February 2020 Strategic Planning Meeting Committee and SIG Reports Table of Contents

- Membership Committee
- Education Committee
- Orthopaedic Physical Therapy
- Practice Committee
- ISC
- Nominating Committee
- Occupational Health SIG
- Pain Management SIG
- Performing Arts SIG
- Animal Physical Therapy SIG
- Orthopaedic Residency/Fellowship SIG
- Historian Report

Membership Committee Report CSM Board of Directors Meeting February 2020

Submitted by: Megan Poll, Chair Academy of Orthopaedic Physical Therapy, APTA

Committee Members and Terms:

Megan Poll, Chair	2018-2021
Christine Becks Mansfield, Vice Chair	2015-2020
Molly O'Rourke	2017- 2020
Nate Mosher	2017- 2020
Kelsey Smith (student member)	2019-2021

Update on Committee Activities since Oct 2019:

- Thank you to Nate Mosher and Molly O'Rourke for their service on the committee
- Welcome to Christine Beck in her Vice Chair role this year and her smooth transition to Chair for 2021
- AOPT Mentorship Program will kick off another year, however, with only 6 students who applied to the program.
 - Launched an extended deadline after only receiving 2 applications, and receiving 4 more with the second push
 - o Communication to students and PT programs did not change from previous years so the committee will have to discuss moving forward
- AOPT's Membership Work Group held its second conference call on Jan 2020
 - o Agenda: to discuss Strategic goal 3 on Diversity and Inclusion
 - o Molly O'Rourke was present on the call

Discussion Items for the Board:

- Continuing to work with AOPT Work Group and AOPT Strategic Planning

Motions for the Board:

- Confirm Molly O'Rourke for second term on Membership Committee

- Confirm search for new committee members

<u>Membership Project – Strategic Plan:</u>

- Develop a systematic process for recruiting and utilizing members for AOPT initiatives
 - Membership committee and Administrative Assistant to enhance volunteer forms and working database
 - o May need a Work/Task Group to provide additional assistance in this objective
- Enhance membership involvement in governance
- Developing strategies to enhance members' recruitment, retention, and engagement
 - o Membership Work Group suggestions to the BOD as ways to address this objective

Membership Counts (As of December 2019):

Overall

Total members: 19,412 (down from Aug 19,687 reported at 2019 Oct Board Meeting)

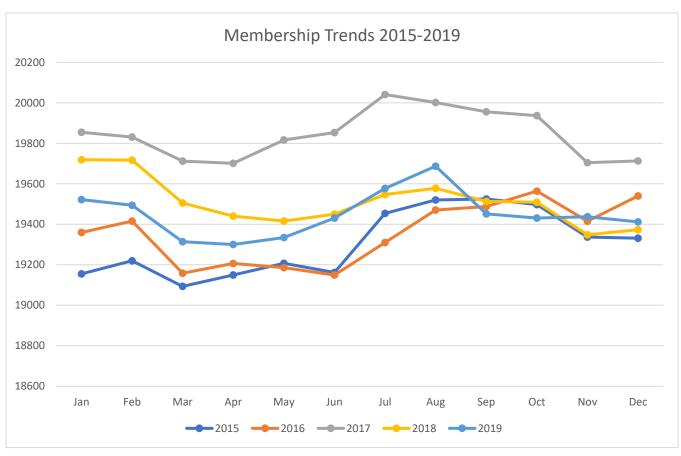
- APTA total sections 73,532; AOPT comprises 26% total APTA membership
 - Second largest section: Sports at 7,619
- PT comprises 92%
- PTA comprises 3%; unchanged from previous report
- Students comprise 5%; unchanged from previous report

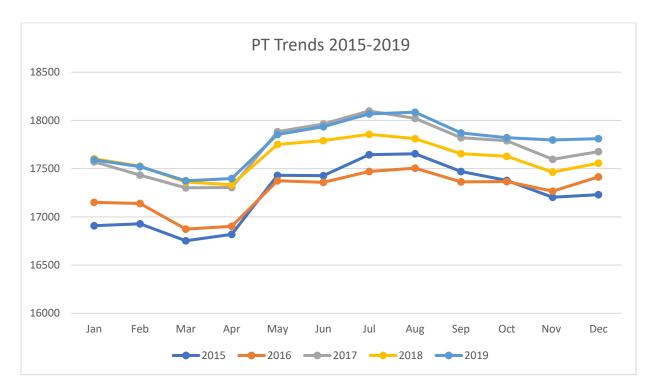
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Component Counts by Member 2019	Type a	nd Cate	gory: D	ecemb	er_																					
		PT												PTA									STU			TOTAL
		CSD1	CSD2	CSD3	CSD4	DOC	FULL	LIFE	LIFE2	MSTR	RETIR	TRAN	TOTAL	CSD1	CSD2	CSD3	CSD4	FULL	LIFE2	RETIR	TRAN	TOTAL	PT1	PTA1	TOTAL	
Acute Care	- 1	217	174	129	95	21	2316	19	103	1	2	70	3147	24	18	19	4	133			11	209	247	17	264	3620
Aquatics	Q	17	14	12	8	1	471	34	142			10	709	7	6	9	2	99	1		3	127	35	4	39	875
Cardiovascular & Pulmonary	L	68	54	30	30	21	914	67	86		7	25	1302	12	10	12	2	47			4	87	135	7	142	1531
Clinical Electro & Wound Mgmt	K	22	8	5	11	5	483	12	122	1	7	12	688	5	2	3		21	1		1	33	158	10	168	889
Education	С	6	8	8	7	71	2702	27	287	1	4	10	3131		1	1	1	184	1		3	191	31	4	35	3357
Federal	R	31	32	27	11	16	446	15	96			25	699	3	2	1	1	22			1	30	130	7	137	866
Geriatrics	Р	164	130	113	84	38	3732	171	390		21	35	4878	39	37	29	15	278		1	2	401	109	22	131	5410
Hand & Upper Extremity	S	16	5	5	3		293	34	171	1	2	6	536	1	1		1	13				16	67	3	70	622
Health Policy & Administration	Υ	29	32	24	12	26	1842	27	114	3	3	15	2127	1	4	2		84				91	127	1	128	2346
Home Health	В	25	20	41	16	5	1709	51	137		3	11	2018	10	15	13	5	122	1		1	167	51	3	54	2239
Neurology	N	397	335	267	180	92	3976	71	111	2	4	141	5576	35	24	22	11	145			11	248	524	16	540	6364
Oncology	Т	46	33	29	25	13	1038	35	67		7	12	1305	5	4	1		40			2	52	79	2	81	1438
Orthopaedics	J	1163	876	651	520	272	13050	138	820	2	17	302	17811	61	43	41	29	449	1		28	652	912	37	949	19412
Pediatrics	н	328	254	204	138	44	3577	33	265		10	98	4951	21	10	7	5	107			5	155	375	25	400	5506
Private Practice	E	19	29	28	22	5	3589	46	157			12	3907	2	1	1		61				65			31	4003
Research	D	170	61	46	29	130	964	25	185		15	367	1992	17	15	7	4	25			65	133	1626	162	1788	3913
Sports	F	388	311	252	161	95	4707	89	378	1	22	193	6597	15	13	9	7	157	1		15	217	768	37	805	7619
Women's Health	M	189	152	110	77	25	2234	75	291		18	45	3216	12	4	4	1	44			3	68	230	8	238	3522

Transaction History (December 2019)

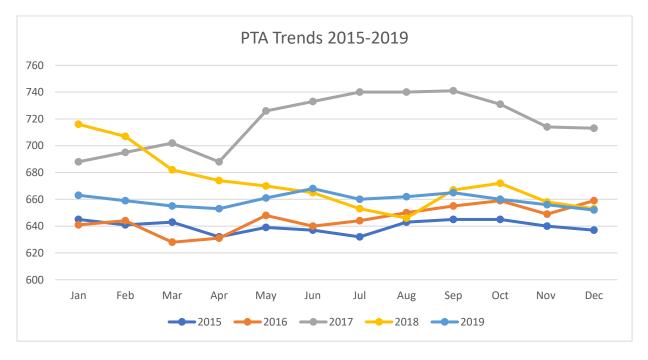
- 156 new members to the AOPT
- 389 dropped members with 316 members reinstated

Month End Transaction Counts:	Decemb	er 2019					
Name	Code	New APTA Comp	New Component	Dropped	Transfer In	Transfer Out	Reinstated
Acute Care	I	7	48	76	0	26	44
Aquatics	Q	1	13	16	0	6	13
Cardiovascular & Pulmonary	L	0	28	33	0	15	8
Clinical Electro & Wound Mgmt	K	2	9	14	0	8	8
Education	С	2	25	33	0	25	24
Federal	R	3	25	13	0	7	18
Geriatrics	P	13	40	103	0	38	55
Hand & Upper Extremity	S	2	21	7	0	9	3
Health Policy & Administration	Y	3	31	22	0	23	29
Home Health	В	7	27	61	0	14	33
Neurology	N	12	66	117	0	35	81
Oncology	T	0	27	34	0	7	15
Orthopaedics	J	37	156	389	0	95	316
Pediatrics	Н	6	41	131	0	29	66
Private Practice	E	5	27	68	0	39	63
Research	D	12	37	73	0	39	29
Sports	F	20	62	177	0	52	118
Women's Health	M	4	38	76	0	14	45

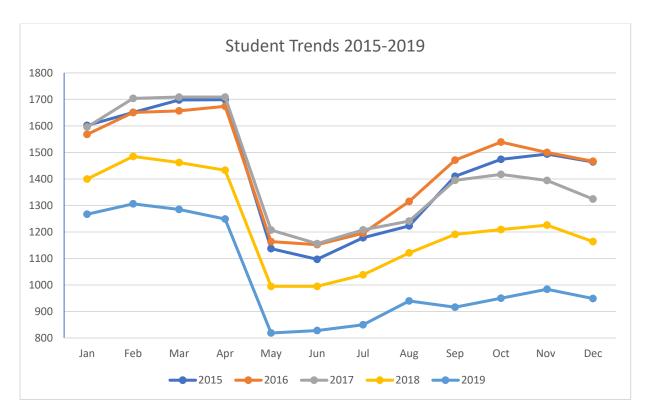




Note: Trend is remaining consistent with previous years



Note: Similar curve as seen in 2015



Note: General trend appears consistent, however have not been able to reach the same numbers in previous years

Education Committee Report February, 2020

Submitted by: Nancy Bloom, Chair Academy of Orthopaedic Physical Therapy, APTA

Committee Members and Terms:

Chair:

Nancy Bloom 2016-2022 (member since 2011)

Vice Chair:

Manny Yung 2016-2021 (member since 2013)

Members:

 Eric Folkins
 2018-2021

 Cuong Pho
 2014-2020

 John Heick
 2014-2020

 Valerie Spees
 2015-2021

 Kate Spencer
 2016-2022

Approved and Confirmed New Members:

Brian Eckenrode 2020-2023
 Gretchen Seif 2020-2023

AOM 2020 Planning Committee

Members:

Director: Keelan Enseki (2019 – 2022); Tara Jo Manal provides assistance for 2020

Education Chair: Nancy Bloom

ISC Leader: Chris Hughes

2 Educator/Research Members (3 year term)

Stefanie DiStasi (2019 – 2022)

Joe Godges (2019 – 2022)

2 Subject Matter Experts

Paula Ludewig

Airelle Hunter-Giordano

Update on Committee Activities since October, 2019

CSM 2020

- Record attendance is expected
- All educational programming is set and ready to go
- Committee members to be funded

- o Nancy Bloom, Manny Yung, Valerie Spees, Eric Folkin
- One of 4 pre-cons will be held.
 - Beyond the Basics: Design and Implementation of Best Practice in Residency and Fellowship Clinical Education (ORF SIG)
- 3 pre-cons cancelled
 - o Translating Science into Clinical Practice a Pain Systems Approach to T reating Those in Pain (PM SIG − 2 day)
 - Subacromial Pain Syndrome Management: Evidence and Lab-Intensive Upper Quarter Evaluation, Manual Therapy, Dry-Needling and Exercise (2 day)
 - Physical Activity Analysis: Bridging the Gap to Improve Outcomes and Practice Opportunities (OH SIG – 1 day)

• Historical Information Regarding Education Session

- o CSM 2020: 99 submissions: accepted 4 precons and 27 ed sessions (Denver)
- o CSM 2019: 93 submissions total, 28 accepted (DC)
 - (+ 1: proposal by FiRST Council)
- o CSM 2018: 90 submissions total, 27 accepted (New Orleans)
- o CSM 2017: 77 submissions total, 27 accepted (San Antonio)
- o CSM 2016: 86 submissions total, 27 accepted (Anaheim)
- o CSM 2015: 70 submissions total, 24 accepted (Indianapolis)
- o CSM 2014: 79 submissions total, 25 accepted (Las Vegas)
- o CSM 2013: 95 submissions total, 28 accepted (San Diego)

CSM 2021:

- SPC Meeting in Alexandria
 - o The meeting will be held May 1-2, 2020
 - o Board approved funding for Research VP to attend this meeting.

AOM:

- AOM Task Force created a set up recommendations after performing a SWOT analysis, financial analysis and member survey. The recommendations below were approved.
 - o Do not hold AOM 2021 to allow time to make the changes.
 - o Have AOM 2022 incorporating some of the recommendations from the task force.
 - Hold AOM at PT universities to cut the costs on AV, catering, shipping for treatment tables, (not sure university will cut these costs unless faculty from the university or region are used in the course/cost of travel for instructors and TAs)
 - Live stream or professionally record the AOM to the AOPT Learning Center.
 - Consider:
 - Hosting high level/post residency topics,
 - Partnering with the State PT Board of the hosting location for marketing
 - Potentially decrease the number of speakers and tracks initially and build the meeting as growth revenue allows.

- Omit required attendance from the BOD (based on the survey sent to the Members)
- We recommend the above plan for 2-3 years then re-evaluate the fiscal analysis of the AOM for future meetings if profitable.
- o Budget: 2021: planning and marketing costs for AOM 2022 will be included in the budget.

Strategic framework disposition: Goal 4:

Promote development and implementation of evidence for best practice

AOM 2020:

Theme: Head, Spine, and Shoulder Disorders: Integration over Isolation

Content:

Day 1: Cervico-Vesibular-Concussion Integration

Speakers: Airelle Giordano and Rob Landel

Day 2: Shoulder Region Dyskinesia and Peripheral Nerve Involvement

Speakers: Paula Ludewig, Sunny Mills, Joe Godges

Funded:

- Keelan Enseki (Director)
- Nancy Bloom (Ed Chair)
- Additional helpers: to be determined

Registration:

• 31 registrations as of 2-8-20. Registration opened December 10, 2019.

Other:

- Education Policies and Education Committee Procedures: Documents are in the final phase of revisions. After a Board discussion at CSM 2020 regarding a policy for honorariums and reimbursement for speakers at meetings, the documents will be completed.
- Meeting Partnership Task Force for Continuing Education Meetings:
 - o Chair: Nancy Bloom
 - o Members: Tess Vaughn, Rob Landel, Mike Wong
 - O Goals: The AOPT has been approached to partner with organizations for a continuing education meeting. Before we venture into this, we want to define the structure by which we would partner. The task force goal would be to provide the AOPT BOD a structure for partnerships that lists the critical components that need to be in a memorandum of understanding
 - o Timeline: Completion by April 15, 2020

Strategic framework disposition: Goal 1B:

Improve collaboration with stakeholders to enhance payment.

Orthopaedic Physical Therapy Practice Report 2020 CSM BOD Meeting

Submitted by:

John Heick, Editor & Sharon Klinski, Managing Editor Academy of Orthopaedic Physical Therapy, APTA

Advisory Council & Term Limits:

John Heick, Editor 2020-2023 Rita Shapiro, Associate Editor 2017-2023 Aimee Klein, Board Liaison 2017-

Update on Activities since October 2019:

1. Regularly published issues

The January 2019 issue of OP was mailed on 1.10.20.

2. Pending articles

At this time, we have 18 accepted articles and 7 additional articles in various stages of review.

The July 2020 issue will be a special university issue; George Washington University will be highlighted. In addition, the University of Central Florida is interested for 2021.

3. SIG Assignments

In January, a schedule for the SIGs was assigned indicating the quarter they are expected to submit a SIG-related article to OP as the BOD requested. We advised the SIG leadership that we would re-visit the assigned schedule in in the fall and get their feedback before planning the 2021 production schedule. We also asked for their continued feedback as we work through this new process.

4. OP Associate Editor

Rita Shapiro continues reviewing incoming articles. Her dedication to the review process as well as her insight and timeliness are valued.

5. Advertising

The total 2020 advertising sales to date equals \$13,075.

As mentioned in past years, print ads are no longer easy to sell. We are thankful for the continued dedication of advertisers who have been with us for many years and continue to see the value of our publication. We will implement the combo online/print advertising once the newly designed website is complete.

6. A Recent Reader Comment

"I just want to compliment you on OPTP. I subscribe and read 4 juried journals, but OPTP is often the most helpful with the "how to" in the clinic. I read it front to back. The other PT journals have set such a high bar on quality of evidence and the quest for "impact," that this has become the only place for nuts and bolts PT."

7. Future Projects

We plan to review and update the Instructions to Authors to provide more examples and maybe suggest a specific paper as well for each type of paper (case report, study, literature review, etc).

Practice Committee Report 2020 Board of Directors Meeting APTA CSM, Denver, CO

Submitted by: Kathy Cieslak, Chair Orthopaedic Section, APTA

Committee Members and Terms:

Kathy Cieslak, Chair	2014-2017, 2017-2020
James Spencer, Vice Chair	2015-2018, 2018-2021, Incoming Chair
Molly Malloy	2016-2019, 2019-2022, Residency/Fellowship
Kathleen Geist	2018-2021, Residency/Fellowship
Marcia Spoto	2015-2018, 2018-2021, Payment Policy
Jim Dauber	2016-2019, 2019-2022, Scope of Practice, Dry Needling, Imaging
Emma Williams White	2019-2022, Federal Affairs
Gretchen Johnson	2019-2022, State Government Affairs

Update on Committee Activities for 2020:

STATE GOVERNMENT AFFAIRS

• **DIRECT ACCESS:** The following states will be looking to improve their direct access laws, including: Alabama (Limited), Kansas (Provisional), Mississippi (Limited), Missouri (Limited), New York (Provisional) and Tennessee (Provisional).

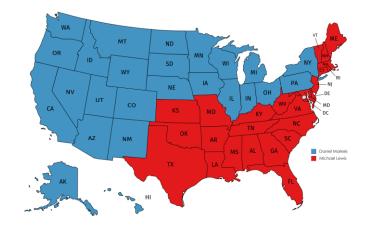
Texas has achieved limited direct access, whereby patients to be seen by a physical therapist, without a referral, for up to 10 business days, if the PT has a doctoral degree or 30 hours of CCUs in differential diagnosis. Up to 15 days for PTs who are residency or fellowship trained.

- **DRY NEEDLING:** California, Hawaii, Connecticut (pending a declarative ruling expected soon), and New Jersey (there is a bill pending since March 2019) will be looking to add Dry Needling to their practice acts in 2020.
- **PRACTICE ACT UPDATES:** Alaska, Florida and Tennessee will be pursuing updates to their practice acts, but there are no details provided as to these updates.
- **FAIR CO-PAYS:** Georgia, Montana, New York, Ohio, Rhode Island, South Carolina and Virginia will be pursuing fair copay legislation in 2020.

• **IMAGING:** Connecticut, Illinois and Rhode Island have intentions to pursue legislation to allow PTs to order diagnostic imaging.

APTA consulted with a legal firm to perform a state-by-state study of the authority of PTs to refer for imaging. The first 25 states have been completed (*Alabama*, *Alaska*, *Arizona*, *Florida*, *Georgia*, *Hawaii*, *Idaho*, *Illinois*, *Iowa*, *Kentucky*, *Louisiana*, *Maine*, *Maryland*, *Massachusetts*, *Minnesota*, *Nebraska*, *North Dakota*, *Oregon*, *South Dakota*, *Utah*, *Vermont*, *West Virginia*, *Montana*, *Washington*). As of 1/7/20, still awaiting release of second 25.

