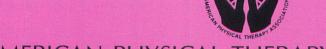
# Orthopaedic Physical Therapy Practice



AN OFFICIAL PUBLICATION OF THE ORTHOPAEDIC SECTION



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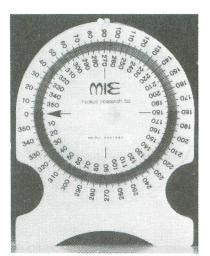
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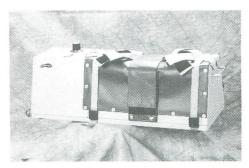
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Portrait of Benjamin Franklin (1767) by David Martin. Franklin introduced the concept of positive and negative electricity and it has been said that he treated paralysis with electrical currents. An early leader in health care, he stressed the paving and cleaning of streets and promoted a city hospital.

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### 1992 REVIEW FOR ADVANCED ORTHOPAEDIC COMPETENCIES

#### JULY 19 - 25 BALTIMORE, MARYLAND Sheraton Inner Harbor Hotel

MEETING A: July 19 - 21

TUITION: \$250 - Orthopaedic Section Members

\$300 - APTA Members \$400 - non-APTA Members

THE WRIST AND HAND Carol Waggy, P.T.

THE SHOULDER AND ELBOW Sandy Burkart, P.T., Ph.D.

THE CERVICAL SPINE
Kent Timm, P.T., Ph.D., ATC, FACSM, OCS, SCS

MEETING B: July 22 - 25

TUITION: \$300 - Orthopaedic Section Members

\$350 - APTA Members \$450 - non-APTA Members

THE KNEE Mae Yahara, P.T., ATC

THE FOOT/ANKLE Tom McPoil, P.T., Ph.D.

THE LOW BACK/SI JOINT/HIP Paul Beattie, M.S., P.T., OCS

#### MEETING C: July 24 - 25

Tuition: \$185 - Orthopaedic Section Members

\$295 - non-Members

Includes: The Low Back/S.I. Joint/Hip with Paul Beattie, M.S., P.T., OCS and the business meeting luncheon after the programming on Friday.

#### TUITION FOR MEETINGS A, B, AND C:

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For More Information, complete the form below, detach and mail to:

Orthopaedic Section, APTA 505 King Street, Suite 103, La Crosse, WI 54601 \*(800) 444-3982

The purpose of the "Review for Advanced Orthopaedic Competencies" is to provide Orthopaedic Section members and non-members with a process of review. (It is not intended to satisfy examination criteria for the Orthopaedic Physical Therapy Specialty Competency examination, but to serve as a review process only.) Cancellation received in writing prior to the course date will be refunded in full minus a 20% administration fee. Absolutely **no** refunds will be given after the start of the course.

#### 

# Publications Committee Chair Commentary

# EXAMINATIONS, EXAMINERS AND EXAMINEES

Should the Orthopaedic Specialty Council Examination include a practical and oral component along with the current written questions?

Advocates of adding a practical and oral component to the specialization examination believe that there are important clinical skills that cannot be adequately measured only by responses to written questions. Thus, it is argued that the Orthopaedic Specialty Examination should also test observational ability, manual skill and oral communication.

Opponents of practical and oral testing cite difficulties in achieving content validity and reliability with this type of testing. In addition, it is argued that the cost of giving the test would increase as well as the time devoted to developing and maintaining such an examination.

While the use of clinical testing for specialty examinations is being debated by physical therapists, various licensing bodies are experimenting with the use of standardized patients for assessing clinical skills. For example, the Educational Commission for Foreign Medical Graduates, the National Board of Medical Examiners and the Medical Council of Canada are all undertaking pilot projects to address this issue. These studies reflect growing concerns about the sufficiency of exist-

isting licensing examinations.

While the use of practical and oral examinations are standard fare in physical therapy educational programs, their acceptance as a component of specialty examinations is less certain. The format of the Orthopaedic Specialty Examination is likely to remain a popular jousting ground for different opinions among physical therapists. Observation, manual skill and oral communication, though required in the clinical setting, is altogether lacking from the current examination.

John M. Medeiros, P.T., Ph.D.

# PRESIDENT'S MESSAGE

This winter, the Orthopaedic Section has been tremendously busy preparing for CSM in San Francisco and planning for our 1992 membership activities. One of our major activities has been the development of the home study course. As reported in other reports we had to limit our enrollment when the course registration reached our 700 person limit. Because of the overwhelming response to the home study course, we will be offering the second in a series of continuing education home study courses beginning in March of of this year.

The other major activity which we developed as a membership benefit is the "Physical Therapy Travel Club". The Orthopaedic Section has negotiated with Worldview, Inc. a national wholesales travel agency to offer a club membership to physical therapists at significant discounted rates. Club membership entitles physical therapists to the following benefits.

**AIR TRAVEL:** Club members are guaranteed the lowest fares with an air automation system that checks all available flight alternatives based on your specific needs. Special club fares to many destinations can

be as much as 50% below coach prices and 7% below super saver rates.

**CRUISES:** Special rates with the major cruise lines can save members up to 50%.

**CAR RENTALS:** Significant discounts are offered with all the major car rental companies, along with upgrades in many cases.

**LODGING:** Save 50% on hotels, resorts, condos, villas and bed and breakfast inns.

**AMTRACK:** Discounts of 20% apply to rail travel throughout the United States.

**MOTOR HOMES:** Save 10% on motorhomes, RV's and custom vans.

**GOLF PASSPORTS:** Play over 1200 golf courses twice—FREE. The Hale Irwin Golf Passport includes golf courses and resorts throughout the United States and Canada.

**AMERISHOP:** This national buyer's club offers thousands of name-brand items at guaranteed lowest prices—or receive double the difference back in cash.

In addition, our members will have access to a 24 hour emergency center, electronic voice messaging services, vital document registration, lost luggage assistance and lost credit card protection.

The annual cost of a family membership for Orthopaedic Section members is \$89.00

which includes spouse and children under 21 years of age. The cost for non-Orthopaedic Section members who are APTA members is \$149.00 per family, or \$199.00 for non-APTA members.

We hope that this service will benefit our members in your efforts to travel for both professional and recreational purposes. We encourage you to join our travel club and take advantage of the immediate savings. Look for the member flyer in this issue of *OP*.

We look forward to a quality Combined Sections Meeting, a wonderful new year and wish all of you a healthy and enriched 1992.



Jan K. Richardson, P.T., Ph.D., OCS President

# FROM THE SECTION OFFICE

Terri A. Pericak, Administrative Director

The 1991 Fall Executive Committee meeting in Pittsburgh, PA proved to be very productive. Our new Member-at-Large, Stanley Paris, PT, PhD, was oriented to the Section bylaws and policies and procedures and many new ideas were brought forth for discussion. Many business items were moved on and a future planning session was conducted emphasizing a reorganization of the Section structure. All the details are listed in this issue of *OP* under Fall Executive Committee meeting minutes.

The Administrative Director attended a seminar entitled "How to Plan a Meeting" held in Richmond, VA last fall. The two and a half day course was very informative emphasizing everything from choosing a topic and location for the seminar to obtaining speakers, marketing, conducting the course and follow up after the meeting. The information proved to be very

valuable.

The American Society of Association Executives (ASAE) held their annual management conference in Chicago last October. The Administrative Director attended the meeting and participated in sessions on the American Disabilities Act, financial management for non-profit associations, and hotel contact legalities and pitfalls for meeting planners. The information presented was excellent and the materials obtained will be extremely valuable as a resource.

The ABPTS requested that all Sections which presently have a specialty exam, produce a bibliography which can be sold to those applying to sit for the exam. The Orthopaedic Section has requested all OCS' to submit their list of references to the Section office by December 20. These will be compiled and made available for sale at the end of the first quarter, 1992.

The Section will be conducting a preconference instructional course at CSM in San Francisco entitled "The Performing Artist and Physical Therapy". Registration is limited due to room size so sign up early. For more information on the course and how to register, please see page 11 in this issue of *OP*.

The Orthopaedic Section booth will be set up in the registration area at CSM. In addition to all the education courses and promotional item information, we will have sample golf shirts, sweatshirts, and long sleeve T-shirts imprinted with the Section logo available for sale. The Managing Editor for JOSPT will also be on hand at the booth to answer any questions you may have regarding the Journal. Please stop by and see what new and exciting things the Section has to offer. We look forward to seeing you!

# CAN I BENEFIT FROM AN INDIVIDUAL RETIREMENT ACCOUNT (IRA)?

By Larry Boatman, an Investment Executive who provides investment advice to the Orthopaedic Section, APTA

Do you have an Individual Retirement Account (IRA)? Have you made your 1991 IRA contribution? Is it advantageous for you to continue making IRA contributions? Are your IRA investments producing a good return or could they do better?

Those are questions I often ask my clients. Perhaps you've raised the same questions about your investments.

What is an IRA? It is a retirement vehicle available to you that allows you to put up to \$2,000 a year of earned income into an account that grows tax-deferred until you start making withdrawals sometime after 59½ years of age. In addition, many people gain a tax write-off each year simply by contributing a portion of their income to their IRA and deducting that amount from taxable income. Even if your contribution isn't deductible, the earnings on your contribution grow tax-deferred so they compound more quickly then a taxable investment.

Some of the most commonly asked questions about IRAs are:

Q. I'm covered by an employer's retirement plan. Do I still qualify?

A. Yes. While your income level determines how much of your contribution is tax-deductible, all earnings on the contributions grow tax-deferred until you begin taking benefits, usually after retirement.

Q. How much can I contribute?

A. Each year you can contribute up to \$2,000 or 100% of your earned income, whichever is less.

Q. What if I'm employed only part-time? A. You can contribute up to 100% of

your income, to a maximum of \$2,000.

Q. When are contributions due?

A. Contributions for a given tax year may be made any time from January 1 of that year until April 15 of the following year. However, the earlier you contribute, the more you benefit from tax-deferred compounding of your earnings.

Q. Must I contribute to my IRA each year?

A. No. Annual contributions are voluntary.

Q. Can I invest IRA money only in CDs? A. Through a Self-Directed IRA, you can invest IRA dollars in nearly any investment you choose, including CDs, ginnie maes, zero coupon bonds, US treasury securities, mutual funds, common stocks and bonds. You can also trade securities within your IRA as often as you like with no current tax impact.

Q. If I have an IRA at another financial institution or roll-over assets from my employer's plan, can I transfer them into a Self-Directed IRA?

A. Yes. Assets from other IRAs and employer-sponsored retirement plans can be moved into your Self-Directed IRA with little paperwork and no tax consequences.

