ORTHOPAEDIC SECTION, APTA, INC.

CSM BOARD OF DIRECTORS MEETING MINUTES

FEBRUARY 18 - 20, 2010

=MINUTES=

James Irrgang, President, called a regular meeting of the Board of Directors of the Orthopaedic Section, APTA, Inc. to order at 4:00 PM PT on Thursday, February 18, 2010.

Present: Absent:
James Irrgang, President Tom McPoil, Vice President
Steve Clark, Treasurer Bill O’Grady, Director
Kornelia Kulig, Director Robert Rowe, Practice Chair
Lori Michener, Research Chair Beth Jones, Education Chair
Aimee Klein, APTA Board Liaison Tara Fredrickson, Executive Associate
Terri DeFlorian, Executive Director

The meeting agenda was approved with changes.

The February 8, 2010 Board of Directors Conference Call Meeting minutes were approved as printed.

James Irrgang, President, reported there were no items on the consent calendar.

James Irrgang, President, reported the following motions were adopted unanimously via e-mail ~

= MOTION 1= James Irrgang, President, moved that the Orthopaedic Section Board of Directors approve funding Joe Donnelly, Incoming Practice Chair, to attend the CSM Board of Directors meetings. ADOPTED (unanimous)

Fiscal Implication: 3 days lodging/meals (3 days x $320 = $960) Airfare ($470) = $1,430

Following are the Dates and Times of the Spring 2010 Board of Directors Conference Calls ~
- Monday, March 8, 2010 ~ 8:00 PM EST
- Monday, April 12, 2010 ~ 8:00 PM EST
- Monday, May 10, 2010 ~ 8:00 PM EST
The following items were presented as part of the President’s updates ~

- **Financial Update**

  =MOTION 2= Steve Clark, Treasurer, moved that the Orthopaedic Section Board of Directors approve transferring $100,000 from the Sections savings account as follows ~ $50,000 to the Reserve Fund at LPL Financial Services and $50,000 to the Research, Education and Practice Endowment Fund at Wells Fargo Advisors. ADOPTED (unanimous)

  **Fiscal Implication:** None

  =MOTION 3= Steve Clark, Treasurer, moved that the Orthopaedic Section Board of Directors postpone the following 2 motions from the Fall Board of Directors meeting to a July conference call of the 5 elected officers ~

  =MOTION 7= The Orthopaedic Section Board of Directors recommends that the Treasurer and President develop a salary schedule for the Orthopaedic Section Executive Director and report back by CSM 2010. ADOPTED (unanimous)

  **Fiscal Implication:** None

  =MOTION 8= The Orthopaedic Section Board of Directors recommends that the Executive Director develop a salary schedule for the Orthopaedic Section employees and report back by CSM 2010. ADOPTED (unanimous)

  **Fiscal Implication:** None

- **Update on Land Offer**

  Terri DeFlorian, Executive Director, reported that the Section attorney, Greg Bonney, received a letter and sketch drawing from the attorney representing the Diocese on the offer to purchase the Section’s vacant land. The Diocese has an immediate need to build a Medicare Rehabilitation Facility addition to their existing nursing home and stated their proposed special memory care facility would be built contingent on need in the community.

  The Board agreed to accept waiving the land use restriction limitation for office use only, which appears in the Diocese’s original counter offer to purchase the property, thus allowing the Diocese to build a building (s) for similar medical usage as the Dioceses current buildings. All other covenants that currently run with the land will remain in place after the sale is final.

  In addition, the Board is unclear as to the meaning of a statement the Diocese made that their use of the land “would not be used in any manner that would impair the Orthopaedic Section’s enjoyment of its land” and would like the Diocese to clarify what this means.

  The Board of Directors would like Greg Bonney to draft a counter offer to the Diocese incorporating the above decisions. The Board will review the final wording prior to submitting to the Diocese.

  Nothing further has been received regarding interest in leasing the vacant first floor office space.

- **Web Site Statistics**

  Tara Fredrickson, Executive Associate and Eric Robertson, Public Relations Chair, reported that the Section averaged 7,600 visitors per month in 2009. The most frequently hit pages were the online store, Independent Study Courses, membership directory, online exam access, ICF guidelines and OPTP online.
• **Federal Advocacy Forum Challenge to Support 1 Student Member**

=MOTION 4= Tom McPoil, Vice President, moved that the Orthopaedic Section Board of Directors approve funding the PT Student Award winner to the Federal Advocacy Forum in 2010.

