

**Performing Arts SIG (PASIG) Report  
2019 January BOD Meeting  
La Crosse, WI**

**Submitted by:  
Annette Karim, President  
Academy of Orthopaedic Physical Therapy, APTA**

**SIG Members and Terms:**

Annette Karim, President	2017-2020
Lori Michener, Academy Board Liaison	2017-2020
Rosie Canizares, Vice President/ Education Chair	2016-2019
Jessica Fulton, Nominating Committee Chair	2016-2019
Brooke Winder, Nominating Committee	2017-2020
Marisa Hentis, Nominating Committee	2018-2021
Elizabeth Chesarek, Membership Chair	2018-2020
Sarah Edery-Altas, Research Chair	2018-2020
Laurel Abbruzzese, Fellowship Taskforce Chair	2018-2020
Dawn Muci, Public Relations Chair	2018-2020
Amanda Blackmon, Dancer Screening Chair	2018-2020
Anna Saunders, Scholarship Chair	2017-2019
Janice Ying, ISC Chair	2017-2019
Megan Poll, Secretary	2017-2019
Andrea Lasner, Practice Chair	2018-2020
Marissa Schaeffer, Outreach Chair	2018-2020

## **Update on SIG Activities since June 2018:**

### **CSM 2019**

*The PASIG will provide Academy of Orthopaedic Physical Therapy programming for CSM 2019*

#### Preconference:

- On January 22 & 23, 2019, the Performing Arts and Imaging Special Interest Groups of the Academy of Orthopaedic Physical Therapy, APTA will be jointly sponsoring a 2-day course in Washington, DC entitled "Musculoskeletal Sonography of the Lower Limb Focused in Sport & Performing Arts." Presenters will include Megan Poll, Doug White, Marika Molnar, and Scott Epsley, who have extensive experience in use of real time ultrasound imagery augmenting the clinical examination in athletes and performing artists.

#### Main Session:

- Our main programming will take place on January 24<sup>th</sup> at 8 AM. "Olympian to Novice: Using Evidenced-Based Screening for the Performing Artist" will be the PASIG educational session during CSM, presented by Kristen Schuyten, who was the physical therapist who traveled to PyeongChang for the 2018 Olympics with Team USA for Figure Skating.

#### Meetings:

- The PASIG membership meeting, Outreach Committee, Fellowship Taskforce, and Dancer Screening Q&A will also be conducted at CSM 2019.

#### Post-conference:

- The PASIG will co-sponsor an Emergency Medical Response Course January 27-28 at the University of Delaware.

### **Finances**

Encumbered: \$1,306.00

2019 Non-rolling balance: \$2,150.00

### **OPTP**

The PASIG has contributed to the PASIG pages with three new articles.

- Volume 30, Number 3: From the Inside of the Performing Arts Fellowship by *Tessa Kasmar, PT, DPT, Performing Arts Fellow-in-Training, The Ohio State University Wexner Medical Center*

- Volume 30, Number 4: Playing-related Musculoskeletal Pain among College-level Music Students Before and After an Informative Lecture by a Physical Therapist by *Caryn Pierce, PT, DScPT, JSCC, BCSI, MTC; Lori Walton, PT, DPT, PhD, MPH(s); Elizabeth Oakley, PT, DPT, DHSc; Rose Caceres, PT, DPT; Hilary Sadow, PT, DPT; Kirstin Yoder, PT, DPT*
- Volume 31, Number 1: Ischial Tuberosity Avulsion Fracture in an Adolescent Dancer: A Case Report by *Megin Sabo John, PT, DPT, OCS, Minnesota Dance Medicine Foundation*

### **New Volunteers**

- Marissa Schaeffer has been appointed Outreach Chair. She has 12 committee members. She is currently working on creating relationships with performing arts organizations with the goal of networking, access to performing arts physical therapists and public education on what the PASIG does.

### **Membership**

- There are currently 675 PASIG members. The PASIG Twitter handle is, “Performing Arts PT”. There are 624 followers. The PASIG also has a closed Facebook page, “Performing Arts Special Interest Group (PASIG)” with 187 members.
- This year we will distribute PASIG swag at our membership meeting. These are samples of our swag:



### **Fellowship**

- The Performing Arts Description of Fellowship Practice (DFP) was approved by the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE). The DFP is now available on the ABPTRFE website.  
[http://www.abptrfe.org/uploadedFiles/ABPTRFEorg/For\\_Programs/DFPs/ABPTRFE\\_PerformingArtsFellowshipDFP.pdf](http://www.abptrfe.org/uploadedFiles/ABPTRFEorg/For_Programs/DFPs/ABPTRFE_PerformingArtsFellowshipDFP.pdf)

## **Awards**

- The PASIG will award a \$1,000 Lifetime Achievement Award to Marika Molnar at CSM 2019. (pending BOD approval)
- CSM 2019 student award recipient is Alyssa Anderson for her study, “Flexor Hallucis Longus Tendon Morphology in Dancers With and Without Tendinopathy.” [alyssaa@usc.edu](mailto:alyssaa@usc.edu)

## **Sponsorship**

- The PASIG sponsored IADMS 2018 with Mandy Blackmon and Andrea Lasner representing us. We will continue to sponsor at IADMS from our non-encumbered funds.