Few investment ideas are as completely beneficial as the IRA. If you've delayed opening an IRA, or if your present IRA limits your investment plans, consider a Self-Directed IRA. If you're interested in receiving more information, contact me today by calling the Orthopaedic Section office.



# FLORIDA HEALTH CARE COST CONTAINMENT BOARD DRAFT REPORT ON PHYSICIAN OWNERSHIP AND JOINT VENTURES AMONG HEALTH CARE PROVIDERS

This is a reprint of the Reed Smith Memorandum

Please note: Subsequent to the preparation of this Memorandum, the Florida Health Care Cost Containment Board released a revised draft of Volume II of its study on joint venture arrangements. The revised draft has slightly different statistics in some instances, but the overall conclusions were unchanged.

On August 19, 1991 the Florida Health Care Cost Containment Board released a draft of Volume II of its three phase study on ownership arrangements ("joint ventures") among health care providers. The study found that physicians refer patients to certain health care services in which they have a financial interest at significantly higher rates than when there is no financial relationship.

In response to these findings, the House Ways and Means Subcommittees on Health and Oversight had a joint hearing in September on "Physician Ownership Referral Arrangements." The authors of the Florida study testified at the hearing.

This memorandum will summarize the results of the Florida Health Care Cost Containment Board study and highlight the key findings regarding various health care specialties. It will also provide more information on the upcoming Congressional hearing.

# I. FLORIDA HEALTH CARE COST CONTAINMENT BOARD STUDY

A. Purpose

In 1989, the Florida Legislature directed the Health Care Cost Containment Board to study "joint-venture" arrangements among health care providers. The Board defines "joint venture" as "any ownership, investment interest, or compensation arrangement between physicians and any health care professional who makes referrals and an entity providing health care goods or services."

The Florida study expands on a 1989

Office of Inspector General ("OIG"), Department of Health and Human Services ("HHS"), report on physician ownership arrangements. The OIG examined such arrangements in eight states and found that, among those states, Florida had the highest percentage of physicians involved in joint ventures.

The Florida study has three phases. Volume I, released in January 1991, contains a literature review and preliminary results of the Board's facility surveys on the prevalence, scope and nature of jointventure arrangements. Volume II, the draft of which was just released, contains additional information on the prevalence of joint ventures and, most importantly, assesses the impact they have on access, utilization, costs and quality of health care services. Volume III will focus on the adequacy of Florida's disclosure requirements and anti-kickback laws, and it will make policy recommendations to the Florida Legislature.

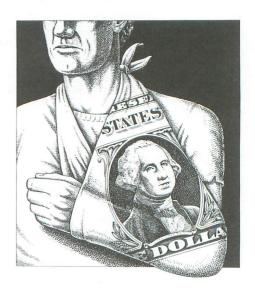
B. Findings

Volume II of the Florida study concludes that the impact of joint-venture ownership on access, costs, charges, utilization, and quality of health care varies by the type of facility. The study found clear problems with costs and quality in some types of facilities with joint-venture arrangements, while for other facilities the results were inconclusive or no adverse impact was found.

- 1. <u>Joint-Venture Arrangements Posting</u> Clear Problems
  - a. Clinical Laboratories

The report found that joint-venture clinical laboratories perform almost twice as many tests per patient, have higher charges, and provide lower quality services than non-joint venture labs.

- The number of tests per patient is 3.3 in physician-owned full service labs, compared to 1.7 in non-joint venture labs.
- Joint-venture labs generate 11 percent more revenue per procedure than non-joint venture full service labs.
- Gross revenue per patient in full service joint-venture labs is \$43, compared to under \$20 in non-joint venture labs.
- Gross revenue per patient in jointventure labs without courier services was over \$50, compared to under \$38 in non-joint venture labs.



b. Diagnostic Imaging Centers

Because physicians had ownership interests in all but eleven of the responding imaging centers, comparisons were made between utilization rates for the Baltimore metropolitan statistical area ("MSA"), which has few joint-venture diagnostic facilities, and three Florida MSA's with similar socioeconomic characteristics.

• Utilization of the mainly physicianowned magnetic resonance imaging machines ("MRI") in the Miami MSA was 67 percent higher than in Baltimore.

• The utilization rate for MRIs per thousand population in Baltimore is 12.3; the rate in Broward County, Florida is 38.6.

 Utilization of CAT scans in Miami was 28 percent higher than in Baltimore.

c. Physical Therapy/ Rehabilitation Centers

The Board found that jointventure physical therapy and rehabilitation centers have significantly higher average utilization and revenue per patient rates than non-joint venture centers. The Board also found that jointventure physical therapy centers provide a lower quality of care because workers spend less time with each patient.

· Physical therapists in jointventure centers treat 20 patients per day, while those in non-joint venture facilities average 12 pa-

tients per day.

 Patients treated at physicianowned physical therapy centers received 43 percent more visits per patient than patients treated at non-joint venture centers.

Joint-venture physical therapy

centers generate 30 percent more revenue per patient than non-joint venture centers.

 Patients at joint-venture rehabilitation centers receive 35 percent more physical therapy visits than those treated at nonjoint venture centers.

2. Joint-Venture Arrangements Posing Potential Problems

The report also found that further study was needed to determine whether there are higher costs and or lower quality care in joint-venture entities that provide the following types of care.

a. Ambulatory Surgical Centers

The study found that joint-venture ownership does not appear to significantly influence costs, charges, quality, or profitability of multi-specialty surgical centers

or ophthalmic specialty surgical centers. The results, however, represent small sample sizes, and the report notes that further study is needed to reach definite conclusions.

#### b. Durable Medical Equipment **Suppliers**

The Board found that the diversity in the services provided by DME suppliers precludes an in-depth analysis of the impact of joint ventures on this industry. The results indicated, however, that non-

joint venture equipment dealers provide greater access to patients with limited ability to pay.

c. Home Health Agencies

No meaningful measurements of quality of services were available by which to compare joint-venture to non-joint venture arrangements. However, Medicare certified and private home health agencies that were physician-owned experienced significantly higher utilization rates than nonjoint venture arrangements. Large jointventure home health agencies had 30 percent higher utilization rates than non-joint venture agencies.

d. Radiation Therapy Centers

The Board found that joint-venture ownership does not have a significant impact on the delivery of radiation therapy treatments in freestanding facilities.

Charges, however, can be higher in jointventure facilities. Joint-venture facilities charge, on average, \$5,040 per patient, compared to \$4,655 in facilities without physician owners.

3. Joint-Venture Arrangements Posing No Apparent Problems

The study found that joint-venture arrangements had little or no impact on access, costs, charges, utilization, and/or quality of care for acute care hospitals and nursing homes.

a. Acute Care Hospitals

Physician ownership of acute care hospitals in Florida is not common, and these arrangements appear to have little impact on access, costs, and charges for inpatient services.

b. Nursing Homes

The report concludes that jointventure ownership of nursing homes has relatively little influence on utilization, and that influences on charges tend to be positive or negligible.

4. Other Findings

The study also concluded that joint-venture arrangements do not increase the access of rural or undeserved indigent patients to health care, contrary to the claims of some proponents.

#### II. UPCOMING CONGRES-SIONAL HEARINGS

Representative Pete Stark (D-CA), Chairman, House Ways and Means Subcommittee on Health. and Representative I.I. Pickle (D-TX), Chairman of the Subcom-

mittee on Oversight, have announced that the Subcommittees held a joint hearing on physician ownership referral arrangements on Monday, September 16. Scheduled witnesses included the authors of the Florida study and providers "adversely affected by physician ownership/referral arrangements." Proponents of such arrangements have also been invited to testify. The hearing focused on these arrangements effects on access to, and utilization of, health services and the effectiveness of current laws in preventing abuses.

Charlie Harker of APTA has requested that the Section ask its members if anyone has specific examples relating to this Florida report. If so, please send it to: Charlie Harker, 1111 North Fairfax Street, Alexandria, VA 22314.

# PERFORMING ARTS IN PHYSICAL THERAPY

#### PRE-CONFERENCE ORTHOPAEDIC SECTION, APTA, INC. THURSDAY, FEBRUARY 6, 1992 SAN FRANCISCO, CALIFORNIA

- 8:00—8:15 Introduction
  Orthopaedic Physical Therapy for the performing artist.
- 8:15—9:15 Phillip Bauman, M.D.
  The orthopaedist's experience with performing artists. Common injuries seen in the dancer and musician.
- 9:15—10:15 Mindy Boehnert, P.T. The broadway performer and causes of their injuries. Traveling with a broadway show as a physical therapist.
- 10:15-10:30 BREAK
- 10:30—12:00 Loren Stolarsky, P.T. "The Pilates Method." A unique exercise system used in the performing arts community for over 50 years to help prevent and rehabilitate injuries. Lecture and Demonstration.

Orthopaedic Section, APTA, 505 King St, Suite 103, La Crosse, WI 54601

- 12:00—1:30 LUNCH
- 1:30—2:30 (Speaker to be announced)
  Physical therapy and the Musician.
  Specific physical therapy for the musician and his/her instrument. Technique modification and work hardening for the musician.
- 2:30—3:30 Phillip Bauman, M.D.

  Working with the physical therapist to develop dance technique specific rehabilitation programs.
- 3:30—4:? Round table questions and answers.
- **Dr. Phillip Bauman** is a medical consultant for the dancers in the New York City Ballet and American Ballet Theater. He has a private practice in New York City which specializes in performing arts injuries. Dr. Bauman also treats patients at the Miller Health Care Institute.

Loren B. Stolarsky, P.T., is a physical therapist specializing in performance related injuries. She has worked with dancers from companies including the New York City Ballet, Alvin Ailey, Dance Theatre of Harlem, Paul Taylor, American Ballet Theatre and various Broadway shows. Ms. Stolarsky presently practices at Performing Arts Physical Therapy in New York City.

Mindy Boehnert, P.T., is a physical therapist for the international tour of Jerome Robbins' Broadway. She is in private practice in California, and plans in the future to open the new Performing Arts Physical Therapy satellite office in Los Angeles, which will specialize in the treatment of performing artists.

prepared by Sean P. Gallagher

# REGISTRATION FORM PERFORMING ARTS IN PHYSICAL THERAPY

\* Limited to first 60 registrants!

Please check appropriate fee: ☐ \$100.00 Orthopaedic Section Member	□ \$175.00 APTA Member	□ \$200.00 Non-APTA Member
Name		
Mailing Address		
City	State	Zip
Daytime Telephone Number	APTA member #	
If notification of cancellation is received in writing prior to the course, the Absolutely no refunds will be given after the start of the course.	registration fee will be refunde	ed, less a 20% administrative fee.
Room space is limited to 60 people. However, a waiting list will be compi	led in case of cancellations!	
Please make check payable to: Orthopaedic Section, APTA Mail check and registration to:		

# **CSM ORTHOPAEDIC SECTION PROGRAM**

#### Thursday, February 6th 8:00-5:00

Council of Section Presidents Mtg. Council of Chapter Presidents Mtg.

