

## PRESIDENT'S MESSAGE

Laurel Daniels Abbruzzese, PT, EdD | [labbruzzese@orthopt.org](mailto:labbruzzese@orthopt.org)

## PASIG at CSM 2024

Have you registered for CSM 2024 yet? If not, what are you waiting for? CSM is an excellent opportunity to meet other physical therapists that work with performing artists, interact directly with poster presenters to discuss performing arts research, and attend educational sessions for the performing arts physical therapist. If you are interested in getting more involved in a PASIG leadership role or by serving on a committee, be sure to come to the business meeting on Friday at 1:30 p.m. We will have breakouts at the end of the meeting for committee group discussions. We will also be presenting our PASIG Student Scholarship award(s).

**APTA CSM 2024** will be held Feb. 15-17, 2024, in Boston, Massachusetts at the Boston Convention and Exposition Center (BCEC). Please mark your calendar with the following CSM events:

### Thursday, Feb. 15, 2024

- **1:00 p.m. - 3:00 p.m.**

Thursday, February 15 Poster Session

#### 1300 Musculoskeletal Screening in Youth Circus Artists

Jaclyn Marie Ryan, PT, DPT, *Jacquelyn Minneva Voigt, PT, Ashley TeKippe, Kathryn Trunk, Lindsay Knight and Terese Lynn Chmielewski, PT, PhD*

#### 1301 A Service Learning Approach to Health and Injury Prevention Services for Collegiate Fine Arts Students

Katherine Danielle Metzger, SPT, *Brenna Ganzon, PT, Justin Lee Dietrich, SPT, Payton Mack, SPT, Tanner Mueller, SPT, Selene Barajas, SPT, Keoni Mark Kins, PT, DPT, ATC, Dustin Clow, PT, DPT, Brandi Nicole Varnado, PT, DScPT and Catherine Linda Turner, PT, DPT*

#### 1302 Informing Clinical Practice: Does Sex Explain Differences in Balance and Fear in Chronic Ankle Instability?

Brent Alfred Harper, PT, DPT, DSc, *Kevin Okuda, SPT, Alex Siyufy and Casey Nobles Vogel, PT, DPT*

#### 1303 Guided Motor Imagery Intervention for a Professional Flutist with Embouchure Dystonia: Riding a Backwards Bicycle

Karen EH Grossnickle, PT, MSPT, DHS

#### 1304 The Inter-Rater Reliability of the Airplane Test and Star Excursion Balance Test

Margaret J. Wiss, SPT, *Alexandra May Smith, SPT, Angelica*

*Pastrana, SPT, Tessa O'Hara, SPT, Gabrielle Ayoub, SPT, Adriana Ardila, SPT and Laurel Daniels Abbruzzese, PT, EdD*

#### 1305 Incidence of Musculoskeletal Injuries Related to Flooring Type in Adolescent Dancers.

Emalie Lawson, SPT, *Misty Lown, Michelle Marie Reilly, PT, DPT and Thomas Gus Almonroeder, PT, DPT, PhD*

#### 1306 Exercise Habits and Musculoskeletal Problems in Upper String Players

*Arie J. Van Duijn, PT, MSPT, EdD, Jacqueline Van Duijn, PT, DPT and Stephanie van Duijn*

#### 1307 Use of Body Mapping Education in Physical Therapy Management of College Musician: A Case Report

Jaime Alexis Del Palazzo, PT, DPT

- **3:00 p.m. - 5:00 p.m.**

#### OR-18278 Foundations for Optimizing Movement Performance and Return to Play for Instrumental Musicians

Janice C. Ying, PT, DPT, Clare C. Frank, PT, DPT, MS, Erin Michele Hayden, PT, DPT *and Michael King-Hon Tsang, PT, DPT*

### Friday, Feb. 16, 2024

- **1:30 p.m. - 2:30 p.m.**

**OR-19281** Pasig Membership Meeting

- **3:00 p.m. - 5:00 p.m.**

#### OR-18017 To Screen or Not to Screen: Important Considerations for Conducting Preseason Wellness Screens With Dancers

Laurel Daniels Abbruzzese, PT, EdD, Marisa E. Hentis, PT, DPT, Kynaston Schultz, PT, DPT *and Annette Y. Karim, PT, DPT, PhD*

I encourage you to use the search function on the CSM Programming web page to find additional programming including intersections between performing arts and other academies like Sports and Pelvic Health. APTA's 2024 Combined Sections Meeting offers diverse, forward-thinking programming. We hope you will join us for this exciting conference.

#### PASIG Engagement

What does being a performing arts physical therapist mean to you? Are you interested in sharing your journey? Are you interested in helping students and novice physical therapists build a career in this specialty area? We need your engagement!

