



## **Greetings OHSIG Members!**

We hope that you have made arrangements to attend CSM Feb, 9-12, 2011 in New Orleans! We look forward to seeing you there!!

The following will give you more information on the OHSIG Business Meeting and programming.

### **OHSIG Membership Business Meeting – Sat, Feb 12, 7-8am**

Yes, the Membership Business Meeting is an early morning for all of us---Saturday, Feb 12, 7-8am. But despite that, we hope you will come for Continental Breakfast, networking with OHSIG board members and OHSIG members, and for a status update on what we have in place.

Come learn about the Occupational Health petition for specialization submitted to ABPTS, the Advanced Work Rehab Guideline, the OIDAP initiative to develop a new Worker-Job Match Taxonomy to replace the Dictionary of Occupational Titles, the Occupational Health State Liaison Key Contact Program, the Ergo Guideline update, and "where we go from here".

You'll be introduced to the new OHSIG BOD members as well. There are opportunities for you to be more involved, through writing articles/case studies for OPTP, joining committees, etc.

OHSIG education follows the Membership meeting. See below for more on the education session

### **CSM 2011 - "What's Cooking for New Orleans" – Sat, Feb 12, 8-11am**

#### **Every Day Excellence in Workers Compensation: Preventing Needless Disability, Peer Review Gems, Guidelines and Practical Considerations**

Although workers compensation is fairly standard for many outpatient payer mixes, providers often note frustration trying to expand their skill set and master the complexities of working with injured workers. In addition to return to work considerations, navigating multiple stakeholder groups including employer, case managers, adjusters and various state work comp boards can seem overwhelming.

This 3 hour program is designed to help increase physical therapists and physical therapist assistants' comfort and effectiveness in the area of worker rehabilitation. The program covers the latest work rehabilitation guidelines, practice strategies for preventing needless disability and documentation pearls

to quickly and easily demonstrate appropriate care patterns. Learn more about the various stages of a work comp cycle, return to work planning and payment/policy methodologies.

Screening criteria for factors that are associated with long term disability and intervention recommendations to improve outcomes /successful return to work will also be included.

#### Learning Objectives:

1. Describe the course of a workers compensation claim and how to effectively integrate with other healthcare professionals and stakeholders
2. Implement strategies to reduce needless work disabilities and recognize “flags” or barriers that can slow care
3. Implement treatment strategies for progressive return to work goals based on workplace policies and partnering
4. Identify APTA work rehab/work injury management guidelines (and other stakeholder groups) and understand the use/implications in your practice
5. Ensure that documentation is adequate for minimizing reimbursement issues by conveying the necessity for professional level care by a physical therapist

#### Brief Session Outline:

1. Life of a work comp claim and case management
  - Steps, stages and roles of stakeholders
  - Payment methodologies and underlying assumptions
  - Blue flags
2. Preventing needless work disability- principles, concepts and evidence
  - What shortens/promotes early RTW vs. prolongs/delays RTW
3. Options for progressive/guided RTW
4. Implications for clinical practice set up/equipment
5. Guidelines, documentation, and barriers to recovery

#### Presenters

John Lowe, PT (Also serves as Moderator)  
James Hughes, PT  
Chris Juneau PT, DPT, ATC, EMBA  
Nicole B. Matoushek, MPH, PT, CEES, CEAS

#### Professional Regards from your OHSIG BOD

President: Margot Miller, PT  
VP/Ed Chair: Dee Daley, PT, DPT  
Research Chair: Kathy Rockefeller, ScD, PT, MPH  
Practice & Payment Policy Chair: Rick Wickstrom, DPT, CPT, CDMS  
Nominating Committee Chair: John Lowe, PT  
Membership Chair: Drew Bossen, PT  
Communications Chair: Sandy Goldstein, PT, CDMS