=MOTION TO AMEND= Robert Rowe, Practice Chair, moved to amend the motion by striking, “funding for PT Student Award winner to” and inserting, “putting out a call for students via Osteo-Blast, Face book page, etc. to submit proposals with an endorsement by a Section member to attend” . Proposals along with endorsements are to be sent to the Section office. ADOPTED (unanimous)

=MOTION 4 AS AMENDED= Tom McPoil, Vice President, moved that the Orthopaedic Section Board of Directors approve putting out a call for students via Osteo-Blast, Face book page, etc. to submit proposals with an endorsement by a Section member to attend the Federal Advocacy Forum in 2010. Proposals along with endorsements are to be sent to the Section office. ADOPTED (unanimous)

Fiscal Implication: 3 days lodging/meals plus travel = $1,110

• **Foundation Update**

Bill Boissonnault, Foundation Board Chair, updated the Board on the grants that have been given out of the Research Grant money the Section has contributed. The total contributions the Section has made to the Foundation are $900,000.

• **APTA Portal to Support Evidenced Based Practice**

Jan Reynolds and Tony Delitto gave the Board an overview of what the APTA Portal will look like as well as what the purpose of the portal will be. The portal launch date is scheduled for 2011. APTA is asking the Section to be the first partner since we are farther ahead than other Sections with our clinical guidelines. Right now APTA is looking for Sections to contribute only their expertise. They would like each Section to nominate 2-3 individuals to be liaisons to APTA regarding the portal. The Board agreed to include this as an agenda item on their March conference call.

• **AAOMPT Engagement Letter for Physical Therapy Cost Benefit Study**

James Irrgang, President, reported that John Childs, Julie Fritz and Tim Flynn would like to do an original study on the cost benefit of physical therapy for publication in a high impact journal. The Mercer Group would need to be contracted to access data from the claims database since this is not easily navigated by the general public. The Board agreed they need a letter of agreement stating the exact amount of funding they are requesting from the Section. The Board agreed the agreement should contain specific language to ensure the study does not promote any private interests of those heading up the study. Additionally the Orthopaedic Section should be acknowledged as a source of funding of the study in any publication of the results. It is our understanding that the Private Practice Section has already agreed to partially fund this study. James Irrgang will contact John Childs to get a proposal. James Irrgang will discuss this potential partnership with APTA so they are aware of it and bring back for further discussion on the Board’s March conference call.

• **CSM Agreement**

James Irrgang, President, updated the Board on the CSM Agreement discussions. Following are the discussion points ~

1. When figuring the total number of registrants per Section on the points distribution spreadsheet non-APTA members are not included but students who are members of the Section are included.
2. Revenue from non-Section members is distributed evenly across the Sections. 50% APTA/50% Sections. The Orthopaedic Section received 23% of the revenue.

3. There was consensus at the Sections Presidents Meeting to take a closer look at Option 2 over the next 3 years (If a member belongs to 3 Sections, each of those 3 Sections would get 1 point on the distribution spreadsheet. As it stands now each of those 3 Sections would get 1/3 point). Under this option the potential loss of revenue for the Orthopaedic Section could be approximately 3.5%.

4. Developing a tracking system for who is attending each program and tying this into an individual’s transcript on the APTA LMC was discussed. James Irrgang will follow up on this with Scott Ward, APTA President, and ask that the APTA Board of Directors look at how to better utilize technology to track this.

5. As it is now each Section receives a set reimbursement of $2,000. There was consensus to leave this as is.

6. We will receive updated data in the next couple of weeks which will go to all Sections for review later this spring.

The following reports were given by the Committee Chairs and SIG Presidents. The complete reports can be found on the Orthopaedic Section web site ~

- **Membership**
  James Spencer, Chair, requested that a reminder of the Return to School Program be sent out in the Osteo-Blast 4x per year. He will communicate with Tara Fredrickson and Tom McPoil on the best timing of this.

- **Public Relations/Marketing**
  Eric Robertson, Chair, reported that he thought the hits to the Section’s web site were low and offered to contact Emillo Rouco in the APTA Public Relations Department regarding the possibility of putting the 15 second ad spots they developed for TV on our web site to help draw more people in.

