

ACADEMY OF ORTHOPAEDIC PHYSICAL THERAPY, APTA, INC.

**CSM ANNUAL MEMBERSHIP MEETING MINUTES
SAN ANTONIO, TX**

FEBRUARY 4, 2022

I. CALL TO ORDER AND WELCOME

- A. Joe Donnelly, PT, DHSc, FAPTA, OCS, FAAOMPT (Hon) – President, called the meeting to order at 5:30 PM CST.
- B. The following individuals were recognized –
 - Past AOPT Presidents
 - Academy Board of Directors and staff
 - Newly certified orthopaedic specialists and all certified orthopaedic specialists
- C. A moment of silence was held for those AOPT members who have passed away in the last year.
- D. Bob Rowe, PT, DPT, DMT, MHS, FAAOMPT, was recognized as the parliamentarian consultant for the meeting.
- E. Agenda and Reports can be found at <https://www.orthopt.org/content/education/2022-combined-sections-meeting>
- F. The agenda was approved as written.
- F. The Annual Membership Meeting minutes held virtually on February 26, 2021 were approved as written.
- G. Joe Donnelly gave his parting words as outgoing President.

II. FINANCE REPORT – Judy Hess, PT, DHS, OCS, CMPT, Cert DN – Treasurer

- A. The year-end 2019 audited income and expenses resulted in a profit of \$600,712. AOPT investment funds as of December 31, 2021 were up 20% over 2020.
- B. 2021 membership numbers were down 1,200 members compared to 2020. We are still not back to pre-COVID numbers.

III. AOPT INITIATIVES

A. 2020 – 2024 Strategic Framework

- 1. **Vision Statement:** The Academy of Orthopaedic Physical Therapy will be a World leader in optimizing movement and musculoskeletal health

2. **Mission Statement:** The Academy of Orthopaedic Physical Therapy empowers members to excel in orthopaedic physical therapy
3. **Values**
 - a. **Engagement:** A two-way inclusive communication stream demonstrating emotional intelligence, communication, and non-verbal responses in all interactions with others.
 - b. **Excellence:** To represent and serve all members with the highest quality resources, thought leadership, and professional support.
 - c. **Innovation:** We will continuously strive to actualize the current and future member needs in the field of orthopaedic physical therapy to improve efficiency, effectiveness and competitive advantage.
 - d. **Respect:** We will strive to have due regard for the feelings, wishes, rights or traditions of others into the AOPT culture.

B. Strategic Initiative 1: Diversity, Equity, Inclusion

Goal: Increase the diversity of members and leaders and engage in efforts to make AOPT a more inclusive organization

Output 1: Definition

Create and define AOPT's position and promotion of DE&I as an essential belief to be included in all our communications with all constituencies. **(Completed Oct 2021)**

Diversity: Diversity is the representation of different identities and values among AOPT members and leaders, such that we can foster a safe, inclusive, and welcoming environment for all. Diversity can be characterized by identities including but not limited to age, race, ethnicity, gender, sexual orientation, socioeconomic status, religion, geographic location, practice setting, and training or experience as well as the intersections of these identities **(Approved in July 2021)**

Equity: Fair and just treatment and access to information and resources so that all members and their patients can thrive **(Approved October 2021)**

Inclusion: A community and culture of true belonging through authentic contribution and empowered participation of all people such that everyone is respected and able to thrive and achieve their potential. **(Approved October 2021)**

Output 2: Advance Leadership & Volunteer Pool

Employ 2-3 active strategies to engage members in leadership development to increase our pool of DEI for the volunteer pool for active participation across the Academy.

Output 3: Elected Positions

Slate DEI candidates that meets DEI criteria that is a % representative of APTA membership for the upcoming 2022 AOPT election cycle.

Output 4: Membership Representation

Increase diverse membership to reflect APTA DEI's membership by 7-10%.

