Mind Matters: Integrating Neural Mechanisms into Pain Management

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Outline
1. Pain Problem and Pathways
   - Chronic pain as a disease
   - Nociceptors
   - Spinal cord
   - Supraspinal Sites
   - Cortical Processing
2. Pain Mechanisms
   - Peripheral Sensitization
   - Central Sensitization
   - Central Inhibition/Conditioned Pain Modulation
   - Psychosocial factors influencing pain
   - Predictors of poor prognosis
3. Mechanism-Based Approach to Pain
   - Nociceptive pain
   - Neuropathic pain
   - Central/dysfunctional pain
   - Psychosocial confounder
4. Case Studies

References and Resources:
5. painHEALTH, painhealth.csse.uwa.edu.au