

ANIMAL REHABILITATION

SPECIAL INTEREST GROUP

MESSAGE FROM THE PRESIDENT

Is it spring yet? After my first winter in Boston, I'm reminded of the harsh, endless winters growing up in the Midwest. Fun times as a kid with "snow days," sledding, and hot chocolate, but challenging as an adult and especially as a physical therapist. It's not just about shoveling snow with proper body mechanics. How do you rehabilitate a Maltese after a cruciate ligament stabilization surgery when the snowdrifts tower over not just the dog, but also the dog's owner? When any pavement that's exposed is iced over like the TD Garden before a Bruins game? Regardless, I hope that you all had a healthy and safe winter. It was a wonderland here more days than not!

Thanks to all of those who were able to attend our programming at CSM this February in New Orleans. CSM attendance broke the records and Dr. VanDyke's lectures were very well attended. Thanks to Dr. VanDyke not only for her lectures but for being an advocate for physical therapists in animal rehabilitation.

We're looking forward to another productive year ahead. We'll soon be updating our Web page (www.orthopt.org) and more regularly updating our status on the Orthopaedic Section's Facebook page. If you have not already, you soon will receive a blast E-mail inviting you to participate in a survey regarding our legislative statement/position. This is a follow-up to our legislative luncheon from CSM 2010. Our hope is that following review of this survey by our members, we will be able to come to a consensus with regards to our SIG's position on legislation appropriate for physical therapists in animal rehabilitation. We will look forward to review of this consensus statement by the Orthopaedic Section and APTA as well.

As you are well aware, we are ALWAYS looking for volunteers. What skills can you share with other SIG members?

- Are you interested in your state's rules and regulations pertinent to a physical therapist's practice on/for animals? Volunteer to be a state liaison. Contact our practice chair/state liaison coordinator, Charlie Evans at cevans@ivghospitals.com.
- Have you treated an interesting case? Do you have a client handout that you'd like to share? Maybe a favorite exercise? Contact our newsletter chair, Lisa Bedenbaugh at LHinerman2@aol.com.
- Would you like to share what you learned when searching for research on a particular physical therapist's intervention for animals? Reviewed an article or series of articles? Ready to write up a paper for publication or an abstract for CSM posters or platforms? Contact our research chairs, Jennifer Brooks or Kirk Peck at jenequinept@charter.net and kirkpeck@creighton.edu.
- Do you have a physical therapy student in your practice? Are you looking for resources to help you to further educate that student? Contact Tammy Wolfe or Amie Hesbach at milehiwolfe@msn.com and ahesbach@ivghospitals.com.

There's always SOMETHING that can be done! Help us help our SIG!

Happy spring!
Amie

Animal Rehabilitation Special Interest Group (ARSIG) Business Meeting

APTA CSM 2011 New Orleans, Louisiana
February 11, 2011

Call to Order

Welcome

Roll Call & Introduction of 2011 Officers & Committee Chairs

Amie Lamoreaux Hesbach – President
Carrie Adamson Adrian – Vice President
Kirk Peck and Jennifer Brooks – Research Committee Chairperson
Charles Evans – Practice Committee Chairperson/State Liaison Coordinator
Cheryl Riegger-Krugh – Nominating Committee Chairperson
Jennifer Hill – Nominating Committee
Nancy Doyle – Nominating Committee
Lisa Bedenbaugh – Newsletter Chairperson
Jay Irrgang – Orthopaedic Section (OS) Liaison/ARSIG Advisor

Old Business

The CSM 2010 ARSIG Business Meeting Minutes were approved as presented.

President's Report (Amie Hesbach)

Legislative statement: There has been a motion to change the name of our SIG from "Animal Rehabilitation" to "Animal Physical Therapy," to better reflect the nature of what we do. Our SIG will continue to discuss this change with the Orthopaedic Section leadership. It was decided not to pursue a name change through the House of Delegates this year, so that more discussion and planning can take place.

Practice analysis: The data has all been collected and analysis of statistical results continues. The SIG hopes to have the results ready for members by CSM next year.

NARCA: There has been recent formation of a new group, the National Animal Rehabilitation and Conditioning Association, which invited members of the ARSIG to join.

Their mission is to work on resolving legislative issues arising around the practice of animal rehabilitation by nonveterinarians. There was discussion between members of NARCA and the ARSIG, and after consultation with the APTA, the ARSIG's position is not to currently join in, but continue our legislative efforts under the guidance of the APTA.

California: There is currently an issue arising in California that may restrict or prohibit Physical Therapists from being able to practice Animal Rehabilitation. The issue has been taken up by the California Veterinary Medical Association, which has developed a task force to examine the issues. Members representing the ARSIG/APTA will be presenting information to the task force to support the use of physical therapists treating in a collaborative manner with veterinarians. We will keep you apprised of any developments.

Clinical instructor resources: There is interest among SIG members to compile resource materials for those members who act in the capacity of clinical instructors. Tammy Wolfe and Lisa Bedenbaugh volunteered to assist in developing an outline of needed topics and begin compiling information. We welcome any other members who have an interest in assisting, or who have content that may be appropriate to add, to contact Lisa at LHinerman2@aol.com.

