

# occupationalhealth

## SPECIAL INTEREST GROUP

### Greetings and Happy New Year OHSIG Members!

#### Want to become more involved with OHSIG? Here are two opportunities for you to consider:

- We need another member to serve on the Nominating Committee. If you are interested, please contact Jennifer Pollack, Nominating Committee Chair at 414-649-5381 or email [jennifer.pollack@aurora.org](mailto:jennifer.pollack@aurora.org). The Board communicates via email, with quarterly conference calls. Our face to face meeting is at CSM. This is a 3-year term, beginning Feb, 08. Any questions/interest, contact Jennifer.
- Interested in writing an article for *Orthopaedic Physical Therapy Practice*? The topic needs to be relevant to Occupational Health, but other than that, it's wide open! It can be a case study, it can be on a unique approach you are using, results, etc. It's a great way to share information for those involved in Occupational Health. If you have any questions or if you are interested in writing, please contact Joe Kleinkort, OHSIG Secretary, at 817-638-3777 or email [IndusRehab@aol.com](mailto:IndusRehab@aol.com).

### CSM Nashville TN, Feb 7-9, 2008

We hope you plan to attend OHSIG programming, Manual Therapy for the Upper Extremity "itis" at CSM.

Description: This session will overview manual therapy interventions for overuse conditions of the upper extremity, focusing on nonsurgical management to minimize impairment and functional loss. Content will include up-to-date research on various manual therapy techniques, as well as the effectiveness of various strategies based on client presentation. Discussion will also review principles of identifying root cause irritations and assisting clients in implementing active self care and prevention strategies for work, home, and leisure.

#### Topic Areas to Include:

- Applications of manual physical therapy principles to upper extremity overuse
- Differential diagnosis of inflammatory and noninflammatory upper extremity conditions
- The role of a "mechanistic approach" in the determination of root causes of upper extremity overuse conditions
- Manual physical therapy management of common upper extremity overuse conditions

Also at CSM, all OHSIG members are invited to attend the OHSIG Business Meeting Friday, February 8, 7am. We will update members on Board activities. We hope you can join us.

### Planning Ahead

OSHA Region 5 will be holding a conference May 30<sup>th</sup> in Milwaukee with the focus on safe patient handling in rehabilitation settings. Kathy Rockefeller will be presenting the keynote address. In addition there is a potential opportunity to develop an alliance type relationship with NIOSH. Hear more on this and other topics at the OHSIG General Business Meeting at CSM.

*Sincerely,  
Margot Miller PT  
OHSIG President*