8:00-4:30

Pre-conference Performing Arts in Physical Therapy \*\*See enclosed brochure

4:00-6:30 Program Chair Meeting

#### Friday, February 7th

8:00 - NOON Access to Health Care: Is Everyone Entitled? Johnette Meadows, MS, PT Moderator

\*1:00 - 3:00 Head & Neck Roundtable Speakers-Dr. Terry Tanaka, Dennis Langton & Tom Eggleton

3:00 - 4:00 Head & Neck Roundtable **Business Meeting** 

\*1:00 - 4:00 Foot & Ankle Roundtable -Insensitive Foot Combined with Speaker-lames Birke, MS, PT

4:30 EXHIBIT HALL OPENS

#### Saturday, February 8th

7:00 - 8:00 Special Interest Group Business Mtg-Industrial PT

\*8:00 - 10:00 Hot Topics in Industrial PT Speaker Susan Isernhagen, PT

\*8:00-10:00 Peripheral Neuropathy Multi-Section Programming

10:00 - 11:00 EXHIBIT HALL, UNOPPOSED SESSION

\*11:00 - 2:30 Research Presentations

\*11:00 - NOON Clinical & Research Issues in Cumulative Trauma Disorders Multi-Section Programming

12:30 - 1:30 Clinical & Research Issues . . . cont.

\*1:00- 2:30 PTA Massage Soft Tissue Multi-Section Programming Speaker TBA

\*1:30-2:30 Reflex Sympathetic Dystrophy Multi-Section Programming Speaker Susan Stralka, PT

2:30 - 3:30 EXHIBIT HALL, UNOPPOSED SESSION

3:30 - 5:30 Reflex Sympathetic Dystrophy cont.

6:00 - 7:00 Paris Service Lecture Award James A. Gould, MS, PT

7:00 Black Tie & Roses

#### Sunday, February 9th

8:00 - 10:00 **Section Business Meeting** 

10:00 - 4:30 Equipment Selection for your Private Practice Setting Multi-Section Programming A unique format consisting of lecture, case study, panel discussion & practical experience (this program to be conducted in the Exhibit Hall)

11:00 - 1:00 Hand Fractures & Analogies with the Foot Multi-Section Programming Speaker Glen Pfeffer, MD

3:30 - 5:30 Manual Therapy Roundtable Speakers-Phillip McClure, MS, PT, OCS: Kelly Fitzgerald, MS, PT; Paul Beattie, MS, PT, OCS

5:30 - 6:30 Business Meeting-Manual Therapy Roundtable Patricia King, PT; Peggy Hiller, PT

#### Monday, February 10th 7:00 - 8:00

Program Chair Meeting

8:00 - 10:00 Presentation on Reimbursement Charlie Harker, Coordinator

9:00 - NOON Health Care Reform: Is there a Future for Physical Therapy? Multi-Section Programming Speaker: Maggie Kuhn

# **WELCOME NEW MEMBERS**

## The Orthopaedic Section, APTA, Inc., would like to welcome all of our new members who have joined the Section for the first time within the last three months:

Adams PT, Nancy Adams, Keith Ahern, Sean Allen PT, Kathryn Alt PT, Carlynn Altland PTA, Linda Anderson PT, Betsy Anderson, Ashley Anderson, Deborah Angle PT, Danny Aquino PT, Maria Arguelles PT, Edith Armstrong PT, Tina Austin PT, Laurie Austin PT, Terri Azulay PT, Naomi

Baisas PT, Marie Balser, Craig Balter, Melissa Barber PT, Nancy Barnard PT, Gaye Beaty PT, John Beck, Retha Becker PT, Julia Bennett PT, Carol Betts PT, Diane Bishop PT, Julie Blair, Angela Blatt PT, Philip Blaylock, Leah Bluhm PT, James Blythe, Alison Bolton PT, Ann-Marie Bonacci, Mary Ann Borup PT, Cory Bouziane, Mark Bowling, Gregory Bowser PT, Barbara Boylan, Brad Bradford, Terri Bradway, Kelly Brady, Lori Brakeville, Clayton Brandenburger, Ann Brooks PT, Randall Brooks, Glenn Buncic PT, Judith Burke PT, Wendy Burstein PT, Amir Bussell PT, Robert Byrd PTA, Brenda

Canonaco, Laurie Carey, Nancy Chapla, Kathleen Chatrath, Mamta Choo PT, Ai-kin Christiansen, Carl Ciccone, Lisa Cifarelli, Mark Clemensen, Shawna Cluchey PT, Elizabeth Colwell PT, Marian Conrad PT, Richard Contino, Carl Contreras PT, Deborah Contros PT, Vicki Converse, Barbara Cooper, Laura Coote PT, Fiona Cox PT, Brian Cox, Karen Crane, Lana Creedon PT, Patricia Creel PT, Jana

Crook PT, Stephanie Cutler PT, Judith Cyphert, Lynne Czoo, Joseph

Damon PT, David Danelski PT, Catherine Davis, Robin Deaton PT, Darin Decker PT, Robert Defer PT, Nicole DeFrances, Susan Del Rosario PT, Marie DeMartino, Vincent Denham, David Dennis PT, Deborah Dickson-Steinagle, Dana Dietenberger, Agnes Difede, PT Salvatore Donners, Dhana Dooley PT, John Dopias PT, Jonathan Dorman PT, Jann Ducham PT, Susan Dugadle PT, Tammy Duifhuizen PT, Marcel Dunn PT, Teresa Durnil, William

Echols, Christina Eckert PT, Prudence Edwards PT, Toni Eggebrarten PT, Bradley Embree PT, Julie Erb PTA, Beth Erdmann, Stacie Eugenio, Rene

Faletti PT, Julie Feltman PT, Barbara Felton PT, Jerry Fenton PT, Carol Fitch PT, Dale Fitzpatrick PT, Marian Fix, Elizabeth Fletcher PT, Thomas Flot, Shawn Ford, William Francesca PTA, Sonia Franklin PT, Kimberly Freitag PT, Shanda French PT, Kathleen Friedrich PT, Kathleen Friedrich PT, Katherine Furney PTA, Roberta

Gabusi, Carolyn Galus, Lisa Gan PT, Kim Gannon PT, Bernadette Garcia PTA, Eleazar Gardner, Mary Gayle PT, Michael Gengo, Joanne Gerencser PT, Anna Gharavi PT, Mohammad Giorno, Joseph Glad PT, Tina Glennemeier, Lori Gluckson PT, H. Mark Godlweski PT, Anita Gold PT, Florence Gombas PT, Kathleen Gowan PT, Alyssa Granfortuna PT, Nancy Gray PT, Diana Grebe, Terri

Greene PT, Dana Greene PT, Edward Grossnickel PT, Christine Gubler, Coral Guimond, Karen Gula, Donna

Hagan PT, Diane Hagopian, Kavork Hamilton, Kari Hamrick, Darren Hardy PTA, Joseph Harms PT, Paul Harris PT, Lisa Hartman PT, William Hashimoto PT, Lynn Hastings, Christa Haug PT, Joanne Hawkes PT, Robert Heilman, Tamarra Heintzelman PT, Mathew Hemphill, Joel Hendrick PT, Sharon Herendeen, Jeffrey Herndon, Ann Hill, Von Hitchcock, Eric Hittner, Lori Hoffman, Michelle Hoggatt PT, Patricia Hogsette PT, susan Holbrook PT, Timothy Holmquist PTA, Marci Hood PT, Lucille Hoomalu PT, William Hoshi-Bush PT, Susan Howe PT, Steven Hu PT, Hsueh-Mei Mary Hughes PT, Richard Hutchings PT, Christophe

Inagaki PT, Eugene

Jackson PT, Jay Jaehning PT, Jane Janssen PT, Denise Jensen PT, D. Joan Johnson PT, Karen Johnson PTA, Darinka Jones, Jennifer Jordan, Martha Junek PT, Karen

Kadar PT, Susan Kanter, Harold Kaufman PT, Monika Kelly, Noel Kennedy PT, Kay Kennedy, Sheila Kesting PT, David King PT, Ronald Kobziewicz, Scott Kuper PT, Milagros

La Scala PT, Elizabeth Laitos PT, Julie Lalehzarian PT, Linda Lamb, Diane Lantican PT, Mercedes Lauffer PT, Michael Laughman, Amy Lavosky PT, Thomas Leberman, Sherrie Lehmann, Michele Lehnert PT, Regina Lenkowsky PT, Lynne Levy PT, Karen Lhotka, Kris Lindke, Sherry Longe, Karen Luepongsak, Niyom Lyttle PT, Jane

MacGray, Beverly Macha, David Mains, Julie Martin, Sheri Mathis, Franklin Matthiesen, Cindy Mays PT, Paula McBreen, Kelley McCarthy PT, Alison McCoy, Steven Mccumber PT, Barbara McDermott, Ann Mcdowell PT, James McGowan, Catherine McKinnon PT, Derek McMaines, Michael Meade PT, Roger Milani PTA, Deborah Mild, Christine Miller PT, Brenda Miller PT, Eileen Miller, Anna Miller, Marilyn Milligan PT, Leslie Mills, Alec Milowicki, Clifford Minett, Shirley Montana PT, James Mooney, Anne Moore PT, William Mordecai, Marybeth Mulcahy PT, Alan Mundy PT, Molly Musil PT, Teri

Nicolaysen PT, Arne Niklewicz PT, Robert Nishimura PT, Laurel Noel, Sandra Noonan PT, Particia Norris PT, Nancy

O'Brien, Margaret O'Meara PT, Nancy Ollard, Pamela Olson, Laura Olver PT, Larry Orsag, Paula

Page PTA, Jenita
Palfenier, Rebecca
Paluchowski, Nancy
Pancini PTA, Molly
Papa PT, Annuel
Parker PT, Robert
Patry, Nancy
Peck PT, Janet
Pierce, Sarah
Pirog PT, Beth
Posner-Mayer PT, Joanne
Price PTA, Judith
Prins PT, Ellen
Pschierer, Tammara
Puckett PTA, Paige

Quinlisk PT, Elizabeth

Race, Renee Rafeei PT, Tourage Raffensberger, Jackie Ramirez PT, Emily Randle PT, Connie Rebussini PT, Carol Reed, Heather Rehn PT, Bert Ricci PT, Judith Richards PT, Angela Richardson PT, Brenda Richardson PT, Kathryn Rodriquez, Victor Rosen PT, Linda Routh PTA, Kimberly Rumsey, Lydelle Ryan, Diane Rydak, Bryan