## **Representation**

- The PASIG was represented at the National Student Conclave 2018. We thank the AOPT for the opportunity. Rosie Canizares was our representative.
- Our officers will wear PASIG/AOPT swag wear at CSM 2019. We may consider selling our swag wear as pre-paid items.

## **Strategic Planning Updates:**

- The PASIG has continued to meet during a summer conference call and will meet at CSM 2019. Janet Bezner has been our facilitator. The leadership has been working on the document via a Google document. The current document is shown at the end of this report.

## **Motions for the Board:**

Motion from Lori Michener our AOPT liaison regarding the Lifetime Achievement Award.

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*Thank you for your consideration!*

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**Performing Arts Special Interest Group**  
**Academy of Orthopaedic Physical Therapy**  
**American Physical Therapy Association**  
**Strategic Plan (update, January 2019)**

**Mission Statement**

The mission of the Performing Arts Special Interest Group (PASIG) is to be the leading physical therapy resource to the performing arts community.

**Vision Statement**

Advancing knowledge and optimizing movement and health of the performing arts community through orthopaedic physical therapist practice through the following guiding principles:

- *Identity*
- *Quality*
- *Collaboration*

**Goals**

**1. Identity: The PASIG will have a consistent presence at major physical therapy and performing arts conferences.**

A. Design and sell/distribute PASIG swag. The PASIG has completed the goals we set out in this regard and we will distribute PASIG swag at CSM 2019 as well as wear our PASIG swag wear. We may consider selling swag wear as pre-paid orders in the future.

- a. Design a PASIG brand that is inclusive of multiple performing arts genres and diverse demographics. See above
- b. Order products with PASIG brand for distribution (T-shirts, caps, hoodies, water bottles, cell phone accessories, pinkie balls, etc.) [with budget limitation for initial order]-  
-See above

B. PASIG will send at least one representative to each APTA national conference in 2018-2019.

- a. Identify which PASIG members will attend each 2018-2019 conference. PASIG VP Rosie Canizares attended National Student Conclave in Providence, RI, October 11-13, 2018 with support from AOPT. The PASIG Leadership and Membership meetings will occur at Combined Sections Meeting in Washington, DC, January 23-26, 2019 with some support from AOPT. Performing Arts Fellow Tessa Kasmar has submitted an abstract for NEXT in Chicago, IL, June 12-15, 2019 and was accepted.
  - b. Commit to completing a master schedule on PASIG Leadership's shared Google Drive of members who will represent PASIG at each conference for the next 5 years. The PASIG Leadership and Membership meetings will continue to occur at each CSM. A list of PASIG members who are presenting at 2018-2019 conferences will be compiled at CSM 2019.
- C. PASIG will send at least one representative to an inter-professional conference in 2018-2019.
- a. Identify which inter-professional conference a PASIG member will attend in 2018-2019. PASIG will be a sponsor of the 28th Annual Conference of the International Association for Dance Medicine & Science (IADMS) in Helsinki, Finland, October 25-28, 2018.
  - b. Appoint one PASIG member to attend chosen 2018-2019 inter-professional conference. Practice Chair Andrea Lasner and Screening Chair Mandy Blackmon attended the 28th Annual Conference of IADMS. Janice Ying, Annette Karim, and Brooke Winder attended the Performing Arts Medicine Association's 2018 annual conference. Janice Ying is on the leadership team of PAMA. Annette Karim, Mandy Blackmon, and Andrea Lasner attended the Dance USA 2018 annual conference and will attend the 2019 conference, as contributing members of the Dance USA Taskforce on Dancer Health. Annette Karim abstract to PAMA 2019 was accepted, so she will attend.
- D. PASIG will form an outreach committee in 2018-2019 to create easily-accessible, valuable and evidence-based information to the performing arts community.
- a. PASIG will appoint an Outreach Committee Chair by June 2018. Marissa Schaeffer has been appointed Outreach Committee Chair.
  - b. The PASIG Outreach Chair will form an Outreach Committee by October 2018. Marissa has 12 committee members currently.
  - c. Outreach Committee will commit to a primary platform on which to develop evidence-based resources and content for the performing arts community by February 2019.

d. PASIG Outreach Committee will share generated evidence-based resources and content with the performing arts community on its chosen platform by December 31, 2019.

e. The Outreach Committee will address the PASIG strategic plan clauses \_\_\_\_ and assign Committee members to carry out each clause by November 1, 2018.

2. **Quality: PASIG will be a diverse and inclusive organization that produces high-quality education and research.**

A. Increase diversity of PASIG leadership; PASIG executive team will include leaders from multiple geographical regions, genders, ethnicity/races, years of clinical experience, PT role and performing arts genre by 2020 election cycle.

a. Nominating Committee will actively recruit a diverse slate of candidates in each election cycle (gender, ethnicity, PA genre, PT role, etc.) by Dec. 2018.

b. PASIG will identify a role(s) that student members can serve in PASIG leadership by June, 2019.