C. Strategic Initiative 2: Payment and Value

Goal: Grow payment for services by demonstrating the value of physical therapy

- Payment and value workgroup formed October 2020

- Member Survey completed, in response, resources being developed, including:
 - Digital infographic series of evidence-based Value in PT talking points
 - Seeking Member articles that demonstrate the value-add of PT services.
 - Investigating feasibility and need for a Summit with payers and stake holders
 - Developing document defining aspects of “Value” in MSK PT
- Working with PPS, APTA Staff, and payers to collaboratively address P&V issues.
- \$5,000 grant awarded to Colorado Chapter in December
 - Passed legislation requiring 6 covered PT visits for all patients with pain.
 - 5 x \$5,000 AOPT grants available to Chapters annually. Apply Now!

D. Strategic Initiative 3: Positioning and Public Awareness

Goal: Position members in managing movement and functional performance impairments

Outputs

1. Leverage #choosePT to improve public awareness of PT
2. Develop and disseminate resources to educate members on how to position themselves as experts in their field
3. Develop certificates and badging for advanced practice

Completed:

1. #choosePT is in 70-80% of printed or web-based material
2. SIG Infographics, member and public resource pages
3. Member, author, and program spotlights
4. SIG podcasts, webinars, promo items
5. MSK Ultrasound Ed and Credential
6. Imaging and Animal PT State regulations/Practice Acts
7. Pain education manual for DPT programs
8. E-learning: Provision of Telehealth: Performing Arts
9. OH-SIG CPG: Clinical Guidance to Optimize Work Participation After Injury or Illness: The Role of Physical Therapists. doi:10.2519/jospt.2021.0303

E. Strategic Initiative 4: Evidence to Best Practice

Goal: Promote the development and implementation of evidence to best practice

1. Work group established to develop a process for the creation and dissemination of micro-learning and innovative educational opportunities
2. Joe Godges hired as the Coordinator of an educational program for PTs in CPG-based management and prevention of common MSK conditions.
3. SIG leadership reviewed measures currently listed on the APTA website and made recommendations for adding measures relevant to their content area.

4. After learning the process for adding new measures to the APTA website, it was decided that SIG leadership could create links on the AOPT website to direct members to key measures or to the Shirley Ryan Database.
5. Definitions were developed for levels of recognition granted by AOPT after successful completion of educational activities. Terms defined include; Certificates, Continuing Education Units, and Digital Badges

IV. APTA Centennial Scholars Program

The APTA Centennial Scholars program was launched in October 2020 and the AOPT Board of Directors agreed to sponsor 3 scholars. They are each working on projects that are in alignment with the AOPT strategic framework. The scholars and their project titles are

1. Mary Beth Geiser, PT, DPT, OCS, FAAOMPT
 - a. The Advocacy Resource Bank for Individuals with Complex Orthopaedic Conditions
2. Yusra Iftikhar, PT, DPT
 - a. AOPT Mentorship Program Expansion and Diversification
3. Zach Walston, PT, DPT, OCS
 - a. Increasing the Volume and Improving the Consistency of Patient Facing Content

V. REPORTS

- A. The following reports are posted on the AOPT's web site
 1. Membership – Chrissy Mansfield, Chair
 2. Education – Nancy Bloom, Chair
 3. OPTP – John Heick, Editor
 4. Research – Dan White, Chair
 5. Orthopaedic Specialty Council – Pam Kikillus, Chair
 6. Practice – James Spencer, Chair
 7. ISC – Guy Simoneau, Editor
 8. Public Relations – AOPT Staff
 9. Awards – Marie Corkery, Chair
 10. Clinical Practice Guidelines – Christine McDonough/Guy Simoneau/Robroy Martin, Co-Editors
 11. Occupational Health SIG – Rick Wickstrom, President
 12. Foot and Ankle SIG – Chris Neville, President
 13. Performing Arts SIG – Laurel Abbruzzese, President
 14. Pain SIG – Nancy Durban, President
 15. Animal Physical Therapy SIG – Francisco Maia, President
 16. Imaging SIG – Chuck Hazle, President
 17. Residency and Fellowship SIG – Matt Haberl, President

