

animalrehabilitation

SPECIAL INTEREST GROUP

NEWS FROM NASHVILLE, TN - CSM 2008

We had another successful series of meetings and interesting programming at CSM. The SIG offered our first joint-sponsored education session by teaming with the Aquatics Section. "Doing the Dog Paddle" compared the science of aquatics applied to humans, dogs, and horses. Beth McMahon, PT, MPT presented her human evidence-based perspective. Based on her years of experience at VCA Alameda East, Denver CO, Carrie Adrian, MS, PT shared her clinical use of underwater treadmills, lap pool, and larger swimming pool for canine rehabilitation. A practical approach to incorporating hydrotherapy techniques into equine rehabilitation was presented by Steve Adair, MS, DVM, DACVS from the University of Tennessee.

Our 7 AM SIG Business Meeting was well attended by 22 members and students willing to contribute their ideas (see Business Meeting minutes for details). The SIG officers met with Orthopaedic Section representatives to discuss Residency Programs, restructuring the SIGs and EIGs (Educational Interest Groups), the potential for a Masters in Animal Rehabilitation Degree program at Western University, and future educational planning. We also took advantage of our time together to discuss SIG goals, strategies, and projects for the future.

This was our TENTH ANNIVERSARY as a SIG! We have been successful through the efforts of a wonderful TEAM of physical therapists, support staff, and consultants who have encouraged, advised, and guided us over the years. We especially appreciate the input of Jan Richardson, Bill Boissonault, Marilyn Moffat, Lola Rosenbaum, Tara Fredrickson, Terri DeFlorian, Joe Godges, Steve McDavitt, Jody Gandy, Edson Donato, the APTA and Orthopaedic Section Board of Directors, Justin Elliot, our past officers, our State Liaison Network, and our dedicated membership. The ARSIG has grown from a handful of enthusiastic therapists to 640 members with a wide range of interests, educational needs, and practice concerns. We look forward to the future and the opportunity to promote our profession in a unique way.



The speakers from our CSM joint program with the Aquatic Section include from left to right: Carrie Adrian, PT; Steve Adair, DVM and Beth McMahon, PT.

Dates to remember . . .

- March 15: Practice Analysis Survey – deadline will likely be extended
- April 1: deadline for educational program submissions
- May 30: next deadline for contributions to newsletter
- August 13-16: International PT/DVM meeting at University of Minnesota
- August 30: nominations for SIG President and Secretary/Treasurer
- February 2009: CSM in Las Vegas, NV

As always, please feel free to contact one of the officers with any input or suggestions you may have.

*Lin McGonagle, MSPT, LVT
Secretary/Treasurer*

ANIMAL REHABILITATION SPECIAL INTEREST GROUP (AR-SIG) BUSINESS MEETING APTA CSM 2008 Nashville, Tennessee Friday February 8, 2008

- I. Call to Order at 7:09 AM. Carrie Adrian presided over meeting.
- II. Welcome and Thank you to FERNO for sponsoring the SIG programming and providing breakfast.
- III. Roll Call and Introduction of 2007 Officers and Committee Chairs.
 - A. Amie Lamoreaux Hesbach – President
 - B. Carrie Adamson Adrian – Vice President
 - C. Linda McGonagle – Secretary/Treasurer
 - D. Donna Redman-Bentley – Research Committee Chairperson
 - E. Charles Evans – Practice Committee Chairperson/State Liaison Coordinator
 - F. Cheryl Riegger-Krugh – Nominating Committee Chairperson
 - G. Amy Kramer – Nominating Committee Member
 - G. Joe Godges – Orthopaedic Section (OS) Liaison/AR-SIG Advisor
- IV. Thank you to Susan Giegold, our outgoing Secretary, and Katie Bruesewitz, our outgoing Nominating Committee Chairperson.
- V. Old business.
 - A. Approval CSM 2007 APT-SIG Business Meeting Minutes.
 1. MOTION - passed
 - B. President's Report
 1. Strategic Plan 2006-2009
 - a. Practice Analysis
 1. Survey- proposed completion by March 15th
 2. Analyze Data
 3. Publish/Present Results- possibly present preliminary data by August 2008 at International

