

GREETINGS FA SIG MEMBERS!

Here's your update on FA SIG activities during the past few months, and what to look for moving forward. CSM is fast approaching!

WHAT'S BEEN HAPPENING:

- 1) **Infographics** on Achilles Tendinopathy and Footwear have been completed and are posted [here](#). Thank you to our Practice Chair, Ashley Waite, for leading this effort.
- 2) A revised application to ABPTRFE for the **Foot and Ankle Fellowship Practice** was submitted in March. The response is pending.
- 3) FA SIG supported two physical therapists to present at the **American Orthopaedic Foot and Ankle Society (AOFAS) Annual Meeting** in Vancouver, Canada. Dr. Erika Nelson-Wong presented *The Physical Therapists' Approach to Managing Individuals with Nerve Pain* and Dr. Stephanie Albin presented *Physical Therapist Interventions – Dry Needling and Blood Flow Restriction*.
- 4) FA SIG sponsored the **October OPTP article** by Megan Sabo John, 'When is a Foot Problem, not a Foot Problem? A Case Report'. Go [here](#) for a great example of patient-specific care (and to review nerve distributions of the lower leg).
- 5) A new **Student Newsletter** was distributed this summer. The students interviewed former FA SIG Nominating Committee Member, Robert Sigler. They provided a literature review on 'Psychosocial Factors and Patient Experiences in Foot and Ankle Injuries' for your reading pleasure. You can find it [here](#). Thank you to our Student Membership Chair, Hayley Smitheman, and DPT students - Andrea Rose, Adwaita Bhagwat, and Tyler Arl.
- 6) Check out the [AOPT YouTube Channel](#). Search FA SIG to see our educational videos, including the recent addition by Jeff Houck and Tyler Whited on foot and ankle anatomy; complete with cadaveric videos! Great for students and anyone wishing to brush up on their anatomy.

WHAT TO LOOK FOR:

- 1) CSM 2025 Houston, Texas!
 - a. **Great Programming** includes the FA SIG sponsored Educational Session, *Stop the Guessing Game: Implementing Algorithmic and Criterion Based Functional Performance Testing in Foot-Ankle Injuries* (OR-20554; Thursday, February 14 at 8:00 a.m.). Remember to try to catch some of the great platforms (eg, OR-22228: Platform Session I, Thursday 8:00-10:00 a.m.) and posters too!
 - b. **FA SIG awards** will be presented at the AOPT Awards Ceremony on Friday, February 14, at 6:30 p.m. Come to cheer on your FA SIG colleagues and stay for the

Membership Appreciation Party.

- c. **FA SIG Social**. While we will not have an in-person FA SIG membership meeting (below), we intend to schedule a social hour! More info will be forthcoming.
- 2) The annual Membership Meeting will be held virtually after CSM: An update on all FA SIG initiatives and future directions will be presented and discussed. Keep a look out for the date and time.

Leadership Updates:

- 1) Thank you to **Marcey Keefer Hutchison** and **Abbis Jaffri** for their service on the Nominating Committee and as Research Chair, respectively. Your time, dedication, and contributions to the FA SIG are greatly appreciated.
- 2) Want to support and help spread the word about great foot and ankle research? **We need a new Research Chair!** Please let us know if you are interested.

*Hope to see you soon,
Frank*

FASIG Resources
Have you checked out the FASIG resources lately? If not, you may want to!

Infographics:

<https://www.orthopt.org/content/special-interest-groups/foot-ankle/foot-and-ankle-special-interest-group-infographics>

Foot Anatomy:

<https://www.youtube.com/watch?v=SBnmo8vmJZ8&list=PL0lr98qxr7H9FRILpB0YKNQE06DAbAjyP&index=3>

FASIG MEMBERS ONLY ACCESS:

Author Spotlight:

<https://www.orthopt.org/content/special-interest-groups/foot-ankle/fasig-author-spotlight>

Curricular Guidelines:

https://www.orthopt.org/uploads/content_files/files/FASIG%20curricular%20guidelines-June%2024_FINAL.pdf