VI. GUEST SUBMISSIONS – Presented by Joe Donnelly, President

- A. JOSPT – Clare Ardern, PT, PhD – Editor-in-Chief
 1. Articles published: 80 peer-reviewed manuscripts, 1 focused issue on training load, 1 CPG (concussion), 1 international framework (red flags for potential serious spinal pathologies)
 2. Impact factor: 3.839 (5-year: 4.053); ranked 3 of 71 journals in rehabilitation, 10 of 82 in orthopedics, and 11 of 85 in sport sciences

3. Reader survey (n=909): JOSPT top-rated among 16 journals at 4.27 (where 5 is extremely useful)
4. Website traffic: 160,128 monthly visits from 113,386 users
5. Introduced “JOSPT Asks” on Facebook Live (24 interviews from April through September), “JOSPT Insights” podcast (16 episodes from July through December), and the JOSPT Blog
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B. PTPAC – Eileen Carter, PT, DPT, MBA – Trustee Chair

The federal government controls how much you’re paid, how patients access your services, and how much paperwork you must fill out. Does this matter to you?

PTPAC, the political action committee of APTA, is the only fundraising organization that influences federal legislators to champion physical therapy legislative interests in Congress.

Please donate to PTPAC to help our efforts in Congress and on Election Day.

C. Foundation for Physical Therapy Research – Paul Rockar, Jr., PT, DPT, MS, FAPTA, President

1. In 2008 the Orthopaedic Academy established an endowment fund to support orthopaedic physical therapy research. That fund has supported 10 physical therapy researchers and today has a total of \$993,000 available which supports a \$40,000.00 grant every 2 years through 2030.
2. In 2021 the AOPT Board approved paying an additional \$8,500 to fund an AOPT member eligible for a PODS I award. There were more qualified applicants than available funding.
3. We are asking you to support the AOPT endowment by making a gift to the FPTR
4. TEXT ORTHO to 833-224-4494

D. APTA Nominating Committee – Leiselle Pilgrim, PT, DPT, MPH

1. 2023 Open positions for APTA national office are:

- a. Treasurer
- b. Speaker of the House
- c. 3 Directors
- d. 2 Nominating Committee members

2. Recommendations can be submitted until March 1, 2022.

VII. RECOGNITION OF OUTGOING OFFICERS AND COMMITTEE CHAIRS

A. Tara Jo Manal, PT, DPT, FAPTA – Director – 2019 - June 2022

1. Participated in the Residency and Fellowship Pre-con for multiple years and recorded components for future Academy use
2. Supported the ISC expansion and marking innovation

3. Contributed to governance review and by-law alignment project
 4. Supported Animal Physical Therapy through their successful name change adoption
 5. Contributed to the sponsorship of Centennial Scholars and creation of the application process
 6. Provided practice support for member inquiries
- B. Nancy Bloom, PT, DPT, MSOT – Education Chair – 2016 - 2022
1. Along with the Education Committee, Nancy planned 6 years of programming for CSM. Four years were 100% live, 1 year 100% virtual, and this year a hybrid. Being creative, flexible, and open-minded has been a key for survival and success.
 2. She developed a new type of educational program called "Spotlight on Research". This session blends programming from the platforms and posters to an educational program.
 3. During her time as Education Chair, Nancy's responsibilities shifted on the Board from an advisory role to a voting member. This shift came with increased responsibilities and leadership opportunities. Nancy participated in various task forces, work groups, and advisory panels to develop and implement different educational opportunities for members. Examples include the Annual Orthopaedic Meeting, Independent Study Courses, and more recently, innovative microlearning activities.
- C. Dan White, PT, ScD, MSc, NCS – Research Chair – 2016 – 2022
1. Founded the Postdoctoral Career Development Award, which has funded two junior scientists who now have tenure-track positions in well-recognized PT programs.
 2. Increased the amount of funding for the New Investigator and Unrestricted Small Grants.
 3. Championed AOPT sponsorship of a CoHSTAR grant to facilitate Health Service Research, and Implementation Science Conference
- D. Marie Corkery, PT, DPT, MHS – Awards Chair – 2019 – 2022
1. Marie Corkery from Northeastern University in Boston has served on the awards committee since 2015.
 2. Chair of the Awards committee for the past 3 years.
 3. Marie is grateful to have had the privilege of working with a great team reviewing award nominations on behalf of the academy, for PT clinicians, educators, leaders, PT and PTA students!
- E. Annette Karim, PT, DPT, PhD, OCS, FAAOMPT – Nominating Committee Member – 2019 – 2022
1. As interim AOPT Director, Annette worked with SIG presidents to carry out Strategic Plan #3 via infographics, #ChoosePT, certification courses, webinars, podcasts, promotional items, resource pages, via use of non-rolling \$ as well as funds allocated to meet the Strategic initiatives.
 2. Annette also served as board liaison to the Performing Arts SIG and Animal PT SIG, reviewing and approving citation blasts, OPTP contributions, and assisting in forwarding and representing "asks" from the Strategic Initiative funds on behalf of the PASIG and APTSIG.