- UTILIZATION MANAGEMENT: Montana and Oregon plan to pursue legislation that will regulate how Utilization Management allows/denies access to PT. At this time there are no specifics from APTA.
- **PT COMPACT:** Massachusetts, Michigan, Pennsylvania and Wisconsin have pending legislation from 2019 that will carry forward to their 2020 sessions. District of Columbia and Ohio will be pursuing new legislation in 2020.
- ATHLETIC TRAINERS: ATs in several states are attempting to broadly define the word "athlete" and broaden their scope of practice. Many are also seeking ability to bill insurance under rehabilitative services. We are aware that following states will be monitoring AT scope of practice expansions this year: Arizona, Arkansas, Georgia, Kentucky, Minnesota, Missouri, Nebraska (review), New York, Virginia, Wisconsin.
- **OPIOIDS:** In 2019, Kentucky, Indiana, Illinois, Missouri, and Tennessee passed legislation to inform patients of alternatives to opioids for chronic pain management and/or cover PT as an alternative to opioids for pain management. These laws require Medicaid and/or private insurance to cover PT for chronic pain. The following states planning to advance opioid legislation in 2020: Colorado, Kentucky, Rhode Island, Wisconsin.
- APTA State Government Affairs has two new staff members:
 - o Daniel Markels Manager
 - o Michael Lewis Specialist
- Duties are distributed as such:



FEDERAL AFFAIRS UPDATE

Congressional Updates:

- Allied Health Workforce Diversity Act of 2019 which would provide funding for PT scholarships for students from underrepresented populations passed the House and has been introduced in the Senate (S.2747) by Senators Murkowski (R-AK) and Murphy (D-PA).
- Physical Therapist Workforce and Patient Access Act (S.970/H.R. 2802). This bill addresses the opioid crisis and would allow PTs to be eligible for student loan forgiveness if they practice in rural and underserved areas. Currently we have 84 co-sponsors in the House and 9 in the Senate.
- Locum tenens legislation (H.R. 5453) was introduced by Representatives Lujan (D-NM) and Bilirakis (R-FL). This bill would allow PTs to bring in another licensed PT to treat Medicare patients in the event of an absence, such as during pregnancy leave, or illnesses. The bill would expand the practice to include the entire nation.
- Improving Seniors Access to Care Act of 2019 (H.R. 3107). This bill establishes several prohibitions, requirements, and standards relating to prior authorization processes under Medicare Advantage (MA) plans. Specifically, the bill prohibits MA plans from instituting additional prior authorization requirements for surgeries (including related items) that are furnished to a patient during other surgeries for which prior authorization was not required or was already received. These MA plans would have to report on # of denials and offer an explanation of why service was denied. Currently we have 159 co-sponsors.
- Connect for Health Act (H.R. 4932/S.2741). This bill would give the Secretary of HHS authority and waive restrictions on the use of telehealth by providers, including PTs. We currently have 31 co-sponsors in the Senate and 15 in the House.
- CMS is proposing adjustments to Medicare Part B by reducing fee schedule payment for codes tied to physical therapy. These reductions are planned for 2021 and could result in an estimated 8% decrease in payment. APTA is working with other providers, there are ~36 other groups with proposed cuts, in opposition of the arbitrary 8% cut. APTA is working on a comment letter to CMS regarding the impact the proposed cuts could cause, mid-January was mentioned as the proposed timeframe for the letter to be forwarded. APTA is asking that members email and letters to their congressman/women expressing concern and opposition to this arbitrary change. Lastly members are being asked to contact the legislative action center if and how the fee change would impact your practice.

Regulatory Updates:

- PDPM and PDGM APTA encouraging PTs and PTAs who work in home health and SNFs to reach out to advocacy@apta.org to share their story. These reimbursement models have the potential to dramatically change home health reimbursement beginning in Jan 2020.
- APTA is expecting information regarding Tricare final rule to add PTAs as authorized providers by early 2020.

PAYMENT POLICY AND REIMBURSEMENT Medicare

• Coding Changes:

CMS announced in January of 2020 that it will no longer allow outpatient PT providers to bill 2 therapeutic codes in combination with evaluation codes. The CPT codes, 97530 (therapeutic activities) and 97150 (therapeutic procedures, group, 2 or more individuals), are frequently billed on the same day of evaluation as it is common practice to begin therapy immediately following

evaluation. APTA and members advocated successfully to convince CMS to reverse its decision. PTs will be able to return to billing for therapeutic activities (97530) delivered on the same day to the same patient as PT or occupational therapy evaluations billed under codes (97161, 97162, 97163, 97165, 97166, 97167). PTs (and occupational therapists) will also be allowed to return to billing the group therapy code (97150) with those evaluation codes. Details are being worked out, including the timeline for CMS to notify Medicare Administrative Contractors of the change, and whether it's retroactive Members are encouraged to watch for updates from APTA.

• Physician Fee Schedule Changes:

APTA continues to advocate for the reversal of a proposed 8% rate cut for PT services starting in 2021. APTA has been very engaged in advocacy efforts, including writing letters to CMS, creating template letters for members to send to CMS, in-person meetings with CMS representatives, and collaborating with other professions impacted by the fee cut in sending joint letters to CMS. PT's, PTA's, student PT's and patients generated over 10,000 letters to CMS. Advocacy efforts will continue. The final rule is expected in November 2020.

• PTA Service Modifier:

As of January 1, 2020, CMS requires the use of a modifier (CQ) when outpatient PT services are rendered by a PTA. As of January 2022, payment for services rendered by a PTA in whole or in part will be at 85% of the physician fee schedule. CMS has defined "in whole or in part" as more than 10% of service. For those cases when PTA services are concurrent with PT, that time will not count toward the 10%. Members can learn more about the application of the modifies at the APTA learning center.

Merit-Based Incentive Payment System (MIPS) Summary

• Although there will be no changes to the eligibility thresholds for physical therapist participation, there will be changes to the actual measures reported on, and the performance thresholds that determine payment adjustments. One significant change is that for eligible clinicians, a total score of 45 results in a neutral payment adjustment, up from the current 30-point threshold. There is also an increase in the payment adjustments for exceptional performance, with a 9% increase for those participants meeting the 80-point threshold (up from 7%).

Utilization Management Updates

Anthem BC & BS:

Anthem BC & BS currently contracts with AIM Specialty Health to provide utilization management for their Medicaid and Commercial health plans. The APTA has received notice that AIM Specialty Health will also be conducting utilization review/prior authorization for

Medicare Advantage Plans to be rolled out April 1, 2020, with a web portal being made available for submission of prior authorization requests beginning on March 19, 2020. Impacted states are: CA, CO, CT, GA, IN, KY, ME, MO, NH, NM, NY, OH, TN, TX, WA and NY. Florida and NJ have external vendors and will not be part of the rollout for now. Reports from states that are impacted by the prior authorization program continue to indicate that there are many unresolved issues, including but not limited to confusion regarding in-network versus out of network providers, system accuracy, delayed payment for services, insufficient visit approvals, non-peer reviewers, and notification concerns. APTA conducts monthly conferences with chapter payment chairs and with Anthem/AIM in an attempt to resolve these issues. Rollouts for commercial plans

in California have been delayed until the end of 2020, and in Colorado and Nevada until April 1, 2020.

• United HealthCare

UHC implemented changes to their community plan effective October 1, 2019. Initially, UHC required that all prior authorization requests for PT services had to be submitted by the referring physician. This requirement was met with significant resistance from PT's impacted by the program. UHC reversed this decision, however the initial authorization for therapy must also include a plan of care signed by the physician and treatment cannot be conducted on the same day of the PT evaluation. APTA payment staff continue to work with the chapters and UHC representatives to address these issues. APTA staff and payment chairs have a meeting scheduled with UHC representatives for February 13 in Denver, CO during CSM.

UHC/Optum Pain Program

The UHC out-of-pocket cost waiver program for new-onset low back pain began July 1, 2019 in several states (CT, FL, GA, NC and NY) for large group, choice/choice plus plans. It expanded as of January 1, 2020 to small group plans in AL, AR, FL, GA, LA, MS, NC, SC, TN and VA., and will now include self-insured plans (opt-in). Participating providers must be in network. The program will extend to large group plans in remaining states on July 1, 2020.

MANIPULATION/MOBILIZATION

• The Manipulation Education Manual draft has been completed. It is currently being reviewed prior to submitting to APTA.

ADVOCACY

Advocacy Grants

• The Academy of Orthopaedic Physical Therapy provided one advocacy grant (\$5,000) in 2019 to West Virginia Physical Therapy Association to support advocacy and legal efforts related to dry needling.

RESIDENCY AND FELLOWSHIP

- The Academy of Orthopaedic Physical Therapy provided one grant (\$3,000) to the University of Delaware Orthopaedic Manual Fellowship program to assist with the ABPTRFE application fee of a developing program.
- Currently 109 Orthopaedic Accredited Residency programs are listed on the American Board
 of Physical Therapy Residency and Fellowship Education (ABPTRFE) Directory of
 Residency Programs. In addition, 17 Orthopaedic residency candidate programs and 15
 developing programs are listed on the ABPTRFE residency directory.
- Currently 34 Orthopaedic Manual Physical Therapy Fellowship Programs are listed on ABPTRFE directory. In addition 3 more are in candidate status and 3 are in developing program status.
- The PC Committee and ORF-SIG collaborated on curriculum needs for residency and fellowship programs based on the DRP/DFP and the ABPTRFE Quality Standards. The following Independent Study Courses (ISCs) are available to include in the curriculum package:
 - ISC 29.3 Screening for Orthopaedics
 - ISC 26.1 Outcomes in Orthopaedic Physical Therapy Practice

The Committee and ORF-SIG will continue to explore options for enhancement and updates of the residency and fellowship curriculum.

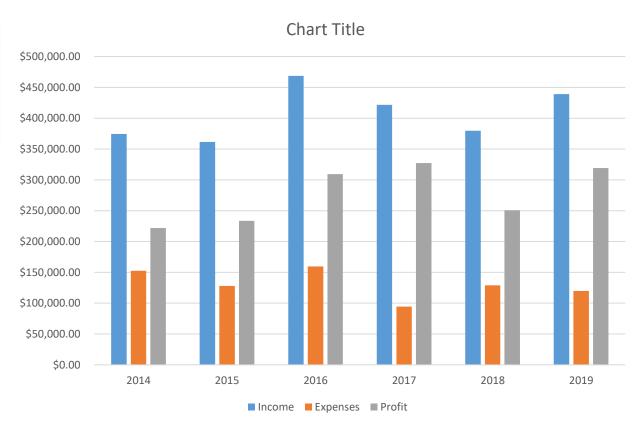
2014-2019 ISC Comparison

Independent Study Courses

	2014	2015	2016	2017	2018	2019
Income	\$ 374,353.61	\$ 361,393.54	\$ 468,767.95	\$421,695.00	\$379,624.00	\$ 439,041.00
Expenses	\$ 152,457.08	\$ 127,766.79	\$ 159,437.14	\$94,493.87	\$128,872.17	\$ 119,888.83
Profit	\$ 221,896.53	\$ 233,626.75	\$ 309,330.81	\$ 327,201.13	\$ 250,751.83	\$ 319,152.17

^{*}Current Concepts, 4th ed was released August 2016

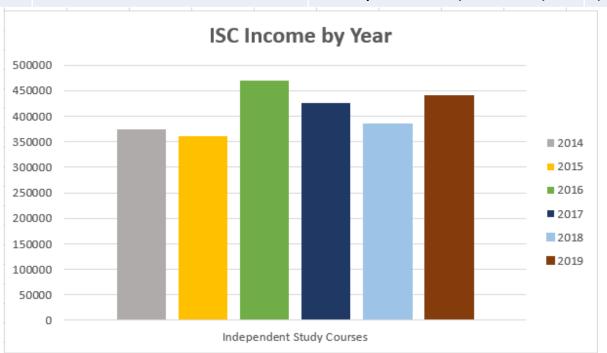
- Inflated income in 2016 and 2017 due to the release of Current Concepts, 4th ed
- 2014, 2015, and 2018- stable income with 2018 outperforming slightly



^{**}Note Expenses decreased in 2017 due to the implementation of Print on Demand

