

Performing Arts Special Interest Group  
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President  
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## Orthopedic BOD CSM Report

The PASIG has been busy since CSM 08 working on the following projects:

- Membership Services: The Membership Committee, under the direction of Julie O'Connell and assisted by Sheyi Ojofeitimi, distributed a membership survey in December 08. Results:
  - Fifty-four members completed the survey as of January 11, 2009; this represents an 8.3% return rate.
  - The results elucidated demographic information such as: years of experience, specialty certifications, practice setting, patient load, etc.

Currently access to this information is not available on our membership directory (web based).

- Members showed interest in CEU courses offered by the PASIG (n=50) and most prefer a home study course (n=34).

Members of the PASIG (Tara Jo Manal, Jennifer Gamboa, Shaw Bronner, Marika Molnar, Marika Hartog, Michelle Rodriguez) contributed to ISC 18.3: Dance Medicine: Strategies for the Prevention and Care of Injuries to Dancers. One hundred forty-five monographs have been sold, thirty-three to PASIG members. An ISC monograph on Figure Skating is being planned for 2010.

- Members rate the monthly citation blasts (n=48) usefulness as 4.3 / 5.
- Members (n=36) rate the website usefulness as 3.5 / 5.

The current system is difficult maintain, update and share.

- There is interest (n=22) in developing a performing arts fellowship program.

Members of the PASIG in conjunction with the Residency Committee are currently assessing the needs to provide a Fellowship curriculum and Fellowship development support.

- Thirty-three members provide Performing Arts student affiliations.

The current information is out of date and difficult to update.

- Clinicians see a varied number of patients in various performing arts areas, including dancers (n=35), gymnasts (n=19), skaters (n=19), musicians (n=19), vocalists (n=15), circus performers (n=3), cheerleaders (n=1), and Broadway performers (n=1).

Currently, access to this information is not available on our membership directory (web based).

- Eleven members have published PA papers; twenty-two members would like assistance in writing research.

Currently, there is no network or database available to connect students to

mentors.

- A small number of members (n=4) reported that they cross state lines to treat PA patients.
- Members would like more information about treating musicians.

Need a database that will allow us to store and access information on PTs who treat musicians (and all of the various aspects of Performing Arts).

In response to the survey, the PASIG has identified that accessing and communicating with our membership is vital to achieving our goals.

Therefore, **we have submitted a motion to request exploration of the cost to establish a SIG database.** This motion is supported by the Pain Management SIG, the Occupational Health SIG and the Foot / Ankle SIG contingent on reasonable cost contributions.

- **Evidence Based Practice:** The Research Committee under the direction of Shaw Bronner continues to provide monthly performing arts research citation blasts providing annotated bibliographies on performing arts related topics.

The student scholarship committee under the direction of Amy Humphrey has selected Brooke Winder, SPT for the PASIG Student Research Award for 2009 scholarship. Brooke is from USC and her poster presentation is titled "Lower Extremity Joint Kinetics during the Takeoff Phase of a Grand Jete Performed by Elite Dancers".

- **Professional Development:** The Education committee under the direction of Tara Jo Manal will be presenting "The Foot and Ankle in Performing Artists: From Show Girls in Heels and Skaters in Boots to Barefoot Dancers and Gymnasts- Measuring, Manual Therapy and Rehabilitation, and Footwear Modifications" at CSM 09. The committee also mentored 2 case presentations in OPTP and is developing resources as outlined in our new Resource guide.
- A new **Nominating committee** member will be elected at CSM 2009 business meeting. Sheyi Ojofeitimi has been chairperson for the past year and will remain in that role for 2009. Elections in 2009 will be Vice-President and Nominating Committee Member.
- In response to the new SIG Policies, myself and TaraJo Manal (Vice President) met to re-establish PASIG's goals based on the SIG objectives.