- **Awards**
  Tom McPoil, Chair, reviewed the award submission process and the deadlines for this year.

- **Nominations**
  Kelly Fitzgerald, Chair, announced this year’s election results and which positions were up for election in 2011.

- **Occupational Health SIG**
  Dee Daley, OHSIG Vice President/Education Chair, highlighted the following activities of the OHSIG ~
  1. Their primary initiative continues to be work on a petition for specialization. The petition has been drafted and is being reviewed by board members. To be submitted, a DSP must be included. This is in development with the final section to be drafted at this CSM. Encumbered funds will be used to submit the application in the amount of $7,500.
  2. There has been substantial activity in the SIG regarding content suggestions/comments on physical demand descriptors for the Advisory Panel to Social Security as they look at the disability determination and consider a replacement for the Dictionary of Occupational Titles. A second round of comments has recently been submitted by the SIG after review that
included APTA’s Practice Department. (The governmental “review periods” are quite rapid for a 500+ page document (physical demand section loosely ¼ of that amount).

3. Work rehabilitation guideline revisions have been delayed by an attempt to redefine the conventional work conditioning/work hardening paradigm with one more suited to the activities therapists perform in the course of work rehabilitation (tentatively conceptualized as levels of “Work Injury Management”).

- **Foot and Ankle SIG**
  Steve Paulseth, FASIG President, announced his term ends at this CSM. Clarke Brown will be the new FASIG President. The SIG has established a committee to investigate developing a foot and ankle fellowship.

- **Performing Arts SIG**
  Leigh Roberts, PASIG President, reported the SIG is offering an ISC this year on Physical Therapy for the Performing Artist. They are also involved in 2 major projects —
  1. Conducting a membership survey. This project was undertaken in response to the need of finding performing arts PTs out of the area when artists are on tour or travel for training purposes. Information is on the web site now but profiles need to be updated.
  2. Evaluation and treatment protocols are posted to web site and available free to members. There is a charge for non-member access. This project is still in process.

- **Pain Management SIG**
  John Garzione, PMSIG President, reported that the SIG conducted a survey to help them determine if they should pursue a practice analysis. Out of the 300 surveys sent, 43 were completed and returned. Since the response rate was low the SIG needs to decide where to go from here with the data.

- **Animal Rehabilitation SIG**
  Amie Hesbach, ARSIG President, reported on the legislative luncheon held during CSM. There was a panel of individuals who spoke including representatives from APTA, the ARSIG, a Veterinarian, a lobbyist/lawyer, and others. The purpose of the luncheon was to identify changes in legislation, regulation, & reimbursement issues at state and national levels.

- **International Classification and Function Guidelines**
  Joe Godges, ICF Coordinator, reported that the Heel Pain, Neck Pain and Hip OA guidelines have been accepted to be placed on the National Guidelines Clearinghouse website (www.guidelines.gov). An initial draft of The Low Back Pain clinical guidelines was reviewed and edited and is now with the authors to complete. A draft of The Hip Labral Disorders clinical guidelines is written and will be submitted to the ICF practice guidelines coordinator soon.

- **Residency and Fellowship Education Committee**
  Jason Tonley, Residency and Fellowship Coordinator, reported that the Curriculum in a Can program consisting of 5 ISCs is nearing completion. This program was developed to provide the didactic component to residency and fellowship programs not affiliated with an academic institution.
=MOTION 5= Tom McPoil, Vice President, moved that the Orthopaedic Section Board of Directors
approve the following addition to the SIG and EIG Policies and Rules of Order:

F. SIG and EIG Authority and Limitations:
   iii. Any changes or modifications proposed by the Section Board of Directors to the SIG and EIG
       Policies and Rules of Order shall be distributed for review and comment by the SIGs and EIGs
       one month prior to Board vote.

ADOPTED (unanimous)

Fiscal Implication: None

=MOTION 6= Robert Rowe, Practice Chair, moved that the Orthopaedic Section Board of Directors to
create a policy on a procedure to have an individual removed from office if necessary.

=MOTION TO SUBSTITUTE= Robert Rowe, Practice Chair, moved to substitute MOTION 6 with the
following, “investigate the feasibility of the Section to discipline a Section member”.