Return to Table of Contents

Year	Income	Expense	Profit
2014	\$374,353	\$152,457	\$221,896
2015	\$361,393	\$127,766	\$233,626
2016 (Current Concepts)	\$468,767	\$159,437	\$309,330
2017	\$421,695	\$94,493 JOSPT platform (\$38,500)	\$327,201 (\$288,701)
2018	\$379,624	\$128,872 LMS platform (\$28,300)	\$250,752 (\$193,596)
2019	\$439,041.00	\$119,888.83 LMS platform (\$34,449)	\$319,152.17 (\$284,703.17)



23,825.00

5,260.00

2,455.00

12,525.00

18,116.00

24,375.00

4,102.00

1,500.00

3,650.00

3,805.00

2,785.00

13,701.00

26,385.00

12,640.00

1577 \$ 393,271.00

94 \$

40 \$

30 \$

18\$

29 \$

38\$

140 \$

106\$

157

10%

67

4%

ISC Annual Sales – December 2019

27.3, Clinical Imaging*

28.2, The Shoulder

TOTAL

28.4, Pharmacology*

27.4, Frontiers in Orthopaedic Science*

28.1, PT Management of Concussion

28.3, The Lumbopelvic Complex

28.6, Special Collection Series: Hip

29.2, Neurology in Orthopaedics

29.3, Screening for Orthopaedics

TOTAL PERCENT OF SALES

28.7, Special Collection Series: Knee

28.8, Special Collection Series: Shoulder

27.1, Postoperative Management of Orthopaedic Surgeries*

28.5, Basic Research Methods for th PT Literature*

29.1, Physical Therapy Approaches to the Lower Quarter

COURSE	MEMBER ONLINE	MEMBER PRINT	NON-MEMBER ONLINE	NON-MEMBER PRINT	TOTAL COURSES SOLD	TOTAL SALES \$
25.1, Orthopaedic Care in Auto Injury	7	15	2	5	29 \$	3,535.00
25.2, Golf Injuries	35	12	8	1	56 \$	6,156.00
25.3.3, Alternative Special Topics	1	3	1	1	6 \$	828.00
25.3.6, Alternative Special Topics	0	2	1	3	6 \$	1,778.00
26.1, Outcomes in Orthopaedic PT Practice	3	10	C	0	13 \$	3 2,950.00
26.2, Current Concepts of Orthopaedic Physical Therapy	54	445	20	86	605 \$	5 222,900.00

62

25

12

60

42

57

18

14

25

40

88

75

1019

65%

16

10

21

16

20

16

11

13

11

52

24

334

21%

*Residency Curriculum Updates

OTHER COURSES

Other Courses	ONLINE	Column1	Column3	Column4	Column5	TOTAL SALES \$
Archived	46					\$ 5,650.00
Read To Learn	1					\$ 50.00
Residency Curriculum	29					\$ 29,525.00
Residency A la carte	4					\$ 8,890.00
Sale of Copyright	7					\$ 1,655.00
					Total Othe	r \$ 45,770.00
					Total Active	\$ 393,271.00
					Tota	1 \$ 439,041.00

2019 Initiatives to Test Value...Will Report on Response

GOING, GOING, GONE....SALE ON THOSE COURSES TO BE ARCHIVED AS OF YEAR END

Eblast announcement sent July 9, 2019; total of 72 orders in the last 7 months surpassing 2018 totals in this category.

INTRODUCTORY SALE (\$50 OFF FIRST 60 DAYS OF NEW RELEASE)

Ran October 1 – November 29 (60 days); Neuro in Ortho sales total 140 (we are \$262.96 from breaking even!)

SINGLE MONOGRAPH – PT EDUCATIONAL RESOURCES FOR THE SPINE PATIENT

(2 of the 39 brochures are available online for free access)

Available November 1, 2019 Great Resource, Low Cost! 9 orders since November 1

COMPLIMENTARY READING LIST-AVAILABLE FOR ALL

- Posted on website the reading list for the OCS as FREE FOR ALL!
- Our e-blast announcement from November 13 resulted in 809 clicks on this free resource

BLACK FRIDAY TO CYBER MONDAY DEAL

 4 days, 4 deals, 4 courses at a 25% discount – 66 course sales in 4 days; the unique observation regarding this total is that only 49 orders were for the courses on sale. We are building awareness of all courses that we offer!

HOLIDAY GIFT – SPECIAL COLLECTION SERIES: Hip, Knee, & Shoulder at 50% OFF

Promotion ran December 3 – December 24: 46 total sales

LOWERED ARCHIVED PRICING JANUARY 2020

E-blast announcing Great Deal on Archived Courses resulted in the sale of 19 archived courses in less than 24 hours; a total of 25 sales in January

We will continue to try new initiatives, test response, and refine our messaging to continue to serve our memberships needs.

JUST A QUICK NOTE REGARDING JANUARY 2020 SALES

✓ We started out the year strong with 148 sales

2019 Year-end Sales Total 1624; This is a 36% increase in # of courses sold and a 27% increase in profit from 2018!!

Comparison of Courses included in 25% off Sale										
	Auto Injury	Golf Injuries	Special Topics 3 Mono	Special Topics 6 Mono						
2018 Total Sales	14	20	6	5						
January - June 2019 Sales	10	20	2	3						
July - Dec 2019 Sales	19	36	4	3						

^{*25%} Off Sale began July 2019

Comparison of 2019 Sales Before & After Non-member Price Change							
Total ISC Sales –			Current Concepts Sales –				
August - December	880		August - December	333			
Member	738	84%	Member	253	76%		
Non-Member	142	16%	Non-member	80	24%		
Total ISC Sales - Jan-July	697		Current Concepts Sales - Jan-July	272			
Member	615	88%	Member	246	90%		
Non-member	82	12%	Non-member	26	10%		

^{*}Member vs Non-member sales have been tracked since January 2019. Prior to 2019, there was no tracking of sales as Member vs Non-member

Timelines for Release of New Courses

2020

ISC 30.1, The Running Athlete: Prevention and Intervention Strategies-

release Q1 2020

ISC 30.2, Tissue Tolerances –

release Q2 2020

ISC 30.3, Special Topics: Enhancing Performance Using a Mind, Body, Metric Approach – release Q4 2020

<u>2021</u>

ISC 31.1, Management of Headaches (3-monograph series) - TBD

ISC 31.2, Current Concepts of Orthopaedic Physical Therapy, 5th ed – TBD (typically Aug)

ISC 31.3, Manual Therapy (3-monograph series) – release TBD

Miscellaneous

- ✓ Developed an ISC table of contents for Current Concepts, 5th ed to provide consistency with all monographs in this series
- ✓ Editor transition has focused on 2021 ISCs; Current Concepts authors have been secured and contracts and master table of contents have been sent
- ✓ Revised ISC Instructions to Authors with input from the entire editorial team
- ✓ A Call for ISC Advisory Panel was sent to the membership; new advisory panel members were selected and will begin after CSM 2020
- ✓ An ISC Advisory Panel conference call was held January 15, 2020
- ✓ Proposed ISCs for 2022 are in the discussion stages
- ✓ ISC Advisory Panel Breakfast is scheduled for Thursday morning, February 12, 2020.
- ✓ Managing Editor & Assistant Executive Director completed training with Web CourseWorks on the Interactive Activity feature within the LMS
- ✓ Secured 60-day free trial of Articulate and am exploring capabilities within the software
- ✓ Managing Editor has completed a process for her own growth and leadership through Korn Ferry 360 Leadership Training with Bill Dickinson of C3 Leadership and has developed Key Responsibility Areas and 2020 Commitments

AOPT Nominating Committee Report February 4, 2020

Submitted by: Brian Eckenrode, PT, DPT (Nominating Committee Chair)

Committee Members and Terms:

Chair:

Brian Eckenrode 2017 – 2020

Members:

Michael Bade 2018 – 2021 Stephanie Di Stasi 2019 – 2022

Update on Committee Activities since October 2019 BOD Meeting:

1. The following individuals have won their respective elections from November 2019:

Vice President:

Lori Michener

Director:

Janet Konecne

Nominating Committee:

Annette Karim

2. Election Information

- Total number of ballots mailed (electronic & USPS): 18,761
- Total number of votes cast: 960
- Number of votes required for valid election: 938
- Total number of illegal votes: 0

3. Offices Open for Election in 2020-21

- Treasurer
- Non-officer Director (#4) and (#2)
- Nominating Committee Member

4. Incoming Nominating Committee Chair

Michael Bade

5. Recruitment Efforts

- a. Nominating Committee will formally meet on Thursday AM at CSM to strategically plan for the recruitment of candidates.
- b. Incoming Nominating Committee member will be briefed on current progress and responsibilities of committee.

Occupational Health SIG (OHSIG) Report February 2020

Submitted by: Rick Wickstrom, President Academy of Orthopaedic Physical Therapy, APTA

SIG Members and Terms:

President: Rick Wickstrom	2019-2022
Brian Murphy, Vice President/Ed Chair	2017-2020
Trisha Perry, Nominating Chair	2017-2020
Katie McBee, Nominating Member	2018-2021
Michelle Despres, Nominating Member	2019-2022
Frances Kistner, Research Chair	2017-2020
Cory Blickenstaff, Communications Chair	2019-2021
Lorena Payne, Practice Chair	2019-2021
Caroline Furtak, Membership Chair	2019-2021

Discussion Items for the Board:

Letter to the Editor of JOEM: OHSIG was contacted in August 2019 by our APTA liaison, Wanda Evans, to request official comments from the OHSIG to dispute assertions expressed in an article by Leung and colleagues published by JOEM in Aug 2019 titled "The Relationship of the Amount of Physical Therapy to Time Lost from Work and Costs in the Workers' Compensation System". This article implied that having more visits of PT contributed to high claims costs and lost-time. The article by Leung may be accessed at https://journals.lww.com/joem/Abstract/2019/08000/The Relationship of the Amount of Physical Therapy.2.aspx. The letter to the editor article was written by Rick Wickstrom, Lorena Payne, Ken Harwood was just published this month, along with the Author's response. The link to our letter is:

https://journals.lww.com/joem/FullText/2020/02000/Comment on The Relationship of the Amount of.21.aspx. The link to the authors response to our letter is: https://journals.lww.com/joem/FullText/2020/02000/Response to the Relationship of the Amount of.22.aspx.

Motions for the Board: None

Strategic Planning Updates:

Goal: Standards of Practice

Objective 1: Disseminate ICF-based Clinical Practice Guidelines (CPG)

• The Work Rehab Clinical Practice Guideline was submitted to the Academy of

Orthopaedic Physical Therapy CPG development group. The group required a new literature review. The search criteria were modified and a third literature search in March completed. The OHSIG-CPG development group has recently completed their review of additional articles (291) for data extraction. Work Rehab CPG Group will be meeting on Wed 4:30-6:30pm at CSM. The goal is to submit a revised version of the Work Rehab CPG in March 2020.