Sabbahi, Nabil Salazar PT, Leonardo Salvo PT, Paul Samuels PT, Jill Santos PT, Maria Schafer, Mark Schaffer PT, Sheila Schlichter PT, Mark Schmitt, Michael Schue PT, Gabriele Schweickert PT, Peggy Schweitzer, Laura Schwesel PT, Steve Scott, Jeanne Searls, Karen Seid, Linda Sells PT, Catherine Sentman, Robert Shaffer PT, Pamela Shearer, Linda Shepherd, Sheila Sheriffs, Robert Shook PT, Martha Sigulas PT, Janice Simpson PT, Melissa Slama PT, Elizabeth Slavics, Michael Smilnak PT, Karen Smith, Linda Smith, Paula Smith, Troy Snow PT, Pamela Snyder PT, Anita Speigel PT, Lynn Spencer PT, Gayla Spodek PT, Susan Stanaway PT, Ian Stark PT, Heather Steinberg PT, Daniel Stevens PT, Anna Stevenson PT, Cindy Stoddard PT, Philip Stokman, Willy Stoltz PT, Teresa

Talajkowski, Steven Talbott, Tim Tambley PT, Helberts Teymourian PTA, E. Angella

Stopper PT, Lisa

Storing PT, Sally Streb PT, Robert

Surgeon, Ramona

Svechota PT. Frank

Swanner, Daniel

Sydnor PT, Anna

Swezey PT, Leslie

Swygert PT, Marilyn

Storch, James

Thiele PT, Twila Thomas PT, John Thomas PT, Stephen Thompson-Brown, Susan Timerman PT, Teresa Toriscelli PT, Christine Tostenrud PT, Jill Treece PTA, Dayle Troxell, H. Wayne Trueblood, Dennis Tucker PT, Catherine Turner, Iames

Utyro, Anne

Van De Walker PT, Bernd Van Neste, Catherine Vandruff, Brenda Vann PT, Thamer Varner, Debbie Vecchia PT, Sandra Villalobos PT, M. Larry Volk PT, Carrie

Ward, Brian Wargo PT, Ann Watson, Margaret Watson, Patricia Weaver PT, Kevin Weiner, Richard Welden PTA, Regina Werner PT, Christophe Werner PT, Stephen Wexler PT, Judith Wheeler PT, Lou Ann Whipple PT, Thomas Whiteley PT, Elizabeth Wilder PT, Jack Willhite PT, Orieon Williams PT, Daniel Williams, Patricia Wilson PT, Julia Wise, Harry Wolfe, Bonnie Woodard PTA, Lorie Wu, Shannon Wuitschick PTA, Terese Wupperman PT, Richard Wyatt, Barbara Wyckoff, Marc

Youngblood PT, Michael

Zabriskia PT, Barbara Zacher PT, Cori Zahn PT, Daniel Zelden PT, Gregory Zieour PT, John Zimmer, Lisa Zimmerman PT, Edward

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Membership will pay for itself many times over throughout the year. The club's guaranteed low prices mean tremendous savings on all your travel including business trips, conventions, seminars and workshops as well as family vacations!

Plus, you'll enjoy time-saving conveniences tailored to your busy life. One phone call takes care of every detail. Our friendly club reservationists will make all arrangements for you, saving you valuable time and money.

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P.T.Travel Club's buying power guarantees the lowest available airfares on major scheduled carriers anytime you travel, anywhere in the world. The Club's computerized Quality

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A ski trip perhaps? Quality time under a palm tree? Whatever your preference, the Club can arrange it at wholesale prices for accommodations and deep discounted airfares. Ask us about wholesale vacations including villas, resort condos, and tours throughout the world.

#### 50% off Hotel Accommodations

Take half off the regular room rate at over 1200 hotels worldwide plus discounts up to 50% at an additional 20,000 hotels and bed & breakfasts in every conceivable destination!

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Stretch out in your own living room, kitchen and whirlpool tub as you stretch your dollar at luxury condominiums and villas across the U.S., Hawaii, Mexico and the Caribbean. Up to 25% savings!

#### Money Back Guarantee!

We will return your membership fee within 60 days, minus any bonuses paid, if you are not completely satisfied with Physical Therapists Travel Club.

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Enjoy fabulous gourmet meals and first-class entertainment on the world's most popular cruise lines. PTTC offers discounts of up to 60% per cabin on major cruise lines. That adds up to savings of \$300 to \$3000. Bon Voyage!

#### Car Perks

Club members enjoy significant savings and upgrade opportunities on rental cars from most major agencies including Hertz, Avis, National, Budget and Alamo. Or rent a luxury motorhome, RV or van at 10% savings plus 100 free miles per day!

#### All Aboard with Amtrak

Get on track with Amtrak, and save up to 20% on your next train trip to more than 500 cities nationwide. Amtrak offers Club members maximum flexibility with All Aboard America fares — you choose where you want to go and pay one of three low fares based on your destination. Plus, you have a leisurely 45 days to complete your trip!

#### Help When You Need It

Your membership card lists all the phone numbers you need to find help if you miss a plane, lose a passport, or just want to keep in touch with family and friends. Our emergency 24 hour/365 day toll-free line is good throughout the U.S. and over 50 countries. We can replace passports, visas, traveler's checks, drivers licenses, and notify major credit card companies of lost or stolen cards and order replacements. Use our toll-free electronic voice message service to leave a message for your family from anywhere in the world.

#### P.T Travel Fund

A 1% bonus will be placed in a special fund for the Orthopaedic Section, APTA to use at its discretion.

# Two Extra Bonus Perks for PTTC Members!

#### 3000 Free Rounds of Golf

You won't play all 3000 free rounds, but there's hardly a destination where one won't be waiting for you with the Hale Irwin Golf Passport, a \$60 value free to Club members. Greens fees are on us at more than 1200 golf courses nationwide! PTTC also maintains discounted golf packages at major resorts and golf academies.

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Save up to 50% on the world's best-known brands through AMERishop, our computerized discount shopping network. Fine jewelry, consumer electronics, and one-of-a-kind gifts are yours with a phone call. Use the handy toll-free number anytime—your order will be delivered to your door in factory-sealed cartons with full manufacturer's warranties. And, if you find a lower advertised price within 30 days of placing your order, AMERishop will refund double the difference—guaranteed! Get the most for your money through AMERishop.

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• Guaranteed Lowest Airfares for Business

- and Leisure Travel
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Spouse		
Number of children under 21 year	irs	
Address		
City	State	Zip
Phone ()_		
Annual Membership (for the	rapist and fami	ly):
Orthopaedic Section m	ember: \$89	\$Total
Join the Section for the \$50 and take advantage of registration rate immediate	the discounted	
Section Dues: \$50		\$Total
APTA member: \$149		\$Total
Non-APTA member: \$199		\$Total
	Grand Total	\$
Payment Method:		
☐ Check Enclosed		
☐ Charge to (circle one): MC	VISA	
Card #		
Evn Date		

#### Please make check payable to:

Orthopaedic Section, APTA

Mail check with this form to: Orthopaedic Section, APTA 505 King Street, Suite 103 LaCrosse, WI 54601

Or join by phone! Call **1-800-444-3982** 

# 1992 **MASTER CALENDAR**

#### **JANUARY**

١.	S	M	T	W	Т	F	S
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	26	27	28	29	30	31	

#### **FEBRUARY**

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

#### **JANUARY**

- HOLIDAY—New Year's Day
- **OP Mailing Date** 4
- JOSPT Mailing Date 19

 S	M	Т	W	Т	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

#### **FEBRUARY**

- Specialist Certification Exam
- 7-10 CSM-San Francisco, CA
- 17 Materials due April issue OP
- JOSPT mailing date

#### **MARCH**

JOSPT mailing date

#### APRIL

MARCH

S	M	Т	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

#### **APRIL**

- Component Leadership Seminar-Alexandria, VA
- JOSPT mailing date

# **OLA GRIMSBY COURSE CALENDAR 1992 Sorlandets Institute**

Location	Course	Contact/Phone
Pocono Mtns, PA San Diego, CA Park City, UT Chicago, IL Albuquerque, NM Indianapolis, IN Orlando, FL Dallas, TX Seattle, WA San Francisco, CA Detroit, MI Phoenix, AZ	MET Jan 29-Feb 2 S-1 Feb 12-16 S-1 Feb 26-Mar 1 S-1 Apr 29-May 3 E-1 May 20-24 E-1 June 17-21 S-1 Aug 1-5 S-1 Aug 22-26 MET Sep 23-27 S-1 Oct 7-11 E-1 Oct 28-Nov 1 MET Nov 11-15	Harold Millman, PT (215) 868-2211 Laura Rodgers (619) 585-4080 Rick Hobusch (801) 942-3892 Becky Schultz (815) 344-1919 Carleton Jones (505) 848-8388 Lana Phillips (317) 929-8925 Nancy Rausch (407)425-6011 MMTI (214) 235-6684 Sorlandets Institute (206) 259-0239 Linda Little (415) 776-3727 Dan Vaughn (313)380-5625 Fred Treece (602)497-6762

# HOME STUDY COURSE COMMENTS



The following is a list of comments from registrants currently enrolled in the Orthopaedic Section Home Study Course 91-1 on the Lower Extremity:



Dan Goldstein of West Palm Beach, FL Generally very good! Good review for



Nancy Ader of Summit, NJ I've enjoyed the manuscripts. Very well

Patsy Mangan of Missoula, MT Information is good. Good review. I will most definitely sign up for the course be-



Brad Hirl of Lake Geneva, WI

I like it!



Diane Britton of Dallas, TX I love the individualized study! It's a good way to get CEU credits. Manuscripts are very well written.



Guy Audet of No. Waterboro, ME Very informative!

ginning in March!



manuscripts.

Cindy Campbell of Mt. Pleasant, SC

Good information. I'm enjoying the

Gene Billings of Austin, TX

Good. Very full of information in a con-Jour very run or information in a confidence of format. Very applicable. Good didensed format. agrams.

Susan Jungbauer of St. Paul, MN Very good. Well organized.



Jay Lamble of Chicago, IL Information is good. Well organized. Good evaluation and treatment suggestions.



#### **ERRATUM**

In the last issue of Orthopaedic Practice there was an error in the information provided in the post graduate programs.

The correct information on Kaiser-Permante Medical Center is as follows:

Carol Jo Tichenor, MA, PT, Director Physical Therapy Residency Program in Advanced Orthopaedic Manual Therapy Kaiser-Permante Medical Center 27400 Hesperian Boulevard Hayward, California 94545 Phone: (510) 784-4259

# **Attention Life Members**

In order to be consistent with APTA's policy on life members, the Orthopaedic Section passed a motion at the Fall meeting to begin charging life members a reduced rate of \$25 per year for The Journal of Orthopaedic and Sports Physical Therapy, effective January 1, 1992. The regular subscription rate is \$64 per year. Life members will continue to receive Orthopaedic Physical Therapy Practice at no charge.