AARV (Dr. VanDyke): The American Association of Rehabilitation Veterinarians recently issued a revised position statement that included the use of physical therapists as a member of a collaborative, interdisciplinary team to provide rehabilitation to animals. They have also put out a "standards of practice" to the state Veterinary Medical Associations, recommending that in the practice of Animal Rehabilitation that there be a "veterinarian of record, who has medically cleared the animal, and that the evaluation and plan of care be initiated by a PT or vet. The ARSIG and AARV have open dialogue now, to work in a collaborative manner, and plans are in the works to try to match up state liaisons from each group, to assist with exchange of information between the organizations.

ACVSMR (Dr. VanDyke): There is a new college in the veterinary field now, the American College of Veterinary Sports Medicine and Rehabilitation. The fellows of this college would be similar to physiatrists in the human world. There has been interest from the ARSIG to discuss possible collaborative research work between ARSIG practitioners and residents in the veterinary program, in order to further advance the field of animal rehabilitation.

IAVPM: The International Association of Veterinary Pain Management is an interdisciplinary organization designed to promote education and expertise in the pain management of animals. Health care members who are interested in joining can go to www.iavpm.org for more information.

IAVRPT: Preliminary information was received that the 7th Annual Animal Rehabilitation symposium will be held overseas, possibly Austria. To keep informed on any new developments, or to join the organization, go to www.iavrpt.org.

Vice President/Education Committee Report (Carrie Adrian)

CSM 2011 - Dr. Jan Van Dyke lecturing on Veterinary Zoonoses, What You Need to Know Before You Treat That

Puppy! and Veterinary Red Flags, Endocrine, Metabolic, and Medical Syndromes That Might Be Lurking in Your Canine Rehab Patient.

Educational Opportunities: CSM preconference course; potential canine rehab ISCs: Discussion of what types of continuing education would be most beneficial to our membership. Ideas of having exercises, documentation forms, and the like added to the ARSIG's Web page were brought up, as well as having an independent study course for topics such as biomechanics, zoonoses/red flags, etc. There was also discussion of having a preconference course prior to CSM for a more "hands-on" topic, such as specific manual therapy interventions. If any members have specific topics they would like to see, please contact Carrie Adrian at carrie.adamson@vcahospitals.com.

CSM 2012 programming ideas: Members were asked about topics of interest for next year's CSM programming. Some of the ideas brought forth for discussion included "how I treat," with a panel of several clinicians and their methodologies; "Motor control in the trunk," for both canine and equine, "biomechanical changes in geriatric and sporting dogs," "what are likely contributors to certain presentations" and "different problems/diagnoses prevalent in different breeds."

Equine clipboard - Jen Brooks has volunteered to develop an equine version of the canine clipboard sold by the Orthopaedic Section, with proceeds to benefit the ARSIG.

Practice/State Liaison Committee Report (Charlie Evans)

After the blast E-mail sent to all the addresses that we had at the time, here are the liaisons and the states they represent who have responded positively.

Alaska	Laura Culp Elliott
California	Amy Kramer Tanya Dorman
Florida	Stacie Brown
Georgia	Lisa Bedenbaugh
Kansas	Connie Schulte
Maryland	Steve Strunk
Massachusetts	Amie Hesbach
Nebraska	Kirk Peck
Nevada	Robyn Roth
New Hampshire	Charles Evans Jennifer Brooks
New Jersey	Lisa Saez
New York	Linda McGonagle
North Carolina	Sarah Bauman
Tennessee	Cassy Englert
Washington	Cindy Benson McGregor
Wisconsin	Courtney Arnoldy

Janet Steiss informed us that she is retiring this year and would not be able to continue as the liaison for Alabama.

Deb Gross Saunders informed us that she was extremely busy and did not feel she could do justice to the Connecticut liaison position so she is stepping down.

The remainder of the presently listed liaisons either have not responded at this time or their E-mail address was no

longer valid and bounced back. If you are interested in serving as a liaison, please contact Charlie Evans at: cevans@ivghospitals.com

Research Committee Report (Kirk Peck and Jennifer Brooks)

Nominating Committee Report (Cheryl Riegger-Krugh)

Newsletter Committee Report (Lisa Bedenbaugh):

ARSIG members are encouraged to submit articles or other information regarding animal rehabilitation to LHinerman2@aol.com for future newsletters. Also, if you have interest in other topics or information to be presented, please E-mail Lisa for consideration.

Other Old Business

Professional Liability Issues (Deanna Rodgers)

Veterinary Insurance Reimbursement Issues (Charlie Evans)

Resources for ACCEs (Cheryl Riegger-Krugh)

Taskforce for the Definition of Standards of Education for Nonphysical Therapists (Cheryl Riegger-Krugh)

Continuing Education/Residency/Fellowship discussion

New Business

Call for Nominations, Committee Chairs, Committee Members

Clinical education committee

State liaisons

ISC committee

Request for Additional Information

Study groups?

CAAPT (Certificate of Achievement in Animal Physical Therapy)?

Legislative position online survey

CPA Statement

Other

Open Forum

MVRH Employment Announcement

Adjournment

Educational Programming:

The ARSIG was very excited to have Janet Van Dyke, DVM, present on "Zoonoses and Red Flags" at CSM this year. Dr. Van Dyke spoke about metabolic disorders (Addison's and Cushing's disease); parasitic, bacterial, and fungal infections; and the precautions of working with those animals presenting with those issues. She also spoke about the "red flags" that can present similar to musculoskeletal problems, and when to contact the referring veterinarian to discuss the case further.

A summary of Dr. VanDyke's talk will be available shortly to Section members on the Orthopaedic Section's Web site (www.orthopt.org).