Objective 2: Deliver educational content

- The OHSIG pre-conference course was unfortunately cancelled due to not meeting the minimum sign-up requirements.
- OHSIG Special Program, Best Practices in Functional Capacity Evaluation: Raising the Bar, will be held Friday, February 14, 2020: 8:00 AM – 10:00 AM

Goal: Public Awareness

Objective 3: Promote the AOPT mission, vision and resource

- We completed formation of the Current Concepts Subcommittee under the Communications Committee (Term 2019-2021) for the purpose of updated the Current Concepts document on Role of the Physical Therapist in Occupational Health. The committee members will be meeting with OHSIG leaders over dinner on Thurs 7-10pm to discuss this approach and provide other feedback to strategic initiatives for the OHSIG.
- Rick Wickstrom participated in the focus group led by Janet Bezner on the AOPT Strategic Planning - Goal 2 Position members as experts in movement and functional performance

Goal: Research

- We are encouraging systematic reviews by teams of students to get more tests and measures in PTNow that are relevant to Occupational Health Practice. Rick Wickstrom recently submitted reviewer comment on the Purdue Pegboard Test that was submitted to PTNOW by Mindi Renfro and her students at Touro University.
- Rick Wickstrom participated in the focus group led by Janet Bezner on the AOPT Strategic Planning - Goal 4 - Evidence to Best Practices
- We are excited to have Marc Campo take on the role of Chair of the OHSIG Research Committee and has recruited several new committee members to support initiatives.

Goal: Advocacy

 Rick Wickstrom provided feedback to Janet Bezner on the AOPT Strategic Planning AOPT Strategic Planning - Goal 1: Enhance payment for services by demonstrating the value of physical therapy

• Objective 1: Formal communication process to support scope of practice issues

 Communication between APTA payment policy staff addressing workers compensation and OHSIG president continues. See public awareness, Goal 3, above.

- During the last meeting between APTA staff Wanda Evans, we agreed that the OHSIG should maintain its own state key contact list of Occupational Health resources
- Rick Wickstrom continues to support the Ohio Chapter in payment policy advocacy with the Ohio Bureau of Workers' Compensation on issues of concern related to authorization, quality guidelines and payment for functional capacity evaluations (FCE). Ohio BWC has committed to creating a special code and quality assurance guidelines for FCE to distinguish this complex evaluation from 97750 physical capacity testing. The Ohio Chapter continued to advocate for elimination of the physician referral requirement for a PT to submit a request for authorization of therapy services (direct access) in Ohio BWC. We have also requested that PTs be included in the definition of physician. This will build on the Ohio Chapter passing of legislation in Dec 2018 to get PT Diagnosis added to the PT Scope of Practice.

Objective 2: Disseminate payment policy information to members

- OHSIG continues quarterly emails to its members which includes payment policy related to worker compensation. Rick Wickstrom and Lorena Payne met with APTA staff liaison Wanda Evans on a bi-monthly schedule to share information of mutual interest.
- The Subcommittee for Current Concepts in Regulatory Compliance completed this
 update that was published in the current issue of OPTP. The members include Drew
 Snyder, Sean Bagbey, Rick Wickstrom, Gwen Snyder and Alison Helmetsie. We also
 created a version of this document to match the formatting and styling of other Current
 Concepts Documents that is accessible at:
 https://www.orthopt.org/uploads/content-files/files/Occupational Health Current Concepts Regualtory Complaince01-31-20.pdf

Goal: Member Engagement

 Rick Wickstrom provided feedback to Janet Bezner on the AOPT Strategic Planning AOPT Strategic Planning - Goal 3: Diversity and Inclusion

Objective 4: Strategies to enhance recruitment, retention, engagement

- OHSIG mentoring program is ongoing. First Mentor mentee program winding down. We sent out a survey monkey asking for input and experience. Next mentor program to kick off post CSM
- Membership statistics: OHSIG has 579 PTs, 3 PTAs, and no students.
- Steve Allison ran unopposed and was elected as Vice President/Education Chair. He will take over Brian Murphy. His background includes: Dr. Allison is a disabled Gulf Water U.S. Army Veteran and he currently serves as CEO of Functional Capacity Experts, LLC located in Bossier City, Louisiana. He has been licensed to practice physical therapy by the Louisiana Physical Therapy Board since 1993. He has focused his practice on providing a variety of occupational health services over the last 19 years. He is one of a few physical therapists in the U.S. recognized as a certified medical examiner for the Federal Motor Carrier Safety Administration. He served as the lead author of the 2018 Current Concepts

- in Functional Capacity Evaluation document for the OHSIG. He has been accepted as an expert witness in the areas of functional capacity testing and orthopaedic physical therapy by the Louisiana Office of Workers' Compensation Court, Louisiana District Court, and Federal District Court. He has also served as a job analyst expert for the EEOC.
- Jeff Paddock was elected from the three members running for Nominations Committee. His back ground includes: Jeff Paddock currently serves as the Director of OnSite services for WorkWell Prevention & Care. He graduated cum laude with a B.S. in Kinesiology from Louisiana State University, and subsequently earned an MBA from Florida State University and an MPT degree from LSU Health Sciences Center. He successfully completed the curriculum & testing to become a Certified Workers' Compensation Professional in Louisiana. He is a member of the AOPT as well as its OHSIG. He served two consecutive terms on the Finance Committee for the AGPT and one term as the AGPT State Advocate. He is also a member of the APTA's PPS and was named as an APTA Emerging Leader Award recipient. He is a guest lecturer to LSU DPT students, has taught hundreds of therapists through professional courses, and presents both regionally and nationally for the American Society of Safety Professionals (ASSP).
- OHSIG members who attend AOPT SIG Meet and Greet on Wed Feb 12 at CSM will
 receive a free OHSIG branded pull scale and hard hat stickers! This required some
 adaptations to the OHSIG logo for these spirit wear items that went through an approval
 process from our Board Liaison Lori Michener and Tara.



At Lori Michener's suggestion, Rick Wickstrom asked all the Committee Chairs in OHSIG
to contact the AOPT Chairs with a request to connect at CSM to discuss how OHSIG can
support the AOPT initiatives and visa versa.

Pain SIG Report February 2020

Submitted by: Carolyn McManus, President Academy of Orthopaedic Physical Therapy, APTA

PSIG Board Members and Terms

Carolyn McManus, President	2017 - 2020
Mark Shepherd, Vice President/Ed Chair	2018 - 2021
Dana Dailey, Research Chair	2017 - 2020
Craig Wassinger, Practice Chair	2018 - 2021
Derrick Sueki, Public Relations Chair	2018 - 2021
Michelle Layton, Membership Chair	2018 - 2021
Tasha Parman, Social Media Chair	2017 - 2020
Brett Nielsen, Nominating Committee Chair	2018 - 2021
Colleen Louw, Nominating Committee	2018 - 2020
Rebecca Vogsland, Nominating Committee	2019 - 2021

<u>Update on Activities Since October 2019</u> <u>Strategic Plan Updates</u>

<u>Goal 1. Practice</u>: Identify and promote best practice standards for pain management by physical therapy professionals.

Objective 1: Identify and disseminate information on evidence-based practice for pain diagnosis and treatment by physical therapy professionals

Action Items

1. Provide monthly emails to members and website posts on pain-related research and clinical pearl topics

- Dana Dailey coordinated research emails.
 - October Topic: submitted by Dana Dailey: Pain Sensitivity and Physical Activity
- Volunteer Bill Rubine and Carolyn coordinated Clinical Pearl emails.
 - November Topic: submitted by Bill Rubine: Changing the Conversation About Pain: An Online Pain Education Module and Patient Education Toolkit

2. Solicit manuscripts on pain-related topics for OPTP

• Katie McBee, DPT, OCS wrote an article titled Motivate to Rehabilitate: The Use of Motivational Interviewing in Physical Therapy Practice for the January 2020 OPTP issue.

3. Involve members in the Academy of Orthopaedic PT ICF-based Clinical Practice Guidelines process for pain diagnosis and treatment

 Pain SIG Practice Chair, Craig Wassinger, and Derrick Sueki have continued their involvement in the development of CPG for pain diagnosis and treatment. Derrick Sueki, along with PSIG members David Morrisette, PT, ATC, PhD, Joel Bialosky,PT, PhD and Joseph Godges, PT, DPT, MA, swill present a summary of the process along with evidenceinformed recommendations in the educational session, Clinical Practice Guideline for Education as an Intervention for Individuals with Musculoskeletal Pain, at CSM2020.

4. Develop a pathway for clinical specialization in the diagnosis and management of pain

• PR Chair, Derrick Sueki, PT, PhD, has continued efforts to advance our initiative to establish a pain specialty and residency/fellowship. To successfully address the needs within our profession, Derrick brought together physical therapy leaders from both clinical and academic settings with an interest in pain from a range of specialties, including orthopaedics, pediatrics, geriatrics and neurology. Jean Bryan Coe, PT, DPT, PhD, is our consultant for the project. In October 2019, Derrick Sueki, PT, DPT, OCS along with eight physical therapy pain leaders from across specialty areas met with Jeannie Bryan Coe at AOPT Headquarter in LaCrosse, WI to begin to develop a Description of Specialty Practice. This document will provide a framework to develop a survey to determine the need and elements involved in pain specialty practice and those required for residency and fellowship training. The target goal is to have a pilot survey ready for distribution in Spring 2020 with a goal of 500 respondents.

Objective 2: Provide high quality pain management education to physical therapy professionals **Action Items:**

1. Provide education sessions at CSM

- The proposed 2-day pre-conference course for CSM 2020 on the topic of pain Education Chair, Mark Shepherd, *Translating Science into Clinical Practice: A Pain Systems Approach to Treating those in Pain*, did not achieve the required threshold for registrations and was cancelled.
- The CSM 2020 PSIG educational session will be on Assessing and Classifying the Challenging Patient with Maladaptive Pain Behaviors with presenters Yannick Tousignant-Laflamme, PT, PhD, Chad Edward Cook, PT, MBA, PhD, FAPTA and Timothy H Widen. As PSIG president, I found it especially disheartening that neither Education Chair Mark Shepherd nor myself were included in this decision process nor informed of this decision in a timely manner. The latter left me in the position of conveying inaccurate information to PSIG members.

<u>Goal 2. Pain Education</u>: Transform society's understanding of pain and the role of physical therapy professionals in the management of pain

Objective 1: Promote inclusion of pain science education in entry-level PT education **Action Items:**

4. Develop a continuing education course that "educates the educator" on inclusion of IASP guidelines into every DPT program in the US

• The development of a 2-day pre-conference course is being led by Mark Shepherd and is envisioned as a template for a continuing education course that "educates the educator" that could be offered throughout the country. In discussions among PSIG Board members, our liaison, Joe Donnelly, and interested colleagues, we concluded the first step toward this goal is to develop a manual that covers the main topics of pain diagnosis and treatment that can serve as a resource for DPT educators. Mark has brought together a work group to achieve this goal that includes Craig Wassinger, Meryl Alappattu, Scott

Davis, Carol Courtneu, Beth Darnall, Marie Bement and Bill Rubine and myself. The workgoup will meet at CSM2020.

