



PERFORMING ARTS

SPECIAL INTEREST GROUP



ORTHOPAEDIC SECTION
AMERICAN PHYSICAL THERAPY ASSOCIATION



Berglund CL, Philipps LE, Ojofeitimi S
Flexor Hallucis Longus Tendinitis Among Dancers
2006;18(3):26-31.

ARTICLE SUMMARY

Flexor hallucis longus tendinitis can often be a very painful and disabling condition, and may be detrimental to a dancer's career. It is important for those involved in the treatment of dancers to have a thorough understanding of this problem and the different treatment options available to facilitate a timely recovery. The purpose of this paper is to provide a review of the anatomy and function of the FHL, and to discuss the etiology, diagnosis, and various treatment approaches along with outcomes of FHL tendinitis in dancers. A case report of a dancer who was diagnosed with FHL tendinitis is described.

[Return to Menu](#)