# ORTHOPAEDIC PHYSICAL THERAPY HOME STUDY COURSE 92-1 TOPIC: LOWER EXTREMITY COURSE LENGTH: SIX SESSIONS MARCH - AUGUST '92

Each manuscript will include:

ANATOMY • BIOMECHANICS • PATHOMECHANICS • EVALUATION • TREATMENT

#### Intended topics to date include:

Gait Analysis

Cardiopulmonary Disorders in Orthopaedic Physical Therapy

Foot & Ankle Mechanics Anterior Knee Pain The Cruciate Ligaments

Hip Mechanics

THE EDITOR:

Kent Timm, Ph.D., P.T., ATC, SCS, OCS, FACSM

St. Luke's Sports Medicine Saginaw, MI 48602 (517) 771-6677

REGISTRATION FEES:

If received by Feb. 17 After Feb. 17

 Orthopaedic Section Members
 \$150.00
 \$200.00

 APTA Members
 \$225.00
 \$275.00

 Non-APTA Members
 \$300.00
 \$350.00

\*If notification of cancellation is received in writing prior to the course, the registration fee will be refunded, less a 20% administrative fee. Absolutely no refunds will be given after the start of the course.

**EDUCATIONAL CREDIT:** 

CEUs have been requested. Number of CEUs will be confirmed at a later date.

A certificate of completion will be awarded to participants after receiving the final test.

#### FOR MORE COURSE INFORMATION, CONTACT:

Orthopaedic Section, APTA 505 King Street, Suite 103 La Crosse, WI 54601

1-800-444-3982 or (608) 784-0910 • FAX (608) 784-3350

# REGISTRATION FORM ORTHOPAEDIC PHYSICAL THERAPY HOME STUDY COURSE 92-1

	ORTHOFAEDIC FILISICAL INERATT HOME STODY COURSE 92-1
Name	
Mailing Address	·
City	State Zip
Daytime Telepho	one Number () APTA #
Please check:	<ul> <li>□ Orthopaedic Section Member</li> <li>□ APTA Member</li> <li>□ Non-APTA Member</li> <li>□ Non-APTA Member</li> </ul> (Wisconsin Residents add 5.5% Sales Tax)
	THE SECTION AND TAKE ADVANTAGE OF THE DISCOUNTED REGISTRATION RATE IMMEDIATELY! come an Orthopaedic Section Member (\$50) and take advantage of the \$150.00 membership rate.
	Please make check payable to: Orthopaedic Section, APTA  Mail check and registration to:
	Orthopaedic Section, APTA, 505 King Street, Suite 103, La Crosse, WI 54601

# **SECTION NEWS**

#### EDUCATION PROGRAM

The Education Program Committee is pleased to present our 1992 schedule of events:

- Conclusion of the first Orthopaedic Physical Therapy Home Study Course 91-1 on the Lower Extremity with 700 participants.
- Offering the second Orthopaedic Physical Therapy Home Study Course 92-1 on the Lower Extremity March—August 1992.
- CSM 1992 in San Francisco Friday, February 7 to Monday, February 10, 1992. Program on page 12.

**Program Highlights** 

- Physical Therapy for the Performing Artist—Pre-conference
  - Industrial Special Interest Group
  - Head and Neck Roundtable
  - Manual Therapy Roundtable
  - Foot and Ankle Roundtable
- James Gould, MS, PT Paris Distinguished Service Lecture
- Black Tie and Roses honoring Steve
   J. Rose Research Award Recipient and Paris
   Distinguished Service Lecture Award
   Recipient
  - Business Meeting, February 9, 1992
- "Equipment Selection for your Private Practice"—Multisection Programming
- Annual Conference 1992 Business Meeting June 14, 1992
- Review for Advanced Orthopaedic Competencies, Baltimore, MD July 19-25, 1992
- Business Meeting Baltimore, MD July 24, 1992
- Industrial Special Interest Group and Orthopaedic Roundtable Meetings, Educational Sessions, and Exhibit Hall July 22-24, 1992 (Tenative), Baltimore, MD.

We hope you will be able to attend the Section's Educational meetings at CSM in San Francisco, the Review for Advanced Orthopaedic Competencies course in Baltimore, or the Industrial Special Interest Group and Orthopaedic Roundtable meetings also in Baltimore. These are designed to promote the professional growth of our members. However, if you are not practicing in or near San Francisco or Baltimore and cannot travel this year the Orthopaedic Section's Home Study Course on the Lower Extremity may be your choice for continuing education.

If, due to personal scheduling constraints, you are unable to attend the 1992 Educa-

tion Programs you can actively participate in the Section by attending the Business meetings in February in San Fransisco, June in Denver and/or July in Baltimore.

Our activities this year are planned from coast to coast and may be as close as your mailbox. The Educational Program activities are a member benefit only if you choose to participate.

Z. Annette Iglarsh, PT, PhD Chair, Education Program Committee

#### PUBLIC RELATIONS

The Chairman attended the Fall Meeting in October. The 1992 strategic plan has been finalized.

The Public Relations Committee recently prepared an interview/article with Orthopaedic Certified Specialists. This was published in the Fall issue of *Orthopaedic Physical Therapy Practice*.

The Committee is currently working with Publications to establish a directory of Orthopaedic Residency Programs. We are also considering new promotional items.

Come visit the Section booth at CSM in San Francisco!

Jonathan M. Cooperman, M.S., P.T. Chair, Public Relations Committee

# INDUSTRIAL PHYSICAL THERAPY SPECIAL INTEREST GROUP

The Industrial Physical Therapy special interest group holds its first day of formal meetings and agendas at the Combined Sections Meeting in San Francisco. The following will be held on Saturday, February 8, 1992:

- Business meeting: to hold election of officers and form program committees for the coming year. This business meeting will also establish the direction for 1992. Please attend!
- 2) Hot Topics in Industrial Rehabilitation: This is a multi-speaker forum to talk about issues such as work conditioning/work hardening, CARF, Americans with Disabilities Act, etc. Come and hear updates on the following topics of interest for industrial physical theranists

Several speakers will discuss industrial injuries with upper extremity. Topics will include cumulative trauma, reflex sympathy and dystrophy, and evaluation and treatment of upper extremity cumulative dis-

orders.

Those industrial physical therapists who are not able to attend the Combined Section Meeting continue to have their name placed on a list for updates as they occur. Therefore, you may be advised of industrial physical therapy topics by having your name put on this mailing list. Please contact Susan at:

Susan J. Isernhagen, PT Isernhagen Work Systems 2202 Water Street Duluth, MN 55812 (FAX) 218/728-6454

#### **TREASURER**

The Executive Committee passed a motion at the Fall Executive Committee meeting in October, 1991, to adopt all motions put forth by the Finance Committee as listed in the September Fall Meeting minutes:

=MOTION=The Orthopaedic Section adopt the travel and per diem reimbursement consistent with APTA.=PASSED= EXPLANATION: The Orthopaedic Section will reimburse lodging expenses. This cost will not exceed the single room rate at the convention hotel. Reimbursement is made for only those expenses where original receipts are attached. The Section will reimburse \$45 per day for meals with receipts and \$26 per day without receipts. For meals over \$25 original receipts are required along with a signed written statement explaining the expenditure.

RATIONALE: This is in accordance with APTA's reimbursement policy. For budgetary purposes, \$150 will be allocated for lodging and \$45 for meals per day.

=MOTION=The Finance Committee recommends the adoption of the Employee Manual as revised by the Finance Committee September 7, 1991, to become effective January 1, 1992.=PASSED=

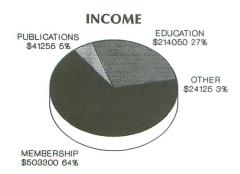
=MOTION=The Finance Committee recommends the Section adopt a flexible compensation plan with Insurance Center Administrators effective 1/1/92. First year expense will be \$841. Expense each year thereafter will be \$540. These expenses will be offset by the savings in FICA. =PASSED=

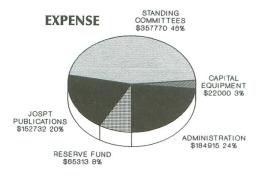
=MOTION=The Finance Committee recommends that the Section start a SEP at 5% in 1992.=PASSED=

=MOTION=Only life members will receive Orthopaedic Physical Therapy Prac-(Continued on page 21)

## Orthopaedic Section 1992 Budget

\$782,730



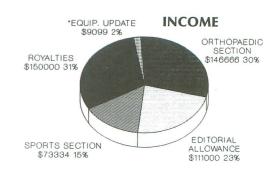


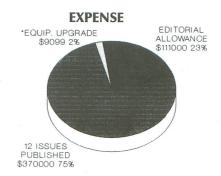
#### Strategic Plan Summary 1992

Program	Income	Expenses
Governance	\$ O	\$ 38,090
Administration	2,400	184,915
Membership	503,300	13,875
Education	214,050	163,260
Publications	41,255	67,625
Research	0	3,830
Specialization	20,000	7,225
Finance	0	17,770
Practice Affairs	0	3,640
Public Relations	1,725	8,120
Awards	0	5,535
JOSPT	0	152,732
Nominating Committee	0	7,465
Miscellaneous	0	21,335
TOTAL	\$ 782,730	\$ 695,417
Equipment Reserve	0	22,000
Reserve Fund	0	65,313
TOTAL	\$ 782,730	\$ 782,730
JOURNAL (JOSPT)	\$ 490,099	\$490,099

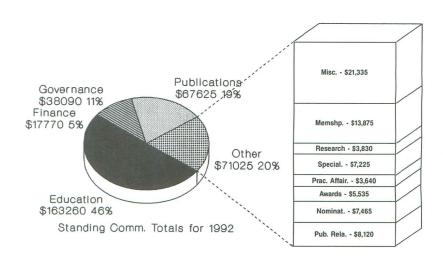
# JOSPT Publication 1992 Budget

\$490,099





# Standing Committees 1992 Budgeted Expense Breakdown



46% of Total Section Budget for 1992

# **MEETING MINUTES**

#### **FALL EXECUTIVE COMMITTEE MEETING OCTOBER 3-6, 1991** PITTSBURGH, PENNSYLVANIA **MINUTES**

#### CALL TO ORDER

Meeting was called to order by Dr. Jan K. Richardson, P.T., OCS.