GOAL 3. Research: Promote specific physical therapy research funding initiatives that align with the Federal Pain Research Strategy and reflect the national urgency to effectively address the burden of pain.

Nothing to report

- **4.** Advocacy: Educate funding agencies, government officials and payors about the role and expertise of physical therapists in the non-pharmacological approach to pain management, prevention of opioid use, and treatment of opioid use disorder. Nothing to report.
- <u>5. Engagement</u>: Increase APTA member engagement with PSIG and partner with other professional associations that have a goal of advancing pain education, research, practice and advocacy.
 - Our membership is presently at 688

Objective 1: Promote membership and active engagement by members in PSIG projects and activities

Action Items

- 2. Invite members to participate in PSIG ongoing activities and special projects
 - PSIG members have been invited to contribute and have contributed to research and clinical pearl topics for monthly emails and articles for the PSIG section of OPTP.
 - PSIG members are involved in workgroups on goals for developing a Pain Specialty and Fellowship and the development of a pain education manual for DPT educators.

Performing Arts SIG (PASIG) Report February 2020

Submitted by: Annette Karim, President Academy of Orthopaedic Physical Therapy, APTA

SIG Leaders and Terms:

Annette Karim, President	2017-2020
,	
Tara Jo Manal, AOPT Board Liaison	2019-2021
Rosie Canizares, Vice President/ Education Chair	2019-2022
Brooke Winder, Nominating Committee Chair	2017-2020
Marisa Hentis, Nominating Committee	2018-2021
Duane Scotti, Nominating Committee	2019-2022
Andrea Lasner, Practice Chair	2018-2020
Dawn Muci, Communications Chair	2018-2020
Jessica Waters, Membership Chair	2019-2021
Sarah Edery-Altas, Research Chair	2018-2020
Anna Saunders, Scholarship Chair, subcommittee of Education	2019-2021
Laurel Abbruzzese, Fellowship Advisory Panel Chair, subcommittee of	2018-2020
Education	
Amanda Blackmon, Dancer Screening Chair, subcommittee of Practice	2019-2021
Janice Ying, Secretary, Communications	2019-2021
Marissa Schaeffer, Outreach Chair, subcommittee of Communications	2018-2020

Update on SIG Activities since October 2019

President

Finances

As of December 31, 2019

Encumbered:

\$1305.40 December 2018

- + \$3,290.00 CSM pre-conference
- + \$258.00 EMR course
- + \$45.00 Printed materials
- = \$4,898.40

Non-Rolling:

2019's remaining \$683.53 was not spent

2020: \$3,750.00 (thank you)

Swag was purchased and cost reflected in the next report.

We anticipate spending for sponsorship for IADMS and swag for CSM 2021

OPTP

The PASIG has contributed to the PASIG pages in Volume 31:4 and the current issue, 32:1. We have content for 32:2.

Fulfillment of SIG Purposes Report

This report has been submitted.

Strategic Planning

President participated in the AOPT Strategic planning and subsequent Zoom meetings with Janet Bezner.

Meeting with the PASIG leadership

The PASIG leadership met for a pre-CSM conference call to update the strategic plan and discuss the changes we need to address following the meeting with the AOPT president. This report reflects the updates. Present: Annette Karim, Rosie Canizares, Brooke Winder, Marisa Hentis, Andrea Lasner, Sarah Edery-Altas, Anna Saunders, Laurel Abbruzzese, Mandy Blackmon, Janice Ying, Jessica Waters, Pam Mikkelsen, Mark Romick. Absent: Duane Scotti, Dawn Muci, Marissa Schaeffer, Tara Jo Manal.

VP/Education

CSM 2020

For CSM 2020, we have educational sessions: "Movement Assessment and Return to Playing for the Instrumental Musician", by Janice Ying, Erin Hayden, and Lori Michener as our PASIG programming, and "Hanging in Thin Air: Pushing and Pulling in Rock Climbers', Circus Artists', and Gymnasts' Shoulders" by Duane Scotti, Jared Vagy, and Lori Michener and "Evaluation and Treatment of the Shoulder Girdle of Aerial Artists from a Movement Systems Perspective," by Emily Scherb and Lynette Khoo-Summers

CSM 2021

We are seeking speakers and content for both the conference PASIG main session, a preconference course, and potentially a post-conference course.

Student Scholarship

The student scholarship recipient is Hai-Jung (Steffi) Shih, a PhD student. Her study is titled, "Dancers with Flexor Hallucis Longus Tendinopathy Maintain Performance Despite Altered Lower Extremity Dynamics."

Fellowship Advisory Panel

Will continue to meet to build collaborations in education and research among fellowships and promote performing arts fellowship education.

Nominating Committee

Laurel Abbruzzese, who served for many years as the Fellowship Taskforce Chair, is the incoming PASIG president. She will begin her term after CSM.

Pam Mikkelsen is our new Nominating Committee member.

Mark Romanick will serve as Research Chair. Brooke Winder will serve as Outreach Chair.

Practice

Dancer Screening subcommittee

This subcommittee will continue to exist as members who provide dancer screens want to meet at CSM annually. A list of clinicians and academicians who are screening dancers is available upon request.

Communication

Website

We are working on updating the tab resources.

Content Experts

The PASIG will create an internal shared document list of content experts in various performing arts arenas.

Social Media

The PASIG has a closed Facebook page, "Performing Arts Special Interest Group (PASIG)", with 218 members. The PASIG is currently working with the AOPT to engage our PASIG members via the AOPT twitter feed.

Outreach

In addition to updating the content of the website resource tabs, the PASIG outreach committee has -created a document for performing arts unions and governing bodies on the role of the performing arts physical therapist to be posted on the PASIG website and disseminated to performing arts organizations.

-developed a resource page for physical therapists identifying performing arts unions, governing bodies and other resources available to support patients in the performing arts community.

Sponsorship

We will continue to sponsor at IADMS from our 2020 non-rolling funds. We would like to sponsor at a reduced rate as annual sustaining supporter level as done in the past two years, as we have negotiated an "in-kind" co-sponsorship. We have supported IADMS by providing educational content and had an AOPT-PASIG table at their conference. We will share their flyers at CSM 2020. For IADMS 2020, they will allow us to share our flyers in their conference bags.

Representation

The PASIG leadership presented at the following conferences: NEXT 2019, PAMA 2019, IADMS 2019, Dance USA 2019

Membership

There are currently 676 PASIG members.

Research

Awards

We will continue to provide a student award for a PASIG poster or platform.

We would like to provide a second award specifically for clinical research completed by Performing arts fellows.

For both awards we will add a stipulation that they will contribute one research article to the OPTP PASIG pages.

The 2020 scholarship recipient will contribute to the PASIG pages in OPTP.

Strategic Planning Updates:

The updated document is shown at the end of this report.

Motions for the Board:

We would like to provide a \$500 award for PASIG research presented at CSM by a performing arts fellow. Here is the motion. We are requesting this be drawn from the <u>2020</u> non-rolling account for 2021. Thank you for your consideration!

"I, Annette Karim, on behalf of the PASIG leadership, motion that a \$500 award is created from the 2020 PASIG non-rolling funds for PASIG research presented by a performing arts fellow at CSM 2021."

Performing Arts Special Interest Group
Academy of Orthopaedic Physical Therapy
American Physical Therapy Association
Strategic Plan (update, February 2020)

Mission Statement

The mission of the Performing Arts Special Interest Group (PASIG) is to be the leading physical therapy resource to the performing arts community.

Vision Statement

Advancing knowledge and optimizing movement and health of the performing arts community through orthopaedic physical therapist practice through the following guiding principles:

- · Identity
- · Ouality
- · Collaboration

Goals

- 1. <u>Identity:</u> The PASIG will have a consistent presence at major physical therapy and performing arts conferences.
- A. Design and sell/distribute PASIG swag.

The PASIG will distribute PASIG swag at CSM 2020 as well as wear our PASIG swagwear.

- B. PASIG will send at least one representative to each APTA national conference in 2019. PASIG leadership was represented at NEXT 2019
- C. PASIG will send at least one representative to an inter-professional conference. PASIG leadership was represented at IADMS 2019, PAMA 2019, Dance USA 2019.
- D. PASIG will create easily- accessible, valuable and evidence-based information to the performing arts community.

Outreach committee has completed resources for the community and content updates for our website.

2. <u>Quality:</u> PASIG will be a diverse and inclusive organization that produces high-quality education and research.

A. Increase diversity of PASIG leadership; PASIG executive team will include leaders from multiple geographical regions, genders, ethnicity/ races, years of clinical experience, PT role and performing arts genre by the 2020 election cycle.

Nominating Committee will continue to actively recruit a diverse slate of candidates in each election cycle (gender, ethnicity, PA genre, PT role, etc.).

- B. Increase diversity of PASIG membership. PASIG will increase membership by 5% in underrepresented demographics by February 2020. Assessment in process.
- a. Membership committee will survey current members in order to describe the demographic diversity of the PASIG. In progress.
- b. Membership committee will create and execute a plan to enhance member diversity with respect to gender, ethnicity, PA genre, (and any other underrepresented demographic).
- C. Improve evidence-based education offerings from PASIG targeted to physical therapists, student physical therapists, and the performing arts community.
- a. Identify members who can serve as content experts and provide resources to them to submit courses by CSM 2021.
- b. Create a course targeted at PTs/Students that can be offered separate from a major conference. Backstage EMR course given twice.
- c. Add 5 new PA clinical sites for entry-level DPT programs to the PASIG website list per year. We have added 3 new clinical sites to date.
- d. Curate/create 2 new PA fellowship resources per year and disseminate to PASIG members beginning February 2020. Ongoing.
- e. Create one evidence-based education offering for the performing arts community in 2020 (performing arts instructors, parents/families, performing arts students, performers). In process.
- D. Increase high quality performing arts research.
- a. Identify 2 grant sources that members can apply to for grant funding. AOPT, APTA Foundation, and NCCIH grants will be publicized in the citation blasts when available.
- b. Develop a plan to amass funds to support grant funding. Ongoing via educational resources and courses.
- c. Facilitate academic-clinical partnerships to support multisite research projects. Ongoing, with the addition of potential multi-site research projects from current performing arts fellowships.
- d. Develop a resource that residency and fellowship education programs can use to facilitate PA physical therapist research. PASIG Fellowship Advisory Panel Subcommittee and Research Committee will develop resources for residency and fellowship education programs to facilitate PA physical therapy research, and will present these resources at CSM 2020.

- E. Pursue corporate sponsorships.
- a. Identify one corporation to target for a sponsorship per year. PASIG Communications will create a list of targetable corporations for sponsorship.
- b. Create a one page "ask" document that can be used to request sponsorship.

