

**ICF-based Clinical Practice Guidelines for Common Musculoskeletal Conditions  
CSM Board Meeting - –January 2013  
San Diego, CA**

**Submitted by: Joe Godges DPT  
ICF-based Clinical Practice Guidelines Project Coordinator, Orthopaedic Section, APTA**

**Strategic Plan Directive:**

ORTHOPAEDIC SECTION, APTA STRATEGIC OBJECTIVES 2010-2014

Standards of Practice - develop and disseminate outcomes studies

Objective A: Create clinical practice guidelines - 15 guidelines by 2015

**Stages of Clinical Practice Guideline Development**

<u>Stage</u>	<u>Description</u>
1.	Topic Selected
2.	Initial Draft in Development
3.	Initial Draft Reviewed and Edited by Coordinator
4.	Author Review and Approval of Coordinator Edits
5.	Place Draft on orthopt.org to Disseminate and Solicit Feedback
6.	Draft in Review by Content Experts
7.	Authors Incorporating Content Expert Comments
8.	Content Expert Draft Review by Coordinator
9.	Place Updated Draft on orthopt.org to Disseminate and Solicit Feedback
10.	Draft in Review by Stakeholder Reviewers
11.	Authors Incorporating Stakeholder Reviewer Comments
12.	Stakeholder Reviewer Comments Review by Coordinator
13.	Draft in Review by <i>JOSPT</i> Editors
14.	<i>JOSPT</i> Editor Draft to Authors for Change Requests or Approval
15.	Final Draft to <i>JOSPT</i>
16.	Authors Review of Proofs
17.	Publication in <i>JOSPT</i>
18.	Submission for National Guidelines Clearinghouse Acceptance

**CURRENT STATUS**

**Completed Guidelines - all accepted to be on [www.guidelines.gov](http://www.guidelines.gov):**

1. Heel Pain – Plantar Fasciitis (2008)
2. Neck Pain (2008)
3. Hip Pain and Mobility Deficits / Hip Osteoarthritis (2009)
4. Knee Stability and Movement Coordination Impairments / Knee Ligament Sprain (2010)
5. Knee Pain and Mobility Impairments / Meniscal and Articular Cartilage Lesions (2010)
6. Achilles Pain, Stiffness, and Muscle Power Deficits / Achilles Tendinitis (2010)
7. Low Back Pain (April 2012)

**Guidelines - under review**

8. Shoulder Pain & Mobility Deficits-/-Adhesive Capsulitis

Status: Stage 11

Projected publication date: May 2013

9. Ankle Stability and Movement Coordination Impairments-/-Ankle Ligament Sprain

Status: Stage 7

Projected publication date: July 2013

10. Non-arthritic Hip Joint Pain

Status: Stage 5

Projected publication date: September 2013

**Guidelines - under construction - ie, literature is being reviewed and drafts are being created**

11. Elbow Epicondylitis

12. Carpal Tunnel Syndrome

13. Patellofemoral Pain

14. Medical Screening - Lower Quarter (collaborating with the Federal PT Section)

15. Medical Screening - Upper Quarter (collaborating with the Federal PT Section)

**Planned Clinical Practice Guidelines:**

16. Shoulder Rotator Cuff Syndrome

17. Shoulder Instability

18. Knee Osteoarthritis

19. Hip Fracture

20. Antipartum Pelvic Pain (collaborating with the Section on Women's Health)

**Clinical Practice Guidelines Revisions:**

- The Revision Coordinator (Christine McDonough) has worked closely with the Foot and Ankle Workgroup and *JOSPT* staff and the Coordinator in creating the Methods for developing CPG revisions.
- Christine has also initiated work with the Cervicothoracic Workgroup leaders for revision of the Neck Pain CPG.
- Christine plans to meet with the Hip Workgroup and the Knee Workgroup leaders at CSM to introduce the work flow and timelines for revision of the Hip OA and Knee Ligament Strain CPGs.

**Other Activities:**

Joe Godges and Sandra Kaplan have been invited to again facilitate an APTA workshop in 2013 entitled:  
*Developing Clinical Practice Guidelines: Organization, Methodology, and Strategies*