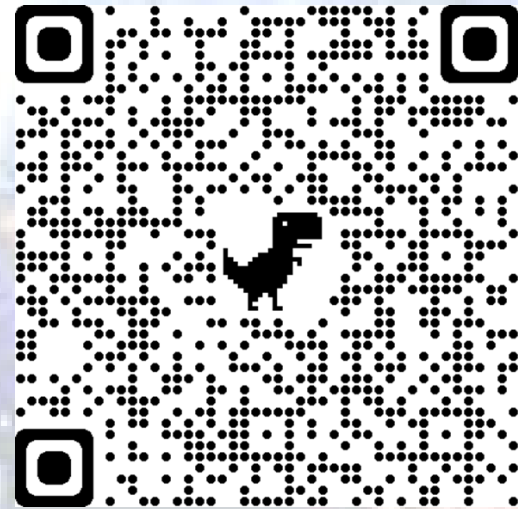


Academy of Orthopaedic Physical Therapy: ORF-SIG Member Meeting



Become a Member!

**A community of excellence in
Orthopaedic Residency and Fellowship Education**

Leadership team:

SIG Members and Terms:

President:

Molly Malloy 2022-2025

Vice President:

Kirk Bentzen 2021-2024 (re-elected through 2027)

Nominating Committee:

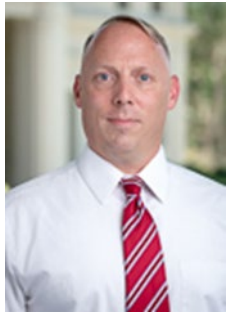
Alex Bonhomme 2022-2025

Adam Walsh 2023-2026

Christopher Thurston 2024-2027



RESIDENCY/FELLOWSHIP
ACADEMY OF ORTHOPAEDIC PHYSICAL THERAPY, APTA



Kirk Bentzen, Alex Bonhomme, Adam Walsh, Chris Thurston

Kathleen Geist, Steve Kareha,

Aimee Klein

Agenda

11-11:05 - President's Message

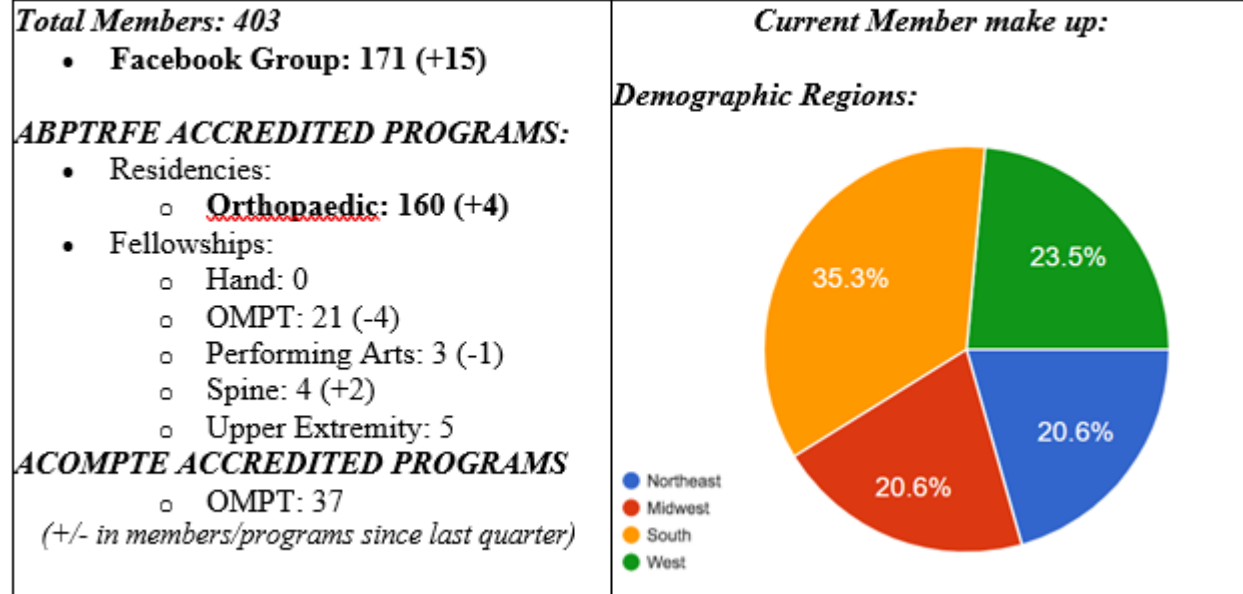
11:10-11:15 Nominating Committee/Membership Committee - Chris Thurston

