

President's Letter

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Physical Therapists

Mission Statement

The mission of the Performing Arts Special Interest Group (PASIG) is to be the leading physical therapy resource to the performing arts community.

Vision Statement

Advancing knowledge and optimizing movement and health of the performing arts community through orthopaedic physical therapist practice through the following guiding principles:

- Identity
- Quality
- Collaboration

CSM 2020 will be my last as your PASIG President. As I look forward to the next part of the journey, I have good news: we have replenished our encumbered funds! We have a current balance of \$4,893.40 from pre- and post-conference courses. We hope to continue to replenish and then provide another research scholarship. We have \$2,059.31 of our 2019 non-rolling funds to date. As I look back on the past 6 years, I am glad for the work we have accomplished as a SIG, and count myself blessed to work alongside the outstanding, invested, active PASIG leadership team. We have met many of the goals we set out to do in support of our strategic plan. In terms of the guiding principles of identity, quality, and collaboration, we have funded a PASIG research grant, continue to provide student research awards, formed an active outreach committee, led the way in social media, connected and collaborated with other performing arts organizations, continue to provide monthly citation blasts and OPTP material, held pre and post-conference courses in addition to our main programming at CSM, and connected members with specific interests such as pre-professional dance screening and fellowship education. One of the unforgettable highlights of the past 2 terms has been the development of the Fellowship Taskforce and the creation of the *Performing Arts Description of Fellowship Practice*. From the creation of this document, we now have 4 Performing Arts Fellowships! The next section highlights these fellowships. Please consider your part in the shaping of our profession via Performing Arts Fellowships in the years to come. Congratulations to the founding faculty and fellows! Well done.

I reached out to the performing arts fellowships with frequently-asked questions and here is what they said:

The Performing Arts Fellowship at The Ohio State University Wexner Medical Center

American Board of Physical Therapy Residencies and Fellowship Education (ABPTRFE)-accreditation status: accredited

Q: Can you tell me about your fellowship?

The Performing Arts Fellowship at The Ohio State University Wexner Medical Center is a 12-month program that combines clinical mentoring, didactic coursework, research, and independent practice in order to develop expert performing arts clinicians. We partner with local professional performing arts companies and schools to provide a wide variety of performing arts experiences to our fellow, including dance, music, figure skating, and gymnastics. These combined experiences allow our fellows to develop their own expert practice in the clinic, onsite, and backstage. The Performing Arts Fellowship at The Ohio State University Wexner Medical Center achieved accreditation by the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) in 2018.



OSU Performing Arts Fellowship Faculty

Q: What are the pre-requisites/experiences/credentials needed to apply?

Interested candidates must:

- Be eligible for physical therapy licensure in the state of Ohio.
- Have successfully completed an accredited orthopedic or sports residency program and/or a current specialist certification from the ABPTS in sports or orthopedics.
- Have a background in one of the performing arts disciplines (dance, music, figure skating, and/or gymnastics).

Q: What is the next application deadline?

Our next application deadline is March 1, 2020. Interested candidates should reach out to our program director, Tiffany Marulli (Tiffany.Marulli@osumc.edu), with any questions.

Q: Can you provide contacts for current fellows and alums?

Tessa Kasmar – 2018 Program Graduate:

Tessa.Kasmar@osumc.edu

Morgan Alexander – 2019 Fellow-in-Training:

Morgan.Alexander@osumc.edu



Dr. Tessa Kasmar, DPT, 2018 program graduate & Dr. Morgan Alexander, DPT, 2019 Fellow-in-Training

Q: Can you provide a fellow's reflection of their experience to date?

Tessa Kasmar Reflection (2018 Fellowship Graduate): "Throughout my experiences in the Performing Arts Fellowship, I have been able to advance my ability to combine rehab goals with artistry in order to meet the needs of a variety of performing artists. I have improved my ability to provide education to performing artists on injury prevention and injury management as well as formulate relationships with performing arts groups in the community. My education from the fellowship has assisted me in becoming a sub-specialized clinician with a focus on the treatment and management of dancers across the lifespan and allowed me to become a mentor and faculty member for future fellows-in-training. I feel much more confident working with all performing artists and meeting the unique demands and aesthetics of their art."

