

Use of the International Classification of Functioning and Disability to Develop Evidence-Based Practice Guidelines for Treatment of Common Musculoskeletal Conditions

Sponsored by Orthopaedic Section
American Physical Therapy Association

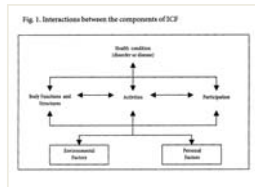
February 8, 2008
Combined Sections Meeting
Nashville, TN

Purpose of Project

- To use the International Classification of Functioning and Disability (ICF) to develop evidence-based practice guidelines to enhance diagnosis, intervention, prognosis and assessment of outcomes for a variety of musculoskeletal conditions commonly managed by physical therapists

ICF

- Model of disablement developed by WHO in 2001
- Classifies function & disability in terms of:
 - Body structure
 - Body function
 - Activity
 - Participation



ICF-Based Practice Guidelines

Expected Benefits:

- Advance orthopaedic physical therapist practice
- Guide for professional & post-professional education
- Establish agenda for future research

ICF-Based Practice Guidelines

Develop for 7 Body Regions:

- Foot & ankle
- Knee
- Hip
- Lumbosacral spine
- Cervicothoracic spine
- Shoulder
- Elbow, wrist & hand

Purpose of Presentation

Objectives:

- Describe ICF Model
- Describe project methodology
- Present progress & on-going process
 - Heel Pain – Plantar Fasciitis
 - Shoulder Region
 - Low Back Region
 - Neck Pain (if time allows)
- Feedback & discussion from audience

Program Outline

- Introduction to Project & Overview of ICF – Joe Godges DPT, MA OCS
- Overview of Project Methodology – James Irrgang PT PhD ATC
- Guidelines for Shoulder Pain – Phil McClure PT PhD
- Guidelines for Lumbar Spine – Anthony Delitto PT PhD
- Discussion – Questions & Answers

Introduction to Project & Overview of ICF

Joe Godges DPT
Coordinator
ICF-Based Practice Guidelines
Orthopaedic Section