11:15-11:40 Committee updates - 11:15-11:40

- CSM updates – Steve Kareha
- Education Committee – Molly
- Research Committee – Steve Kareha

11:40 -11:50 - Open Floor and Questions

ORF-SIG Dashboard:



Who we are- What is changing?

May be transitioning from ORFSIG to an Engagement Group

Goal:

- Network with other residency/fellowship programs
- Share resources
- Share information for changes in ABPTRFE/APTA
- Support Developing Programs

None of this will change but stay tuned.....

Member Communication- Chris

- ORF- SIG Facebook Group
 - Join if you have not
-
- <https://www.facebook.com/groups/741598362644243>



Monthly Program Spotlight - Chris



- Successful October 2021 Launch
- Each program will Spotlight a Faculty and/or Resident/FIT
- Programs apply with interest and the Selection Committee oversees the collection and verification of the application materials to meet monthly deadlines
- Goal to post 1-2 programs monthly
- Please visit:
<https://www.orthopt.org/content/special-interest-groups/residency-fellowship/orf-sig-program-spotlight/spotlight-program-faqs>

CSM Planning

The **largest physical therapy conference** in the country — **APTA Combined Sections Meeting**.



Mission to Excellence

Expanding Horizons in Physical Therapy

Join us for the [50th Annual APTA CSM](#), Feb. 13-15, 2025, in Houston, Texas, at the George R. Brown Convention Center. This year, we're on a mission to excellence — pushing boundaries and expanding horizons in physical therapy.

Be a part of the largest physical therapy conference in the nation! Connect with thousands of PTs, PTAs, and students, and explore programming and events you won't find anywhere else.

Save more when you register by Jan. 8 — lock in your advance rate today.

CSM 2025 – Pre-conference - Steve

OR-21872 Cultivating success in residency and fellowship programs – establishing the basics and being prepared for the challenges along the pathway to excellence

Kirk R. Bentzen, PT, DPT, PhD, Kathleen Tierney Geist, PT, DPT, Matthew D. Haberl, PT, DPT, ATC, Stephen Michael Kareha, PT, DPT, ATC, PhD and Molly Anne Malloy, PT, DPT

Proposal



Wednesday, February 12, 2025



8:00 AM - 5:00 PM

2nd Annual Ortho Resident Platforms

- 12 presenters were selected out of the 72 submissions! Many of the others were accepted as poster presentations.
- Great job to all of the residents and mentors who assisted to get these projects submitted. We cannot wait to hear about all of your work!



OR-22232 - AOPT Platform Session III

📅 Thursday, February 13, 2025

🕒 3:00 PM - 5:00 PM

Education Committee

Development of Orthopaedic Curricula Guides for DPT and Residency Education: Draft Structure and Learning Objectives.

James Massey, PT, DPT, DSc, FAAOMPT

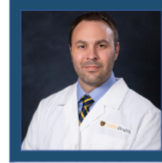
Robert Rowe, PT, DPT, DMT, MHS, FAPTA, FAAOMPT,
FNP

Raine Osborne, PT, DPT, EdD, FAAOMPT

ELC 19th Annual Physical Therapy
Education Leadership Conference
2024 October 18-20, 2024 | Oakland, CA
Co-hosted by the American Council of Academic Physical Therapy (ACAPT) & the APTA Academy of Education



RESIDENCY MODEL CURRICULUM WORKGROUP



Michael Bourassa, PT, DPT, FAAOMPT
Associate Professor
Program Director, PT Residency & Fellowships
East Tennessee State University