B. Increase diversity of PASIG membership. PASIG will increase membership by 5% in underrepresented demographics by Dec. 31, 2019.

a. Membership committee will survey current members in order to describe the demographic diversity of the PASIG by March, 2019.

b. Membership committee will create a plan to enhance member diversity with respect to gender, ethnicity, PA genre, (and any other underrepresented demographic) by June, 2019.

c. Membership committee will execute plan to enhance diversity by September 2019.

d. PASIG will consult with the Academy of Orthopedics in order to identify potential resources and barriers to the development of a specific PA mentoring program within the Academy of Ortho mentoring program by March, 2019.

C. Improve evidence-based education offerings from PASIG targeted to physical therapists, student physical therapists, and the performing arts community.

a. Identify members who can submit short courses for NEXT and CSM 2020 and provide resources to them to submit courses by CSM 2019 (Jan 2019).

b. Submit a PASIG co-sponsored pre-conference course proposal for CSM 2020 by March 2019.

- c. Create a course targeted at PTs/Students that can be offered separate from a major conference in Nov 2019.
- d. Add five new PA clinical sites for entry-level DPT programs to the PASIG website list by March, 2019.
- e. Curate/create 2 new PA fellowship resources per year and disseminate to PASIG members beginning Dec 2019.
- f. Create one evidence-based education offering for the performing arts community in 2020 (performing arts instructors, parents/families, performing arts students, performers).

D. Increase high quality performing arts research.

- a. Identify 2 grant sources that members can apply to for grant funding. PASIG Research Committee Chair, Laura Reising, will identify 2 grant sources for members to apply to and will make them available on the PASIG webpage and at CSM 2019.
- b. Develop a plan to amass funds to support grant funding. PASIG Leadership will develop a plan to amass funds to support grant funding by CSM 2019
- c. Facilitate academic-clinical partnerships to support multisite research projects. PASIG Leadership will facilitate academic-clinical partnerships to support multisite research projects at IADMS 2018, CSM 2019, and future conferences. The PASIG has facilitated this conversation between sites at CSM 2018 in the Pre-professional Dancer Screening meeting.
- d. Develop a resource that residency and fellowship education programs can use to facilitate PA physical therapist research. PASIG Fellowship and Research Committee Chairs will create a Task Force to develop resources for residency and fellowship education programs to facilitate PA physical therapy research at CSM 2020. Resources will be presented at CSM 2019 during the membership meeting.

E. Pursue corporate sponsorships.

- a. Identify one corporation to target for a sponsorship per year. PASIG Leadership and Public Relations Chair will create a list of targetable corporations for sponsorship. Each year at CSM one corporation will be selected to pursue sponsorship with PASIG.
- b. Create a one page “ask” document that can be used to request sponsorship. PASIG Leadership and Public Relations Chair create a one page “ask” document that can be used to request sponsorship at CSM 2019.



**3. Collaboration: PASIG will work collaboratively with inter and intra-professional performing arts organizations to advance its vision and mission.**

- A. PASIG will appoint members within the Outreach Committee to develop collaborative relationships with two professional performing arts organizations each year to help identify areas of need.
  - a. PASIG's Outreach Committee will identify members to contact designated organizations by the end of October, 2018.
  - b. PASIG's Outreach Committee members will contact assigned organizations and identify methods of collaboration by January 23, 2019.
- B. PASIG will create resource pages on the PASIG website to be made available to the performing arts community and medical professionals by July, 2019.
  - a. PASIG will create a document for performing arts unions and governing bodies on the role of the performing arts physical therapist to be posted on the PASIG website and disseminated to performing arts organizations by July, 2019.
  - b. PASIG will develop a resource page for physical therapists identifying performing arts unions, governing bodies and other resources available to support patients in the performing arts community by July, 2019.
- C. Create and identify local/regional, formal/informal networking events for current and potential PASIG members.
  - a. Identify 2 events per year. We will have a vendor's table presence at the National Student Conclave in October 2018, International Association of Dance Medicine and Science in October 2018 and October 2019, and vendor's table presence, a membership meeting, and an informal meet and greet at the Combined Sections Meeting in January 2019.
  - b. Notify members about events at least one month in advance of event using a variety of media (newsletter, email, social media, etc.). We will notify members via the monthly citation blast, the OPTP, FaceBook and Twitter at least one month in advance.
- D. Develop inter-section collaborations for continuing education offerings, networking events, research partnerships, and other collaborative ventures.
  - a. Identify one section/academy with which PASIG can collaborate on a project in 2019. The PASIG will collaborate with the AOPT and the Imaging SIG to provide a preconference course at CSM in January 2019.
  - b. Contact identified section/academy to explore interest. The PASIG has already done this.
  - c. Develop work plan with section/academy including resource and work sharing. The PASIG has already done this.