3. <u>Collaboration:</u> PASIG will work collaboratively with inter and intraprofessional performing arts organizations to advance its vision and mission.

- A. PASIG will appoint members within the Outreach subcommittee to develop collaborative relationships with two professional performing arts organizations each year to help identify areas of need.
- a. PASIG created resource pages on the PASIG website to be made available to the performing arts community and medical professionals.
- B. Create and identify local/regional, formal/informal networking events for current and potential PASIG members.
- a. Identify 2 events per year. We had a vendor's table presence at the International Association of Dance Medicine and Science in October 2019.
- b. Notify members about events at least one month in advance of event using a variety of media (newsletter, email, social media, etc.). Ongoing.
- C. Develop inter-section collaborations for continuing education offerings, networking events, research partnerships, and other collaborative ventures.
 - a. Identify one section/academy with which PASIG can collaborate on a project in 2019. We have identified the Hand and Upper Extremity Rehabilitation Section and collaborated on a CSM 2020 main session submission. Accepted-Lynette and Emily's

The following is how the PASIG goals fit under the new AOPT strategic plan to date. This will be revised under the new PASIG president in 2020.

ACADEMY OF ORTHOPAEDIC PHYSICAL THERAPY, INC. 2020-2023 STRATEGIC PLAN

AOPT VISION STATEMENT

Lead the world in optimizing movement and musculoskeletal health.

AOPT MISSION STATEMENT

Empower members to excel in orthopaedic physical therapy

GOALS

- 1. Enhance payment for services by demonstrating the value of physical therapy.
- 2. Position members as experts in managing movement and functional performance.
- 3. Increase diversity of members and leaders.
- 4. Promote development and implementation of evidence for best practice.

AOPT Goal 1

Enhance payment for services by demonstrating the value of physical therapy. PASIG GOAL

Quality: PASIG will be a diverse and inclusive organization that produces high-quality education and research.

- A. Pursue corporate sponsorships.
- B. Provide resources for members on fee schedules

AOPT Goal 2

Position members as experts in managing movement and functional performance. PASIG GOAL

<u>Identity:</u> The PASIG will have a consistent presence at major physical therapy and performing arts conferences.

- B. PASIG will send at least one representative to each APTA national conference in 2019-2020.
- C. PASIG will send at least one representative to an inter-professional conference in 2019-2020.
- D. PASIG will continue the outreach subcommittee work in 2019-2020 to create easily-accessible, valuable and evidence-based information to the performing arts community. (meets AOPT aim #2 below, this information is going on tabs on our webpage)
- E. PASIG will continue the work of developing the Description of Fellowship Practice by promoting Performing Arts Fellowships

PASIG GOAL

Quality: PASIG will be a diverse and inclusive organization that produces high-quality education and research.

- A. Improve evidence-based education offerings from PASIG targeted to physical therapists, student physical therapists, and the performing arts community.
- B. Increase high quality performing arts research.

PASIG GOAL

<u>Collaboration:</u> PASIG will work collaboratively with inter and intra-professional performing arts organizations to advance its vision and mission.

- A. PASIG will appoint members within the Outreach subcommittee to develop collaborative relationships with two professional performing arts organizations each year to help identify areas of need.
- B. PASIG will create resource pages on the PASIG website to be made available to the performing arts community and medical professionals.
- C. Create and identify local/regional, formal/informal networking events for current and potential PASIG members.
- D. Develop inter-section collaborations for continuing education offerings, networking events, research partnerships, and other collaborative ventures.

AOPT Goal 3

Increase diversity of members and leaders.

PASIG GOAL

Quality: PASIG will be a diverse and inclusive organization that produces high-quality education and research.

- A. Increase diversity of PASIG leadership; PASIG executive team will include leaders from multiple geographical regions, genders, ethnicity/ races, years of clinical experience, PT role and performing arts genre
- B. Increase diversity of PASIG membership. PASIG will increase membership by 5% in underrepresented demographics

AOPT Goal 4

Promote development and implementation of evidence for best practice. PASIG GOAL

Quality: PASIG will be a diverse and inclusive organization that produces high-quality education and research.

- A. Improve evidence-based education offerings from PASIG targeted to physical therapists, student physical therapists, and the performing arts community.
- B. Increase high quality performing arts research.
- C. Provide additional research awards, pending non-rolling fund availability for PASIG research at CSM done by PA-fellows.

PASIG GOAL

<u>Collaboration:</u> PASIG will work collaboratively with inter and intra-professional performing arts organizations to advance its vision and mission.

- A. PASIG will appoint members within the Outreach subcommittee to develop collaborative relationships with two professional performing arts organizations each year to help identify areas of need.
- B. PASIG will create resource pages on the PASIG website to be made available to the performing arts community and medical professionals.

Animal Physical Therapy SIG Report February, 2020

Submitted by: Jenna Encheff, President Academy of Orthopaedic Physical Therapy, APTA

SIG Members and Terms:

Jenna Encheff, President	2019-2022
Stevan Allen, Vice President/Ed Chair	2017- 2020
Bryson Russell, Nominating Chair	2018- 2021
Lisa Bedenbaugh, Newsletter Coordinator	2009- Present

Update on APTSIG Activities since September, 2019:

- 1. The two nominating committee positions as well as the VP position for the upcoming cycles were successfully filled.
 - i. New Nominating Committee members:
 - 1. Nicole Windsor (3 yr.)
 - 2. Marilyn Miller (1 yr.)
 - ii. Incoming VP:
 - 1. Francisco Maia (3 yr.)
- 2. Attendance of SIG President at AOPT Strategic Planning Meeting in LaCrosse, WI, Oct. 2019. Initial revisions to APTSIG Strategic Plan begun.
- 3. Approval for name change of the former Animal Rehabilitation SIG to the Animal Physical Therapy SIG by board. Website and materials are currently being updated with name change; blast email sent out to inform members
- 4. Conference call with incoming VP, current President, current Nominating Committee Chair, AOPT Board liaison, and AOPT Assistant Executive Director completed on 1/29/19. Discussion and revision of APTSIG strategic plan to continue at CSM with former and incoming VP and President.

Discussion Items for the Board:

N/A

Motions for the Board:

N/A

Strategic Planning Updates:

The SIG remains intentional about integrating all action plans as part of achieving its current strategic goals. Current activities include: conducting CE courses, engage in state political advocacy to encourage a change in laws & regulations related to PTs treating animals, exploring mechanisms to enhance the evidence of animal physical therapy through collaborative research, and promoting the treatment of animals by physical therapists in both national and international venues. Plan for current and incoming officers to meet and discuss revisions to current strategic plan at CSM to ensure alignment with revise AOPT Strategic Plan developed in Oct., 2019.

Challenges for 2020:

- 1) Onboarding of incoming officers to ensure consistency, yet growth and direction, of APTSIG
- 2) Engaging APTSIG members in activities, roles, action items, etc.
- 3) Recruiting additional SIG members to sustain long-term strategic action plans
- 4) Encouraging SIG members to participate in APTSIG activities/needs
- 5) Scheduling, promotion, and delivery of APTSIG CE courses

Orthopaedic Residency/Fellowship SIG (ORFSIG) Report January 2020

Submitted by: Matt Haberl, President Academy of Orthopaedic Physical Therapy, APTA

SIG Members and Terms:

Matt Haberl, President 2018-2021

Kathleen Geist, Vice President 2018-2021

Melissa Dreger, Nominating Chair 2019-2020

Update on SIG Activities since CSM 2019:

(Please provide key information as Bullet Points:)

PRESIDENT UPDATE:

- ORF-SIG / AAOMPT Residency and Fellowship Career Fair: Over 55 Programs signed up!
 - Attendees contact information to be captured via QR codes linked to google survey and AOPT website for resources.
- **ABPTRFE Primary Health Conditions:** Reviewing at their May meeting given the discontinuation with the use of Primary Health Conditions by the Outcomes Registry.
- ABPTRFE Response letter to AOPT Policy and Procedures Concerns: Letter has been posted to the APTA Communities HUB for additional comments.
- **RF-PTCAS:** Ryan Bannister from the APTA met with Res/Fellowship Special interest Group leadership in November regarding the use of RF-PTCAS.
 - Common Application / Offer Date: Needs to be determined by specialty group. For success usually requires near 100% inclusion and consistency. Specialty group can then bring to RF-PTCAS if they wish to include.
 - Only 48% of ORTHO programs interested
 - Would need to change quarterly deadlines versus the current annual one to assist programs given different deadlines etc.
 - Sports still has less than 50% where they continue to have challenges.
 - Matching system: Requires common application date first. Pediatrics is transitioning to this which will require another vendor to work with RF-PTCAS. The cost for this is being passed on to the applicant. Pilot run is this next year. Cardio-Pulm is looking into the matching system.
 - Push Notifications: ORF-SIG asked about using "push" notifications to applicants of pending deadlines/open positions given certain programs having trouble filling their openings. Reported they would look into this but not until Oct 2020.
- **Strategic Plan:** Have transitioned several initial goals to now operations and are currently updating previous plan to align with AOPT new Mission and Goals.

COMMITTEE Updates:

Research: Kathleen Geist, Mary Kate McDonnell

- **CSM Pre-Con Course:** Beyond the Basics: Design and implementation of best practice in residency and fellowship clinical education expected to have 60 participants
- CSM Poster Presentations awards to be published in OP: Kathleen Geist and Mary Kate
 McDonnell will be judging poster presentations submitted under "Residency Case Report." Two
 winners will be selected at CSM where authors will be asked to fully publish in OP magazine. The
 ORF-SIG will then award these individuals the following year at CSM with a monetary award and
 plaque.
 - The ORF-SIG is going to work with the Imaging SIG in streamlining this process. Currently we do not have a process for capturing Fellowship posters.

Practice/Reimbursement: Darren Calley

Mentorship Survey: Survey is complete and ready to send out to program directors. Look for this
to be sent out shortly after CSM. Will look to collaborate with AAOMPT for potential additions
on differences in mentoring in a fellowship vs residency.

Membership: Bob Schroedter

- **Membership Survey:** We had an initial low response of just 33 members. Will try to capture more at CSM.
- **Website development:** Working on the development of the resident/fellow experience. Have held until AOPT updates their platform.
- National Student Conclave: Kathleen Geist represented the ORF-SIG at the AOPT booth in Albuquerque, NM for the final NSC conference.
- Upcoming CSM Events
 - o 2/12/20 8:00am-5:00pm: Pre-Conference Programming Beyond the Basics: Design and implementation of best practice in residency and fellowship clinical education
 - o 2/12/20 7:00-8:30pm: AOPT Special Interest Group Meet and Greet
 - o 2/13/20 8:00-9:30pm: Ortho Res/Fellowship Career Reception
 - o 2/15/20: 7:00-7:45am: ORF-SIG Business Meeting

Communications: Kirk Bentzen, Kris Porter, Kathleen Geist, Matt Haberl

- See Presidents Updates via ABPTRFE Leadership meetings and response letter.
- Ankle and Foot Advance Clinical Practice Analysis: Kris Porter has been working with the Ankle and Foot SIG in completing the AF-Practice Analysis which they are hoping to release soon.

