

BRIDGING THE GAP BETWEEN THE WORKPLACE AND THERAPY CLINIC

Independent Study Course 32.4

Activity Limitations

Workplace Demands

Therapy Care and Job Modifications

Learning Objectives

The intent of this monograph series is to prepare therapists and other health practitioners to:

1. Deliver health promotion services that relate to employer programs for wellness, physical fitness, and population health.
2. Assess functional job demands for job accommodation and design job fitness exams.
3. Promote early intervention for workers who are unable to perform usual job duties.

Description

This course is coordinated by the Occupational Health Special Interest Group (OHSIG) of the Academy of Orthopaedic Physical Therapy, APTA. The aim is to provide the clinician with essential information to develop an advanced practice in occupational health, consistent with the OHSIG vision of *optimizing movement, musculoskeletal health, and work participation from hire to retire*. Accordingly, the combined information from the 3 monographs listed to the right is intended to guide the reader through the understanding and process of providing comprehensive occupational health services benefiting both the employees and employers.

Discussed comprehensively is the role of therapists to assist employers with *Total Worker Health*® policies, programs, and practices that integrate protection from work-related safety and health hazards with promotion of injury and illness-prevention efforts to advance worker well-being. Course highlights include best practice examples and regulations to optimize design of workplace wellness, functional job analyses, functional employment tests, and entry point care models for the evaluation and management of musculoskeletal injuries, including the use of transitional work or simulated work tasks to promote stay-at-work or return to work after injury or illness.

For Registration Fees and Additional Questions,
visit orthopt.org

Topics and Authors

Total Worker Health® Protection and Promotion Programs

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Functional Job Analysis and Employment Exams

Moyo B. Tillery, PT, DPT, OCS, FAAOMPT; Roderick C. Stoneburner, MS, CRS (rtd); Rick Wickstrom, PT, DPT, CPE, CME

Entry Point Care for Workers with Job Participation Barriers

Jennifer Klose, PT, DPT; Alison Helmsiesie, PT, DPT, OCS, Cert MDT; Michael Ross, PT, DHSc, OCS, FAAOMPT; Jennifer Gaul, PT, OCS, CSCS

Collective Glossary of Occupational Health Terminology

Rick Wickstrom, PT, DPT, CPE, CME;
Steve Allison, PT, DPT, OCS, CME

This is the first course for the Occupational Health Advanced Practitioner (OHAP) certification program. Stay tuned for our next course for OHAP certification, *Advanced Therapy Programs in Occupational Health* (15 credits), that is scheduled for release for the Spring 2022. Participants who complete both of these prerequisite courses may proceed to the certification phase of our OHAP program.

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