Morgan Alexander Reflection (Current 2019 Fellow-in-Training): "To be The Ohio State University Performing Arts Medicine Fellow-in-Training has been a dream come true. It has been truly fulfilling to merge my background and passion for performing arts with my professional career. The faculty has extensive knowledge and years of experience in rehabilitation of the performing arts population that is unique and requires special considerations. This experience has truly been invaluable!"

The Columbia University Programs in Physical Therapy and West Side Dance Physical Therapy Performing Arts Physical Therapy Fellowship

ABPTRFE-accreditation status: candidate

Q: Can you tell me about your fellowship?

The mission of the CUIMC/WSDPT Performing Arts Physical Therapy Fellowship is to develop and graduate practitioners that will serve the profession and society as leaders in performing arts rehabilitation and wellness through teaching, administration and/or research; enhanced by advanced clinical reasoning skills, high ethical standards, and the highest standards of compassionate clinical care. The clinical fellowship program's goals and objectives are directed toward an in-depth mentored experience in the management of dancers and performing artists across the lifespan and are based on the Performing Arts Description of Fellowship Practice (DFP). This is achieved through professionally mentored patient care experiences and independent patient care, didactic education, mentored teaching opportunities, and participation in research.

The CUIMC/WSDPT Performing Arts Fellowship will provide a diverse and dynamic environment for post-graduate fellowship study, practice, and research, featuring opportunities to work with elite dancers from the world renowned, New York City Ballet (NYCB) and the School of American Ballet (SAB).

Q: Can you provide contacts for current fellows and alums?

New fellow will begin in September 2020

Q: What is the next application deadline?

April 1, 2020

Q: What are the pre-requisites/experiences/credentials needed to apply?

Qualified candidates will be experienced physical therapists meeting the following requirements:

1. Licensed or eligible for licensure in the state of New York.
2. A minimum of two years of clinical practice in orthopedics.
3. Eligible candidates should be board eligible or board certified in orthopedic or sports physical therapy.
4. Professional behaviors demonstrating interest in working with performing artists.

Q: What unique patient populations and practice settings do your fellows have exposure to?

New York City Ballet & School of American Ballet Theater as well as a private practice specializing in physical therapy for performing artists.

Q: What is a unique feature of your fellowship?

Hybrid model: Academic/Clinical Partnership Opportunity for mentored research, teaching, and clinical practice

Program Features:

160 hours of one-on-one mentorship with performing arts physical therapy specialists, consisting of:

- 120 hours at Westside Dance Physical Therapy
- 20 hours of event coverage at New York City Ballet
- 20 hours at School of American Ballet
- 840 hours of non-mentored clinical practice in performing arts physical therapy clinic (WSDPT)
- 150 hours of didactic curriculum provided by dance medicine professionals and Columbia faculty
- Research practicum and mentorship for a performing arts-based scholarly project to be disseminated to the professional community, eg, poster and/or platform presentation, publication in peer reviewed journal
- Teaching practicum and opportunity to teach and mentor entry level DPT students
- Community outreach with university dance programs and private studios

Q: How long is your fellowship?

10 months (Sept-June)

Q: Do you need to be a performing artist to be in the fellowship?

No, but should demonstrate a commitment/interest in working with performing artists

Questions may be addressed to the Fellowship's Director:



Laurel Daniels Abbruzzese, PT, EdD
Director, Performing Arts Physical Therapy Fellowship
Georgian Building, 3rd Fl.
617 W. 168th St.
New York, NY 10032
la110@cumc.columbia.edu

Harkness Center for Dance Injuries Performing Arts Fellowship

ABPTRFE-accreditation status: candidate

Q: Can you tell me about your fellowship?

As part of its 30th anniversary year, Harkness Center for Dance Injuries (HCDI) at NYU Langone Orthopedic Hospital is launching a Performing Arts Fellowship for orthopedic physical therapy specialists who wish to pursue advanced training in performing arts medicine. The HCDI has a long history of mentoring clinicians interested in specializing in dance medicine commencing with a mentorship program in the 90s. This program evolved into a residency program from 2015-2018 and is now transitioning to a fellowship program. This 12-month program provides the fellow with an intensive, individualized experience in performing arts physical therapy while working as part of the clinical team at the Harkness Center for Dance Injuries.

Q: What is the next application deadline?

September 30, 2019
Start date: January 2020

Q: What are the pre-requisites/experiences/credentials needed to apply?