SUBCOMMITTEES:

<u>Curriculum</u>: Molly Malloy, Dave Morrisette, Linda Dundon, Kathleen Geist

- Continue to work with Academy of Education Res/Fellowship Special interest group in providing resources to programs via the "Think Tank."
 - o https://aptaeducation.org/special-interest-group/RFESIG/think-tank-compendium.cfm
- Additional resources:

- O Marquette University has an online research for residents and fellows talk that residency programs can purchased at a discounted rate for APTA members and proceeds go to the MU PT scholarship fund:
- o https://www.marquette.edu/health-sciences/continuing-ed-clinical-research.php
- Addition of two Monographs (Outcomes and Screening in Orthopaedic PT)
 - O New price- \$500

ACAPT: Kirk Bentzen & Carrie Schwoerer

• Will discuss discontinuing this discussion at CSM due to limited movement.

Applicant Sharing/RFPTCAS: Steve Kareha, Kirk Bentzen

• Requested Ryan Bannister come to an upcoming ORF-SIG meeting to assist programs in utilization of software.

PD Admin Survey: Kathleen Geist, Steve Kareha, Kris Porter,

Results of survey were published in Orthopaedic Practice Magazine Volume 31 Version 4 2019.
 This Sub Committee has completed its initial purpose and will be discussing any next steps at CSM.

LIAISON Updates:

Academy of Education Residency and Fellowship SIG: Christina Gomez

- Have developed a Director/ Coordinator Mentorship Program and will be meeting at CSM
- Recently interviewed Linda Csiza, ABPTRFE Staff, regarding the ACIR. Podcast is available online.
- Looking to create short podcasts highlighting each specialty area to market residency and fellowship education.

AAOMPT: Bob Schroedter-

- Currently working with the ACF-SIG within AAOMPT in discussing possible collaboration in areas of mentorship across the professional life span, etc.
- AAOMPT continues to make progress with their

Academy of Orthopaedic Physical Therapy - 2019 Historian's Report – Tyler Shultz, PT, DPT, OCS

The Academy of Orthopaedic Physical Therapy had much to be thankful for in 2019, as it was a year of celebration and change for the Academy. Most notably, the Academy celebrated it's 45th Anniversary! Additionally, the Academy welcomed a new President, Dr. Joseph Donnelly. The Academy continued to experience healthy membership levels, clear leadership, and made contributions to the profession in the terms of education, research, and advancing orthopaedic physical therapy practice.

MEMBERSHIP:

The current strategic position of the Academy was set up by current and past leadership and staff, and supported by hard work from many section volunteers. The Academy's current strategic plan was developed to guide the Academy until 2020. In October of 2019, Academy leadership convened to develop the next strategic plan, which will continue to guide the Academy towards meeting its mission in the years to come.

Total Academy membership at the close of 2019 was 19,412 members, a slight increase of 0.2% from 2018. The AOPT membership increase of 0.2% outpaced the APTA total growth rate, which was -0.13%. A three-year, year-over-year membership comparison to APTA change is seen in Figure 1 below. AOPT membership numbers continue to remain relatively stable over the past three-year period, with membership at or above 19,000. Total membership in the Academy (PT, PTA, SPT, SPTA members) represents 18.7% of overall APTA membership. The Academy continues to be the largest section in the APTA by a wide margin. The next largest section is he Academy of Neurologic Physical Therapy with 6,364 members.

	AOPT Members	AOPT YoY # Change	AOPT YoY % Change	APTA YoY % Change
2019	19,412	+39	+ 0.2%	- 0.13%
2018	19,373	-340	- 2.03%	+ 2.51%
2017	19,713	+ 173	+ 0.88%	+ 6.07%*

Figure 1.

LEADERSHIP:

Academy Leadership:

President	Joseph M. Donnelly PT, DHSc, OCS, FAAOMPT (Hon.)	
Vice President	Vice President Lori Michener, PT, PhD, ATC, SCS, FAPTA	
Treasurer	Kimberly L. Wellborn, PT, MBA	
Director	Aimee Klein, PT, DPT, DSc, OCS	
Director	Tara Jo Manal, PT, DPT, OCS, SCS, FAPTA	

Academy Committees:

- o Membership Chair: Megan Poll, PT, DPT, OCS
- Education Chair: Nancy Bloom, PT, DPT, MSOT
- o OPTP Editor: John Heick, PT, PhD, OCS, NCS, SCS
- o ISC Editor: Chris Hughes, PT, PhD, OCS
- o Research Chair: Dan White, PT, ScD, MSc, NCS
- Practice Chair: Kathy Cieslak, PT, DScPT, MSEd, OCS
- o Finance Chair: Kimberly L. Wellborn, PT, MBA
- Nominating Chair: Brian Eckenrode, PT, DPT, OCS
- o Public Relations Chair: Adrian Miranda, PT, DPT

^{*2016-2017} was the year of 100k APTA Membership Drive

Awards Chair: Marie Corkery, PT DPT, MHS, FAAOMPT

Special Interest Groups (SIGs):

- Occupational Health SIG; President: Rick Wickstrom, PT, DPT, CPE
- o Foot and Ankle SIG; President: Christopher Neville, PT, PhD
- o Pain Management SIG; President: Carolyn McManus, MSPT, MA
- Performing Arts SIG; President: Annette Karim, PT, DPT, PhD, OCS, FAAOMPT
- o Animal Rehabilitation SIG; President: Jenna Encheff, PT, PhD, CMPT, CERP
- o Imaging SIG; President: Charles Hazle, PT, PhD
- Residency/Fellowship SIG; President: Matt Haberl, DPT, OCS, ATC, CSCS, FAAOMPT

Academy Staff:

- o Terri DeFlorian, Executive Director
- o Tara Fredrickson, Assistant Executive Director
- Sharon Klinski, Managing Editor
- Leah Vogt, Executive Assistant
- o Brenda Johnson, Clinical Practice Guidelines Coordinator
- Avery Gerstenberger, Marketing Intern

STANDARDS OF PRACTICE:

The Academy has continued to make significant progress towards its goal to "support the development and distribution of resources that promote the provision of best practices in orthopaedic physical therapy." The Academy's plan to accomplish this goal involves the publication of Clinical Practice Guidelines (CPGs) and continuing to develop advanced methods for providing educational content through the Independent Study Course (ISC) program. The Academy continued to make significant progress towards both initiatives in 2019.

Currently, there are 14 CPG topics covered with 6 being on their second update since initial publication for a total of 20 publications. At the close of 2019, there are 6 CPGs in the revision stage and 10 are in the development stages. The following CPGs were added in 2019, and published in the *Journal of Orthopaedic and Sports Physical Therapy (JOSPT)*:

- Hand Pain and Sensory Deficits: Carpal Tunnel Syndrome (May); by Mia Erickson et al.
- Patellofemoral Pain (September); by Richard Willy et al.

There were no guideline topics with published revisions in 2019.

The Independent Study Courses (ISCs) offered by the Academy have been transitioned to an online/online plus print system, available at orthoptlearn.org. Additionally, the ISCs continue to be an important contributor to the non-dues revenue of the Academy. The high-quality repository of topics continues to be developed and made available to both members and non-members of the Academy.

EDUCATION AND PROFESSIONAL DEVELOPMENT:

The Academy has continued to make progress toward education and professional development on several fronts. The Academy has continued to develop its Annual Academy Meeting (AOM), advanced the participation at Combined Sections Meeting (CSM), increased growth of Orthopaedic Residency and Fellowship education, and continued to develop the Mentorship Program.

The 6th Annual Academy Meeting (AOM) was held April 5-7, 2019 in Broomfield, CO. The focus of this year's meeting was Performance Enhancement Across the Lifespan. The AOM continues to provide exceptional content for continuing competence in an environment that balances a didactic and hands-on learning experience which is unique for conferences of this size. 121 were in attendance, which is a decrease compared

to 2018. Attendance for this conference has trended down for 3 consecutive years. 2020 AOM will be held in Minneapolis, MN and the focus is on Head, Spine, and Shoulder Disorders.

The 2019 Combined Sections Meeting was held January 23-26 in Washington DC. The event drew more than 12,000 attendees. The Academy accepted and presented 27 educational sessions and sponsored 1 preconference courses. 2020 CSM will be held in Denver, CO and the Academy looks forward to continued growth in attendance by Academy members as well as sponsored course content.

Orthopaedic residency and fellowship education has continued to increase in 2019. The American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) recognized 109 accredited Orthopaedic Residency programs at the end 2019. Additionally, there are 17 candidate programs and 15 developing programs. The ABPTRFE recognizes 34 Orthopaedic Manual Physical Therapy Fellowships and 2 Spine Fellowships at the close of 2019. There are currently 3 candidate programs and 3 developing fellowships in Orthopaedic Manual Physical Therapy and 1 candidate and 2 developing fellowships in Spine.

The Membership Committee continued to sponsor the Mentorship Program in 2019 which matched 15 students. Areas of mentoring include research, academics/teaching, manual therapy, leadership, and private practice. The program is led by Megan Poll, PT, DPT, OCS, Membership Chair.

RESEARCH:

In 2019 the Small Grant Program sponsored by the Academy awarded over \$110,000 to researchers to further orthopaedic physical therapy research. This included \$30,000 for a new investigator grant and \$50,000 for a Career development grant.

Additionally, the Academy funded the newly formed Implementation Science Institute, which is a two-day educational workshop on Implementation Science from the Center on Health Services Training and Research (CoHSTAR). The funding of this program also included money for travel awards to be used for 5 AOPT members to attend. The funding of the Institute and the travel awards is for 2 years, starting in 2020. The first will be held in Providence, RI in May 2020.

AWARDS PROGRAM:

Award	2019 Recipient
Outstanding PT Student	Nicholas Gulla, SPT Thomas Jefferson University
Outstanding PTA Student	Logan Simpkins, SPTA Somerset Community College
James A. Gould Excellence in Teaching Orthopaedic Physical Therapy	Paul Mintkin, PT, DPT, OCS, FAAOMPT University of Colorado-Denver
Rose Excellence in Research	Allyn Bove, PT, DPT University of Pittsburgh
Richard W. Bowling - Richard E. Erhard Orthopaedic Clinical Practice	Stephen Hunter, PT, DPT, OCS Intermountain Healthcare
Paris Distinguished Service	Gerard Brennan, PT, PhD, FAPTA Intermountain Healthcare

SUMMARY:

As the Academy celebrated it's 45th Anniversary, it continued to make important progress towards advancing orthopaedic physical therapy leadership, practice, and research. It is important to recognize the achievements and the journey of the past 45 years, and while doing so beginning to plan for the challenges of the future. In 2019, the Academy continued to make progress consistent with past year-to-year performance, and should expect continued positive trajectory.