#### **WELCOME**

#### PRESIDENT'S REPORT

- A. Approve Executive Committee Minutes (from AC June, 1991, Boston, MA) =MOTION=To approve minutes as amended.=PASSED=
- B. Review and Accept Agenda =MOTION=To approve the agenda as read.=PASSED=
  - C. Review of Meeting Procedures
    - Format of the Meeting
    - Motion Forms
- D. Correspondence and Telephone Contacts
- 1. Formation of Manual Therapy Academy:

Academy would like to work cooperatively with the Orthopaedic Section, the OSC, ABPTS and APTA in the development of a practical exam. Joe Farrell, Academy of Manual Therapy Chair, appointed Stanley Paris as the liaison from the Academy to the Section.

2. Orthopaedic Specialty Exam Bibliography:

A memo requesting bibliography references from all OCS' is now being considered. The sale of the bibliography is planned to begin after the first quarter of

=MOTION=That the Orthopaedic Section, with World Access Club, develop an Orthopaedic Travel Club to offer to members for purchase.=PASSED=

- =MOTION=That the Orthopaedic Section purchase an Orthopaedic Travel Club membership for all Section officers, Administrative Director, staff, Committee Chairs and reimbursable attending Committee members for a one year evaluation period. Based on a credit check effective immediately (24 persons at \$89 per person).=PASSED=One abstention.
  - 3. Other:
- a. The new liaison between the Sections which have specialization exams

and the ABPTS Board is Bob Mangine, PT, Sports Section President. The new alternate is Dr. Jan Richardson, PT, OCS, Orthopaedic Section President.

=MOTION=That the Orthopaedic Section permit the ABPTS to sell the Orthopaedic Competency manual from the APTA office if the sale of competencies is provided at the same pricing structure as from the Section office and will not prohibit the Section from selling the competencies directly.=PASSED=

#### **EXECUTIVE COMMITTEE REPORTS**

#### Vice-President—Duane Williams, P.T., M.A., OCS

Since the response from past surveys has been poor, it was decided to discontinue future surveys.

#### Treasurer-John Wadsworth, P.T., M.A.

=MOTION=To adopt the motion put forth by the Finance Committee on page one of the Finance Committee June meeting minutes.=PASSED=

=MOTION=Any financial agreements or dealings of the Orthopaedic Section require the direct involvement of the Treasurer and Administrative Director. All finalized agreements must be in writing.=PASSED=

#### Member-at-Large— Stanley Paris, P.T., Ph.D.

Topics of discussion included:

1. Bylaw recommendations from APTA The Bylaws have been updated based on the April ballot amendments. The Section is now in compliance with APTA bylaws. Recommended changes have been submitted from APTA to further clarify the Section bylaws. These changes will be discussed at CSM.

- 2. Recommended improving the method whereby members can vote on issues by increasing attendance at Combined Sections Meetings and Annual Conference.
- 3. Help provide support both in terms of information and possible personnel, to defend our practice rights at the State level where others are increasingly attempting to restrict or infringe on physical therapy practice.

4. Manual Therapy Round Table Patricia Hiller, PT and Trish King, PT have a role to organize the administrative development of the Manual Therapy Special Interest Group. Dan Riddle, MS, PT, Karen Piegorsch, PT, OCS and Stanley Paris, PT, PhD, will work on the content for the round table at CSM in 1992.

#### **Education Program—** Annette Iglarsh, P.T., Ph.D.

- 1. Updates given on the 1991 San Diego Review Course, Home Study Course on the Lower Extremity 91-1 and 92-1, changes implemented for the 1992 Review Course and future sites for upcoming courses.
  - 2. Orthopaedic Study Groups

Michael Tollan, P.T., will submit a proposal to the Section prior to CSM regarding additional services which could be provided to study groups.

#### Research—Dan Riddle, P.T., M.S.

Discussion included updates on the Rose Excellence in Research Award, Platform and Poster Presentations for CSM and the Manual Therapy Roundtable.

=MOTION=That the Research Committee consider the feasibility of expanding the time period for eligible journal research articles for the Rose Research Award and report to CSM 1992.=PASSED=

#### JOSPT Editor—Gary Smidt, P.T., Ph.D., FAPTA

Items of discussion included Journal manuscript quantity and quality, the status of JOSPT office equipment upgrade, the JOSPT organizational structure, the importance and financial cost of JOSPT representation at meetings both for Section business and marketing reasons, new Williams and Wilkins contract for 1993-1996, the Index Medicus application, the proliferation of journals and Guidelines for Orthopaedic Physical Therapy Practice and JOSPT.

=MOTION=That JOSPT and OP develop a list of publishing areas which are different as well as areas which overlap and report back to the Executive Committee by CSM 1992.=PASSED=

#### Administrative Director— Terri Pericak

Updates included attendance at a Meeting Planning Course in Richmond,

VA; 1994 Review Course site visit to Williamsburg; CSM Pre-Conference course information and; Section office information and personnel responsibilities.

#### **UNFINISHED BUSINESS**

#### Business Meeting Minutes from the San Diego Review Course— Dr. Jan K. Richardson, P.T., OCS

-Will be brought before the membership at the CSM business meeting for approval.

# Proposal from EARS for taping the 1992 Review Course

Explanation of the function and purpose of EARS was given as well as the outcome from their 1991 Review Course services. Based on the low response this year it was decided not to tape the 1992 review course.

#### **PROGRAM REPORTS**

# Governance—Jan K. Richardson, P.T., Ph.D., OCS

As reported under President's Report.

#### Administration—Terri Pericak

As reported under Executive Committee.

#### Membership—Nancy Yeske

Updates given on Membership Retention and Recruitment Seminar at APTA headquarters, new additions to OP, and Smith Abbott computer system.

# Education—Annette Iglarsh, P.T., Ph.D.

As reported under Executive Committee.

# Publications—John Medeiros, P.T., Ph.D.

Updates on *Orthopaedic Practice* and *Geritopics* in addition to the acceptance of the Hand Section proposal. The issue of Chiropractors writing and advertising in *JOSPT* was discussed as well as the issue of Officers and Committee Chairs being involved in POPTS situations.

=MOTION=That JOSPT discontinue running chiropractic advertisements for products or courses or accept abstracts from chiropractors related to chiropractic articles or books.=SECONDED=

=AMENDED MOTION=That the President of the Orthopaedic Section call a conference call meeting with the Advisory Committee to JOSPT to establish a moratorium on running chiropractic advertisements for products or courses or

accept abstracts from chiropractors. This issue to be studied and discussed at CSM 1992.=PASSED=

=MOTION=That the chiropractic contribution to JOSPT be brought as a business item for discussion to the membership at CSM 1992.=PASSED=

The Nominating Committee was charged with developing a policy on Officers and Committee Chairs involved in POPTS situations by CSM 1992. The Education Program Chair and Memberat-Large were charged with writing something up in bylaw format to bring forth to CSM.

#### Research—Dan Riddle, P.T., M.S.

As reported under Executive Committee.

# Specialization—Jan K. Richardson, P.T., Ph.D., OCS

Notification given that Susan Stralka, MS, PT needs to be replaced on the OSC when she rotates off in June, 1992. The replacement should be an OCS, preferably from the East, and have an academic background. Names to be brought forth for recommendation at CSM.

# Finance—John Wadsworth, M.A., P.T.

Motions

=MOTION= Adopt the 1992 Budget and Strategic Plan as recommended by the Orthopaedic Finance Committee.=PASSED=

=MOTION=To adopt all motions put forth by the Finance Committee as listed in the Fall Meeting minutes, i.e., per diem, reimbursement form, Employee Manual, retirement plan, Flexible Compensation, SEP, employee raises, life members, equipment reserve fund, policies and procedures.=PASSED=

=MOTION=The Finance Committee motion which approves per diem expenses being consistent with APTA become effective immediately.=PASSED=

# Practice Affairs—Bill Boissonnault, M.S., P.T.

Discussed at length Referral for Profit and the suggestions made by APTA on what the Section could do to become more involved in this issue.

Practice Affairs is to obtain permission from the Private Practice Section to reprint the article "Florida Health Care Cost and Payment Board Draft Report on Physician Ownership and Joint Ventures" in OP. At the bottom of the article state that Charlie Harker has asked the Section to ask its members if anyone has any

specific examples relating to the Florida report to send those examples to Charlie Harker.

# Public Relations—Jonathan Cooperman, M.S., P.T.

Annual Conference Raffle-Since the results of this year's raffle were very poor, it was decided that no raffle will be conducted in 1992.

# Awards—Jan K. Richardson, P.T., Ph.D., OCS

It was decided that all awards, both Section and National, should be handled by the Awards Committee. All positions for elected office, both Section and National, should be handled by the Nominating Committee. This will be clarified in the Policy and Procedures document for the Committees involved.

#### Nominating Committee— Helen Price Greve, M.S., P.T.

- 1. The names of APTA Officer Nominations and Section Officer Nominations that have been forwarded to the Nominating Committee were brought forth.
- 2. Discussed membership participation from all Section members. It was decided that a commitment to serve be obtained at the Business Meetings rather than later through a follow up letter.
- 3. If two people are nominated for the same office and one is a member, one is not, and both are qualified, the Section will nominate both.
- 4. APTA Award Nominations—The Nominating Committee Chair will communicate nominations to the Awards Committee Chair.
- =MOTION=That the Orthopaedic Section contact the Board of the APTA to recommend expanding the Chapter Award on Minority Enhancement to strike Chapter and include Component Award for Minority so that there could be some recognition to components other than at the Chapter level. =PASSED=
- =MOTION=That the nomination for National Awards include Orthopaedic Section and non-Section members. =PASSED=
- =MOTION=That nominations for National office include Orthopaedic Section and non-Section members with solicitation for additional Chapter and Section support for orthopaedic Section members with member approval. =PASSED=

#### M. ADDITIONAL MOTIONS

- 1. =MOTION=That Section officers and Committee Chairs may not serve as speakers at Orthopaedic Section programs and conferences but may present, without reimbursement, at Orthopaedic poster and platform presentations related to research.=PASSED=
- 2. =MOTION=That mail ballots for officer elections not be accompanied by any other materials.=FAILED=
- 3. =MOTION=That dates for Section meetings at which Section officers are expected or advised to attend be scheduled at the CSM of the year preceding the said meetings with the proviso when at all possible.=PASSED=
- 4. =MOTION=That the Committee on Practice be charged to establish a task force to study and report back to the Executive Committee by the 1992 CSM an initial draft of a plan to assist Section members and individual State Chapters to defend our practice rights.=PASSED=
- 5. =MOTION=That Committee Chairs be encouraged to include minority views when reporting to the Executive Committee and the Section.=SECONDED= After discussion, motion was withdrawn.
- 6. =MOTION=That the Orthopaedic Section schedule a Business Meeting to coincide with the Review for Orthopaedic Competencies to include a SIG/Round Table Education Meeting in July, 1992. =PASSED=

#### **NEW BUSINESS**

#### Government Affairs Program— Rick Reuss, P.T.

A strategic plan regarding legislative issues which involve the Section was presented and discussed.