Do you practice at a Performing Arts practice? Would you accept DPT students for a terminal clinical experience? If so, we'd like to add you to our Performing Arts Clinical Affiliation List,

which is updated yearly by our VP-Education, Melissa Strzelinski. [https://www.orthopt.org/uploads/content\\_files/files/PASIG\\_Clinical\\_Affiliations\\_2023.pdf](https://www.orthopt.org/uploads/content_files/files/PASIG_Clinical_Affiliations_2023.pdf)

We are always in need of more authors for our citation blasts. If you, physical therapist students, residents/fellows, or your colleagues may be interested in contributing to a Citation Blast (whether you have already been an author, or if you are interested in writing your first annotated bibliography), please email Michael Tsang [kinghontsang@hotmail.com](mailto:kinghontsang@hotmail.com). It is easy to learn, and guidance can be provided to you every step of the way. Our citation blasts are pushed out to PASIG members via email each month. Thank you to Charissa Chaban for the recent blast on "Conservative Treatment of Acetabular Labral Tears."

We also welcome your informal engagement on our closed FB site. This site is frequently used to find providers in different areas of the country, ask clinical questions, and share special events. <https://www.facebook.com/groups/PT4PERFORMERS/>

### Performing Arts Fellowship

PASIG leaders are frequently approached by students that have a background in performing arts and want to know how to chart their career paths. We know from experience that no two paths are the same. But one thing most paths have in common is clinical mentorship from physical therapists currently working with performing artists. Our PASIG developed a Description of Fellowship Practice (DFP) for the Performing Arts, which serves as the curriculum guide for the three ABPTRFE accredited fellowship programs. Mentorship is the cornerstone of these fellowship programs. <https://abptrfe.apta.org/for-programs/clinical-programs/dfp/performing-arts>

If you are considering the fellowship path, the first step is an orthopedic residency or clinical specialization in orthopaedics or sports. For specific questions, reach out to our PASIG Fellowship Chair, Tiffany Marulli, [tiffany.marulli@osumc.edu](mailto:tiffany.marulli@osumc.edu) or contact one of the fellowship directors directly.

### Columbia University Irving Medical Center and West Side Dance Performing Arts Fellowship

- Program Director: Laurel Abbruzzese [la110@cumc.columbia.edu](mailto:la110@cumc.columbia.edu)
- <https://www.ps.columbia.edu/education/academic-programs/programs-physical-therapy/performing-arts-fellowship>

### Harkness Center for Dance Injuries Performing Arts Fellowship

- Program Director: Angela Stolfi [harkness@nyulangone.org](mailto:harkness@nyulangone.org)
- <https://med.nyu.edu/departments-institutes/orthopedic-surgery/specialty-programs/harkness-center-dance-injuries/education/professional-development-students-healthcare-practitioners/academic-observation-fellowship>

### The Johns Hopkins Hospital Performing Arts Fellowship

- Program Director: Andrea Lasner [danceFIT@jhmi.edu](mailto:danceFIT@jhmi.edu)
- [https://www.hopkinsmedicine.org/physical\\_medicine\\_rehabilitation/education\\_training/therapy-residency/physical-therapy/performing-arts-pt-fellowship.html](https://www.hopkinsmedicine.org/physical_medicine_rehabilitation/education_training/therapy-residency/physical-therapy/performing-arts-pt-fellowship.html)

### PASIG Outreach - Video Project - Danielle Farzanegan

In 2023, we produced a PASIG outreach video under the leadership of Danielle Farzanegan. The video is posted to our PASIG Webpage. Three different versions can be found on our closed

Facebook page. This initiative falls within the AOPT strategic framework: **Positioning and Public Awareness** - Position members as experts in managing movement and functional performance impairments. All PASIG members may reuse the video as needed. We also encourage you to repost the video and share it with your own networks. Be sure to check it out!!

<https://www.youtube.com/watch?v=ah4XcvX1giE>

<https://www.facebook.com/groups/PT-4PERFORMERS/>

### New ISC! Clinical Management of Circus Artists



Now is the time to order the new PASIG ISC on Circus Artists! Too often artistic athletes report that their healthcare providers lack an understanding of the physical demands and context of their activity, and they don't trust us. This course pulls together the experience and expertise of the authors, as well as an extensive review of the sports science related to circus arts and acrobatics you won't see anywhere else!

#### Topics and Authors

- **Circus 101: Features and Feats of Circus Bodies**  
Emily Scherb, PT, DPT; Heather Heineman, PT, DPT, OCS, WCS; Dawn Muci, DPT, SCS, ATC
- **Aerial Athletes: Flying, Hanging, Wrapping, Catching**  
Emily Scherb, PT, DPT; Heather Heineman, PT, DPT, OCS, WCS
- **Equilibrium, Propulsion, Impact, and Control: Landing the Skills to Treat Ground Acrobats**  
Dawn Muci, DPT, SCS, ATC; Stephanie Greenspan, PT, DPT, OCS, NCS

The new ISC can be found on the Academy of Orthopedics website:

<https://www.orthopt.org/content/education/independent-study-courses>

