

PRESIDENT'S MESSAGE

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PASIG PRACTICE PEARLS PODCAST

We had an unanticipated delay in delivering part II of our Backstage Care topic but are pleased to share it with you this summer. Podcast #8 will feature Elisa LaBelle, PT, MSPT, OCS and Nicole Mawhirter, PT, DPT.

In this Performing Arts Special Interest Group Practice Pearls Podcast, we take on part two of our backstage series and delve into the intricacies of clinical decision-making within the unique setting of the backstage environment. Our discussion highlights the role of physical therapists in this space and how our Physical Therapy Practice Act serves as a guiding framework to delineate our scope of practice.

One key aspect we address is managing client expectations and fostering a clear understanding of our role in their care. Often, performing artists may have specific concerns or preconceptions about physical therapy. By effectively communicating our expertise and how we can support them, we build trust and collaboration essential for optimal outcomes.

Moreover, we explore considerations regarding the structure of physical therapy evaluations and treatments backstage. Given the dynamic and often fast-paced nature of backstage treatments, our approach must be efficient yet comprehensive. We discuss strategies for conducting thorough assessments while respecting time constraints and the demands of the treatment schedule.

Overall, Part II of our backstage series underscores the role of physical therapists in the backstage environment, emphasizing informed decision-making, effective communication, and adaptable practice strategies tailored to the unique needs of performing artists.

PASIG Student Scholarship

Student members of PASIG who have their abstract accepted for CSM 2025 are invited to apply for a scholarship for CSM 2025. The topic must be related to performing arts and physical therapy to be considered for the scholarship. Although the scholarship application doesn't open until November, CSM abstracts need to be submitted in **July**. Don't miss out on this opportunity! <https://www.orthopt.org/content/special-interest-groups/performing-arts/pasig>

PASIG student members should also check out the performing arts affiliations list on our website. <https://www.orthopt.org/content/special-interest-groups/performing-arts>

Get Engaged!

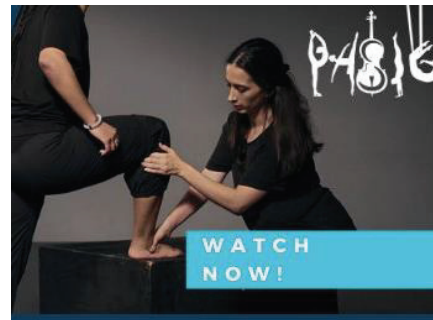
How would you like to be engaged? Are there podcast topics or citation blast topics that you'd like to learn more about? Is there an area of expertise that you'd like to share? Are you interested in connecting virtually through zoom events? The PASIG leaders are discussing ways to engage more of our members beyond the in-

person CSM events.

We are also trying to update resources that may be useful to our members. For example, in 2010 we created a Figure Skating Glossary for the Physical Therapist. We would like to update this resource with the help of 1-2 content experts and 1-2 artists. Please reach out if you are interested in volunteering.

A reminder, if you are new to PASIG, members receive direct citation blasts and access to our closed Facebook group. This site is frequently used to find providers in different areas of the country, ask clinical questions, and share special events. <https://www.facebook.com/groups/PT4PERFORMERS/>

Members can also repost our PASIG video, to help educate your followers about the role of performing arts physical therapists. Three different versions can be found on our closed Facebook page. The video is also posted to our PASIG Webpage. Be sure to check it out!! <https://www.youtube.com/watch?v=ah4XcvX1giE>



Performing Arts Fellowship

The PASIG also continues to support post-professional performing arts fellowships. The PASIG developed the Description of Fellowship Practice (DFP) for the Performing Arts, which serves as the curriculum guide for the three ABPTRFE accredited fellowship programs. Mentorship is the cornerstone of these fellowship programs. <https://abptrfe.apta.org/for-programs/clinical-programs/dfp/performing-arts>

If you are considering the fellowship path, the first step is an orthopedic residency or clinical specialization in orthopaedics or sports. For specific questions, reach out to our PASIG Fellowship chair, Tiffany Marulli, tiffany.marulli@sumc.edu or contact one of the fellowship directors directly.

- **Columbia University Irving Medical Center and West Side Dance Performing Arts Fellowship**
- Program Director: Laurel Abbruzzese la110@cumc.columbia.edu
- <https://www.ps.columbia.edu/education/academic-programs/programs-physical-therapy/performing-arts-fellowship>

- **Harkness Center for Dance Injuries Performing Arts Fellowship**
- Program Director: Angela Stolfi harkness@nyulangone.org
- <https://med.nyu.edu/departments-institutes/orthopedic-surgery/specialty-programs/harkness-center-dance-injuries/education/professional-development-students-healthcare-practitioners/academic-observation-fellowship>
- **The Johns Hopkins Hospital Performing Arts Fellowship**
- Program Director: Andrea Lasner danceFIT@jhmi.edu
- https://www.hopkinsmedicine.org/physical_medicine_rehabilitation/education_training/therapy-residency/physical-therapy/performing-arts-pt-fellowship.html

We are pleased to announce that a new Performing Arts Fellowship is being developed at the **University of Southern California**. The Program Director is Marissa Hentis: hentis@pt.usc.edu

<https://pt.usc.edu> Congrats USC!



Clinical Management of Circus Artists

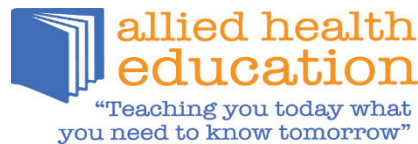
If you are looking for educational resources to improve your clinical management of circus artists, the new PASIG ISC may be just what you need! Too often artistic athletes report that their healthcare providers lack an understanding of the physical demands and context of their activity, and they don't trust us. This course pulls together the experience and expertise of the authors, as well as an extensive review of the sports science related to circus arts and acrobatics you won't see anywhere else! The printed resource also comes with photos and videos of circus artists that would be hard to find anywhere else.

Topics and Authors

- **Circus 101: Features and Feats of Circus Bodies**
Emily Scherb, PT, DPT; Heather Heineman, PT, DPT, OCS, WCS; Dawn Muci, DPT, SCS, ATC
- **Aerial Athletes: Flying, Hanging, Wrapping, Catching**
Emily Scherb, PT, DPT; Heather Heineman, PT, DPT, OCS, WCS
- **Equilibrium, Propulsion, Impact, and Control: Landing the Skills to Treat Ground Acrobats**
Dawn Muci, DPT, SCS, ATC; Stephanie Greenspan, PT, DPT, OCS, NCS

The ISC can be found on the Academy of Orthopedics website: <https://www.orthopt.org/content/education/independent-study-courses>

Announcing New Gymnastics Sports Medicine Certification- Practitioner (GSMC-P) through MedGym



As the Summer Olympics 2024 in Paris are quickly approaching, Allied Health Education is proud to announce a new Gymnastics Sports Medicine Certification – Practitioner (GSMC-P) offered in partnership through MedGym. This program will include a series of ten Gymnastics Sports Medicine courses for those therapists interested in enhancing their knowledge regarding the sport of gymnastics. These courses will specifically pertain to rehabilitation professionals working in injury prevention and rehabilitation of the athlete and will be taught by world renowned physical therapist, educator, lecturer and former gymnast, Gina Pongetti Angeletti MPT, MA, CSCS, Art-Cert. Allied Health Education is partnering with [MedGym](#) to offer these courses which can be taken individually or as part of the **Gymnastics Sports Medicine Certification – Practitioner (GSMC-P)** designation through [MedGym](#). Please visit www.alliedhealthed.com or [click here](#) for additional information.