- =MOTION=That the Practice Affairs Committee review the Government Affairs Proposal and report to the Executive Committee at CSM 1992 as to the Committee's plan to address legislative issues.=PASSED=
- B. =MOTION=That the Member-at-Large develop a Section policy on product endorsement.=PASSED=
- C. =MOTION=That Section staff study the feasibility and fiscal impact of publishing a telephone/address directory of the membership every two years and preproposal for 1992.=PASSED=
- D. =MOTION=That the Member-at-Large report to the Executive Committee at CSM 1992 as to the progress of updating the Section Policy and Procedures Manual to the current Section bylaws and APTA bylaws.=PASSED=
- E. =MOTION=Move to bring in an individual to function as a parliamentarian and be present at the CSM Business Meeting at a cost not to exceed \$60.=PASSED=

E. Sale of T-shirts—Section staff to look

into cost of purchasing different types and colors of golf shirts, etc. and embroidering and screening logo on the pocket or sleeve. Bring samples to CSM and take orders at the booth.

G. Terminology booklets—Each Officer and Committee Chair will be sent a terminology which is to be critiqued and comments brought to the Executive Committee at CSM for discussion.

#### Adjournment

(Continued from page 17)

#### TREASURER (cont'd)

tice but will not be entitled to receive The Journal of Orthopaedic and Sports Physical Therapy effective January 1, 1992.=PASSED=

=MOTION=The Finance Committee recommends the adoption of the Financial Policies and Procedures as a working document. The document will be reviewed by the Finance Committee twice per year.=PASSED=

## **Orthopaedic Section Logo Tape Measure**



This indispensible piece of equipment for any physical therapist is now available with the section logo. This 5 foot automatic return tape measure is black with a distinctive blue and white logo. Excellent for use in the clinic or as a gift.

#### Orthopaedic Section Logo Tape Measure

Only \$4.00 member \$6.00 non-member

To order send a check or money order payable to: Orthopaedic Section APTA 505 King St., Suite 103 La Crosse, WI 54601

Add \$2.50 per order for postage and handling. Allow 2-3 weeks for delivery.

# **Orthopaedic Section Mugs**



These distinctive deep blue mugs with white printing have the Section logo on one side and the definition of orthopaedic physical therapy or the Orthopaedic Section—the touch of class on the other side. Each mug has a lid which helps keep hot liquids warm and also serves as a base for the cup.

**Orthopaedic Section Mugs** 

Member Rate: \$5.50 each

Non-member:

\$20.00 for set of 4

(2 each style)

\$8.00 each

\$30.00 for set of 4 (2 each style)

Indicate style:

☐ Orthopaedic p.t. definition

☐ Orthopaedic Section the touch of class

To order send check payable to:

Orthopaedic Section APTA, 505 King St., Suite 103, La Crosse, WI 54601 Add \$2.50 per order for postage and handling. Allow 2-3 weeks for delivery.

# RESIDENCY PROGRAMS

The Orthopaedic Section, APTA, Inc. is not endorsing the following programs. We are just providing a listing as a service to our membership. If you know of any other residency programs that would like to be included in this listing, please contact the Section office for more details.

**Gulf Course Physical Therapy** 

Residency Program in Orthopaedic Manual Physical Therapy 1500 45th Avenue, Suite B Gulfport, MS 39501 601-863-1212 Director/Contact Person: Mr. Michael D. Rogers, PT, OCS

Kaiser Hayward Physical Therapy Residency Program in Advanced Orthopaedic Manual Therapy

27400 Hesperian Blvd. Hayward, CA 94545 415-784-4259

Director/Contact Person: Ms. Carol Jo Tichenor, MA, PT

**Kaiser Permanente Los Angeles** 

Orthopaedic Physical Therapy Residency Program 6041 Cadillac Avenue Los Angeles, CA 90034 213-857-2458 Director/Contact Person: Ms. Julie Patterson, MPH, PT

Director/Contact Ferson. 143. June Fatterson, 1411

The Ola Grimsby Institute, Inc.
3997 Crown Point Drive, Villa 35
San Diego, CA 92109
619-483-7246
Director/Contact Person: Mr. Ola Grimsby, MNFF, MNSMT
Part-time Residency Programs are available regionally!

Therapy Specialists, Inc.

Residency Program in Orthopaedic Physical Therapy 1221 Kapiolani Blvd., Suite 201 Honolulu, HI 96814 808-526-0108 Director/Contact Person: Mr. Alan J. Lee, MS, PT, OCS

# ORTHOPAEDIC STUDY GROUPS

In an attempt to identify for section members study groups which are functioning in their area, the following list of persons concerned with study groups is published. It is our hope to develop a network of study groups to facilitate acquisition of the vast amount of knowledge encompassed in the area of orthopaedics.

#### **ALABAMA**

#### Tuscaloosa Area Orthopaedic Study Group

James A. Korte, Coordinator c/o Department of Rehabilitation DCH Regional Medical Center 809 University Boulevard E Tuscaloosa, AL 35403 (205) 759-7157

#### **ARIZONA**

#### The Phoenix Manual Therapy Study Group

c/o Arizona Physical Therapy Professionals Timothy O. Fearon 6135 North Seventh Street Phoenix, AZ 85014 (602) 230-9871

#### **CALIFORNIA**

#### Los Angeles Orthopaedic Study Group

Lyman Kennedy, Chairman 4144 North Gayle Street Orange, CA 92665 (714) 638-9309 (Home) (714) 847-1367 (Work)

#### Manual Therapy Study Group

Alice L. McCleary 1321 Cary Way San Diego, CA 92109 (619) 488-6130

#### Northern California Orthopaedic Study Group

Richard Fike, MS, PT 4737 El Camino Avenue Carmichael, CA 95608 (916) 487-3473

#### San Luis Obispo Orthopaedic Study Group

Ross Dover 6854 Morro Avenue Morro Bay, CA 93442

#### **TMJ Study Group**

Joan Schmidt, P.T. 10921 Wilshire, Suite 704 Los Angeles, CA 90024 (213) 208-3316

# Santa Barbara Orthopaedic Physical Therapy Study Group

Michael A. Mocny, Chairman 411 West Pueblo Street Santa Barbara, CA 93105

#### **Bay Area Orthopaedic Study Group**

Daniel L. James, PT 1716 Ocean Avenue, #196 San Francisco, CA 94112-1792

#### CONNECTICUT

#### **Regional Physical Therapy**

Sharon Weiselfish, MA, PT Crossroads Plaza 740 North Main Street, Suite 2-G West Hartford, CT 06117 (203) 523- 5487

#### **FLORIDA**

# East Central Florida Orthopaedic Study Group

John C. Trittschuh 119 West Plymouth Avenue Deland, FL 32720 (904) 738-3456

#### **Manual Therapy Interest Group**

Adam Geril, MS, PT, Chairman Shands Hospital at the University of Florida P. O. Box J-341 Gainesville, FL 32611 (904) 395-0295

# Jacksonville Area Orthopaedic Physical Therapy Study Group

Don Hunter, MS, PT 4171 Roosevelt Blvd. Jacksonville, FL 32210 (904) 384-8798

# Southeastern Florida Orthopaedic Study Group

Bruce R. Wilk 8955 S W 87th Court, #212 Miami, FL 33176 (305) 385-0518

# Tampa Bay/St. Petersburg Orthopaedic Study Group

Mark A. Mlack 4003 Waterman Avenue Tampa, FL 33609 (813) 875-4607

#### ILLINOIS

# Chicagoland Orthopaedic Physical Therapy

Elena Kurth, Vice-President P.O. Box 4861 Oak Brook, IL 60522 (312) 525-7868

#### **PIAC Sports Medicine Study Group**

Kevin Wilk and Bill Moritz, Co-Chairmen c/o CORS 7600 College Drive Palos Heights, IL 60463 (312) 361-0608

#### **IOWA**

#### Mid Iowa Orthopaedic Study Group

Jim Nespor, PT, ATC Sports Medicine & Physical Therapy Center 132 Recreation/Athletic Facility Ames, IA 50011 (515) 294-2626

#### Southeast Iowa Orthopaedic Study Group

Amy Davison, Chairman St. Luke's Hospital c/o Physical Therapy Department 1026 A Avenue, NE Cedar Rapids, IA 52402 (319) 369-7278

#### **KENTUCKY**

#### Louisville Sports-Orthopaedic Study Group

Larry Benz, PT, Chairman 134 Heartland Drive Elizabethtown, KY 42701 1-800-248-8262

#### **LOUISIANA**

#### New Orleans Orthopaedic Study Group

Rebecca Devoe 136 Rosewood Metairie, LA 70005 (504) 831-4285

#### **Bayou Orthopaedic Study Group**

John Schmidt 1329 Englewood Drive Slidell, LA 70458 (504) 649-5311

#### **MARYLAND**

# Orthopaedic Study Group of Southern Maryland

Bob Grossman, Chairman 2415 Musgrove Rd. Silver Spring, MD 20904 (301) 989-9040

#### **MASSACHUSETTS**

#### Southeastern Massachusetts Orthopaedic Study Group

Nanci Machnik, P.T., Chairman Box 12-A, 3 Village Way Brockton, MA 02401 (617) 587-5367

#### **MICHIGAN**

#### Grand Rapids Area Orthopaedic Study Group

Joe Witte 355 Carlton, S.E. Grand Rapids, MI 49506 (616) 458-6198

# Southeastern Michigan Orthopedic Study Group

Frank Kava, P.T.
Oakland Physical Therapy, P.C.
39555 West Ten Mile Road, Suite 301
Novi, MI 48375
(313) 478-6140
FAX (313) 478-6167

#### **MINNESOTA**

#### Minnesota Orthopaedic Study Group

Dennis Cramblit
The Orthopaedic and Fracture Clinic
Physical Therapy-Sports Medicine Center
309 Holly Lane
Mankato, MN 56001
(507) 387-3444

#### Minnesota Orthopaedic Study Group

Jane Tadsen 501 South Maple Street Waconia, MN 55387 (612) 442-2191 ext. 632

#### **MISSOURI**

#### St. Louis Orthopaedic Study Group

Janet Tenhula, M.H.S., P.T. 509 S. Euclid Avenue St. Louis, MO 63110 (314) 362-2381

