



# Academy of Orthopaedic Physical Therapy, APTA, Inc.

## Grant Program

### Annual Progress Report Form

Date: 9/2/21

Name of Investigators: Jennifer Bagwell, Joanne Armour Smith, Julie Peterson, Ruth Maher

Name of Grant: Hip, trunk, and pelvic floor muscle function during and after pregnancy:

Implications for low back and pelvic girdle pain and urinary incontinence

Award Period:   3/6/20   to   3/5/22   (Initial award date – date on contract as start date) Current Year of Award completed (circle one): **1<sup>st</sup>**, 2<sup>nd</sup>, no-cost extension year (3<sup>rd</sup>)

**Progress reports are due no later than 1 year plus 10 days after the initial award date. Failure to submit a timely progress report may result in the termination of your award.**

1. Summary of accomplishments in the past year: We set up the lab and piloted data collections, however due to the COVID 19 pandemic, we have not been allowed to collect data on pregnant females. COVID mitigations strategies have been submitted as an IRB amendment awaiting review.

2. Provide a one-paragraph summary of results or abstract suitable for posting on the Academy website. See Attached for lay language summary (no results available)

3. Attach a list of your publications published or accepted during the past year, or currently being written. Send reprints when available. List presentations made and abstracts accepted for presentation based on this work. Indicate with an asterisk (\*) those publications supported by Academy of Orthopaedic Physical Therapy funding.

4. Provide a budget, using the original approved budget. Indicate total funds spent to date per major categories. If there was  $\geq 25\%$  deviation (greater or less spent) of use of funds for any of the budget category, please BRIEFLY indicate the rationale. (See example below)

| EXPENSE CATEGORY           | Budgeted Amount for Year 1 | Actual Amount Spent in Year 1 | Amount Remaining in Year 1 budget | Budgeted for Year 2 | Projected Expenditure in Year 2 |
|----------------------------|----------------------------|-------------------------------|-----------------------------------|---------------------|---------------------------------|
| Salary and Fringe Benefits | \$11,344                   | \$0                           | \$11,344                          | \$12,870            | \$24,214                        |
| Materials and Supplies     | \$1,505                    | \$0                           | \$1,505                           | \$200               | \$1,705                         |
| Consultants                | \$2,106                    | \$0                           | \$2,106                           | \$1,969             | \$4,075                         |
| Social Media and Marketing | \$300                      | \$0                           | \$300                             | \$100               | \$400                           |
| Participant Incentives     | \$6,000                    | \$0                           | \$6,000                           | \$3,600             | \$9,600                         |
| <b>TOTAL</b>               | <b>\$21,255</b>            | <b>\$0</b>                    | <b>\$21,255</b>                   | <b>\$18,739</b>     | <b>\$39,994</b>                 |

5. Objectives for the next year: Pending IRB approval with respect to COVID, we will begin recruitment and data collections as soon as possible. We are hopeful that we will be able to complete all 2nd and 3rd trimester testing within the next year. We will begin processing data for abstract submission to CSM and American Society of Biomechanics meetings

Jennifer Bagwell  
Your Signature

9/2/21  
Date

**Return to:**

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