- F. Stephanie DiStasi, PT, PhD – Nominating Committee Chair – 2019 – 2022
1. This past year, Stephanie and the Nominating Committee successfully recruited and slated several outstanding candidates for AOPT open positions and will continue to aim for more diversity in AOPT leadership positions so that AOPT can better represent and serve the Academy membership.
 2. Stephanie was also fortunate to work with the outstanding members of the DEI Workgroup to develop AOPT’s DEI definitions with a list of ambitious goals and outcomes.
 3. Stephanie gave a special thanks to the dedicated member of our DEI Workgroup: Rosie Canizares, Chrissy Mansfield, Trisha Perry, Jason Tonley, and Kimi Yamada. In the months and years ahead, we look forward to achieving these goals by partnering with other Academies and APTA’s DEI Committee.
- G. Christine McDonough, PT, PhD – Clinical Practice Guidelines Editor – 2013 – 2022
1. Contributed as a methodologist on CPGs
 2. Development of CPG Coordinator position (now Managing Editor), assisted with interviewing, and integration into team processes
 3. Trained and mentored CPG Coordinator through regular (weekly) and ad-hoc meetings
 4. Formalized process for CPG topic nomination, launch, project management, and review and publication
 5. Developed and conducted CPG development training at AOPT annual meeting with CPG Coordinator
 6. Continued co-direction of APTA CPG development workshop
 7. Contributed on behalf of AOPT to initial APTA Knowledge Translation Workshop
- H. Joseph Donnelly, PT, DHSc, FAPTA – President – 2019 – 2022
1. A Leader with Vision
 2. New Board structure:
 3. Added 2 new Directors positions
 4. Voting members – Education, Practice, and Research
 5. Bylaws overhaul and updates
 6. Policy and Standard Operating Procedures
 7. SIG engagement and leadership
 8. Leadership development
 9. Vision for a progressive and inclusive organization
 10. Lead the AOPT during the global pandemic
 11. New Strategic Plan
 12. Developed infrastructure to facilitate execution
 13. Positioned the AOPT to continue to carry out the plan

VIII. ACADEMY OF ORTHOPAEDIC PHYSICAL THERAPY ELECTION RESULTS presented by Joe Donnelly, PT, DHSc, FAPTA, OCS, FAAOMPT (Hon) - President

- A. Bob Rowe, President – PT, DPT, DMT, MHS
- B. Annette Karim, Director – PT, DPT, PhD

- C. Paul Mintken, Nominating Committee Member - PT, DPT, OCS, FAAOMPT (3-year term)
- D. Caroline Brunst, Nominating Committee Member - PT, DPT, SCS, OCS, ATC (1-year term)
- E. Bob Rowe, Annette Karim, Paul Mintken, and Caroline Brunst took the oath of office and were sworn in.
- F. A call for nominations was taken from the floor for the 2023 election for the offices of Vice President, Director, and Nominating Committee Member.
 - 1. There were no nominations from the floor.

IX. PARTING WORDS - Joe Donnelly, PT, DHSc, FAPTA, OCS, FAAOMPT (Hon) - President
Joe Donnelly thanked the AOPT Board and staff for their support during his term in office as well as Bill Dickinson, C3 Leadership, for his leadership coaching while President.

X. ADDITIONAL ITEMS TO COME BEFORE THE MEMBERSHIP
None.

ADJOURNMENT 6:38 PM CST