#### **NEW JERSEY**

#### North Jersey Orthopaedic Study Group

Brian Miller, Chairman 524 Westfield Avenue Westfield, NJ 07090 (201) 233-1222

# North Eastern New Jersey Orthopedic Study Group

Lewis F. Di Giovine, P.T. Hudson Heights Physical Therapy, Inc. 454 Central Avenue Jersey City, NJ 07307 (201) 798-5839

#### **NEW MEXICO**

#### New Mexico Manual Therapy Study Group

Jerry Hesch, P.T. 12512 Monarch N.E. Albuquerque, NM 87123

#### New Mexico Orthopaedic Study Group

Bruce Eckhardt 1008 Alvarado S.E. Albuquerque, NM 87108 (505) 266-9540

#### **NORTH CAROLINA**

#### **Triangle Orthopaedic Study Group**

Dennis Bongiorni 1510 Kirkwood Drive Durham, NC 27705 (919) 477-3606

# South Eastern North Carolina Orthopedic Study Group

Paul R. Murphy, Coordinator Wilmington Physical Therapy 2207 Canterwood Drive Wilmington, NC 28401 (919) 251-1818

#### OHIO

# Northeast Ohio Orthopaedic Study Group

Edie Knowlton Benner Ron Kleinman P.O. Box 17 Mantua, OH 44255 (216) 274-3148

#### **OKLAHOMA**

## Northeast Oklahoma Orthopaedic & Sports Physical Therapy Study Group

Martha Lindley-Woodward, Chairman Physical Therapy Consultants 4157 S. Harvard, Suite 111 Tulsa, OK 74135 (918) 743-2988

#### **OREGON**

#### Oregon Orthopedic Physical Therapy Study Group

Chris Hughes c/o Lloyd Center Physical Therapy 1727 N.E. 12th Street Portland, OR 97212 (503) 281-1924

#### **PENNSYLVANIA**

# Scranton/Wilkes-Barre Orthopaedic Study Group

Martin Stopper 232 Camelot Drive, RD #4 Clarks Summitt, PA 18411 (717) 586-8340

#### South Central Pennsylvania Orthopaedic Study Group

Ted C. Pedergnana 2120 Fisher Road Mechanicsburg, PA 17055 (717) 691-1400

#### **RHODE ISLAND**

# Orthopaedic Study Group of Rhode Island

Alan N. Silk, P.T. Occupational Orthopaedic Center, Inc. 590 Pawtucket Avenue Pawtucket, RI 02860 (401) 722-8880

#### **TENNESSEE**

#### Tennessee Orthopaedic Study Group

Greg Cross, PT The Sullivan Center 433 West Sullivan Street Kingsport, TN 37660 (615) 229-7958

#### WASHINGTON

# Washington Orthopaedic Special Interest Group

Gerry Chanbers 9251 39th Avenue, South Seattle, WA 98118 and Brenda Matter 3953 South Ferdinand Seattle, WA 98118

#### **WISCONSIN**

# Indianhead Orthopaedic Study Group of Wisconsin

Nan Belschner Cumberland, WI

# The Dogwood Institute, Inc. 1992 ORTHOPAEDIC SERIES

# The Foot and Ankle: Biomechanics, Evaluation, Treatment and Rehabilitation

Perform biomechanical evaluation of the lower quarter and interpret findings
 Distinguish normal and abnormal mechanics of the foot and ankle
 Develop a functional progression rehabilitation program for foot and ankle dysfunction following surgery and/or immobilization
 Determine orthotic treatment for foot and ankle dysfunction
 Fabricate a neutral foot cast for permanent orthotics

Length: 2 days Cost: \$295 CEU's 1

## Knee: Effective Evaluation, Treatment and Rehabilitation of Common Knee Problems

Design rehabilitation protocols based on a knee evaluation
 Select modalities for treating soft tissue injuries
 Choose exercise equipment for advanced rehabilitation
 Evaluate function tests for the knee based on various activity levels
 Appraise home treatment programs
 Utilize programs emphasizing the closed

kinetic chain . Analyze knee braces

Length: 3 days

Cost: \$375

CEU's 2.1

# **Head and Neck: Evaluation and Management of the Cervical Spine**

Recognize the common dysfunctions of the cervical spine
 Perform a palpation examination of the cervical spine
 Execute a diagonal-rotational-spiral cervical spine technique
 Identify rhythnmic-mobility-coordinating-cognitive awareness exercises
 Appraise the appropriate cervical supports for night use
 Length: 2 days
 Cest: \$295

CEU's 1.4

# **Head and Neck: Evaluation and Management of the Temporomandibular Joint**

Recognize various discondyle disorders and condylar translation
 Perform intraoral mobilization techniques
 Evaluate the rationale for an anterior reposition and non-positioning intraoral appliance
 Interpret the findings of a Temporomandibular Joint evaluation
 Execute an evaluation of the occlusion Length: 2.5 days
 Cost: \$350

#### **Observational Gait Analysis**

Use generic gait terminology to describe subclassifications of the swing and stance phases applicable to both normal and abnormal subjects
 Review normal muscle, joint action and torque demands during each gait phase
 Increase ability to identify gait deviations, causes and clinical significance
 Implement treatment programs based on the outcome of the gait analysis
 Length: 2 days
 Cost: \$295

### The Simplistic Approach in the Management of Back Pain

Identify the support and positioning needed to minimize pain while reclining, working, sleeping
 Adapt specific approaches to seating patients with asymmetrical pelvis
 Find and maintain lumbar spine positions
 Teach psychomotor skills to patients to aid control of trunk positions and movements
 Perform an examination to determine treatment selection and progress of the patient
 Develop stretching exercises for hamstrings, adductors, piriformis, trunk muscles and cervical region

Evaluate muscle trigger management

Length: 2 days

Cost: \$350

CEU's 1.6

#### **Shoulder: Mechanics and Rehabilitation**

• Identify the normal mechanics of shoulder movement • Evaluate the soft tissue interrelationship of the cervical spine • Perform individual mobilization techniques to the shoulder • Analyze surgical procedures for repair of shoulder macro and mirotrama •Design rehabilitation programs with specific exercise programs Length: 3 days

Cost: \$375

CEU's 2.1

## The Sporting Shoulder: Rehabilitation and Mechanics

Describe the normal anatomy and mechanics of the shoulder evaluate the principles of exercise and exercise progression in sports based rehabilitation ledentify the mechanics/techniques of the shoulder girdle during swimming, tennis, golf, gymnastics, throwing sports and football Examine patho-mechanics of overuse injuries Perform a thorough shoulder evaluation with appropriate tests for selected shoulder injuries Develop individualized treatment programs based on shoulder mechanics, exercises physiology and functional activity progressions
 Length: 2 days
 Cost: \$295

#### **Reflex Sympathetic Dystrophy Syndrome**

Recognize and identify the major components of RSDS
 Interpret the results of the clinical testing and diagnostics of RSDS
 Classify and recognize the staging process of RSDS
 Choose and execute a treatment program for the RSDS
 Execute a treatment program for RSDS
 Prepare patients for care presentations
 Length: 1.5 days
 Cost: \$225

# The 14th Annual Dogwood Conference Atlanta, GA April 2 - 5, 1992

COURSE 1992	2 JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	ост	NOV	DEC
Foot and Ankle				25 - 26 Lexington, KY			18 - 19 Milwaulkee, WI	29 - 30 Washington, DC	19 - 20 New Orleans, LA	17 - 18 Albu- querque, NM	7 - 8 Boston, MA	
Knee			6 - 8 Cincinnati, OH		29 - 31 San Antonio, TX	12 - 14 Philadelphia, PA	17 - 19 Milwaulkee, WI	14 - 16 Nashville, TN	18 - 20 Los Angeles, CA	9 - 11 Chicago, IL	6 - 8 Savannah, GA	11 - 13 Medford, MA
Cervical Spine	1 - =	22 - 23 Charlotte, NC			2 - 3 Lansing, MI	27 - 28 St. Louis, MO	18 - 19 Omaha, NE	15 - 16 San Diego, CA	12 - 13 San Antonio, TX		700	
TMJ			6 - 8 Lansing, MI			, , _			25 - 27 Birmingham, AL		13 - 15 Chicago, IL	
Gait Analysis			14 - 15 Tampa, FL			27 - 28 Baton Rouge, LA		29 - 30 Lansing, MI			7 - 8 Mesa, AZ	
Back Pain	17 - 18 Dallas, TX		6 - 7 Kansas City, MO		1 - 2 Buffalo, NY	5	25 - 26 Minneapolis, MN		2.2.7	23 - 24 Los Angeles, CA		5 - 6 Jack- sonville, FL
Shoulder	31-2/3 New Orleans, LA	14 - 16 Ft. Lauderdale, FL		24 - 26 San Francisco, CA	15 -1 7 White Plains, NY	5 - 7 Lexingto 26-28 Minnea			11 - 13 Arlington, VA	9 - 11 Atlanta, 23-25 Chicago		11 - 13 Mobile, AL
Sporting Shoulder		22 - 23 Los Angeles, CA										5-6 KC, KS 12-13 VA
RSDS					2 - 3 Chicago, IL					3 - 4 Wash- ington, DC		

To register or obtain more information please contact:



THE DOGWOOD INSTITUTE, INC.

P.O. Box 545 • Alpharetta, Georgia 30239-0545 404-751-9571 or Toll Free 1-800-533-2440 1-800-533-2440

Dates subject to change without notice

Revised 10/20/9

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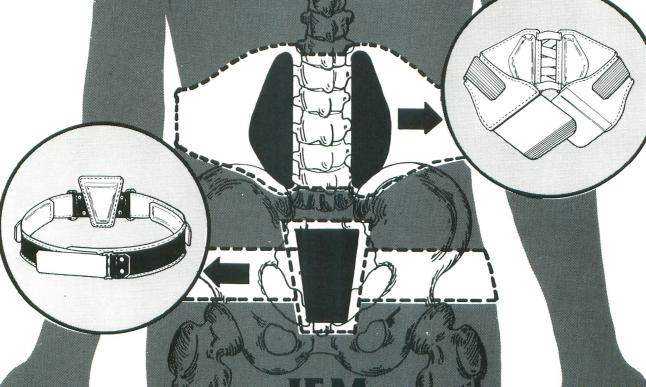
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1992 REVIEW FOR

ADVANCED ORTHOPAEDIC COMPETENCIES

JULY 19-25, 1992 BALTIMORE, MARYLAND Sheraton Inner Harbor

The purpose of the "Review for Advanced Orthopaedic Competencies" is to provide Orthopaedic Section members and non-members with a process for review. (It is not intended to satisfy examination criteria for the Orthopaedic Physical Therapy Specialty Competency examination, but to serve as a **review process only.)** 

See page 5 for registration and hotel information.

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