Amy Firestone, PT, DPT
Director, Professional and Post-Professional Training Programs
James A. Haley Veterans' Hospital



Aimee B. Klein, PT, DPT, DSc
Professor Emerita
University of South Florida



Molly Malloy, PT, DPT
Assistant Professor
Program Director, Orthopaedics & Sports PT Residencies
Arcadia University



Michael Maninang, PT, DScPT, DPT, MHS, MBA, FAAOMPT
Associate Professor
Lewis University

ELC
2024

Workgroup developed to tackle the unwarranted variability in Orthopaedic Residency Education and to provide resources to Orthopaedic Residency Programs for building/revision of curricular

Building on:

- ABPTRFE Core-Competencies
- DRP – Orthopaedics
- APTA documents
- Review of Literature
 - Best Practice Guidelines
 - Current Concepts

Format for Objectives – Residency

Example 4

Domain of Competence: Practice Management

Provides comprehensive value-based service to patients using a human movement system framework, as an integral member of a collaborative interprofessional team to optimize outcomes that impact the human experience within a defined area of specialty practice.

Competency:

7.1 Movement System Examination and Reexamination

Before graduation from a physical therapy orthopaedic residency, each resident will be able to...

Learning Objective	Appendices	Bloom's Level	Map to DRP
7.1.1. Consistently develop <u>comprehensive musculoskeletal examination</u> plans that incorporate <u>evidence-informed selection of tests and measures</u> across a <u>spectrum of patient complexities</u> . Tests and measures should include but are not limited to those found in Appendix # – Tests & Measures.	Appendix 1 – Tests & Measures	Create	Critical Inquiry B.6.1, B.6.3 Patient/Client Examination C.1.3

Appendix # - Tests & Measures (Non-arthritic Hip Joint Pain)

Physical Therapy Diagnosis	Non-arthritic Hip joint pain
Associated Medical Diagnosis	<ul style="list-style-type: none"> • Intra-articular hip joint pain including: Femoracetabular impingement
Diagnostic Criteria	<ul style="list-style-type: none"> • Pain in the anterior hip/groin and/or lateral hip and trochanter region • Pain is described as aching or sharp • The reported hip pain is aggravated by sitting • The reported pain is reproduced with hip flexion, adduction, internal rotation (FADIR) test • Hip internal rotation is less than 20 degrees with hip at 90 degrees of flexion • Hip flexion and abduction are also limited • Mechanical symptoms such as popping, locking or snapping are present • Conflicting clinical findings are not present • Radiographic findings include Cam and/or Pincer impingement
Tests and Measures	<ul style="list-style-type: none"> • Trendelenburg Sign • Hip Flexion, Abduction, External Rotation (FABER) Test • Hip Flexion, Adduction, Internal Rotation (FADIR) Impingement Test • Log-Roll Test • Passive Hip Internal and External Rotation Measurements • Passive Hip Flexion and Hip Abduction Measurements • Hip Abductor Muscle and Posterior Gluteus Medius Strength Test • Hip Internal Rotator Muscle Strength Test (with the Hip Flexed and the Hip Extended) • Hip External Rotator Muscle Strength Test (with the Hip Flexed and the Hip Extended) • Single-Joint Hip Flexor Muscle Strength Test
Outcome Measures	<ul style="list-style-type: none"> • Utilization of hip specific functional outcome exam (HOS, HAGOS, i-HOT-33, MHHS, WOMAC, HOOS)

Post ELC

CSM

Post CSM

Future

- Revise (DPT & ResEd)
- Complete Guidelines (DPT & ResEd)
- Feedback Survey (DPT)

- Feedback Survey (ResEd)
- Revise (DPT & ResEd)

- Present Revisions (DPT & ResEd)
- Present Full Objectives (DPT & ResEd)

- Disseminate (DPT & ResEd)
- PHASE 2**
- Connect with recommended teaching & assessment methods
 - Connect with recommended resources and materials

- Phase 3**
- Ongoing review and revision

Research Committee Updates: Steve

- **Physical Therapy Residency and Fellowship Graduate Survey**
- **Purpose: Identify the impact of residency and fellowship training on graduate's careers**
- **How to utilize and get feedback for your program**



Resources for Members



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Education committee – Aimee

Curricular Document Sharing:

Work Group Leaders: Kathleen Geist, Aimee Klein

- Test questions have been compiled
- Need others to join
 - Formatting
 - Adding additional questions
 - We are working with the academy to have these available through an online testing portal.
 - Please reach out if you'd like the current version (malloyma@arcadia.edu).



