Compensation, California PT Association
- 1997-2008: Finance Committee and Treasurer, Orthopaedic Section, APTA

- 2001-2011: Specialized Academy of Content Experts (item writer for OCS exam), ABPTS
- 2010-2016: National Outcomes Database Workgroup, Orthopaedic Section & APTA
- 2008-2017: Treasurer, Journal of Orthopaedic and Sports Physical Therapy
- 2006-2017: ICF-based Clinical Practice Guidelines Coordinator & Editor
- 2018-2020: Average Joe – focusing on CPG implementation

ROSE EXCELLENCE IN RESEARCH AWARD

This year's recipient of the Rose Excellence in Research Award is Dr. Jason Falvey for making a significant contribution to the literature dealing with the science, theory, or practice of orthopaedic physical therapy.



Jason R. Falvey, PT, DPT, PhD, is a PhD trained clinician-scientist who studies post-acute and long-term care for older adults. He has been a physical therapist for 10 years, working mostly in the home health care setting, and also holds a board certification in geriatric physical therapy. Jason completed his PhD at the University of Colorado, Anschutz Medical Campus with Dr. Jennifer Stevens-Lapsley and is currently a post-doctoral fellow in the Yale School of Medicine, Division of Geriatrics.

He has authored or co-authored 22 peer-reviewed publications in top ranking rehabilitation, geriatric, and orthopedic journals, and has been an invited speaker at multiple national conferences. His primary research focus is evaluating the utilization and impact of post-acute rehabilitation on functional recovery, community reintegration, and symptom burden for older adults recovering from disabling hospitalizations or major surgery. Jason's research additionally extends to assessment of how social and environmental

factors influence successful aging in place for vulnerable older adult populations in home and community settings.

JAMES A. GOULD EXCELLENCE IN TEACHING ORTHOPAEDIC PHYSICAL THERAPY AWARD

Dr. Morey Kolber is this year's James A. Gould Excellence in Teaching Orthopaedic Physical Therapy Award. He is being recognized for supporting excellence in instructing orthopaedic therapy principles and techniques.



Morey J. Kolber, PT, PhD, OCS, holds a faculty appointment as a Professor in the Department of Physical Therapy at Nova Southeastern University where he serves as a teacher and course leader for the musculoskeletal curriculum and lectures on additional topics that include diagnostic imaging, regenerative medicine, and exercise physiology. Dr. Kolber is a board-certified specialist in orthopaedic physical therapy and currently serves on the American Board of Physical Therapy Specialties Committee of Content Experts. He currently serves as the Senior Associate Editor-in-Chief for *Strength and Conditioning Journal* and as a Senior Associate Editor for *Physiotherapy Theory and Practice*. In 2017, he was the recognized as the Distinguished Professor of the Year for the Nova Southeastern University College of Healthcare Sciences and in 2018 he was the recipient of the Florida Physical Therapy Associations Excellence in Academic Teaching Award. Dr. Kolber has published well-over 150 refereed publications and presentations and is a co-editor for the textbook titled, *Orthopedic Management of the Hip and Pelvis*.

OUTSTANDING PT STUDENT AWARD

This year's Outstanding PT Student Award winner is Lauren Gough. Lauren has been identified as a student physical therapist with exceptional scholastic ability and potential for contribution to orthopaedic physical therapy.



Lauren Gough, SPT, is a third year Doctorate of Physical Therapy student at Thomas Jefferson University. Lauren is the Clinic Manager and Administrator of Hands of Hope Jefferson Pro Bono clinics, Vice President of the American Academy of Orthopaedic Manual Physical Therapy SIG, works as a Graduate Assistant for the physical therapy department, and is involved in PT Society. In addition to this, Lauren coaches and personal trains athletes for Perfect Touch Soccer. Lauren played Division I women's soccer and obtained a B.S. in Kinesiology and Health Sciences with a concentration in Health Science, and a minor in Psychology from The College of William and Mary. Being raised in a military family and being an elite athlete, led Lauren to her dream profession of becoming a physical therapist. Two goals of hers are to gain her Orthopaedic Clinical Specialist certification, and to become a Certified Strength and Conditioning Specialist to provide her future patients with the best possible care in a positive environment. Lauren wants to empower patients and athletes to reach their goals and become the best version of themselves.

OUTSTANDING PTA STUDENT AWARD

Blake Eldridge is this year's Outstanding PTA Student awardee. Blake has been identified as a student physical therapist assistant with exceptional scholastic ability and potential for contribution to orthopaedic physical therapy.

Blake Eldridge, SPTA, of Somerset Community College serves as co-chairperson of the special events and philanthropy committee for his class and is a member of the program's diversity initiatives team.



