

# FOOT & ANKLE

## SPECIAL INTEREST GROUP ORTHOPAEDIC SECTION, APTA, INC.

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### PRESIDENT'S REPORT:

#### The Thrill of Victory... The Agony of De-Feet

After observing and contributing to this summer's Olympics in Athens with the US Beach Volleyball team as a sports medicine staff member, it became apparent that an inordinate amount of activity occurs behind the scenes. This is done in order to accomplish a successful outcome. The time, sacrifice, and energy that the athletes put into preparing for the games are unparalleled. The support staff also contributes in countless ways. Whether the result is a gold medal performance or a disappointing de-feet, coordinated teamwork is necessary.

Research concerning the foot and ankle may not always give the results that you desire. However, in order to complete the project, coordinated teamwork is required. A concept that is thought provoking challenges us and fuels the need for research. Those individuals who present stimulating concepts are our team members behind the scenes. To those who spend countless hours doing research and especially to those behind the scenes, I congratulate and thank you. You are the gold medal winners for our profession.

There are many ways of addressing the proper technique for resolving foot dysfunction. This myriad of techniques may eventually warrant research to test their efficacy. The following article is a concept that many of you may be familiar with. It is another attempt to achieve victory over the "agony of de-feet".

*Steve Paulseth, PT*