Program Sustainability: Applicant Registry: Steve

Goals

- Raise awareness for our programs,
- Steer qualified applicants to our programs
- Address the problems of open positions throughout the country

Residency & Fellowship Interest



<http://bit.ly/2OH6zdX>

Residency & Fellowship Qualified Applicants



<http://bit.ly/3u0JR0s>

NOTE BIG CHANGES:

<https://abptrfe.apta.org/for-programs/non-substantive-changes>

The following are non-substantive changes:

- **Participant Positions:** A program may add 2 or less participant positions in one calendar year.
- **Change in Leadership:** A program may change its appointed program director or program coordinator.
- **Change in Patient Population:** A program may add additional practice sites to promote participant learning.
- **Addition of a New Mentor(s):** A program may appoint new faculty mentors to the program.

Please contact [ABPTRFE staff](#) to gain access to the necessary notification document through the Accreditation Management System.

Other resources

Podcast for newer program or those in need a refresher on some of the nuances of the processes and timelines:

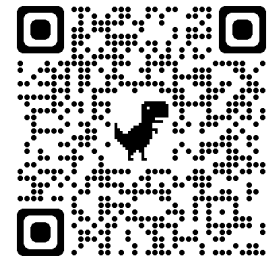
<https://muschosted.panopto.com/Panopto/Pages/Embed.aspx?id=0841c14e-a3f7-4196-b654-acd90169c9e2>

Academy of Education Residency and Fellowship SIG: Darren Calley PT, DScPT

- aptaeducation.org/special-interest-group/RFESIG/
- You can also find more great information from the Academy of Education's Residency and Fellowship SIG (RFESIG). Here you will find a variety of Podcasts they have completed for Residency and Program Directors.

Resources for Abstracts for CSM for Residents

The AOPT provides excellent resource videos to assist you in writing abstracts:
<https://www.orthopt.org/content/research/abstract-development-assistance>



Open Discussion Future Planning - Molly

What are key areas you would like help with?

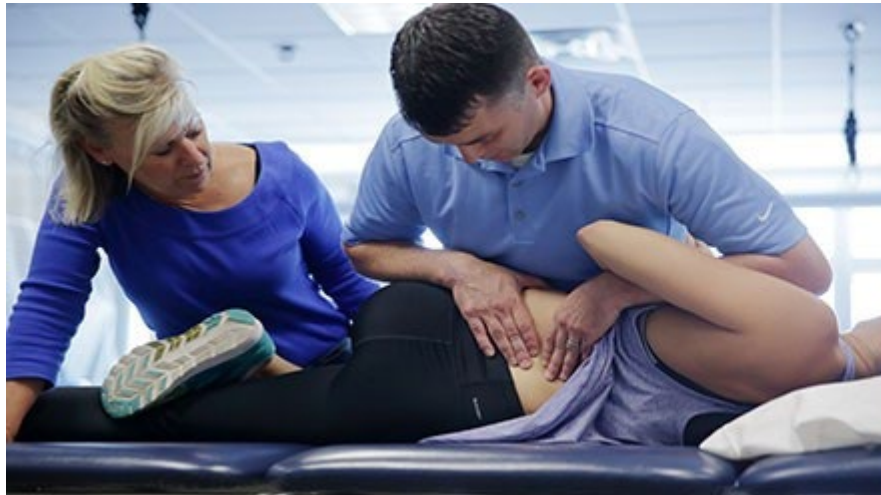
New Work group ideas?

- Marketing residency group
- New program resources



Thank you all

malloyma@arcadia.edu



ORTHOPAEDIC RESIDENCY/
FELLOWSHIP
SPECIAL INTEREST GROUP