- DVM/PT meeting
 - b. Plan for Strategic Plan Review
 - 1. Suggestions for Date/Location- none were brought forward
 - 2. Name Change
 - 3. HPSO/CNA Professional Liability Insurance Coverage
 - a. Michael Loughran: Michael_Loughran@asg.aon.com. Through HPSO
 - 4. State Government Affairs Forum 2007
 - a. Volunteer for 2008 – Lisa Bedenbaugh: Caring Canine in Stone Mountain, GA volunteered
 - 1. The meeting will most likely occur in a location on the east coast. We would like to send a state liaison each year to represent the SIG. Please let Amie know if you are interested in attending.
 - 5. Communication/Public Relations
 - a. Blast Emails
 - b. Newsletter in *OPTP*
 - c. Potential International Newsletter (Laurie Edge-Hughes, PT from Canada and Steve Strunk, PT – past SIG VP)
 - d. VetPT 2008 (August 13-16, 2008, Minneapolis, Minnesota)
 - 1. SIG Booth
 - a. We need volunteers to “man” the booth during exhibit hall hours. (Jennifer Brooks volunteered)
 - 2. SIG Business Meeting
 - 3. International Association of Veterinary Rehabilitation and Physical Therapy: www.iavrp.org, www.cvm.umn.edu/outreach/events/rehab/home.html
 - e. AR-SIG website: www.orthopt.org/sig_apt.php
 - 1. Membership Certificate- membership certificates have to come through the Orthopaedic Section office to verify current status of membership.
 - 2. Animal Rehabilitation Facility Directory
 - 3. Resources (Charlie Evans)
 - a. State Practice Act Summary- on website
 - b. State Liaison Listing
 - 4. Bulletin Board
 - f. APTA Website: www.apta.org
 - 1. Find a PT- hoping to add Animal Rehabilitation as special designation
 - g. Other ideas: FAQ for liaisons, legislators, DVMs. Information for PT students to learn about us, where to go to get started, educational opportunities (value and merit behind each). Investigate how we distribute this information to all PT schools.
 - h. YahooGroup Listserves
 - 1. VetPT
 - 2. CaninePT
 - 3. ARSIG
 - 4. Please let us know if you would like to be invited to join any or all of these listserves.
 - 6. WCPT (Steve Strunk)- communication between countries that have recognized Animal PT groups within their parent PT organizations is occurring. There is recent discussion of creating a newsletter to share information and research.
 - 7. Proposed Orthopaedic Section Meeting- this idea is being explored and a survey is available through Orthopaedic Section Website for input into whether an additional meeting is of interest to members.
 - 8. Proposed OS Bylaw Changes- Lin reviewed restructuring of SIGs and EIG (Educational Interest Groups) within the Orthopaedic Section. We are already meeting all requirements to function at SIG level.
- C. Vice-President/Education Committee Report
- 1. Independent Study Courses (Cheryl Riegger-Krugh)
 - a. Thank you, Cheryl for donating your funds to the SIG!
 - 2. CSM 2009 Programming – “The Divine Equine” – Narelle Stubbs/Hillary Clayton. Other topics of interest from the audience: Sports Medicine, common pathologies/injuries, neurologic rehabilitation; Jan Van Dyke, DVM(CRI) said they would be interested in sponsoring programming. State Liaison Forum/Roundtable. Animal Rehabilitation Case Review.
 - 3. Clipboards- as fundraiser—getting some graphic updates, then will be ready for distribution.
- D. Treasurer/Secretary Report—ideas to increase student involvement in SIG: offer a student scholarship; fund someone to attend student conclave/student liaison; send letter to PT schools

TREASURER'S REPORT CSM 2008

Total expenses for the 2007 budget year were \$ 5253.21 and were distributed as follows:

Stationery and supplies	\$ 0.00
Telephone	\$ 0.67
Postage	\$ 7.78
Printing	\$ 0.00
Awards	\$ 45.51
Travel CSM	\$2151.94
CSM Honorarium	<u>\$3047.31</u>

Total expenses: \$5253.21

Our annual budget from the Orthopaedic Section is \$5000.00. Encumbered funds (\$253.21) were accessed to cover the additional expenses incurred by CSM Programming.

The balance of encumbered funds is \$26,021. These funds increased in comparison to 2006 due to a generous donation from Cheryl Riegger-Krugh.

Goals for the upcoming budget are to support the implementation of our Strategic Plan, in particular the SIG Practice Analysis; to provide programming at CSM; and to encourage

the full participation of SIG officers and chairpersons by expanding the funding for travel to meetings when possible.