- A doctor of physical therapy degree
- Current New York State physical therapy license
- Successful completion of an accredited orthopedic or sports residency program and/or possession of a current specialist certification from the ABPTS in orthopedic or sports
- A strong background in dance, figure skate, and/or musical performance and/or dance/music education

Q: What unique patient populations and practice settings do your fellows have exposure to?

- Dancers in New York City of all ages, styles and abilities in-

cluding pediatric to geriatric, recreational to professional to retired

- Styles: musical theater, ballet, contemporary, tap, lyrical, figure skate, jazz, hip hop, aerial, circus, etc.

Q: What is a unique feature of your fellowship?

Harkness Center for Dance Injuries Performing Arts Fellowship provides:

- Over 150 hours of direct mentorship
- Over 200 hours of educational experiences
- Over 1,200 hours of clinical experience working directly with performing artists and the center also provides multiple opportunities in the following:
 - Injury Prevention Assessments to NYC dancers
 - On-site physical therapy services to Broadway theaters and dance companies,
 - Injury prevention workshops
 - Surgery observation
 - Direct observation with our team of 5 dance medicine physicians
 - Dance medicine research



Dr. David Weiss, MD, Harkness Center for Dance Injuries

Q: How long is your fellowship?

12 months: January-December 2020

Q: Do you need to be a performing artist to be in the fellowship?

You need to have a strong background in dance, figure skating, or musical performance and/or education/training

Q: Are there any other FAQs you encounter, with your answer.

This position is a salaried, fully benefitted position as a full-time employee of NYU Langone Health Center

Questions may be addressed to the Fellowship's Director:

Suzanne Semanson, PT, DPT, OCS, CMPT, RYT

Performing Arts Physical Therapy Fellowship Director,

Clinical Specialist

Board Certified Orthopedic Physical Therapist

Harkness Center for Dance Injuries

614 2nd Avenue, Floor 2, Suite G • New York, NY 10016

e: Suzanne.semanson@nyulangone.org

p: 212-598-6054 • f: 212-598-7613

Johns Hopkins Hospital Performing Arts Fellowship

ABPTRFE-accreditation status: candidate

Q: Can you tell me about your fellowship?

The Johns Hopkins Performing Arts Physical Therapy Fellowship is a clinical-based program for experienced physical therapists seeking to specialize in performing arts. The mission of this program is to provide a structured, comprehensive program of clinical, didactic and research experience to develop advanced clinical skills and management for rehabilitation of performing artists, such as dancers, musicians, vocal artists, aerialists and figure skaters.



Dr. Andrea Lasner, DPT (at the barre) and Fellowship Coordinator, Amanda Greene, PT, DPT, COMT

Q: How long is your fellowship?

The program is an 18 month-long program with salary and full-time benefits. Fellows receive 200 hours of one-on-one clinical mentoring and a minimum 150 hours of didactic curriculum provided by performing arts medicine professionals.

Q: What is a unique feature of your fellowship?

Upon completion of the fellowship, the fellow will contribute to the performing arts research initiative to increase the evidence-based care for the performing artist as primary investigator of

a topic of their interest in addition to supporting other current research initiatives in the department.

Q: Can you provide information on current fellows and alums?

Our current fellow-in-training, Monique DeLuca, PT, DPT, OCS, has recently started the programming here at Johns Hopkins early August 2019.

The program will take a new fellow-in-training every 12 months, with 6-month overlap of the fellows-in-training until completing the 18th month.

Q: What is the next application deadline?

Application deadline (through RF-PTCAS): January 31, 2020

Interview: March 2020 (an interview is required; in person preferred)

Program start: August 2020

Q: Do you need to be a performing artist to be in the fellowship?

Prerequisites: applicants must meet two of the following criteria: (1) performing arts background, (2) completion of an accredited physical therapy residency program, or (3) certification as a clinical specialist. In addition, applicants must have a valid Maryland physical therapy license or be eligible to obtain one.

For further questions, please contact Fellowship Director, Andrea N. Lasner, DPT at alasner1@jhmi.edu

Visit us for more information: <http://hopkinsmedicine.org/pmr/performing-arts-fellowship>



**February 12–15, 2020
DENVER, CO**

We hope to see you there!

<http://www.apta.org/CSM/Registration/>