#### **A. Provide Educational Programming to Section membership**

1. Provide high quality pertinent educational programming at CSM annually (required)
  - a. DSP guided Educational programming
    - i. Create Priority list of topics

- b. Coordinate speakers, content, and on-site programming support
- c. Develop member resources from educational programming
  - i. OTP case submission
  - ii. Submission for Practice Resource page
- 2. **Contribute to professional expertise development in the area of performing arts**
  - a. Resource for Residency/Fellowship development
  - b. Professional development course or other media for expertise development (podcast with powerpoint, virtual rounds)
  - c. Clinical Affiliation clearinghouse

**B. Serve the Section as an Education and Practice Resource for Section members**

- 1. **Disseminate information to Membership on Performing Arts related topics**
  - a. Resource list for PA related organizations, courses, materials, conferences
  - b. Practice Resource Page
- 2. **Maintain Database of Clinicians in the field**

**C. Develop and recommend practice standards and terminology**

- 1. **Resource material for the Practice Resource Page**
  - a. Synthesize data on specific PA related areas (i.e. clinical commentary, monograph)
  - b. Clinical Guidelines
  - c. PA Specific Progressions
  - d. Resource Papers and Fact Sheets

**D. Identify changes in legislation, regulation, and reimbursement issues at state and national levels**

- 1. **Monitor the legislative activity of individual states for PA related issues**
  - a. Sojourner's Law identify database, update, and lobby
- 2. **Update membership on known changes in 3<sup>rd</sup> Party payers**

**E. Identify and provide resource people, and materials to accurately share practice information and address areas of concern related to the SIG domain**

- 1. **Database of Practicing Performing Arts PT's across the field**
  - a. Provide Content Experts for development of member resources
  - b. Provide Content Experts for journal and abstract reviews
  - c. Provide Content Experts for APTA and journalists
  - d. Provide Content Experts for PA related Research
  - e. Educational Opportunities for Students, Residencies and Fellowships
- 2. **Create and Maintain Materials in Performing Arts Related Areas**
  - a. Field Terminology
  - b. Epidemiology of Injuries and Screenings
  - c. Evaluative, Treatment and Outcome PA Specific Measures

**F. Foster credible research within the SIG domain in conjunction with the Section Research Committee to promote both scientific foundation and interdisciplinary study within the SIG domain**

**1. Interpretation and dissemination of Research related material in PA**

- a. Provide annotated bibliographies/compendium on topic areas related to PA
- b. Provide information to membership on PA related presentations at CSM/Annual

**2. Contribute to Performing Arts related Research Endeavors**

- a. Contribute to the Research endeavors of the section (task force and content expertise)
- b. Content expert advisor /co-investigator of PA related research activities (from database)
- c. Scholarship funding for CSM presentations (Student and Clinician?)
- d. Provide assistance in writing and editorial review for PA related research

- **Practice Resources:** Future direction for the PASIG website will be to disseminate information shown in the table below. **A motion has been submitted for approval of posting downloadable information on the website. Also, we are requesting the feasibility of charging non-members for access to information.**

	Circus/Acrobats	Dance	Figure Skating	Gymnastics	Musicians	Others: Vocal, Cheerleading / Dance Team Musical Theater(
Artist Specific Terminology (i.e. jumps, spins, instruments, turns)						
Genre Specific Terminology and definitions (i.e. levels of skating and requirements)						
Common Injuries						
Artist Specific Evaluations						
PA Specific Interventions						
Patterns of regional interdependence assoc. with specific injuries/pathologies						
Return to Arts Progressions						
Artist Specific Outcome Measures						
Artist Specific Screenings						
Resources (USFSA, IADMS, content expert)						
Artist environment: structure of arts organizations/contracts/unions/management relationships						
Educational Opportunities for Student Members (Affiliations)						
Residency/Fellowship Training						
Professional Expertise Development						

Opportunities						
Clinical Guidelines Resource Papers and Fact Sheet (stretching, posture, rehab guidelines, facts about anorexia in PA, etc)						
FAQ for Patients						
Anti-doping regulations						

This report is respectfully submitted.

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