*Respectfully submitted,
Lin McGonagle, MSPT, LVT
Treasurer*

- E. Practice/State Liaison Committee Report
- F. Research Committee Report-Western University is proposing a Master's degree program with 2 tracks for PTs and DVMs, common core courses. Primarily online coursework. More details will be distributed as plans progress.
- G. Nominating Committee Report-positions of President and Secretary/Treasurer will be open. Will publish responsibilities in newsletter for member review.
- H. Orthopaedic Section Liaison Report (none forwarded)
- VI. New Business.
 - A. APTA Residency/Fellowship Credentialing Committee
 - B. Call for Nominations.
 - 1. President- none forwarded
 - 2. Treasurer/Secretary- none forwarded
 - C. State Liaison Resource: Animal Rehabilitation: Definition and Scope of Practice
 - 1. MOTION - passed
 - D. Call for Committee Members and State Liaison volunteers.
 - E. Veterinary Insurance Reimbursement Issues
 - 1. Patti Triola and VPI
 - 2. Task Force
 - F. Other New Business.
- VII. Open Forum- no concerns were brought forward for discussion.
- VIII. Adjournment at 7:55 PM. 21 attendees present for meeting.

PRACTICE ANALYSIS SURVEY

We are very excited to present Practice Analysis Survey. This survey arises from the Strategic Plan developed by the (then) Animal Physical Therapy Special Interest Group in the fall of 2005. We have been busy with the formulation of this survey since November 2006. We anticipate that the responses from this survey may affect the practice of animal rehabilitation by physical therapy professionals by influencing education, legislation, and practice. Through responses to this survey, we will be able to form a reference document which will guide our Special Interest Group in establishing competencies for physical therapy professionals in animal rehabilitation, influencing educational programs, and investigating the potential for the future certification of physical therapy specialists in animal rehabilitation.

The following link will direct you to our online Practice Analysis survey. We are very grateful to the APTA and Orthopaedic Section for their assistance in this project as well as the 7 members of our National Advisory Board and 30 members of our Expert Professional Panel who have assisted us in this project. The survey should take you approximately 30 to 45 minutes to complete.

http://www.orthopt.org/sig_apt_survey.php

We anticipate presenting our findings at the Fifth International Symposium on Veterinary Rehabilitation and Physical

Therapy in August 2008 and Combined Sections Meeting in February 2009. As well, our goal is to publish our findings in a peer-reviewed journal in 2009.

Thank you so very much for your assistance in this project.

THE NOMINATING COMMITTEE REQUESTS YOUR ATTENTION

We know you are interested in the SIG, and we believe you want the SIG to succeed in every way. We also believe that no one wants to commit to responsibilities without knowing what they are. Therefore, we are publishing the responsibilities of all the officers. The SIG will need to elect a President and Secretary/Treasurer next year. In 2010, the Vice President's position will be open. As an officer, you will find assistance for knowledge and skills, orientation, encouragement, and great camaraderie. Please review these officer responsibilities and consider whether you would like to serve the SIG in this way. You may contact one of the officers or the Nominating committee if you are interested or have questions. Thank you.

*Cheryl Riegger-Krugh, PT
Nominating Committee*

ANIMAL REHABILITATION SPECIAL INTEREST GROUP DUTIES AND RESPONSIBILITIES OF ELECTED OFFICERS

President:

Duties per Bylaws:

- serves as the official head of and public spokes person for the Special Interest Group (SIG)
- presides over all meetings of the SIG and the Executive Board
- is an ex-officio member of all committees except the Nominating Committee
- acts as a neutral member of the SIG in voting matters
- exercises the right to vote to resolve a tie vote
- is liaison to the Section
- responsible for writing and distributing a summary report to Section BOD outlining how the SIG has met the six purposes identified by the Section

Additional Responsibilities:

- appoints chairs and members of standing committees and, as necessary, appoints special committees
- directs SIG-related correspondence to appropriate individuals within the SIG
- sends copies of appropriate SIG-related correspondence to the Section office
- compiles the agendas for all meetings
- provides for the orientation of new officers and chairs
- attends the following meetings: SIG Executive Board Meetings and Conference Calls, SIG Annual Business Meeting at the Combined Sections Meetings (CSM)
- submits progress reports and other pertinent materials to the Section office by the deadlines specified in the Section calendar (e.g. approves the proposed SIG budget before

the Treasurer submits to the Section by July 1st for inclusion in the Orthopaedic Section's budget)

