

**ICF-based Clinical Practice Guidelines Project Report  
CSM Board Meeting - February 2012  
Chicago, IL**

**Submitted by: Joe Godges, PT, DPT, MA, OCS  
Coordinator, ICF-based Clinical Practice Guidelines, Orthopaedic Section, APTA**

**Members and Terms:**

ICF-based Clinical Practice Guidelines Coordinator:	Joe Godges	2011 - 2014
National Guidelines Clearinghouse Coordinator:	JW Matheson	2011 - 2014
ICF-based Clinical Practice Revisions Coordinator:	Christine McDonough	2012 - 2015

**Advisory Panel Members:**

James Matheson	2008 - 2011*
Rusty Smith	2008 - 2011*
Phil McClure	2009 - 2012**
Anthony Delitto	2009 - 2012**
Joy MacDermid	2010 – 2013
James Irrgang	2007 – 2013

\*Replacement suggested

\*\*Reappointments suggested

**Practice Guideline**

**Reviewers:**

Roy Altman	Joy MacDermid
Anthony Delitto	JW Matheson
John Dewitt	Phil McClure
Helene Fearon	Paul Shekelle
Amanda Ferland	Rusty Smith
	Leslie Torburn

**Strategic Plan Activity:**

***A. Standards of Practice***

**Objective A**

Prior to 2015, have 15 ICF-based clinical practice guidelines for common musculoskeletal conditions gain acceptance for inclusion on the AHRQ's National Guidelines Clearinghouse.

**Completed Guidelines - all accepted to be on [www.guidelines.gov](http://www.guidelines.gov):**

1. Heel Pain – Plantar Fasciitis (2008)
2. Neck Pain (2008)
3. Hip Pain and Mobility Deficits / Hip Osteoarthritis (2009)
4. Knee Stability and Movement Coordination Impairments / Knee Ligament Sprain (April, 2010)
5. Knee Pain and Mobility Impairments / Meniscal and Articular Cartilage Lesions (June, 2010)
6. Achilles Pain, Stiffness, and Muscle Power Deficits / Achilles Tendinitis (September, 2010)

**Guidelines - under review**

7. Low Back Pain Clinical Guidelines

Status: completed JOSPT review - now with authors for final, minor revisions  
2nd revision on orthopt.org for members and others to review  
on schedule for April publication

Projected publication date: April 2012

8. Shoulder Pain & Mobility Deficits / Adhesive Capsulitis

Status: draft of manuscript edited by ICF-based PGC Coordinator - now with authors  
authors have completed 2nd revision - in final touch up phases  
next step is for CPG coordinator to review  
then the CPG will send to content expert reviewers - will request George Davies,  
Paula Ludwig, Jeff Placzek or Paul Roubal, and Kevin Wilk to be reviewers

Projected publication date: Summer 2012

9. Non-arthritic Hip Disorders

Status: draft of manuscript with JW Matheson (NGC Coordinator) being edited  
there has been an unacceptable delay with moving this guideline toward  
production. The reasons for this delay can be discussed during the meeting  
it will be a priority to move this guideline to publication in 2012 - primarily so  
that the Hip Workgroup can begin work on the Hip Fracture guideline.

Projected publication date: Summer, 2012

**Potential Future Clinical Practice Guidelines:**

10. Elbow Epicondylitis\*

11. Carpal Tunnel Syndrome\*

\*collaborating with the Hand Therapy Section

12. Hip Fracture\*

\*collaborating with the Section on Geriatrics

13. Lateral Ankle Sprain

14. Shoulder Rotator Cuff Syndrome

15. Shoulder Instability

16. Patellofemoral Pain

17. Knee Osteoarthritis

18. Anterior Cruciate Ligament Injuries: Prevention and Rehabilitation\*\*

\*\*to discuss/potential collaboration with the AOSSM? and the Sports Section?

19. Throwing Injuries to the Shoulder and Elbow: Prevention and Rehabilitation\*\*

\*\*to discuss/potential collaboration with the AOSSM? and the Sports Section?

**Discussion/Suggestions for the Board of Directors:**

1. Formalize the relationship with the Section on Geriatrics for producing the Hip Fracture guideline in process that parallels the relationship with the Hand Therapy Section.

2. Consider creating clinical practice guidelines for the following topics:

a. Anterior Cruciate Ligament Injuries: Prevention and Rehabilitation

b. Throwing Injuries to the Shoulder and Elbow: Prevention and Rehabilitation\*\*

with potential collaboration with the American Orthopaedic Society of Sports Medicine and maybe the Sports Physical Therapy Section, APTA

3. Appoint Phil McClure and Tony Delitto to another term as Advisory Panel Members.
4. Appoint another individual as an Advisory Panel Member to replace Rusty Smith. I suggest Todd Davenport. Consider keeping this panel at 5 members instead of 6 and not replacing JW Matheson.
5. Work will begin on revisions of the Heel Pain and the Neck Pain clinical practice guidelines for 2013.