ADOPTED (unanimous)

=MOTION 6 AS SUBSTITUTED= Robert Rowe, Practice Chair, moved that the Orthopaedic Section
Board of Directors investigate the feasibility of the Section to discipline a Section member. ADOPTED
(unanimous)

=MOTION 7= Tom McPoil, Vice President/ISC Board Liaison, moved that the Orthopaedic Section
Board of Directors approve the following ISC topics for publication in 2012 ~

1. Foot and Ankle (6 monographs)
2. Osteoarthritis: Linking Basic Science to Intervention (3 monographs)
3. Education and Intervention for Musculoskeletal Injuries: A Biomechanics Approach (6
   monographs)

ADOPTED (unanimous)

Fiscal Implication: These courses would be part of the 2012 budget.

=MOTION 8= Lori Michenor, Research Chair, moved that the Orthopaedic Section Board of Directors
approve the following Foot and Ankle Research Grant, “Effects of anterior to Posterior Talocrural Joint
Mobilization in Patients with Subacute Lateral Ankle Sprains”. Primary Investigator: Terry Grindstaff,
PT, PHD, ATC; Co-Primary Investigator: Jay Hertel , PhD, ATC; Susan Saliba, PT, PhD, ATC; Nicole
Cosby, MA, ATC.

Fiscal Implication: $15,000

JW Matheson, ICF Practice Guidelines Advisory Panel, recommended that the Board of Directors save
the $5,000 allocated at the Fall Board Meeting in 2009 to incorporate video clips into the ICF guidelines
online until more money is available to more effectively enhance the guidelines.

The Board of Directors asked Tom McPoil, Vice-President, to meet with John Stackpole, APTA
Parliamentarian, for clarification of the Section's election cycle based on the previous bylaw revision.
The following election cycle was based on Mr. Stackpole's interpretation of the current Section bylaws:

President and Director 2 - year one (2010)
Vice President - year two (2011)
Treasurer and Director 1 - year three (2012)
In order to bring the current Board of Directors into compliance with this election cycle, the following modifications or changes in term limits were proposed by Mr. Stackpole and accepted by the Board of Directors:

Director 2 - Bill O'Grady was considered implicitly elected for a 3-year term in 2010. If Mr. O'Grady should resign from his position prior to the end of his term, the Board can appoint a Section member in good standing to fill the vacancy based on the bylaws.

Treasurer - the current Section Treasurer, Steven Clark, will have his first term extended by 1 year.

With these modifications and changes in term limits, the Section's election cycle will be brought into compliance with the current Section bylaws. A notice will be published in OPTP explaining these changes and modifications along with the election cycle diagram developed by Mr. Stackpole to determine the appropriate election cycle.

=MOTION 9= Steve Clark, Treasurer, moved that the Orthopaedic Section Board of Directors maintain dues at the current rate. ADOPTED (unanimous)

Fiscal Implication: None

Robert Rowe, Practice Chair, reported that there will no longer be a motion on dry needling brought before the House of Delegates in June 2010.

=MOTION 10= Tom McPoil, Vice President, moved that the Orthopaedic Section Board of Directors approve providing a DVD with the 2010 skating monograph as long as the University of Delaware signs a copyright release form. The University of Delaware will sell the DVDs for $1 each. ADOPTED (unanimous)

The Board of Directors discussed plans for their upcoming Fall Meeting in Las Vegas, October 7-9, 2010. It was agreed that everyone will arrive by Wednesday night, October 6th. The meeting will begin first thing Thursday morning, October 7th. Everyone can depart on Saturday afternoon, October 9th.

The following items were unanimously postponed to a future Board of Directors meeting ~

- APTA Legislative Alert – Practice Chair
  (How to best alert our Chapter Liaisons regarding the potential for pro-POPTS activity involving state PT Boards)
- Advocacy Forum for State Liaison Network – Practice Chair
- Re-visit the Section taking back CSM Pre-conference course Registrations from APTA – Beth Jones, Education Chair (March 2010)
- International Summit Meeting – Aimee Klein, APTA Board Liaison (March 2010)

The meeting adjourned at 11:05 AM PT, February 20, 2010

Submitted by Terri DeFlorian, Executive Director