- attends APTA meetings in which the President's presence is required to represent the SIG
- extracts relevant information from the minutes of Section and APTA meetings and distributes them to appropriate individuals
- responds to requests received from the APTA and its Components, sharing information with the Executive Board as indicated
- determines what SIG information is housed at the Section Office and maintains SIG information that is not kept at the Section Office
- contributes to the Newsletter and solicit information from others
- works with the officers to develop answers to Frequently asked Questions that are published in the *Orthopaedic Physical Therapy Practice* and then are available to send to people asking those same questions
- oversees State Liaison Network. Assist in setting questions for liaisons to investigate each year
- monitors insurance coverage availability
- requests committee reports from all committees to be available for the CSM business meeting
- solicits action items from all committee and SIG officers prior to Board meetings. Discuss any controversial requests
- makes sure SIG matters are brought before the membership i.e. bylaws, minutes of business meetings, results of elections, results of surveys.
- oversees all committees. Check in with Chairpersons periodically to make sure progress is being made toward goals
- reviews and edit the Newsletter before it is sent to Board Liaison
- reviews minutes of the business meetings before they are submitted to the Section
- assists in coordinating educational programs offered by the SIG. Make sure SIG programming occurs at CSM to maintain visibility and credibility with the section
- solicits goals from each committee and facilitate the team to choose 2-3 goals to focus on for the upcoming year
- documents a written outline of duties and responsibilities and helpful information for understanding of this office and or orientation to the successor

Immediate Past President:

Duties per Bylaws:

- serves in an advisory capacity to the Executive Board

Additional Responsibilities:

- participates in Executive Board Conference Calls if requested by the Board

VICE PRESIDENT:

Duties per Bylaws:

- assumes the duties of the President if she/he is unable to serve and/or attend scheduled meetings
- is the Education Chair for the SIG and provides proposal for programming, works with the Section education chair to plan programming and serves as moderator for SIG educational sessions

Additional Responsibilities:

- serves as a voting member of the Executive Board
- reviews the policies and procedures and updates annually
- serves as liaison to Orthopaedic Section Meetings/Projects Coordinator regarding changes to Policies and Procedures
- attends the following meetings: SIG Executive Board Meetings and Conference Calls, SIG Annual Business Meeting at CSM
- forwards copies of official correspondence to the President and to the Section's Meetings/Projects Coordinator
- assists the President in providing for the orientation of new officers and chairs
- reviews and edit the Newsletter before it is sent to Board Liaison
- coordinates the annual survey of the membership and submits for publication in the Newsletter
- assists in setting questions for liaisons to investigate each year
- reviews the Web site periodically and make suggestions to section office
- contributes to the Newsletter and solicit information from others
- documents a written outline of duties and responsibilities and helpful information for understanding of this office and or orientation to the successor

SECRETARY/TREASURER:

Duties per Bylaws:

- assumes responsibility for submitting the SIG budget to the President for approval and then to the Section
- assumes responsibility for the disbursement and accurate recording of all SIG funds
- presents a written financial report at the Annual Business Meeting and at Executive Board Meetings
- records minutes of the Annual Business Meetings and Executive Board Meetings
- carries on official correspondence on behalf of the SIG including mailed notification of meetings and elections
- sends notices as specifically requested by the SIG Executive Board

Additional Responsibilities:

- serves as a voting member of the Executive Board
- serves as liaison to the Section Treasurer and Finance Committee
- distributes annual budget reports to the Executive Board via the Section office
- attends the following meetings: SIG Executive Board Meetings and Conference Calls, SIG Annual Business Meeting at CSM
- presents an updated budget proposal for the finance committee prior to the July 1st deadline
- forwards copies of official correspondence to the President and to the Section's Meetings/Projects Coordinator, if one has been assigned
- maintains a file of annual budget reports for use in assisting the President in the orientation of the successor to the office of Treasurer
- contributes to the Newsletter and solicit information from others

- records minutes of Executive Board Conference Calls
- distributes minutes to the Executive Board via the Section office
- serves as Editor for the newsletter if another Newsletter Editor has not been assigned
- sends all information to be included in Orthopaedic Physical Therapy Practice prior to each deadline (newsletter submissions) to the Section office
- serves as liaison to the editors of Section and APTA publications (eg, OPTP)
- forwards copies of official correspondence to the President and to the Section's Meetings/Projects Coordinator
- maintains a file that includes the following items for use in assisting the President in the orientation of the successor to the office of Secretary: minutes from meetings and conference calls, records associated with the newsletter
- makes reservations for dinner for SIG officers and lecturers at CSM
- assumes responsibility for answering Frequently Asked Questions as requested from the President from SIG members, potential SIG members, and other people interested in SIG matters. Provides the answers to these same questions to support staff at Section office, so that they have information to field simple phone requests
- documents a written outline of duties and responsibilities and helpful information for understanding of this office and or orientation to the successor