He was appointed to the PTA Program's Advisory Board by the college president and served on the college's Student Appeals Board. He is an active member of the Kentucky Physical Therapy Association (KPTA) and was named to the 2019 KPTA All-Academic Team. He was also named Kentucky's New Century Scholar, presented to the top community college student of all majors, in 2019. Eldridge has been active in a number of charitable and community service activities, including volunteering for causes including the Special Olympics and March of Dimes. He has also coordinated and participated in activities to support the funding of research for the Foundation for Physical Therapy through the Marquette Challenge, with Somerset Community College named the "Outstanding PTA Program" nationally in 2019. He is expected to graduate from the Physical Therapist Assistant Program in May 2020, with plans to work in an outpatient orthopaedic clinic in central Kentucky.

OUTSTANDING RESEARCH POSTER AWARD

Dana Dailey, PT, PhD, received the Outstanding Research Poster Award for the following research project: A Randomized Controlled Trial of TENS for Movement-Evoked Pain in Women with Fibromyalgia



JOURNAL OF ORTHOPAEDIC & SPORTS PHYSICAL THERAPY® AWARDS

The following annual awards, presented by the *Journal of Orthopaedic & Sports Physical Therapy*®, recognize the most outstanding manuscripts published in *JOSPT*® within the last calendar year. The George J. Davies – James A. Gould Excellence in Clinical Inquiry Award recognizes the best article published in *JOSPT*® during a calendar year among the categories of clinical research reports (ie, that carry a "Level of Evidence" at the end of the abstract), clinical commentaries, case reports, and resident's case problems. The *JOSPT*® Excellence in Research Award recognizes the best article published in *JOSPT*® during a calendar year within the category of non-clinical research reports or brief reports (ie, that do not carry a "Level of Evidence" at the end of the abstract), and Clinical Commentaries on research topics.



2019 George J. Davies – James A. Gould Excellence in Clinical Inquiry Award was awarded to Michael Streifer, DPT; Allison M. Brown, PT, PhD; Tara Porfido, PT, DPT; Ellen Zambo Anderson, PT, PhD; Jennifer F. Buckman, PhD; Carrie Esopenko, PhD for The Potential Role of the Cervical Spine in Sports-Related Concussion: Clinical Perspectives and Considerations for Risk Reduction. *J Orthop Sports Phys Ther.* 2019;49(3):202-208. doi:10.2519/jospt.2019.8582.

(Continued on page 104)



2019 JOSPT® Guy G. Simoneau Excellence in Research Award was awarded to Ian A. Young, PT, DSc, OCS, SCS; Federico Pozzi, PT, PhD; James Dunning, DPT, PhD, FAAOMPT; Richard Linkonis, PT, DPT, OCS; Lori A. Michener, PT, PhD, ATC for Immediate and Short-term Effects of Thoracic Spine Manipulation in Patients With Cervical Radiculopathy: A Randomized Controlled Trial. *J Orthop Sports Phys Ther.* 2019;49(5):299-309. doi:10.2519/jospt.2019.8150.

Outgoing Officers and Committee Chairs

We would like to thank our Outgoing Officers, Committee Chairs, and SIG Presidents for their years of service to the Academy of Orthopaedic Physical Therapy:



Christopher Hughes, PT, PhD, OCS, CSCS



Kathy Cieslak, PT, DScPT, MEd, OCS



Brian Eckenrode, PT, DPT, OCS

- Independent Study Course Editor, Christopher Hughes, PT, PhD, OCS, CSCS
- Practice Chair, Kathy Cieslak, PT, DScPT, MEd, OCS
- Awards Chair, Lori Michener, PT, PhD, SCS, ATC, FAPTA
- Nominations Chair, Brian Eckenrode, PT, DPT, OCS
- Performing Arts SIG President, Annette Karim, PT, DPT, OCS, FAAOMPT
- Pain SIG President, Carolyn McManus, MSPT, MA

Congratulations

Congratulations to our Newly Certified and Re-Certified Orthopaedic Certified Specialists

At CSM in Denver, Colorado 1,528 physical therapists were awarded their OCS and 453 were re-certified. For a complete listing of the 2019 certified clinical specialists, please visit http://www.abpts.org/uploadedFiles/ABPTS-org/About_ABPTS/Statistics/CertifiedSpecialistsbyArea.pdf

As of June 2019, a total of 15,896 orthopaedic physical therapists have been awarded their OCS!

Independent Study Course
Offers **15 Contact Hours**

SCREENING FOR ORTHOPAEDICS

Independent Study
Course 29.3

Don't Miss the Forest for the Trees!

*See the big picture.
Sharpen your skills on
referral for differential
diagnosis, ie, know
when to refer.*

ACADEMY OF
**ORTHOPAEDIC
PHYSICAL THERAPY**

APTA

American Physical Therapy Association

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**Additional Questions
Call toll free
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